Chronic β2AR stimulation limits CFTR activation in human airway epithelia

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Introduction

Mutations in the gene encoding the cystic fibrosis transmembrane conductance regulator (CFTR) protein are responsible for the clinical symptoms and diagnosis of cystic fibrosis (CF) (1, 2). Over 2,000 disease-causing mutations have been described to date, with F508del identified in the majority of CF patients (3). Most CF morbidity and mortality is due to pulmonary disease, wherein CFTR dysfunction leads to thickened mucus with airway surface liquid dehydration, airway obstruction, chronic infection, inflammation, and ultimately structural remodeling (2). Traditional pulmonary therapies in CF target the downstream effects of dysfunctional CFTR. With the advent of CFTR modulators that directly improve the function of mutant CFTR proteins, emerging therapies provide an opportunity to treat the cause of disease (4, 5).

In patients homozygous for F508del-CFTR, lumacaftor (VX809) improves mutant CFTR trafficking to the cell surface, and when combined with ivacaftor (VX770), improves clinical outcomes including lung function (~3% increase in forced expiratory volume in 1 second [FEV1]) and reduced risk of pulmonary exacerbation (6). While promising, these results are modest relative to ivacaftor monotherapy in patients with gating-class CFTR mutations (7, 8).

Understanding the clinical relevance of our observations is critical for CF patients using these drugs, and for investigators to inform future CFTR modulator drug trials.
cAMP is produced by ACs, a group of enzymes with 9 identified transmembrane isoforms (21). Common features include 2 hydrophobic domains with 6 transmembrane spans and 2 cytoplasmic domains, where catalytic activity occurs. All 9 transmembrane AC isoforms are activated by the G_α subunit of the GP, and all but AC9 are directly activated by the diterpene forskolin. This product of *Coleus forskohlii* binds directly to the catalytic subunit of ACs, dimerizing the C_1 and C_2 domains and activating the enzyme independently of GP activity (22). Beyond this common mechanism, regulation of AC function is unique to each isoform, including modulation by inhibitory G_α, calcium, calcium-calmodulin complexes, and a variety of protein kinases (21).

It is well known that acute cAMP elevation activates CFTR in vitro and in vivo, but the impact of chronic cAMP elevation on CFTR regulation in airway cells has not been defined. This question is highly relevant, as 95% of CF patients are treated daily with β2AR-agonists (which raise cAMP in airway epithelia) despite a recommendation of “insufficient evidence to support chronic use” from the CF Foundation (23, 24). Short-acting β2AR-agonists, such as albuterol, are frequently used as a part of daily airway clearance regimens, and long-acting β2AR-agonists (LABAs — such as formoterol) are also commonly prescribed (often in combination with inhaled corticosteroids to control asthma symptoms). This practice is based on limited clinical data, as well as in vitro human or in vivo animal model observations that single doses of β2AR-agonists increase mucociliary clearance (MCC) (25–27). Previous work on subacute and chronic β2AR activation has demonstrated myriad desensitization mechanisms, primarily including receptor uncoupling from the GP, receptor internalization, and PKA-induced downregulation of certain isoforms of AC (28–31). The downstream effects of these changes on CFTR function, however, are unclear. Notably, subgroup analysis of recent phase 3 trials of lumacaftor/ivacaftor in F508del-CFTR homozygous patients revealed an almost 3-fold higher improvement in FEV_1 in the small subset of subjects who reported not receiving regular β2AR-agonist therapy (6). In the current study, we examined relationships between chronic or excessive β-agonist exposure and subsequent CFTR activation in human airway epithelial cells (HAEcs), including studies of wild-type CFTR (wtCFTR) and F508del-CFTR with and without correction by VX809. Our results indicate that chronic β2AR stimulation in HAEcs downregulates cAMP generation by AC, limiting subsequent CFTR activation and reducing the corrective effects of VX809 on F508del-CFTR. These results identify a negative drug-drug interaction between β2AR-agonists and lumacaftor/ivacaftor, with clinical implications that are potentially relevant to the majority of CF patients.

**Results**

*Chronic β2AR-agonist exposure inhibits acute CFTR activation in HAEcs.* CFBE41o- cells stably transduced with wtCFTR and F508del-CFTR, in addition to primary HAE monolayers, were studied as polarized monolayers on permeable supports as previously described (32). Notably, for all studies, forskolin and 3-isobutyl-1-methylxanthine (IBMX) were used as a stimulus to generate cAMP and activate CFTR, unless otherwise noted. This method bypasses the effects of changes in the β2AR-GP complex and directly assesses AC activity and the downstream CFTR pathway. This stimulus was chosen in lieu of direct activators of the β2AR (e.g., isoproterenol) to avoid confounding related to the known mechanisms of β2AR downregulation after exposure to β-agonist drugs.

In wtCFTR’ CFBE41o- cells and primary HAEcs, 72-hour exposure to albuterol produced dose-dependent reductions in the short-circuit current (I_s) in both model systems, with a greater than 70% reduction in CFTR-dependent conductance following chronic albuterol exposure at 10 μM (Figure 1). This concentration approximates reported airway surface concentrations of albuterol achieved with standard dosing in vivo (33). Albuterol pretreatment did not change the baseline resistance of the cellular monolayers, or increase the change in I_s after establishing the basolateral-to-apical Cl− secretory gradient (i.e., low-Cl− response), confirming that the majority of available wtCFTR at the beginning of our protocol was no
longer active at the time of acute stimulation (Table 1). A small but significant increase in baseline current was seen in albuterol-pretreated wtCFTR+ CFBE41o- cells (Table 1), although this was not recapitulated in F508del cells or in the primary wtCFTR cells. The nature of the increased baseline current produced by albuterol in the wtCFTR+ CFBE41o- cells is unclear; importantly, subsequent CFTR activation and inhibition was consistently reduced in albuterol-treated cells (Figure 1).

Corollary studies in F508del-CFTR+ CFBE41o- cells and primary HAECs are presented in Figure 2. Similarly, chronic albuterol exposure at 10 μM or higher resulted in a greater than 60% reduction in Isc compared with VX809-corrected levels. In primary HAECs, this treatment was sufficient to completely abrogate the corrective effect of VX809. In VX809-corrected F508del-CFTR+ CFBE41o- cells and HAECs, no difference was noted in baseline resistance, current, or in the change in Isc after establishing a basolateral-to-apical Cl– secretory gradient (i.e., low-Cl– response), confirming that the majority of available corrected F508del-CFTR at the beginning of our protocol was no longer active at the time of acute stimulation (Table 2).

To confirm that the inhibitory effect produced by albuterol pretreatment was localized to the apical cell membrane, wtCFTR+ and VX809-corrected F508del-CFTR+ CFBE41o- cells were studied following basolateral membrane permeabilization with nystatin (50 μg/ml) and stimulation with forskolin/IBMX (10 μM/100 μM) (Figure 1E and Figure 2E). Similar albuterol-inhibitory effects were observed.

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**Figure 1. Seventy-two-hour albuterol exposure reduces stimulated apical CFTR activity in wtCFTR+ CFBE41o- cells and primary human airway epithelial cells (HAECs).** wtCFTR+ CFBE41o- cells and HAECs were exposed to albuterol in media for 72 hours, then mounted in Ussing chambers and CFTR function was assessed under voltage clamp conditions. (A) Representative short-circuit current (Isc) tracings from wtCFTR+ CFBE41o- cells chronically exposed to increasing doses of albuterol (amiloride perfusion is not shown for clarity as these cells do not demonstrate significant epithelial sodium channel expression; see ref. 62); aggregate data are presented in C (n = 5 inserts/condition; circles represent total CFTR activity [cAMP + genistein], diamonds represent inhibited CFTR currents [Inh172]). (B) Representative Isc tracings from control and albuterol-treated (10 μM) primary wtCFTR+ HAECs; aggregate data are presented in D (n = 3 inserts/condition). (E) wtCFTR+ CFBE41o- cells treated with 10 μM albuterol, studied with and without basolateral permeabilization (basolateral nystatin, 50 μg/ml). Permeabilization does not modify inhibition of stimulated Isc with albuterol pretreatment (n = 3 inserts/condition). All data were normalized to the control (no albuterol pretreatment) condition. Stimulation protocol was as follows: amiloride (100 μM, not shown for CFBE41o- cells), cAMP (10 μM forskolin/100 μM IBMX; dark gray bars), CFTR potentiator (50 μg/ml genistein; light gray bars), and CFTR inhibition (10 μM Inh172; white bars). All experiments are representative of studies repeated in duplicate or triplicate with similar results. Data presented represent the mean ± SEM. *P < 0.05; ***P < 0.005; ****P < 0.0005; NS, nonsignificant by 2-way ANOVA with Tukey’s multiple comparisons test.
To determine the kinetics of albuterol exposure as a model of clinical β2AR-agonist use, wtCFTR+ and VX809-corrected F508del-CFTR+ CFBE41o- cells were pretreated continuously or intermittently (1 hour exposure, twice daily) for 72 hours with 10 μM albuterol or 1 μM of the LABA formoterol. In wtCFTR+ cells, continuous albuterol exposure resulted in an equivalent reduction of forskolin/IBMX–stimulated Isc compared with intermittent or continuous formoterol exposure (Figure 3, A and B; it should be noted that in a replicate experiment, the intermittent albuterol group showed a significant reduction compared with control; however, in the experiment included, this reduction was a nonsignificant trend only; all other results were equivalent). In F508del-CFTR+ cells, intermittent or continuous exposure to either LABA or short-acting β-agonist was sufficient to produce an equivalent reduction in forskolin/IBMX–stimulated CFTR-dependent Isc (Figure 3, C and D).

To examine the epithelial impact of chronic albuterol treatment (10 μM) on downstream functions of the CFTR, we quantified mucociliary transport in wtCFTR+ HAECs using time-lapse microscopy and single-particle tracking software. Qualitatively, movement of the airway surface mucus in control (untreated) cells was rapid and unidirectional, circling around the insert surface. In cells pretreated with either albuterol or the CFTR inhibitor GlyH101 (50 μM), however, mucus movement was erratic and slow (Figure 4A). Pretreatment with albuterol or GlyH101 reduced MCC rates by approximately 60% despite equivalent ciliary motility (Figure 4B), suggesting that mucociliary transport was impaired independently of cilia activity. Data from F508del-CFTR+ HAECs are not included, as baseline mucociliary transport in these cells (with or without VX809 treatment) was low and below the sensitivity of this assay.

Chronic β2AR-agonist exposure does not impact CFTR maturation or protein expression. To examine whether chronic β2AR stimulation impacted steady-state expression of the CFTR or CFTR maturation, wtCFTR+ and VX809-corrected F508del-CFTR+ CFBE41o- cells were pretreated continuously or intermittently (1 hour exposure, twice daily) for 72 hours with 10 μM albuterol or 1 μM of the LABA formoterol. In wtCFTR+ cells, continuous albuterol exposure resulted in an equivalent reduction of forskolin/IBMX–stimulated Isc compared with intermittent or continuous formoterol exposure (Figure 3, A and B; it should be noted that in a replicate experiment, the intermittent albuterol group showed a significant reduction compared with control; however, in the experiment included, this reduction was a nonsignificant trend only; all other results were equivalent). In F508del-CFTR+ cells, intermittent or continuous exposure to either LABA or short-acting β-agonist was sufficient to produce an equivalent reduction in forskolin/IBMX–stimulated CFTR-dependent Isc (Figure 3, C and D).

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Chronic β2AR-agonist exposure impairs cAMP generation by AC. The results of studies summarized in Figures 5 and 6 indicate that cellular levels of mature CFTR were unlikely to explain the inhibitory effects of chronic albuterol on CFTR activation. We next examined whether chronic albuterol exposure inhibited cellular generation of cAMP following direct stimulation of AC. Similar to the functional CFTR data

| Table 1. Seventy-two-hour exposure to albuterol does not impact baseline resistance or low-chloride change-inducible current in wtCFTR+ CFBE41o- and primary HAECs |
|----------------------------------------------------------|----------|----------------|
| Untreated | Albuterol-treated | P |
| Baseline Resistance (Ωcm²) | 199.6 ± 50.3 | 206.8 ± 36.1 | 0.91 |
| HAEC | 396.6 ± 32.2 | 315.9 ± 27.5 | 0.09 |
| Baseline Isc (µA/cm²) | -2.5 ± 2.2 | 4.3 ± 0.8 | 0.01 |
| CFBE41o- | 45.5 ± 10.5 | 23.8 ± 5.0 | 0.08 |
| HAEC | 30.1 ± 4.9 | 37.1 ± 4.1 | 0.29 |
| Low-Chloride Isc (µA/cm²) | 22.2 ± 6.7 | 18.2 ± 1.7 | 0.54 |
| CFBE41o- | 315.9 ± 27.5 | 315.9 ± 27.5 | 0.91 |
| HAEC | 315.9 ± 27.5 | 315.9 ± 27.5 | 0.91 |

A statistically significant but small increase was noted in baseline short-circuit current (Isc) following albuterol pretreatment in CFBE41o- cells, which is not recapitulated in primary cells, and did not impact the low-chloride change in Isc or subsequent CFTR activation/inhibition (per Figure 1). Data are from experiments depicted in Figure 1; n = 8 CFBE41o- inserts, 6 primary human airway epithelial cell (HAEC) inserts. All P values by 2-tailed t test.

To determine the kinetics of albuterol exposure as a model of clinical β2AR-agonist use, wtCFTR+ and VX809-corrected F508del-CFTR+ CFBE41o- cells were pretreated continuously or intermittently (1 hour exposure, twice daily) for 72 hours with 10 μM albuterol or 1 μM of the LABA formoterol. In wtCFTR+ cells, continuous albuterol exposure resulted in an equivalent reduction of forskolin/IBMX–stimulated Isc compared with intermittent or continuous formoterol exposure (Figure 3, A and B; it should be noted that in a replicate experiment, the intermittent albuterol group showed a significant reduction compared with control; however, in the experiment included, this reduction was a nonsignificant trend only; all other results were equivalent). In F508del-CFTR+ cells, intermittent or continuous exposure to either LABA or short-acting β-agonist was sufficient to produce an equivalent reduction in forskolin/IBMX–stimulated CFTR-dependent Isc (Figure 3, C and D).
presented in Figures 1 and 2, chronic albuterol exposure in CFBE41o- cells reduced acute cAMP generation following stimulation by approximately 60% (wtCFTR+, Figure 7A) to approximately 80% (F508del-CFTR+, Figure 7B) compared with the untreated, forskolin/IBMX–stimulated conditions.

We next performed a series of studies testing whether chronic β2AR stimulation had measurable functional effects on other proteins that contribute to spatial cAMP levels and local CFTR regulation. Our first studies examined phosphodiesterase 4 (PDE-4), as PDE-4 isotypes have been demonstrated to acutely regulate CFTR activity (34, 35). To assess the functional contribution of PDE-4 to the albuterol-induced CFTR dysfunction demonstrated above, rolipram (PDE-4–specific inhibitor, 10 μM) was added to cells acutely in a Ussing chamber. (Note that the experiments described in all figures above also utilize IBMX, a nonspecific PDE inhibitor; rolipram studies were completed to ensure maximal inhibition of PDE-4 specifically.) CFTR-dependent Isc was not restored with acute rolipram treatment in either wtCFTR+ (Supplemental Figure 1A; supplemental material available online with this article; https://doi.org/10.1172/jci.insight.93029DS1) or F508del-CFTR–corrected F508del-CFTR+ (Supplemental Figure 1B) pretreated with albuterol (10 μM, 72 hours). These results support the hypothesis that PDE-4 upregulation is not responsible for the reduction of cAMP generation and CFTR activation produced by pretreatment with albuterol. In similar experiments examining

Figure 2. Seventy-two-hour albuterol exposure reduces stimulated apical CFTR activity in F508del-CFTR–corrected F508del-CFTR+ CFBE41o- cells and primary human airway epithelial cells (HAECs) from F508del homozygous donors. F508del-CFTR–corrected F508del-CFTR+ CFBE41o- cells and HAECs were exposed to VX809 and/or albuterol in media for 72 hours, then mounted in Ussing chambers and CFTR function was assessed under voltage clamp conditions. (A) Representative short-circuit current (Isc) tracings from VX809–corrected F508del-CFTR+ CFBE41o- cells chronically exposed to increasing doses of albuterol; aggregate data are presented in C (n = 3 inserts/condition; circles represent total CFTR activity [cAMP + genistein], diamonds represent inhibited CFTR currents [Inh172]). (B) Representative tracings from control, VX809–, and VX809 + albuterol–treated (10 μM) primary F508del-CFTR+ HAECs; aggregate data are presented in D, where pretreatment with albuterol completely abrogated the positive effects of VX809 treatment (n = 4 inserts/condition). (C) F508del-CFTR–corrected F508del-CFTR+ CFBE41o- cells treated with VX809 and treated with 10 μM albuterol, studied with and without basolateral permeabilization (basolateral nystatin, 50 μg/ml). Permeabilization does not modify inhibition of stimulated Isc with albuterol pretreatment (n = 3 inserts/condition). All data were normalized to the VX809 (no albuterol pretreatment) condition. Stimulation protocol was as follows: amiloride (100 μM, not shown for CFBE41o- cells), cAMP (10 μM forskolin/100 μM IBMX; dark gray bars), CFTR potentiator (1 μM VX770; light gray bars), and CFTR inhibition (10 μM Inh172; white bars). All experiments are representative of studies repeated in duplicate or triplicate with similar results. Data presented represent the mean ± SEM. *P < 0.05; **P < 0.01; ****P < 0.0005; NS, nonsignificant by 2-way ANOVA with Tukey’s multiple comparisons test.
if increased MRP4 function contributed to reduced cAMP generation, albuterol-pretreated cells were exposed to the MRP4 inhibitor MK571 (20 μM) prior to routine CFTR-dependent Isc testing. Acute MRP4 blockade did not rescue CFTR activation by forskolin/IBMX in either wtCFTR+ (Supplemental Figure 1C) or VX809-corrected F508del-CFTR+ (Supplemental Figure 1D) cells pretreated with albuterol. In wtCFTR+ cells, MRP4 blockade further decreased CFTR activation; this phenomenon has been previously noted in airway epithelial cells, and may relate to PGE2 efflux through MRP4 (36). Regardless, our results indicate that MRP4 inhibition was not sufficient to restore CFTR activation following chronic β2AR stimulation.

To confirm that reduced cAMP generation by AC was responsible for the observed defect in CFTR activation, we set up experiments to determine if direct and controlled cAMP exposure could rescue CFTR activity following albuterol pretreatment. In these studies, cells were stimulated with cell-permeant 8-bromoadenosine 3′,5′-cyclic monophosphate (100 μM) to activate the CFTR in lieu of forskolin/IBMX, testing if the observed defect in CFTR activity could be overcome with exogenous cAMP. In both wtCFTR+ (Figure 8, A and B) and VX809-corrected F508del-CFTR+ (Supplemental Figure 1D) cells pretreated with albuterol. In wtCFTR+ cells, MRP4 blockade further decreased CFTR activation; this phenomenon has been previously noted in airway epithelial cells, and may relate to PGE2 efflux through MRP4 (36). Regardless, our results indicate that MRP4 inhibition was not sufficient to restore CFTR activation following chronic β2AR stimulation.

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Chronic β2AR-agonist exposure does not modify AC isoform expression. We next evaluated the effect of chronic albuterol exposure on gene expression in primary HAECs, including wtCFTR+ and VX809-corrected HAECs exposed to vehicle or 10 μM albuterol for 72 hours. RNA sequencing (RNAseq) was performed and differential gene expression was quantified within cells (comparing albuterol to control conditions in wtCFTR+ cells and albuterol/VX809 to VX809 alone in F508del/F508del-CFTR+ monolayers). Minimal transcriptional change occurred in either line, with less than 10 genes up- or downregulated by more than 2-fold; no gene expression was changed by more than 2-fold in both wtCFTR+ and VX809-corrected F508del-CFTR+ HAECs (Supplemental Figure 2). Expression levels of all members of the CFTR activation pathway, including all identified AC isoforms, did not demonstrate significant changes in expression following albuterol pretreatment with low-level cAMP stimulation in wtCFTR+ cells only (Figure 8C), with no difference at higher doses in wtCFTR+ cells or at any dose in VX809-corrected F508del-CFTR+ cells (Figure 8F).

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Transcripts from all AC isoforms, with the exception of AC5, were identified in both cell lines. The most highly expressed isoforms included AC3, AC4, AC6, AC7, and AC9 (Supplemental Figure 3). These expression patterns were similar between wtCFTR+ and VX809-corrected F508del-CFTR+ cells (with the exception of AC3, which was increased in F508del+ cells), and none were changed with albuterol exposure.

**Discussion**

Cell signaling through surface receptors to activate AC and generate cAMP is a critical step in numerous physiologic processes (16, 17, 21), including activation of the CFTR. CFTR function is intrinsically tied to β2ARs and cAMP signaling through protein-protein interactions, creating a local regulatory network to carefully control local cAMP levels and spatial activation of CFTR (15, 18, 37).
Our results in heterologous CFTR-expressing human airway cells and primary HAECs indicate that chronic exposure to the β-agonists albuterol and formoterol is sufficient to reduce subsequent cAMP generation following direct AC stimulation (forskolin) and nonspecific PDE inhibition (IBMX). This results in reduced activation of wtCFTR and VX809-corrected F508del-CFTR, and reduced MCC in wtCFTR+ primary airway epithelia. Studies to determine the mechanism of our observations point towards a negative relationship between chronic β2AR stimulation and AC activity, which can be overcome when AC stimulation is bypassed directly with cell-permeant cAMP. These observations are of direct clinical relevance to the care of CF patients treated with CFTR modulators and raise a number of critical considerations.

Figure 3. Continuous exposure to albuterol reduces stimulated CFTR activity in a fashion similar to continuous or intermittent dosing with formoterol. wtCFTR+ and VX809-corrected F508del-CFTR+ CFBE41o- cells were exposed to either continuous or intermittent (1 hour, twice daily) albuterol (10 μM) or the long-acting β2AR-agonist formoterol (LABA; 1 μM) for 72 hours. Cells were mounted in Ussing chambers and CFTR function was assessed under voltage clamp conditions. (A) Representative short-circuit current (Isc) tracings in wtCFTR+ CFBE41o- cells exposed for 72 hours to either continuous (C) or intermittent (I) albuterol or formoterol; aggregate data are presented in B (n = 4 inserts/condition; circles represent total CFTR activity [cAMP + genistein], diamonds represent inhibited CFTR currents [Inh172]). (C) Representative Isc tracings in VX809-treated F508del-CFTR+ CFBE41o- cells exposed for 72 hours to either continuous (C) or intermittent (I) albuterol or formoterol; aggregate data are presented in D (n = 4 inserts/condition). All data were normalized to the control or VX809 (no albuterol pretreatment) condition. Stimulation protocol was as follows: amiloride (100 μM, not shown), cAMP (10 μM forskolin/100 μM IBMX; dark gray bars), CFTR potentiator (50 μM genistein for wtCFTR+, 1 μM VX770 for F508del-CFTR+ cells; light gray bars), and CFTR inhibition (10 μM Inh172; white bars). All experiments are representative of studies repeated in duplicate or triplicate with similar results. Data presented represent the mean ± SEM. *P < 0.05; **P < 0.01; ****P < 0.0005; NS, nonsignificant by 2-way ANOVA with Tukey’s multiple comparisons test.
Albuterol and LABA use is nearly ubiquitous in CF, with 96% of patients using at least one of these therapies chronically (24). The acute benefits of β2AR-agonists on airway clearance are readily evident, with known improvements in bronchodilation and mucus clearance. There are limited data, however, regarding the chronic use of these drugs in CF, with small and contradictory randomized controlled trials to date (26, 27). Moreover, these studies predate CFTR modulator therapies, and interactions between chronic β2AR-agonist stimulation and CFTR modulator function have not been reported. Prior studies in F508del homozygous HAECs show an improvement in F508del-CFTR function to approximately 14% of wtCFTR after treatment with VX809, which is essentially doubled by the addition of VX770 (38). This level of functional rescue is associated with clinical improvement in lung function and risk of pulmonary exacerbations (6). Critically, in the present studies, we observed that corrected F508del-CFTR activation was negatively impacted by chronic β2AR-agonist exposure. We speculate that the observed reduction in CFTR function following chronic β2AR activation would likely have little impact in healthy individuals with normal baseline CFTR function and ion transport. Similarly, patients with minimal or no baseline CFTR function (e.g., F508del homozygotes) would not likely be impacted by treatments that reduce CFTR activation. In CF patients on modulator therapies, however, our data suggest a mechanism by which excessive use of β2AR-agonist therapy may undermine the beneficial effects of pharmacologic F508del correction. Indeed, subgroup analysis of the phase 3 trials of lumacaftor/ivacaftor suggested a 3-fold increase in FEV₁ benefit for the small subset of subjects naive to β2AR-agonist therapy, similar results were noted in phase 3 trials of tezacaftor/ivacaftor, confirming that this effect will remain a concern for future drugs as well (6, 39, 40). It is noteworthy that there was great variability in this observation, with wide confidence intervals surrounding the mean effect. Moreover, numerous CFTR modulators are currently in clinical trials, a setting wherein this effect could be a significant confounder. In a recent example, a phase 3 trial of the read-through agent ataluren for those harboring premature termination codons in the CFTR failed to produce improvement in FEV₁. Subgroup analysis suggested negative interactions between ataluren and inhaled tobramycin, a highly utilized, chronic, traditional therapy in CF (41). In another recent study, Nichols and colleagues reported that negative interactions between inhaled tobramycin and oral azithromycin may have impacted the results of a study.

![Figure 4. Chronic albuterol exposure reduces mucociliary clearance (MCC) in wtCFTR+ primary human airway epithelial cells (HAECs).](image-url)

wtCFTR+ primary HAECs were exposed to either albuterol (10 μM) or the CFTR inhibitor GlyH101 (50 μM) for 72 hours. Fluorescent microbeads were placed on the apical surface of the cells 72 hours prior to testing, allowing airway surface liquid to return to equilibrium. MCC rate was then calculated as speed of microbead transport, measured with high-speed videomicroscopy and single-particle tracking, and ciliary beat frequency (CBF) was measured with high-speed videomicroscopy. Seventy-two-hour pretreatment with either albuterol (10 μM) or the CFTR inhibitor GlyH101 (50 μM) resulted in a greater than 60% reduction in MCC rate (A, n = 3 inserts, >3,000 measurements per insert). Despite reduced mucus movement, CBF was not affected (B, n = 3 inserts, 20 measurements per insert). These experiments are representative of studies repeated in triplicate, with similar results. Data presented represent the mean ± SEM. Box whiskers range from minimum to maximum, with no data excluded. Boundaries of boxes represent 25th (lower) and 75th (upper) percentiles, while the central bar represents the median. *P < 0.05; ****P < 0.0005; NS, nonsignificant by 1-way ANOVA with Tukey’s multiple comparisons test.
comparing nebulized antibiotics to treat CF patients chronically infected with *Pseudomonas aeruginosa* (42). Given the polypharmacy of CF care, identification and mechanistic understanding of such interactions must be better defined to guide clinical trial designs in CF patients.

We have shown that β2AR-induced CFTR dysfunction relates to downstream attenuation of the β2AR/GP/AC/CFTR axis, specifically at the site of AC catalytic activity. Homologous desensitization of this axis through changes in the β2AR is a well-described phenomenon (30, 31, 43). These changes, however, are not implicated in our results, as all studies herein utilized a downstream agonist — forskolin — to stimulate AC activity, bypassing changes in the proximal β2AR-GP unit. Desensitization of the β2AR/GP/AC system in airway epithelial cells has been demonstrated following chronic activation with forskolin or PGE2, though this study used a proximal stimulus (isoproterenol), which may reflect only changes in the β2AR and not the effector (AC) (a key difference from the present work; see ref. 44).

The demonstrated reduction in acute cAMP generation observed following chronic albuterol exposure generally correlated with reduced CFTR function, and application of exogenous cAMP (bypassing AC activity) rescued CFTR activation. Interestingly, there was a small benefit of chronic albuterol exposure in wtCFTR+ cells at very low doses of exogenous cAMP (Figure 8C), which may reflect prior studies demonstrating an increase in cell surface CFTR following activation of the β2AR (37). This benefit was lost as doses of exogenous cAMP increased, and importantly was not demonstrated in VX809-corrected F508del cells. Taken together, these results strongly suggest reduced generation of cellular cAMP as the proximate cause of the CFTR chloride transport defect. Nonetheless, the stoichiometry of cell signaling is highly variable, and assumptions of a 1:1 interaction should be taken cautiously (45). Moreover, cAMP signaling is tightly regulated in spatial complexes; as such, measured whole-cell levels may not directly reflect this critical driver of CFTR function, and exogenous cAMP application likely bypasses these regulatory mechanisms (18). In addition to AC, there are a number of critical mediators of cAMP levels that we examined to explain our findings. PDEs are responsible for the breakdown of cAMP; in the airway epithelium, PDE-4 is the predominant isofrom, allowing for precise control of cAMP levels at the local, perimembranous environment (34). Similarly, MRP4 has been demonstrated to function as a cAMP efflux pump in intestinal cells, regulating spatial cAMP concentration at the cell surface (46, 47). Functional inhibition of both PDE-4 and MRP4, however, did not reverse albuterol-induced CFTR dysfunction (Supplemental Figure 1), making it unlikely that either of these regulators of spatial cAMP levels are implicit in our results.

The AC isoform(s) directly responsible for CFTR activation in the human airway epithelium are currently unknown. Our RNaseq data identify several candidate isoforms (Supplemental Figure 3), and show that there were no measurable effects of β2AR exposure on any AC isoform expression, pointing instead towards posttranscriptional modification. Notably, chronic PKA stimulation has been reported to downregulate AC5
and AC6 (28, 29). It is possible that our model of chronic albuterol exposure could result in excessive PKA activation through accumulation of β2AR-stimulated cAMP, and may ultimately downregulate AC6 activity. It is important to note, however, that this phenomenon would be highly attenuated by internalization of the β2AR and well-described desensitization of that cAMP generation pathway, making this mechanism less likely. Preliminary work from our lab to clarify the role of AC6 in this phenomenon piloted siRNA knock-down of AC6 expression in both primary HAECs and CFBE41o- cells, but conclusions have been limited due to inconsistent effects on AC6 protein levels. To further define the specific AC isoforms responsible for CFTR activation and in the observed β2AR-induced CFTR dysfunction, additional studies will be required, which are beyond the scope of the current work. Preliminary work investigating the effects of chronic stimulation

Figure 6. Chronic albuterol exposure reduces cell surface β2AR, but not CFTR, localization in wtCFTR+ and VX809-corrected F508del-CFTR+ primary human airway epithelial cells (HAECs). wtCFTR+ and VX809-corrected F508del-CFTR+ HAECs were exposed to albuterol (10 μM) for 72 hours. Cells were then fixed and immunofluorescence for CFTR (green), F-actin (red), and β-2 adrenergic receptor (β2AR) (purple) was performed. Colocalization analyses were performed to determine the colocalization of CFTR and β2AR at the cell surface (manually delineated) and the entire captured images. Colocalization analysis included both single images in the x-y and x-z planes (shown) and 3-dimensional reconstruction images in the x-y-z plane. wtCFTR+ HAECs are shown under control conditions (A) and with albuterol pretreatment (B), demonstrating reduced apical β2AR staining with albuterol pretreatment. Colocalization analysis of a manually delineated apical surface segment or the native images (C and D, respectively; n = 3), confirms reduced colocalization of wtCFTR and β2AR following albuterol exposure. Similarly, VX809-corrected F508del-CFTR+ HAECs are shown in the absence (E) or presence of albuterol (F). Equivalent colocalization analysis again demonstrates reduced CFTR/β2AR colocalization in both the apical surface (G) and the entire images (H); n = 3 for both analyses. Data presented represent the mean ± SEM. Scale bars: 25 μm. *P < 0.05; **P < 0.01 by 2-tailed t test.
with other cAMP-generating agonists (e.g., adenosine, forskolin) have demonstrated similar impairments in CFTR function, suggesting a common target in the CFTR activation pathway regardless of stimulus (48). There are also additional potential contributors to consider beyond cAMP signaling alone, such as direct interactions between subunits of the GP and CFTR or alterations in cell-surface CFTR levels, though this is less likely given the negative effects of albuterol on CFTR activation were rescued by stimulation with exogenous cAMP (Figure 8) (49–54). There are well-described spatial mechanisms of CFTR regulation, including colocalization of β2AR-GP-AC, CFTR, and PKA by NHERF1 (18, 47). Disruption of this spatial relationship via chronic β2AR exposure may impede CFTR function in a CAMP-independent fashion. Notably, prior reports indicate that exposure to albuterol and β2AR internalization can increase CFTR expression (37). While we have not directly quantified membrane-bound CFTR, it is unlikely that this effect is implicit in our results, as this would predict the opposite effect — an increase in available CFTR and function. Additionally, Western blot results from Figure 5 suggest no change in mature C-band CFTR following chronic stimulation, and no significant change was noted in apical CFTR on qualitative immunofluorescence studies (Figure 6). Our studies (with the exception of Figure 3) used a model of continuous exposure to albuterol to activate β2AR signaling. The dose of albuterol (10 μM) has been described in pulmonary edema fluid from adult patients following therapeutic dosing; however, the kinetics of the drug at the epithelial surface over time are unclear (33). Our results (Figure 3) suggest that the negative effect of tonic albuterol exposure is recapitulated by both continuous and intermittent dosing with the LABA formoterol. While these results will require confirmation and demonstration in vivo, they highlight the potential vulnerability of corrected F508del-CFTR to this negative drug-drug interaction in primary HAECs.

The gene expression changes seen in our RNAseq studies following albuterol exposure were generally small, and there were no changes in the expression of any AC isoforms (which were expressed at low baseline levels) or in other members of the CFTR regulation pathway, with only minor (<2-fold) increases in CFTR, MRP4, and one Gα isoform observed. None of these changes would be predicted to produce deficits in CFTR activation following albuterol exposure. One of the most upregulated genes in both CF and non-CF donors was MUC5AC, 1 of 2 primary airway mucins. Mucus metaplasia has been previously reported in allergic inflammation–primed animal models following chronic β2AR-agonist exposure, but to our knowledge has not been identified in a nonsensitized human cell model (55–57). The relevance of these findings is unknown, but we speculate that CFTR defects and mucin changes may have contributed to the
reduction in MCC (Figure 4), and may further contribute to suboptimal patient responses to modulator therapy. Further studies to better understand the cellular and protein-level changes downstream of these transcriptional effects will be necessary to confirm whether they are of relevance to clinical care.

There are a number of limitations to the present results that should be considered. First, we have evaluated only cultures of epithelial cells. While the airway epithelium is typically considered the primary source of respiratory pathology in CF, the typical effector tissue for β2AR-agonists is airway smooth muscle. Recent studies have demonstrated clear evidence of smooth muscle dysfunction in CF, further raising the importance of understanding the relative impact of β2AR stimulation on epithelial versus smooth muscle function in the context of defective and restored CFTR function (58). While our data clearly demonstrate...
the negative impact of chronic β2AR-agonist exposure on subsequent CFTR activation, they do not fully evaluate possible modifications to the CFTR, such as changes in channel-open probability, plasma membrane recycling rate, or single-channel conductance. Surface biotinylation studies would directly evaluate effects on the apical membrane CFTR pool; however, such studies can be biased by permeable cells (59). The capacity to overcome functional defects with cell-permeant cAMP suggests that these are not operative, but our studies cannot exclude their contribution. Finally, the metabolism and breakdown of albuterol in our cell culture system is likely quite different from that in an intact human airway. Moreover, the cellular response to such exposures may be different in a living, complex organism; as such, the effects of our in vitro studies must be taken with caution when considering the in vivo condition.

In summary, our results are the first to demonstrate clear reduction in wtCFTR and corrected F508del-CFTR activation following chronic exposure to β2AR-agonists. This raises a critical clinical question in CF care, as excessive use of β2AR-agonist therapies may inadvertently reduce the benefit from novel, potentially life-changing CFTR modulator therapies. This effect may also confound ongoing and future clinical trials of CFTR-modulating drugs, complicating interpretation of study results. Moreover, our results may have implications for other airway disease states where CFTR function is reduced (COPD), or where β2AR-agonist use may be excessive (difficult-to-treat asthma). Further understanding the interplay between β2AR-agonists and regulation of airway epithelial ion transport and CFTR will be essential to ensure maximal benefits from CFTR-directed therapies.

Methods

Cell culture. CFBE41o- cells were originally generated and described by Guenert and colleagues (60, 61). CFBE41o- cells stably transduced with wtCFTR or F508del-CFTR cDNA under regulatory control were the gift of Eric Sorscher at the University of Alabama at Birmingham (62). Cells were grown in T75 flasks (Costar), seeded onto collagen-coated Transwell filters (6.5 mm; Corning, Inc.), and maintained in DMEM containing 10% FBS (Life Technologies). Resistance was monitored using an EVOM2 (World Precision Instruments), and cells were studied when resistance was 500–1,000 Ω cm². Primary HAECs obtained from the University of North Carolina Airway Cell Core (under the direction of Scott Randell; Chapel Hill, North Carolina) were isolated from donor or recipient lungs that were cryopreserved at passage 1 and cultured as previously described (63). Briefly, HAECs were cultured in Bronchial Epithelial Growth Medium (Lonza) on Purecol-coated tissue-culture dishes (Advanced Biomatrix) until 80%–90% confluent, then passaged and plated onto Transwell-Clear permeable supports (0.4 μm pore size; Corning, Inc.) coated with type IV collagen (Sigma-Aldrich). Cells on permeable supports were cultured with Ultrosen G–containing media that was changed daily.

During the pretreatment period, all cells (CFBE41o- and primary HAEC) were changed to Ultrosen G–containing media (in lieu of FBS) to minimize variability. To correct F508del-CFTR trafficking, F508del/wtCFTR or F508del/F508del AECs were treated with VX-809 (3 μM; Selleck Chemicals) for 72 hours prior to study (38). For chronic exposure to cAMP-elevating agents, cells were treated for 72 hours prior to study with 0.083% albuterol (in lieu of FBS) to minimize variability. To correct F508del-CFTR trafficking, F508del/wtCFTR or VX770 (1 μM, Selleck Chemicals, F508del/F508del). Forksolin/IBMX was selected to stimulate CFTR, bypassing the β2AR-GP and directly stimulating AC activity. For permeabilization studies, 50 μg/ml nystatin (Sigma-Aldrich) was added to the basolateral membrane as previously described (65). At the end of all studies, CFTRinh172 (10 μM; Tocris Biosciences) was added to the apical compartment to block CFTR currents.
To allow for comparisons between experiments, all studies were internally normalized to the average control (wtCFTR) or VX809-corrected (F508del-CFTR) I$_c$ and reported as percentage of the internal control condition.

**Protein isolation.** Cells on inserts were exposed to 150 μl of Complete Lysis-M Buffer (Roche Diagnostics) for approximately 10 minutes, then manually scraped using a 200-μl pipette tip. The resultant lysate was centrifuged at 300 g for 5 minutes and the supernatant was separated from the cell pellet. Protein quantification was performed using the DC Protein Assay (Bio-Rad). Immunoblotting was performed as previously described (64). Primary antibody against CFTR (mouse anti-CFTR clone 570; 1:4,000; University of North Carolina at Chapel Hill) was added to the blots and incubated overnight at 4°C, then horseradish peroxidase-conjugated secondary antibody (goat anti-mouse 1:200,000; Southern Biotech, catalog 1030-05) was applied in TBS-TII (10 mM Tris-HCl, 500 mM NaCl, 0.5% Tween-20, pH 7.4). Immunoreactivity was detected by chemiluminescence (SuperSignal West Femto, Thermo Fisher Scientific) and quantified using ImageJ software (NIH).

**Immunofluorescence and colocalization analysis.** Mature cells on inserts were washed 3 times in 1× PBS for 5 minutes, then fixed in 4% paraformaldehyde (Electron Microscopy Sciences) overnight. 1% Triton X-100 (Sigma-Aldrich) in PBS was applied for 15 minutes to permeabilize cells at room temperature, followed by blocking with 2.5% horse serum (Vector) for 3 hours. Cells were again washed 3 times in 1× PBS. Immunostaining was then performed using an overnight 4°C incubation for primary antibodies and 1-hour room temperature incubation for secondary antibodies; all antibody concentrations and catalog numbers are documented in Supplemental Table 1. Membranes and cells were washed 3 times in 1× PBS and then cut away from the plastic insert with a razor and mounted onto slides with ProLong Gold Antifade with DAPI (Thermo Fisher Scientific).

Imaging was performed with a Nikon A1 inverted confocal microscope and captured using Nikon Elements software with equivalent microscope and camera settings for each paired image (control vs. albuterol). Analysis of colocalization of β2AR and CFTR was performed using Imaris (Bitplane) software. Three separate image sets, each from a separate slide/insert, were analyzed per condition. Colocalization analysis included both single images in the x-y and x-z planes (shown) and 3-dimensional reconstruction images in the x-y-z plane. Colocalization was quantified as the percentage of colocalized pixels (positive for both green and purple channels) above a common threshold. For each paired set of images, thresholds were set to analyze the top 40% of fluorescent signal in the control images; the same thresholds were applied to analysis of the paired albuterol-treated images to ensure equivalent analyses within subjects while minimizing noise. Colocalization was calculated both for the entire image and for a manually delineated region of interest (ROI) focused on the apical surface only.

**cAMP measurements.** wtCFTR and F508del-CFTR CFBE41o- cells were pretreated for 72 hours with albuterol (10 μM). cAMP levels were measured following a 30-minute washout (media only). As indicated in the Results, select cells were stimulated with forskolin/IBMX (10 μM/100 μM in HBSS) or vehicle for 10 minutes. Cells were then lysed with a solution of 0.1 M HCl and 0.1% Triton and centrifuged. cAMP levels in the supernatant were then immediately analyzed by colorimetric ELISA (Enzo Life Sciences) per the manufacturer’s recommended protocol. cAMP values were calculated and normalized to the stimulated average to allow for comparison.

**Ciliary motility and MCC.** Mature, wtCFTR primary HAECs were grown as described above to maturity. Seventy-two hours prior to study, 50 μl of PBS was applied to wash the apical surface of each insert for 10 minutes, then removed. Fluorescent beads (1:500 dilution in PBS; Polysciences, Inc.) were then applied to the apical surface in aliquots of 100 μl per insert and left in place until study, allowing airway surface liquid levels to return to equilibrium. Inserts were placed right-side up onto a drop of media in a 35-mm glass-bottom dish (MatTek Corporation) and mounted in an incubated chamber at 37°C and 5% CO$_2$ on a Nikon TiE inverted microscope with Andor Zyla 4.2 and a Lumencor Spectra X light source.

For cilia imaging, high-speed time-lapse microscopy (approximately 400 frames/second) was performed at ×40 magnification under DIC conditions. All images were captured within 1 field of the insert edge to limit variability. Ciliary beat frequency was analyzed using Nikon Elements software (Nikon Instruments).

For MCC, time-lapse microscopy (approximately 20 frames/second) was performed at ×20 magnification and 640 nm. All images were captured within 1 field of the insert edge. Individual beads were marked and bead movement speed was calculated using Imaris software.
RNA isolation, sequencing, and analysis. Cells on inserts were lysed and RNA was collected using the RNeasy Mini Kit (Qiagen) and the manufacturer’s supplied protocol. Quality control testing was performed using a Nanodrop 2000c (Thermo Fisher Scientific) and Bioanalyzer RNA kit (Agilent Technologies). RNA was amplified and converted to cDNA using the Ovation RNA-seq System v2 (NuGEN Technologies) and cDNA libraries were created using the Illumina Protocol and Nextera XT DNA Library Preparation Kit (Illumina). Sequencing was then performed with the aid of the Cincinnati Children’s Hospital Research Foundation DNA Sequencing Core, with 25–30 million reads using paired-end 75-bp flow cells. Kallisto was used for quantifying abundance of transcripts from RNAseq data (66). The differentially expressed genes were detected using the R package DESeq2 (67). An a priori–adjusted significance value of 0.01 was used to determine statistical change.

Statistics. All comparisons of continuous data (including I sc, densitometry, cAMP levels, MCC, and ciliary beat frequency) were made by 2-sided Student’s t test or 1- or 2-way ANOVA as appropriate, with appropriate correction for multiple comparisons, using Graphpad Prism software. An a priori significance (P) value of 0.05 was used for all comparisons. Data presented throughout represent the mean ± SEM unless stated otherwise. Unless otherwise stated, all studies presented were repeated in duplicate or triplicate, with similar results.

Study approval. All studies using primary HAECs were approved by the Cincinnati Children’s Hospital Medical Center Institutional Review Board.

Author contributions
JJB, JB, AF, EK, JM, and AO directly contributed to study design, conducting experiments, data analysis, and the intellectual content of the manuscript. LJL and XZ contributed to data analysis and manuscript revision. JPC contributed to study design, data analysis, and the intellectual content of the manuscript.

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