

Constitutive deletion of the obscurin-Ig58/59 domains induces atrial remodeling and Ca²⁺-based arrhythmogenesis

Alyssa Grogan, ... , Maura Greiser, Aikaterini Kontrogianni-Konstantopoulos

JCI Insight. 2025. <https://doi.org/10.1172/jci.insight.184202>.

Research In-Press Preview Muscle biology

Obscurin is a giant protein that coordinates diverse aspects of striated muscle physiology. Obscurin immunoglobulin domains 58/59 (Ig58/59) associate with essential sarcomeric and Ca²⁺ cycling proteins. To explore the pathophysiological significance of Ig58/59, we generated the *Obscn-ΔIg58/59* mouse model, expressing obscurin constitutively lacking Ig58/59. Males in this line develop atrial fibrillation by 6-months, with atrial and ventricular dilation by 12-months. As *Obscn-ΔIg58/59* left ventricles at 6-months exhibit no deficits in sarcomeric ultrastructure or Ca²⁺ signaling, we hypothesized that susceptibility to arrhythmia may emanate from the atria. Ultrastructural evaluation of male *Obscn-ΔIg58/59* atria uncovered prominent Z-disk streaming by 6-months and further misalignment by 12-months. Relatedly, isolated *Obscn-ΔIg58/59* atrial cardiomyocytes exhibited increased Ca²⁺ spark frequency and age-specific alterations in Ca²⁺ cycling dynamics, coinciding with arrhythmia onset and progression. Quantitative analysis of the transverse-axial tubule (TAT) network using super-resolution microscopy demonstrated significant TAT depletion in *Obscn-ΔIg58/59* atria. These structural and Ca²⁺ signaling deficits were accompanied by age-specific alterations in the expression and/or phosphorylation of T-cap, which links transverse-tubules to Z-disks, and junctophilin-2, which connects transverse-tubules to the sarcoplasmic reticulum. Collectively, our work establishes the *Obscn-ΔIg58/59* model as a reputable genetic model for atrial cardiomyopathy and provides mechanistic insights into atrial fibrillation and remodeling.

Find the latest version:

<https://jci.me/184202/pdf>



1 **Constitutive deletion of the obscurin-Ig58/59 domains induces atrial remodeling and Ca²⁺-**
2 **based arrhythmogenesis**

3
4 Alyssa Grogan^{1*}, Annie Brong^{1*}, Humberto C. Joca², Liron Boyman^{3,4,5}, Aaron D. Kaplan^{3,6},
5 Christopher W. Ward², Maura Greiser^{3,7}, and Aikaterini Kontrogianni-Konstantopoulos^{1,4,#}

6
7 ¹Department of Biochemistry and Molecular Biology, University of Maryland School of Medicine,
8 Baltimore, MD 21201

9 ²Department of Orthopedics, University of Maryland School of Medicine, Baltimore, MD 21201

10 ³Department of Physiology, Center for Biomedical Engineering and Technology, University of
11 Maryland School of Medicine, Baltimore, MD 21201

12 ⁴Marlene and Stewart Greenebaum NCI Comprehensive Cancer Center, University of Maryland
13 School of Medicine, Baltimore, Maryland, USA.

14 ⁵Current address: Department of Physiology, Anatomy and Genetics, University of Oxford,
15 Oxford OX1 3PT, UK.

16 ⁶Department of Medicine and Division of Cardiology, University of Maryland Baltimore, School
17 of Medicine, Baltimore, Maryland, USA

18 ⁷Claude D. Pepper Older Americans Independence Center, University of Maryland School of
19 Medicine, Baltimore, Maryland, USA.

20
21 *: Equally contributing authors

22
23 # Correspondence to: Aikaterini Kontrogianni-Konstantopoulos, PhD

24 Phone: 410-706-5788

25 Fax: 410-706-8297

26 e-mail: akontrogianni@som.umaryland.edu

27

28 **Author Contributions:** Conceptualization (1), data curation (2), formal analysis (3), funding
29 acquisition (4), investigation (5), methodology (6), project administration (7), resources (8),
30 software (9), supervision (10), validation (11), visualization (12), writing original draft (13),
31 writing, review and editing (14).

32

33 AG: 1, 2, 3, 5, 6, 11, 12, 13, 14

34 AB: 1, 2, 3, 5, 6, 11, 12, 13, 14

35 HCJ: 3, 5, 6, 9, 10, 11, 12, 14

36 LB: 3, 5, 6, 9, 11, 14

37 ADK: 3, 5, 6, 9, 11, 14

38 CWW: 7, 8, 10, 14

39 MG: 2, 3, 5, 6, 7, 8, 10, 11, 12, 14

40 AKK: 1, 4, 7, 8, 10, 14

41

42 **Conflict of interest statement:** The authors have declared no conflict of interest exists.

43

44 **Keywords:** obscurin, atrial cardiomyopathy, atrial fibrillation, Ca²⁺ cycling and sparks, T-cap, Z-
45 disk

46 **Abstract**

47
48 Obscurin is a giant protein that coordinates diverse aspects of striated muscle physiology. Obscurin
49 immunoglobulin domains 58/59 (Ig58/59) associate with essential sarcomeric and Ca²⁺ cycling
50 proteins. To explore the pathophysiological significance of Ig58/59, we generated the *Obscn-*
51 *ΔIg58/59* mouse model, expressing obscurin constitutively lacking Ig58/59. Males in this line
52 develop atrial fibrillation by 6-months, with atrial and ventricular dilation by 12-months. As
53 *Obscn-ΔIg58/59* left ventricles at 6-months exhibit no deficits in sarcomeric ultrastructure or Ca²⁺
54 signaling, we hypothesized that susceptibility to arrhythmia may emanate from the atria.
55 Ultrastructural evaluation of male *Obscn-ΔIg58/59* atria uncovered prominent Z-disk streaming
56 by 6-months and further misalignment by 12-months. Relatedly, isolated *Obscn-ΔIg58/59* atrial
57 cardiomyocytes exhibited increased Ca²⁺ spark frequency and age-specific alterations in Ca²⁺
58 cycling dynamics, coinciding with arrhythmia onset and progression. Quantitative analysis of the
59 transverse-axial tubule (TAT) network using super-resolution microscopy demonstrated
60 significant TAT depletion in *Obscn-ΔIg58/59* atria. These structural and Ca²⁺ signaling deficits
61 were accompanied by age-specific alterations in the expression and/or phosphorylation of T-cap,
62 which links transverse-tubules to Z-disks, and junctophilin-2, which connects transverse-tubules
63 to the sarcoplasmic reticulum. Collectively, our work establishes the *Obscn-ΔIg58/59* model as a
64 reputable genetic model for atrial cardiomyopathy and provides mechanistic insights into atrial
65 fibrillation and remodeling.

66 **Introduction**

67 Atrial cardiomyopathy (ACM) is a complex disease that unifies etiologically distinct
68 dysfunction initiated in the upper chambers of the heart. It was codified into histopathological
69 classes in 2016 by the European Heart Rhythm Association (EHRA), characterized by
70 contractile, interstitial, and electrophysiological alterations and divided into four non-hierarchical
71 classes (1). While ACM is a highly heterogeneous condition with respect to phenotypes and
72 causative forces, atrial fibrillation (AF) and dilation are hallmarks of the disease shared across all
73 four classes of ACM (1). AF is the most common arrhythmia worldwide and is associated with
74 high morbidity and mortality (2). Changes in atrial conduction, shortening of the atrial action
75 potential, and ectopic focal activity contribute to AF (3, 4). Importantly, a positive feedback loop
76 exists where the structural and electrical remodeling which begets AF is perpetuated by prolonged
77 AF, intrinsically escalating ACM (1, 3).

78
79 Given the recent recognition of ACM as a widespread clinical entity, basic science is
80 unequipped with analogous model systems. Several animal models of AF involve exogenous
81 intervention, such as electrode implantation for rapid atrial pacing, vagal interference, or surgery
82 that abruptly initiate episodes of fibrillation (5, 6). These models often fail to mimic the progressive
83 nature of AF, which gradually advances from a paroxysmal to persistent presentation.
84 Furthermore, some surgical models and many genetic mouse models that feature AF have a
85 preeminent ventricular cardiomyopathy or heart failure, such that atrial disturbances may be
86 ancillary (3). Accordingly, there are few, primarily large, animal models where structural and
87 electrical remodeling of the atria is clearly antecedent to or independent of ventricular dysfunction

88 (7). Here, we present a mouse model that phenocopies key features of human AF, generated by
89 the deletion of two domains within the *OBSCN* gene.

90

91 Obscurin (720-870 kDa), encoded by the *OBSCN* gene, is a giant protein harboring both
92 cytoskeletal and signaling modalities that encircles myofibrils along M-bands and Z-disks.
93 Obscurin serves essential roles in myofibrillar assembly, cell adhesion, Ca²⁺ signaling, and the
94 integration of the sarcomere with the surrounding membrane and cytoskeletal structures (8, 9).
95 Rare and deleterious variants in *OBSCN* have been increasingly associated with the development
96 of cardiomyopathy in humans, as >20 missense, splicing, and frameshift mutations have been
97 identified in patients with hypertrophic (HCM) and dilated (DCM) cardiomyopathy, left
98 ventricular non-compaction (LVNC), and arrhythmogenic right ventricular cardiomyopathy
99 (ARVC) (10-12). While the pathophysiological consequences of most known *OBSCN* mutations
100 remain unresolved, our lab previously generated the *Obscn-R4344Q* mouse model containing the
101 HCM-linked point mutation, R4344Q, residing within immunoglobulin (Ig) domain 58 (13).
102 Sedentary *Obscn-R4344Q* mice developed spontaneous ventricular arrhythmia by 12-months
103 associated with increased Ca²⁺ cycling kinetics, linked to enhanced binding of phospholamban
104 (PLN) to mutant Ig58-R4344Q (13).

105

106 The obscurin-Ig58/59 module interacts with indispensable regulators of muscle structure
107 and function, including PLN, the Z-disk localized NH₂-terminal region of titin (3-4 MDa), and the
108 titin splice variant novex-3 (~700 kDa) (13-15). Consequently, we generated the *Obscn-ΔIg58/59*
109 mouse model that expresses endogenous obscurin constitutively lacking Ig58/59 (16). Our initial
110 characterization revealed that sedentary *Obscn-ΔIg58/59* male animals develop spontaneous AF

111 by 6-months that is greatly exacerbated by 12-months, when atrial enlargement and ventricular
112 dilation also manifest (16). While a compensatory upregulation of the sarco-endoplasmic
113 reticulum Ca^{2+} ATPase 2 (SERCA2) and its regulator PLN accompanied enhanced ventricular
114 ejection fraction and fractional shortening in *Obscn-ΔIg58/59* animals at 6-months (16), no
115 differences in ventricular myocyte contractility, Ca^{2+} transients, ultrastructure, and fibrotic
116 infiltration were detected (16).

117

118 In pursuit of the mechanistic source of atrial arrhythmogenesis and remodeling in *Obscn-*
119 *ΔIg58/59* mice, we investigated the structural and functional impact of the Ig58/59 deletion in atria
120 at the cellular level. Herein, we show that *Obscn-ΔIg58/59* atria exhibit prominent ultrastructural
121 deficits at the level of the Z-disk and the transverse-axial tubule (TAT) network. Intriguingly, Ca^{2+}
122 cycling alterations occur in *Obscn-ΔIg58/59* atrial cardiomyocytes at 6-months, earlier than in
123 ventricular cardiomyocytes, and progress by 12-months, coinciding with the onset and aggravation
124 of arrhythmia (16). Mechanistically, *Obscn-ΔIg58/59* atrial dysfunction is associated with changes
125 in the expression and phosphorylation profile of T-cap, a sarcomeric titin-binding protein that links
126 transverse-tubules to Z-disks, and junctophilin-2, which spans the cardiac dyad tethering
127 transverse-tubules to the sarcoplasmic reticulum. Collectively, our studies provide insights into the
128 development of atrial remodeling and spontaneous AF that precede ventricular maladaptation.

129 **Results**

130 **Ultrastructural evaluation of *Obscn-ΔIg58/59* atria reveals prominent Z-disk streaming and**
131 **misalignment**

132 Our initial characterization of the *Obscn-ΔIg58/59* model revealed spontaneous AF in 6-
133 month-old *Obscn-ΔIg58/59* male animals that progressed in severity by 12-months, accompanied
134 by gross atrial enlargement (16). While fibrosis is a known driver of alterations in electrical
135 conduction and force production in atria (1), *Obscn-ΔIg58/59* atria did not exhibit increased
136 absolute fibrotic content at 6- or 12-months compared to age-matched wild-type (**Fig. 1A**).
137 Interestingly, when normalized to total atrial mass, fibrotic content was significantly decreased in
138 12-month-old *Obscn-ΔIg58/59* atria compared to age-matched wild-type (**Fig. 1B**). This indicates
139 that the gross atrial enlargement manifesting at this timepoint (16) is not accompanied by fibrotic
140 deposition, eliminating fibrosis as a possible mechanistic source of arrhythmogenesis.

141
142 Our previous biochemical analysis did not indicate differences in the expression levels of
143 obscurin, the binding partners of the Ig58/59 module, titin and PLN, or canonical Ca²⁺ handling
144 proteins between wild-type and *Obscn-ΔIg58/59* atria at 6- or 12-months of age (17).
145 Proteomics/phospho-proteomics analysis, however, exposed extensive changes in the expression
146 and phosphorylation profile of Z-disk associated cytoskeletal proteins and Ca²⁺ cycling regulators
147 in *Obscn-ΔIg58/59* atria at both 6- and 12-months of age, highlighting proteins and
148 phosphorylation events with uncharacterized (patho)physiological roles in the heart (17) that could
149 potentially drive *Obscn-ΔIg58/59* atrial remodeling and dysfunction.

150

151 Considering the plethora of deregulated cytoskeletal proteins in *Obscn-ΔIg58/59* atria (17),
152 we evaluated sarcomeric ultrastructure using electron microscopy. Although there were no obvious
153 abnormalities in overall sarcomeric organization, we observed significant Z-disk streaming at both
154 6- and 12-months (**Fig. 1C-D**), a common myopathic manifestation characterized by out-of-
155 register Z-disks (18), indicative of lateral myofibrillar misalignment or structural deficiency of the
156 Z-disk itself. Moreover, *Obscn-ΔIg58/59* atria displayed increased variability in Z-disk orientation
157 at 12-months, as determined by the absolute deviation of the Z-disk angle of individual sarcomeres
158 (**Fig. 1E**). Given that Z-disk alignment remained unaffected in *Obscn-ΔIg58/59* left ventricles (16),
159 these findings indicated that *Obscn-ΔIg58/59* atria are more susceptible to developing structural
160 defects, particularly impacting Z-disk placement and orientation (**Fig. 1F**). Since the Z-disk is a
161 structural and signaling hub bridging the sarcomere to the extra-sarcomeric cytoskeleton and the
162 neighboring internal membrane systems (i.e., the TAT network and the sarcoplasmic reticulum,
163 SR), these results are consistent with our proteomics study that revealed deregulation of proteins
164 in each of these subcellular compartments (17). It is therefore plausible that the obscurin-Ig58/59
165 module stabilizes Z-disk-associated protein complexes and supports the overall alignment of
166 adjacent sarcomeres and surrounding structures in atria.

167

168 **Atrial cardiomyocytes from sedentary *Obscn-ΔIg58/59* males exhibit elevated Ca²⁺ spark**
169 **frequency and age-specific changes in intracellular Ca²⁺ cycling**

170 The presence of severe AF in *Obscn-ΔIg58/59* mice (16) and the prominent alterations in
171 key regulators of intracellular Ca²⁺ cycling identified in our phospho-proteomic screen (17)
172 prompted us to further evaluate Ca²⁺ homeostasis in atrial cardiomyocytes isolated from sedentary
173 *Obscn-ΔIg58/59* male animals at 6- and 12-months. Cardiomyocytes obtained from *Obscn-*

174 *ΔIg58/59* atria were moderately enlarged compared to wild-type at 6-months ($p=0.08$), which
175 progressed to significance by 12-months of age (**Fig. S1A-B**). To assess intracellular Ca^{2+} cycling
176 dynamics, Ca^{2+} transients were measured in freshly isolated atrial cardiomyocytes. To ensure
177 steady-state Ca^{2+} cycling conditions, atrial cardiomyocytes were electrically paced using field-
178 stimulation at a rate of 1 Hz. At 6-months, *Obscn-ΔIg58/59* atrial cells displayed significantly
179 increased Ca^{2+} transient amplitude and rise time, whereas Ca^{2+} decay time was significantly
180 reduced compared to age-matched wild-type cells (**Fig. 2A-E**). Conversely, 12-month-old *Obscn-*
181 *ΔIg58/59* atrial cells exhibited significantly decreased Ca^{2+} transient amplitude and prolonged Ca^{2+}
182 decay, while Ca^{2+} transient rise time was unaffected compared to controls (**Fig. 2A-E**).
183 Importantly, quantification of the standard deviation (SD) and the coefficient of variation (SI) of
184 the time to half-maximal fluorescence (TTF_{50}) assessing the spatial coordination of Ca^{2+} release
185 along the width of cardiomyocytes, demonstrated markedly desynchronized Ca^{2+} transients in
186 *Obscn-ΔIg58/59* atria at both 6- and 12-months (**Fig. 2F-H**).

187

188 SR Ca^{2+} content was also assessed by determining the amount of releasable Ca^{2+} following
189 the application of caffeine after cells had been electrically stimulated at 1 Hz for 30 s to achieve
190 steady-state SR Ca^{2+} loading. The amount of releasable SR Ca^{2+} was significantly elevated in
191 *Obscn-ΔIg58/59* atrial cardiomyocytes at 6-months, as evidenced by increased amplitude of
192 caffeine-induced Ca^{2+} transients, whereas SR Ca^{2+} content was unaffected at 12-months (**Fig. 2I-**
193 **J**). Taken together, these changes in intracellular Ca^{2+} cycling align with the natural progression
194 of AF, where 6-month *Obscn-ΔIg58/59* atrial cardiomyocytes show elevated SR load, increased
195 and prolonged Ca^{2+} release, and faster Ca^{2+} decay kinetics, while SR load and kinetics at 12-
196 months are depressed or unchanged. These alterations, along with the dyssynchronous Ca^{2+} release

197 observed at both timepoints, are consistent with the progressive Ca²⁺ cycling defects typically
198 associated with AF-induced remodeling and maladaptive Ca²⁺ signaling in ACM (1, 19).

199

200 Given the abnormalities in atrial Ca²⁺ cycling identified *in vitro* and the episodes of
201 spontaneous AF in *Obscn-ΔIg58/59* animals (16), we next evaluated the frequency and
202 morphology of spontaneous Ca²⁺ sparks in atrial cardiomyocytes. Ca²⁺ sparks are elemental Ca²⁺
203 release events originating from a single cluster of ryanodine receptors (RyR2) (20, 21). Critically,
204 increased diastolic Ca²⁺ leak resulting from high spontaneous Ca²⁺ spark frequency has been
205 associated with the development of AF and ventricular arrhythmias (20, 22, 23). Indeed, 6-month-
206 old *Obscn-ΔIg58/59* atrial cells exhibited a ~2.6-fold increase in Ca²⁺ spark frequency compared
207 to age-matched controls (**Fig. 3A, C**). Further assessment of Ca²⁺ spark morphology revealed
208 significantly increased spark amplitude, full width at half-maximum (FWHM), full-duration at
209 half-maximum (FDHM), spark mass, time to peak, and Tau (exponential time constant of spark
210 decay) with no alterations in the maximum steepness of spark upstroke in 6-month-old *Obscn-*
211 *ΔIg58/59* atrial cells compared to wild-type (**Fig. 3D and F-I; Fig. S1C-G**). Strikingly, by 12-
212 months, *Obscn-ΔIg58/59* atrial cardiomyocytes exhibited a ~4.0-fold increase in Ca²⁺ spark
213 frequency compared to age-matched controls (**Fig. 3B-C**). Morphologically, Ca²⁺ sparks
214 originating from 12-month-old *Obscn-ΔIg58/59* atrial cells displayed decreased amplitude and
215 spark mass, with no significant alterations in FWHM, FDHM, time to peak, maximum steepness
216 of spark upstroke, or in Tau (**Fig. 3E-I; Fig. S1C-G**).

217

218 Collectively, these findings indicate increased intracellular Ca²⁺ load in 6-month *Obscn-*
219 *ΔIg58/59* atrial cardiomyocytes, where elevated SR Ca²⁺ levels are associated with augmented

220 Ca^{2+} transients and more frequent and larger Ca^{2+} sparks. Conversely, by 12-months, *Obscn-*
221 *ΔIg58/59* atrial cells exhibit depressed Ca^{2+} transients and kinetics in the absence of elevated SR
222 Ca^{2+} load along with the presence of more frequent but lower magnitude Ca^{2+} sparks. Importantly,
223 this increased spontaneous Ca^{2+} spark activity at both timepoints implies a persistent Ca^{2+} leak
224 from the SR that could promote AF in *Obscn-ΔIg58/59* mice.

225

226 **The transverse-axial tubule (TAT) network is disrupted in *Obscn-ΔIg58/59* atria**

227 The presence of progressive structural abnormalities at the level of the Z-disk along with
228 age-specific alterations in Ca^{2+} cycling dynamics and Ca^{2+} spark frequency in *Obscn-ΔIg58/59*
229 atrial cells prompted us to investigate TAT membrane architecture using super-resolution
230 microscopy. Freshly isolated live atrial cardiomyocytes were stained with di-8-ANEPPS, a
231 fluorescent lipophilic plasma membrane marker that is commonly utilized to visualize the
232 transverse-tubule system (24, 25). Quantification of the length and orientation of the TAT network
233 demonstrated a significant reduction in TAT density in *Obscn-ΔIg58/59* atria at both 6- and 12-
234 months compared to age-matched wild-type (**Fig. 4A-D**), with no significant changes in
235 directionality (**Fig. 4E-G**). The observed structural deterioration of the TAT network in *Obscn-*
236 *ΔIg58/59* atria likely contributes to impaired CICR resulting in asynchronous Ca^{2+} release from
237 the SR and consequent arrhythmogenicity at both 6- and 12-months.

238

239 **The expression and phosphorylation status of T-cap is altered in *Obscn-ΔIg58/59* atria**

240 To mechanistically interrogate the profound structural and Ca^{2+} cycling changes that we
241 discovered in *Obscn-ΔIg58/59* atria, we utilized our prior phospho-proteomics screen as a guide
242 (17). Given the significant alterations in both Z-disk and TAT morphology in *Obscn-ΔIg58/59*

243 atria, we focused our investigation on T-cap, for which our phospho-proteomics analysis indicated
244 altered phosphorylation in 12-month old *Obscn-ΔIg58/59* atria (17). T-cap binds to titin's extreme
245 NH₂-terminal Ig1/2 domains located at the Z-disk in proximity to titin-Ig9/10 encompassing the
246 binding site for obscurin-Ig58/59. T-cap at the Z-disk is postulated to support the structural
247 integrity and physical association of the sarcomere with the transverse-tubule network by
248 interacting with ion channel accessory subunits (26-29), in addition to regulating responses to
249 biomechanical and hemodynamic stress (30, 31). Endogenous T-cap exists in a constitutively bi-
250 phosphorylated state at residues Ser157 and Ser161 (28). Although neither the hierarchy nor the
251 function of each phosphorylation event is known, it has been postulated that the phosphorylation
252 status of T-cap may regulate its susceptibility to proteasomal degradation and influence the
253 integrity of the transverse-tubule network in ventricular myocardium (28, 31, 32).

254

255 We therefore investigated the levels, phosphorylation profile, and localization of T-cap in
256 *Obscn-ΔIg58/59* atria. At 6-months, T-cap expression was significantly increased in *Obscn-*
257 *ΔIg58/59* atria compared to age-matched controls, whereas T-cap levels were unaltered at 12-
258 months (**Fig. 5A-B**). Due to the lack of commercial antibodies for pSer157 and pSer161, we
259 utilized Phos-tagTM acrylamide gels to separate the different T-cap phospho-species. We detected
260 a bi-phosphorylated (2P) species, two mono-phosphorylated forms (1P₁ and 1P₂), and non-
261 phosphorylated T-cap (0P; **Fig. 5C**). Although the 1P₁ and 1P₂ species harbor the same number of
262 phosphates, they exhibit distinct mobilities, since Phos-tag electrophoresis may differentially delay
263 the migration of proteins depending not only on the number but also the location of phosphate
264 groups (33). Following normalization to total T-cap levels, we did not observe a significant
265 difference in the abundance of any phospho-species between wild-type and *Obscn-ΔIg58/59* atria

266 at 6-months (**Fig. 5D**). However at 12-months, *Obscn-ΔIg58/59* atria exhibited a significant
267 upregulation of the 2P species accompanied by a corresponding decrease in the lower molecular
268 weight 1P₁ species compared to age-matched wild-type (**Fig. 5D-E**); a finding that is in agreement
269 with the reduced phosphorylation levels of Ser161 detected in our phospho-proteomics screen (17).
270 Despite its altered expression at 6-months or phosphorylation at 12-months, T-cap was properly
271 localized to sarcomeric Z-disks in *Obscn-ΔIg58/59* atria at both 6- and 12-months (**SFig. 2**).
272

273 Previous studies have postulated that T-cap expression is augmented as an adaptive
274 response to sustained cardiac stress (31). To determine whether dysregulation of T-cap expression
275 and phosphorylation is a direct consequence of the *Ig58/59* deletion or secondary to maladaptive
276 structural and electrical remodeling, we examined T-cap and phospho-T-cap levels in the atria of
277 3.5-month-old *Obscn-ΔIg58/59* mice, at a stage immediately prior to the onset of arrhythmia,
278 remodeling, and dysfunction (16). There was no significant difference in total T-cap expression
279 between genotypes at 3.5-months of age (**Fig. 5A-B**). However, quantification of T-cap
280 phosphorylation via PhosTagTM immunoblotting revealed a significant increase in 2P T-cap and a
281 corresponding decrease in 1P₁ T-cap in 3.5-month-old *Obscn-ΔIg58/59* atria compared to age-
282 matched controls, reminiscent of the T-cap phospho-spectra in 12-month *Obscn-ΔIg58/59* atria
283 (**Fig. 5C-D**). The non-phosphorylated T-cap (0P) species was not reliably detected in lysates from
284 3.5-month-old atria and was therefore not included in quantifications. Thus, the altered
285 phosphorylation profile of T-cap appears to be an early consequence of the *Ig58/59* deletion, that
286 becomes obscured at 6-months due to a compensatory up-regulation of total T-cap and is re-
287 exposed and exacerbated at 12-months. Collectively, these findings indicate that deletion of
288 *Ig58/59* leads to intrinsic molecular changes in the phosphorylation profile of T-cap, possibly

289 contributing to the maladaptive remodeling of the Z-disk and TAT membranes in *Obscn-ΔIg58/59*
290 atria.

291

292 **The expression of JPH2 is altered in *Obscn-ΔIg58/59* atria**

293 Given the substantial degradation of TAT structures in *Obscn-ΔIg58/59* atria, we next
294 queried whether Ig58/59 deletion altered the SR network, too. Previous analysis of *Obscn-*
295 *ΔIg58/59* atrial lysates revealed no changes in the expression of SR proteins SERCA, RyR2, or
296 sAnk1 (17). Similarly, sAnk1 localization was nondifferent in *Obscn-ΔIg58/59* atria compared to
297 wild-type controls, suggesting that the SR structure is unaffected by Ig58/59 ablation (**SFig. 3**).
298 However, we identified increased expression of the full-length form of junctophilin 2 (JPH2) in
299 *Obscn-ΔIg58/59* atria at 12-months (**Fig. 5F-G**). JPH2 fastens the transverse-tubules to the SR in
300 cardiomyocytes and dictates the dimensions of the dyadic cleft (34). In fact, JPH2 downregulation
301 is a common corollary of TAT remodeling in heart disease (35). Yet, calpain cleavage of JPH2
302 yields an ~75 kDa N-terminal fragment, JPH2 NT1, that is commonly upregulated under
303 conditions of cardiac stress (36, 37), though not following Ig58/59 ablation (**Fig. 5H**). JPH2 NT1
304 translocates to the nucleus where it acts as a cardioprotective transcription factor, governing genes
305 involved in hypertrophy, fibrosis, and inflammation (37). As there is a necessary trade-off between
306 the TAT-tethered population of JPH2 critical for excitation-contraction coupling and the nuclear
307 pool of cleaved JPH2 NT1, a relative increase in the non-cleaved form of JPH2 in 12-month
308 *Obscn-ΔIg58/59* atria may act as an adaptive measure to reinforce remaining dyads at the expense
309 of inducing a protective gene program. In agreement, despite the loss of TATs in *Obscn-ΔIg58/59*
310 atria, we detected no changes in JPH2 localization via immunofluorescence (**SFig. 4**). In sum,
311 although the SR appears unchanged in *Obscn-ΔIg58/59* atria, by 12-months of age there is notable

312 dysregulation of the proteins involved in linking TATs to both the sarcomeric cytoskeleton (T-
313 cap) and the SR (JPH2).

314 **Discussion**

315 Our current findings in combination with our prior proteomics study (17) provide insights
316 into the cellular and molecular alterations underlying atrial remodeling and arrhythmia in *Obscn-*
317 *ΔIg58/59* mice (**Fig. 6**). Specifically, our ultrastructural analysis indicated that deletion of the
318 *Ig58/59* module significantly affected the orientation and alignment of Z-disks in atria. In
319 accordance with this, our proteomic analysis of *Obscn-ΔIg58/59* atria exposed extensive
320 alterations in the expression and/or phosphorylation status of Z-disk associated cytoskeletal and
321 regulatory proteins (17). The Z-disk is a critical nexus where the sarcomeric cytoskeleton
322 interfaces with surrounding cellular structures, including internal membrane systems, the extra-
323 sarcomeric cytoskeleton, intercalated discs, costameres/sarcolemma, and the TAT network (38,
324 39). Consequently, the Z-disk simultaneously governs a diverse array of cellular processes such as
325 sarcomeric assembly, force production, cell adhesion, intracellular Ca²⁺ homeostasis, and
326 metabolism, while serving as a hotspot for mechanosensitive signaling pathways (38, 39). Thus,
327 perturbations in Z-disk-associated protein complexes (17) likely render *Obscn-ΔIg58/59* atria
328 susceptible to routine mechanical stress, worsening Z-disk alignment and sarcomeric topography.
329

330 Accordingly, we identified age-specific alterations in the expression (6-months) and
331 phosphorylation (3.5- and 12-months) status of the Z-disk localized, titin-binding protein T-cap in
332 *Obscn-ΔIg58/59* atria. Prior to the onset of arrhythmia and whole organ dysfunction (16), we
333 observed reduced mono-phosphorylated (1P1) and increased bi-phosphorylated (2P) T-cap
334 species, suggesting that T-cap altered phosphorylation develops as a direct consequence of *Ig58/59*
335 deletion, likely contributing to the initiation of Z-disk destabilization in *Obscn-ΔIg58/59* atria. By
336 6-months, total T-cap expression is increased in *Obscn-ΔIg58/59* atria, which may be an adaptation
337 to insulate the Z-disk and associated structures from excessive mechanical strain. Such a notion

338 would be in agreement with previous studies documenting that sustained exposure to cardiac stress
339 prompts up-regulation of T-cap expression (31). While 12-month *Obscn-ΔIg58/59* atria do not
340 exhibit this same compensatory increase in T-cap levels, we observed a reduction in a single mono-
341 phosphorylated T-cap species, likely pSer161 (17), with a complementary increase in bi-
342 phosphorylated T-cap, akin to what was found in sedentary 3.5 month-old *Obscn-ΔIg58/59* atria.
343 Thus, our findings indicate that deletion of obscurin-Ig58/59 induces alterations in the
344 phosphorylation profile of the Z-disk-associated protein, T-cap, which is concealed at 6-months
345 due to adaptive upregulation of total T-cap and intensified at 12-months when Z-disk architecture
346 and TAT network density appear dramatically deteriorated.

347

348 The obscurin Ig58/59 module interacts with the NH₂-terminal Ig9/10 domains of titin at
349 the Z-disk within relative proximity to T-cap's binding site on titin Ig1/2 region (14, 29). While
350 localization of T-cap to sarcomeric Z-disks appeared unaffected in *Obscn-ΔIg58/59* atria, it is
351 tempting to speculate that disruption of obscurin/titin binding via deletion of Ig58/59 may
352 indirectly impact T-cap association with titin-Ig1/2. Alternatively, it may influence the ability of
353 obscurin and titin to serve as molecular scaffolds for local kinase and phosphatase networks that
354 regulate T-cap's phosphorylation. Along these lines, our phospho-proteomics analysis revealed
355 many Z-disk-localized and/or actin-associated cytoskeletal proteins with deregulated
356 phosphorylation including plectin, cortactin, synaptopodin 2-like, LIM-domain binding protein 3
357 (ZASP), myozenin, and synemin, in addition to T-cap (17). Intriguingly, our proteomics results
358 also revealed an upregulation of Ca²⁺/calmodulin-dependent kinase II (CaMKII) phosphorylation
359 at Thr331 in 12-month *Obscn-ΔIg58/59* atria (17). Although the significance of this
360 phosphorylation event is not yet understood, Thr331 resides within the CaMKII linker region along

361 with a handful of other phospho-sites that putatively govern CaMKII autophosphorylation and
362 activation (40). Given that T-cap Ser157 and Ser161 are substrates of CaMKII (28), it is possible
363 that CaMKII Thr331 phosphorylation in 12-month *Obscn-ΔIg58/59* atria could contribute to
364 excess T-cap bi-phosphorylation in *Obscn-ΔIg58/59* atria.

365

366 To date, the precise function of T-cap bi-phosphorylation remains undefined, although it
367 has been suggested that constitutive phosphorylation of Ser157 and Ser161 regulates the overall
368 stability of T-cap. Wirianto *et al.* previously reported that dually phospho-ablated exogenous T-
369 cap is protected against proteasomal degradation when overexpressed in 293T cells (32). Contrary
370 to this, Lewis *et al.* observed a robust decrease in ventricular, dually phospho-ablated, endogenous
371 T-cap levels in the respective knock-in mouse line (31). Given these discrepant findings along with
372 the difficulty in disentangling the downstream effects of T-cap loss versus phospho-ablation, and
373 the lack of knowledge regarding the potentially distinct functions of pSer157 and pSer161, our
374 current understanding of the consequences of T-cap phosphorylation remains limited. Despite this
375 lingering ambiguity in the literature, a clear link has been established between T-cap expression,
376 T-cap phosphorylation, TAT structure, and the synchronicity of Ca²⁺ release (27, 28). Accordingly,
377 ventricular myocytes isolated from T-cap knock-out mice exhibit a progressive loss of transverse-
378 tubule membranes, dyssynchronous Ca²⁺ release, and frequent Ca²⁺ sparks as they age (27).
379 Moreover, overexpression of phospho-ablated T-cap, lacking both pSer157 and pSer161, in rat
380 ventricular myocytes leads to disordered, but not diminished, transverse-tubules along with
381 prolonged, desynchronized, Ca²⁺ release. Importantly, our current findings demonstrate that the
382 putative roles of T-cap in regulating the integrity of the transverse-tubule network and the
383 synchronicity of Ca²⁺ release also apply to atrial cardiomyocytes.

384 The significant depletion of the TAT system in *Obscn-ΔIg58/59* atria may implicate a
385 reduction in aligned RyR2/LTCC junctional complexes that facilitate proper CICR. Just as
386 'orphaned' (i.e. misaligned) RyR2 clusters are known to produce arrhythmogenic Ca²⁺ release in
387 ventricular myocytes in heart failure (41), TAT depletion has been detected in atrial myocytes
388 derived from sheep with AF (42). Relatedly, seminal work by Brandenburg *et al* (43) demonstrated
389 the importance of the TAT system and its orientation (axial versus transverse) for synchronous
390 Ca²⁺ release in atrial myocytes. Specifically, these authors showed that atrial myocytes adapt to
391 hypertrophy by increasing axial TAT elements thereby maintaining Ca²⁺ release despite
392 maladaptive remodeling (43). No such compensation of the TAT system occurred in our model,
393 despite upregulation of the junctional protein JPH2 at 12-months, which has been shown to restore
394 TAT regression and enhance LTCC recruitment elsewhere (35). Consequently, it seems the
395 structural deficits afflicting Z-disks and TATs in *Obscn-ΔIg58/59* atria, driven by extensive
396 alterations in the expression and phosphorylation of Z-disk associated proteins including T-cap,
397 are too systemic to be overcome by late-stage adaptive mechanisms (17). Instead, the progressive
398 deterioration of the TAT network in *Obscn-ΔIg58/59* atrial cardiomyocytes coincides with the
399 development and advancement of arrhythmogenic Ca²⁺ handling dynamics. We thus posit that
400 TAT depletion constitutes an important, emerging mechanism of Ca²⁺-based arrhythmogenicity
401 and associated atrial cardiomyopathy.

402

403 *Obscn-ΔIg58/59* male mice exhibit episodes of spontaneous arrhythmia reminiscent of
404 human AF, with the frequency and severity of these episodes increasing as the mice age from 6-
405 to 12-months (16). In line with this, we witnessed progressive abnormalities in Ca²⁺ cycling
406 kinetics, Ca²⁺ sparks, and SR Ca²⁺ content. Specifically, at 6-months we observed increased SR

407 Ca^{2+} load associated with prolonged, amplified, and desynchronized Ca^{2+} transients that were
408 accompanied by larger and more frequent Ca^{2+} sparks. While desynchronized Ca^{2+} release and
409 elevated Ca^{2+} spark frequency persisted through 12-months, Ca^{2+} release amplitude and kinetics
410 were substantially depressed. These changes are consistent with the natural progression of AF from
411 paroxysmal to permanent (44). Indeed, previous work in atrial myocytes isolated from patients
412 with paroxysmal AF revealed an increase in SR Ca^{2+} load akin to the phenotype of 6-month-old
413 *Obscn-ΔIg58/59* atria (45). Further, atrial myocytes isolated from a patient with chronic AF
414 exhibited no alterations in SR Ca^{2+} load, similar to our findings in 12-month-old *Obscn-ΔIg58/59*
415 mice (46). Promiscuous Ca^{2+} spark activity may result from excessive RyR2 leak, frequently
416 linked to hyper-phosphorylation of RyR2 at Ser2808 and Ser2814. Our phospho-proteomic
417 analysis of 12-month *Obscn-ΔIg58/59* atria revealed increased phosphorylation of RyR2 at
418 Ser2811, a CaMKII and PKA-sensitive site within the “phosphorylation hotspot” not yet fully
419 characterized but theorized to augment channel open probability (17, 47, 48). We also detected
420 reduced phosphorylation of histidine rich Ca^{2+} binding protein (HRC) – a regulator of SR Ca^{2+}
421 uptake, storage, and release – at another functionally uncharacterized site, Ser272, in *Obscn-*
422 *ΔIg58/59* atria at 12-months (17). Collectively, our data intimates a mechanism where deregulated
423 Ca^{2+} dynamics in *Obscn-ΔIg58/59* atria develop secondary to molecular alterations and structural
424 deficits, which is corroborated by our proteomic screen in *Obscn-ΔIg58/59* atria (17).

425

426 Ventricular and atrial tissues comprising the different chambers of the heart possess
427 inherent differences in cellular morphology, TAT membranes, and Ca^{2+} cycling (49, 50).
428 Consistent with this, our current study provides evidence of distinct pathophysiological alterations
429 in the atria versus ventricles (16) due to obscurin-Ig58/59 deletion. In particular, while the

430 pathological manifestations of Ig58/59 ablation in ventricles are regulatory in nature (i.e., de-
431 regulated Ca²⁺ cycling due to changes in key Ca²⁺ cycling proteins in the absence of ultrastructural
432 alterations) (16), *Obscn-ΔIg58/59* atria exhibit discrete and antecedent structural and signaling
433 deficits (16). Critically, enhanced ventricular contractility in 6-month *Obscn-ΔIg58/59* male
434 hearts, evidenced by increased ejection fraction and fractional shortening in the absence of
435 ventricular myocyte abnormalities (16), implies elevated pressure on the atria during systole. This
436 excess hemodynamic strain may contribute to the structural and functional remodeling of atrial
437 cardiomyocytes in *Obscn-ΔIg58/59* males. However, our biochemical analysis revealed alterations
438 in T-cap phosphorylation in *Obscn-ΔIg58/59* atria as early as 3.5-months of age, prior to the
439 development of ventricular remodeling at 6-months. We therefore postulate that obscurin and/or
440 Ig58/59 may serve specialized roles in different cardiac chambers, rendering the atria particularly
441 vulnerable to progressive pathophysiological remodeling due to Ig58/59 ablation.

442

443 Our current findings situate the *Obscn-ΔIg58/59* mouse model as one of few surrogates for
444 human ACM, featuring atrial fibrillation, atrial dilation, and progressive, sex-dependent
445 pathogenesis. Not only do *Obscn-ΔIg58/59* male atria mimic the morphological and
446 electrophysiological consequences of this disease, but they also mirror the cellular and molecular
447 hallmarks of ACM Class 1, characterized by principal changes to the cardiomyocyte driven by
448 genetic factors that culminate in lone AF in the absence of substantial fibrosis (1). In other genetic
449 models featuring AF, the origin and accelerant of arrhythmogenesis is not always explicit. In the
450 *Obscn-ΔIg58/59* mouse model, we demonstrate a clear chronology wherein the onset and
451 advancement of AF in males coincides with the progressive ultrastructural deficits and Ca²⁺
452 cycling dysfunction of atrial cardiomyocytes. Just as *Obscn-ΔIg58/59* females are insulated against

453 atrial remodeling and AF, women commonly incur AF later than men, often manifesting after
454 menopause (51). The prominent sex differences in AF incidence in our model are likely driven by
455 sex hormones, although estrogen, progesterone, and testosterone exert complex effects on ECG
456 morphology and arrhythmia prevalence (51, 52). Importantly, not all animal models of AF
457 recapitulate the sex bias seen in human AF, but the *Obscn-ΔIg58/59* model could be utilized to
458 elucidate sex-specific arrhythmogenic processes (53, 54).

459

460 Taken together, our past (17) and present studies reveal that deletion of obscurin-Ig58/59
461 in atria disrupts the expression and phosphorylation state of T-cap among other Z-disk-associated
462 structural and signaling proteins. Using ultrastructural evaluation, high resolution imaging of
463 intracellular Ca²⁺ dynamics, and live-cell super resolution microscopy of TAT membranes, we
464 show that deletion of the obscurin Ig58/59 module underlies adverse structural remodeling of Z-
465 disks and TAT membranes in atrial cardiomyocytes that likely fuel Ca²⁺ deregulation and
466 arrhythmia. These findings provide mechanistic insights into the development of atrial remodeling
467 and arrhythmogenesis and establish the *Obscn-ΔIg58/59* line as a genetic model of ACM where
468 atrial pathology develops prior to ventricular maladaptation.

469 **Methods**

470 *Sex as Biological Variable*

471 The current study focuses on the functional and molecular deficits in *Obscn-ΔIg58/59* male
472 atria. We observed robust, progressive arrhythmias in *Obscn-ΔIg58/59* males, with 50% and 83%
473 developing arrhythmia at 6- and 12-months, respectively, of which 37.5% and 83% experience AF
474 (16). In contrast, 33% of 6-month and 37% of 12-month-old *Obscn-ΔIg58/59* females exhibited
475 one or more forms of arrhythmia under sedentary conditions (16). Interestingly, AF incidence
476 actually declined over time in *Obscn-ΔIg58/59* females, as 33% versus 12% displayed AF at 6-
477 and 12-months, respectively. Female sex-hormones, particularly estrogen, most likely insulate
478 *Obscn-ΔIg58/59* females from atrial remodeling and electrical abnormalities. Consequently, the
479 current study focuses on the molecular mechanisms of atrial pathogenesis in *Obscn-ΔIg58/59* male
480 atria.

481

482 *Obscn-ΔIg58/59 constitutive deletion mice*

483 The *Obscn-ΔIg58/59* constitutive deletion model was generated as described previously
484 (GenOway, Lyon, France) (16). Genotypes were confirmed by polymerase chain reaction (PCR)
485 utilizing two distinct primer sets (16). All experiments were performed with homozygous male
486 *Obscn-ΔIg58/59* animals and age-matched male wild-type. Backcrossing of the *Obscn-ΔIg58/59*
487 colony is performed every 5-10 generations to protect against genetic drift.

488

489 *Hydroxyproline assay*

490 Hydroxyproline content was quantified from flash-frozen cardiac tissue as described
491 previously (13, 16). Briefly, right and left atria were combined and boiled overnight in 0.2 mL of

492 6 mol/L HCl at 110 °C. The hydrolyzed tissue was diluted 1:16 in isopropanol, combined 2:1 with
493 Reagent A (62 mmol/L chloramine-T, 0.56 mol/L sodium acetate, 0.14 mol/L citric acid, 0.35
494 mol/L NaOH, and 30.8% (v/v) isopropanol in water), and incubated at room temperature for 5
495 min. Samples were further diluted 1:4 in Reagent B (0.35 mol/L p-dimethylbenzaldehyde, 17.55%
496 (v/v) ethanol, and 1.19% (v/v) sulfuric acid in isopropanol), incubated at 55 °C for 1 hour, and
497 quenched on ice. Absorbance values were obtained at 558 nm and hydroxyproline content was
498 calculated using a standard curve and presented as either the absolute hydroxyproline
499 concentration (μM) or normalized to input atrial tissue mass (μM/mg).

500

501 *Electron microscopy*

502 Atrial samples were prepared for electron microscopy following methods for mega metal
503 staining (55). Briefly, atria isolated from 6- and 12-month-old wild-type and *Obscn-ΔIg58/59* mice
504 were fixed in 2% paraformaldehyde, 2.5% glutaraldehyde, and 0.1 mol/L PIPES buffer (pH 7.4),
505 washed with 0.1 mol/L PIPES buffer and postfixed for 60 min in 0.75% potassium ferrocyanide
506 and 1% osmium tetroxide in 0.1M PIPES buffer, followed by washing with water and 20 min
507 treatment with 1% freshly prepared thiocarbohydrazide solution at room temperature. After
508 extensive washing with water, samples were stained with 1% osmium tetroxide for 60 min, washed
509 in water and left in 1% uranyl acetate overnight at 4°C. Samples were then stained with lead
510 aspartate at 60°C for 30 min, washed with water and dehydrated using serial graded ethyl alcohol
511 (30%, 50%, 70%, 80%, 90% and 100%) and 100% acetone. Samples were then embedded in
512 Durcupan resin following the manufacturer's recommendation (Electron Microscopy Sciences,
513 PA, USA). Ultrathin sections at 70 nm thickness were cut on a Leica UC6 ultramicrotome (Leica
514 Microsystems, Inc., Bannockburn, IL), and examined under a Tecnai T12 transmission electron

515 microscope (Thermo Fisher Scientific, Hillsboro, Oregon) operated at 80 kV. Images were
516 acquired with an AMT bottom mount CCD camera and AMT600 software (Advanced Microscopy
517 Techniques, Woburn, MA). All samples were prepared and imaged at the Electron Microscopy
518 Core Imaging Facility of the University of Maryland Baltimore.

519

520 Z-disk streaming was evaluated by annotating the presence or absence of streaming in a
521 subset of images taken at 3200X magnification (10 ± 3 images per animal at 6-months, 15 ± 3
522 images per animal at 12-months). A two-sided Fisher's exact test (GraphPad Prism software ver.
523 5.00, San Diego, CA) was used to compare the proportion of images containing Z-disk streaming
524 between age-matched wild-type and *Obscn-Aig58/59* mice. Variability in Z-disk orientation was
525 evaluated by calculating the absolute deviation of the Z-line angle (measured with ImageJ) for all
526 sarcomeres visible in two representative images per animal (taken at 3200X magnification;
527 approximately 20-80 sarcomeres were analyzed per image).

528

529 *Atrial cardiomyocyte isolation*

530 Atrial cardiomyocytes were isolated from 6- and 12-month-old mice using a modified
531 Langendorff perfusion system as described previously (16, 24, 56, 57). Mice were anesthetized
532 using 3% isoflurane in oxygen and injected intraperitoneally with 108U heparin. Dissected hearts
533 were placed directly in digestion buffer (DB; 133 mmol/L NaCl, 5 mmol/L KCl, 2 mmol/L
534 $MgCl_2 \cdot 6H_2O$, 1.2 mmol/L KH_2PO_4 , 6 mmol/L taurine, 6 mmol/L creatine, 10 mmol/L glucose, 10
535 mmol/L HEPES, pH 7.4) containing 0.4 mmol/L EGTA (DB-EGTA) on ice. Hearts were
536 cannulated through the aorta and perfused in retrograde with DB-EGTA for 2 min and
537 subsequently perfused with DB-Enzymes solution containing 4 mg/ml bovine serum albumin

538 (BSA), 0.3 mmol/L CaCl₂, 1 mg/ml collagenase (Worthington), 0.04 mg/ml trypsin (Sigma-
539 Aldrich), and 0.04 mg/ml protease type XIV (Sigma P5147) for 5 min at 37 °C. Atria were
540 separated from ventricles, minced, and subjected to additional digestion in DB-Enzymes for 5 min
541 at 37 °C. Enzymatic digestion was terminated by transferring atrial tissues to DB containing 4
542 mg/ml BSA, 3.2 mg/ml 2,3-butanedione monoxime (BDM), and 0.2 mmol/L CaCl₂ where
543 myocytes were mechanically dispersed by trituration with a Pasteur pipette. Only myocytes that
544 exhibited appropriate morphology (rod-shaped with clear cross-striations) and were responsive to
545 electrical stimulation were used for downstream experimentation. Given the technical difficulties
546 involved in isolating high-quality, primary atrial cardiomyocytes from a miniscule amount of
547 tissue (<10 mg), any atria yielding at least two healthy myocytes was included in analyses. Cells
548 isolated from the same atria are similarly colored within figures, and the number of cells analyzed
549 per atrial sample is indicated in the corresponding figure legends.

550

551 *Ca²⁺ imaging and analysis*

552 Ca²⁺ imaging in atrial myocytes was performed as described previously (24). Isolated
553 cardiomyocytes were plated in chambers coated with ECM gel (e1270, Sigma-Aldrich) and
554 mounted on a Nikon Eclipse Ti inverted microscope with a 60X Oil 1.4 NA objective. Cells were
555 loaded for 20 min with 1 μmol/L fluo-4-acetoxymethyl ester (Fluo-4-AM; ThermoFisher F14201)
556 followed by de-esterification for 10 min. Subsequently, cells were brought to physiological Ca²⁺
557 by perfusion with normal Tyrode's solution (NT; 135 mmol/L NaCl, 5.4 mmol/L KCl, 1 mmol/L
558 MgCl₂•6H₂O, 0.33 mmol/L NaH₂PO₄, 11 mmol/L glucose, 5 mmol/L HEPES, 1.8 mmol/L CaCl₂,
559 pH 7.4). Ca²⁺ transients were measured during 1 Hz external field stimulation (2 ms, 20 V;
560 MyoPacer, IonOptix) using the 488 nm laser line of a confocal laser scanning microscope (Nikon

561 A1R). Line scans (1.872 ms/line) were collected in transverse orientation for 30 seconds. Ca²⁺
562 sparks were imaged for 30 seconds in quiescent atrial myocytes preceded by 30 seconds of external
563 field stimulation at 1 Hz to ensure steady-state SR Ca²⁺ loading. SR Ca²⁺ content was measured
564 by rapid application of 10 mmol/l caffeine to quiescent cells preceded by steady-state external field
565 stimulation at 1 Hz for 30 seconds. Field stimulation was subsequently restarted at 1 Hz to ensure
566 that all releasable Ca²⁺ had been depleted from the SR.

567

568 The resulting electrically- or caffeine-induced Ca²⁺ transients were analyzed offline using
569 ImageJ and Clampfit analysis software v11.1 (Molecular Devices, San Jose, CA). Ca²⁺ transients
570 were analyzed by averaging the Fluo-4 signal across the entire cell's width, and are presented as
571 background-subtracted, normalized fluorescence (F/F₀, arbitrary units). The delay of Ca²⁺ release
572 across the transverse axis of the cardiomyocyte was evaluated using a custom-made Python script
573 (58) quantifying the time to half maximal fluorescence (TTF₅₀) for each pixel. The dispersion of
574 delay values (i.e., standard deviation, SD) and the coefficient of variation (SD/mean) for each
575 transient represents Ca²⁺ release synchrony. Ca²⁺ spark frequency and morphology was assessed
576 from concatenated line scan images using ImageJ Sparkmaster plugin (59). Spark mass was
577 calculated as: amplitude x 1.206 x FWHM³ as described previously (60). 3-Dimensional surface
578 plot renderings of Ca²⁺ sparks were generated with ImageJ.

579

580 *Transverse-axial tubule (TAT) imaging and analysis*

581 Transverse-axial tubule imaging was carried out with a Zeiss LSM 880 confocal microscope
582 equipped with an Airyscan super resolution imaging module using a 63/1.40 Plan-Apochromat Oil
583 differential interference contrast M27 objective lens (Zeiss) as described previously (61). Freshly

584 isolated atrial cardiomyocytes were loaded with the membrane dye di-8 ANEPPS (5 $\mu\text{mol/L}$) and
585 imaged within 1.5 h after cell isolation as described previously (24). Only structurally intact atrial
586 cardiomyocytes with continuous cell membranes were selected for analysis. For transverse-axial
587 tubule (TAT) analysis, the NIH open-source Fiji platform was used (62). Cell interior regions of
588 interest (ROIs) were drawn with the polygon selection tool such that di-8-ANEPPS signal on the
589 cardiomyocyte surface was excluded. These ROIs were processed using a FIJI macro derived from
590 (63) and optimized for atrial TAT networks in older animals:

```
591 run("Add to Manager");  
592 run("Enhance Contrast", "saturated=0.35");  
593 run("Measure");  
594 run("Duplicate...", "");  
595 run("Clear Outside");  
596 run("Subtract Background...", "rolling=5");  
597 run("8-bit");  
598 run("Statistical Region Merging", "q=100 showaverages");  
599 setThreshold(20, 255);  
600 run("Convert to Mask");  
601 run("Skeletonize (2D/3D)");  
602 run("Directionality", "method=[Fourier components] nbins=180 histogram=-45 display_table");  
603 run("Analyze Skeleton (2D/3D)");
```

604 Branch lengths, branch counts, junction counts, directionality histograms, ROI areas, and micron
605 to pixel ratios were saved in excel files for each cell. These files were batch analyzed using a
606 custom Matlab script (25, 64). The proportion of transverse and axial tubules in each cell was
607 calculated from the area under the curve of the directionality histograms at $90^\circ \pm 2^\circ$ (transverse
608 orientation) and $0^\circ \pm 2^\circ$ (axial orientation).

609

610 *Lysate preparation, standard and Phos-tagTM gel electrophoresis, and immunoblotting*

611 Atrial lysates were generated as described previously (16, 17) from mice at 3-4 (denoted
612 as 3.5 in the text), 6, or 12-months of age. Briefly, flash frozen right and left atrial tissues were
613 combined and ground into a fine powder using a glass Dounce homogenizer submerged in liquid

614 nitrogen. The ground tissues were incubated at -20 °C for 20 min and then solubilized in a 1:1
615 mixture of urea-thiourea lysis buffer (8 mol/L urea, 2 mol/L thiourea, 3% SDS, 0.05 mol/L tris-
616 HCl, 0.03% bromophenol blue, 0.075 mol/L dithiothreitol, pH 6.8) and 50% glycerol
617 supplemented with protease and phosphatase inhibitors (Halt Protease and Phosphatase Inhibitor
618 Cocktail, Thermo Fisher Scientific, Waltham, MA) in a 60 °C water bath. Following
619 centrifugation, the supernatant was collected, aliquoted, and flash frozen in liquid nitrogen.
620 Lysates were thawed at 55 °C for 5 min and separated either by standard SDS-polyacrylamide gel
621 electrophoresis (SDS-PAGE) as described previously (16, 17) or Phos-tag™ gel electrophoresis.
622 For Phos-tag™ gel electrophoresis lysates were separated for 3 hours (30 mA/gel) on 12%
623 polyacrylamide gels supplemented with 50 μmol/L Phos-tag™ acrylamide according to the Zn²⁺
624 Phos-tag™ (FUJIFILM Wako Chemicals, Richmond, VA) SDS-PAGE protocol according to the
625 manufacturer's instructions. Standard SDS-PAGE and Phos-tag™ gels were transferred to
626 nitrocellulose membranes, blocked in 3% BSA, and probed with primary antibodies against T-cap
627 (1:1000; ab133646; Abcam), JPH2 (1:1000; INV-405300; Invitrogen), glyceraldehyde 3-
628 phosphate dehydrogenase (GAPDH; 1:15000; G8795; Millipore), or α-actinin (1:1000; A7811;
629 Sigma-Aldrich). Horseradish peroxidase (HRP)-conjugated secondary antibodies (goat anti-mouse
630 IgG, CST-7076S, or goat anti-rabbit IgG, CST-7074S; 1:3000; Cell Signaling Technology) and
631 chemiluminescent reagents (Pierce, ECL) were applied to visualize immunoreactive bands. Total
632 T-cap was quantified via densitometry (ImageJ) and normalized to GAPDH or α-actinin as a
633 loading control. The relative abundance of each T-cap phospho-species was determined by
634 dividing the relative intensity of each species by the summed intensity of all species for a given
635 sample and is presented as the percent of total T-cap.

636

637 *Immunostaining and confocal microscopy*

638 Frozen cardiac sections were prepared as described previously (16). In brief, following
639 perfusion and fixation in 2% paraformaldehyde (PFA) in phosphate-buffered saline (PBS),
640 dissected atria were embedded in 7.5% gelatin and 15% sucrose in PBS and frozen with 2-
641 methylbutane. Samples sectioned at a thickness of 12 μ m were permeabilized with 0.1% (T-cap)
642 or 0.3% (JPH2 and sAnk1) Triton X-100 in PBS, blocked in 1 mg/ml BSA with 1 mmol/L sodium
643 azide in PBS (T-cap) and 1% goat serum (JPH2 and sAnk1), and incubated with primary antibodies
644 targeting T-cap (1:250; ab133646; Abcam), JPH2 (1:100; INV-405300; Invitrogen), or sAnk1
645 (1:200; ARP42566_T100; Aviva). Samples were then incubated with Alexa Fluor™ 488 goat anti-
646 rabbit (1:300; A11034, Invitrogen) secondary antibody for 2 hours, stained with Alexa Fluor™
647 647 phalloidin (1:30; A22287, Invitrogen) for 30 minutes, and mounted with VECTASHIELD
648 mounting medium (Vector Laboratories, Burlingame, CA). Immunostained sections were
649 analyzed under a Nikon Spinning Disc confocal microscope at the UMSOM Confocal Microscopy
650 Facility. The brightness/contrast of images was adjusted uniformly across the entire image.

651

652 *Statistical Analysis*

653 Statistical significance between age-matched wild-type and homozygous male *Obscn-*
654 *Δ Ig58/59* groups was determined by two-tailed Student's t-test in all experiments, excluding those
655 depicted in Fig. 1D. A Fischer's exact test was used in Fig. 1D to compare Z-disk streaming. Error
656 bars represent average values \pm standard error of the mean (SEM). Sample sizes, cell, and animal
657 numbers, along with the statistical tests and p values for each experiment are noted in the
658 corresponding figure legends. Graphpad Prism (San Diego, CA) was used to calculate statistical
659 parameters; *p<0.05, **p<0.01, ***p<0.001, and ****p<0.0001.

660 *Study Approval*

661 Animal care and procedures were conducted under protocols approved by the Institutional
662 Animal Care and Use Committee at the University of Maryland, School of Medicine (UMSOM)
663 and in accordance with the NIH guidelines (Guide for the Care and Use of Laboratory Animals).

664

665 *Data Availability*

666 Original images and blots are provided in the “Original Images & Blots” file and raw data
667 values are supplied in the “Supporting Data Values” file.

668 **Sources of Funding**

669 This work was supported by the National Institutes of Health (Training Program in Muscle
670 Biology, T32 AR007592 to A.G. and A.B., K99-R00 HL156005 to H.J., R01 HL142290 to
671 C.W.W., and R01 AR077106 to A.K.K.), the UMB Institute for Clinical & Translational Research
672 (ICTR-443 to A.K.K.), the Claude D. Pepper Older Americans Independence Center at the
673 University of Maryland School of Medicine [P30 AG028747 to M.G.], and the BHF Intermediate
674 Basic Science Research Fellowship [FS/IBSRF/24/25202 to LB].

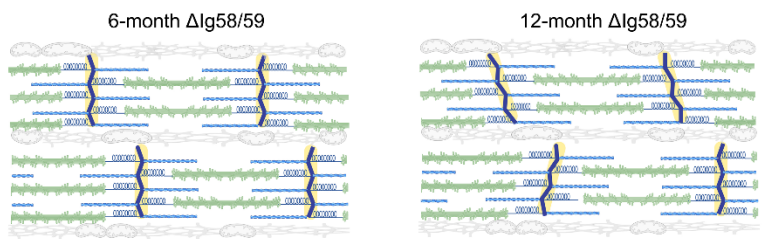
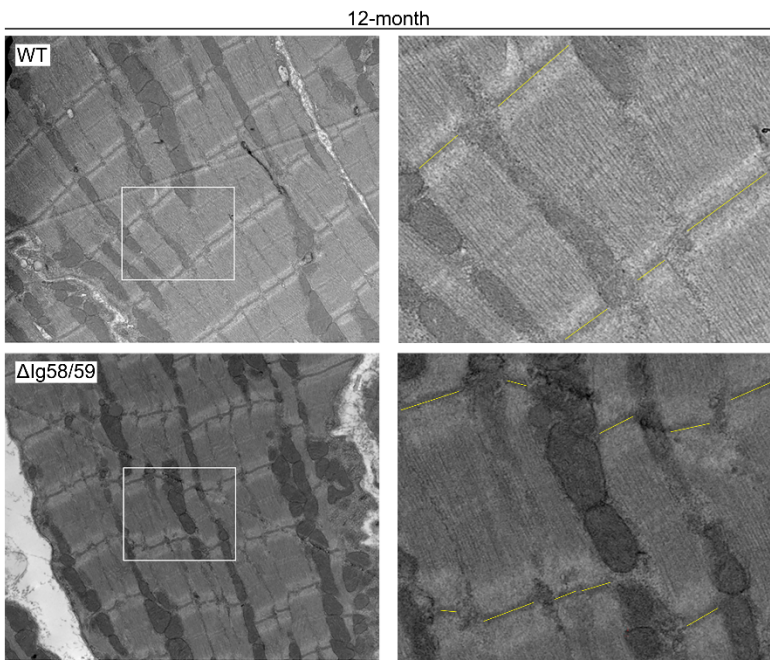
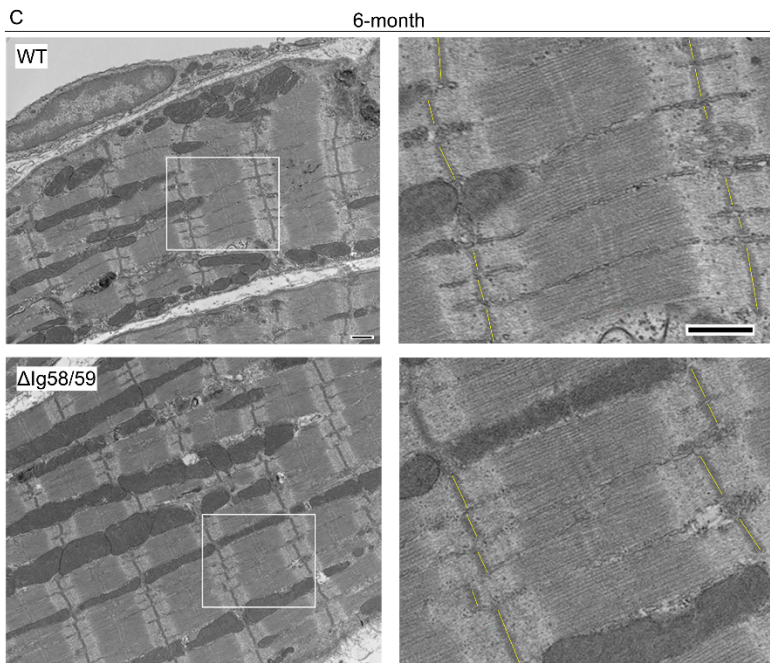
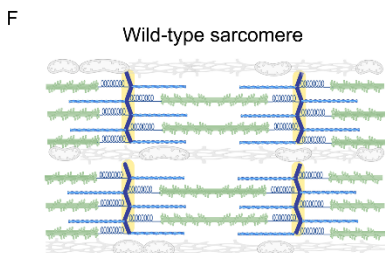
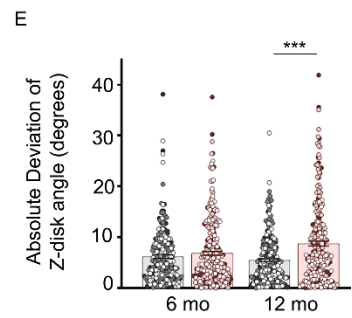
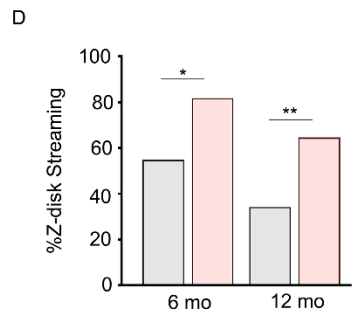
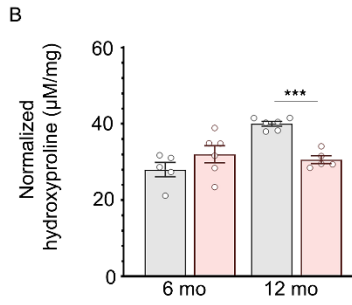
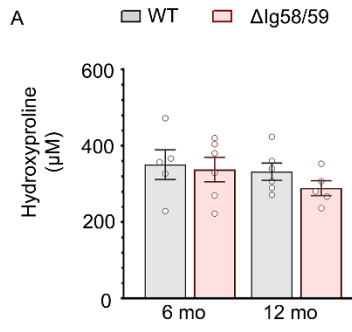
675 **References**

- 676 1. Goette A, Kalman JM, Aguinaga L, Akar J, Cabrera JA, Chen SA, et al.
677 EHRA/HRS/APHRS/SOLAECE expert consensus on atrial cardiomyopathies: definition,
678 characterization, and clinical implication. *Europace*. 2016;18(10):1455-90.
- 679 2. Lippi G, Sanchis-Gomar F, and Cervellin G. Global epidemiology of atrial fibrillation: An
680 increasing epidemic and public health challenge. *Int J Stroke*. 2021;16(2):217-21.
- 681 3. Baman JR, Cox JL, McCarthy PM, Kim D, Patel RB, Passman RS, et al. Atrial fibrillation
682 and atrial cardiomyopathies. *J Cardiovasc Electrophysiol*. 2021;32(10):2845-53.
- 683 4. Nishida K, Michael G, Dobrev D, and Nattel S. Animal models for atrial fibrillation:
684 clinical insights and scientific opportunities. *Europace*. 2010;12(2):160-72.
- 685 5. Wijffels MC, Kirchhof CJ, Dorland R, and Allessie MA. Atrial fibrillation begets atrial
686 fibrillation. A study in awake chronically instrumented goats. *Circulation*.
687 1995;92(7):1954-68.
- 688 6. D'Alessandro E, Winters J, van Nieuwenhoven FA, Schotten U, and Verheule S. The
689 Complex Relation between Atrial Cardiomyopathy and Thrombogenesis. *Cells*.
690 2022;11(19).
- 691 7. Schuttler D, Bapat A, Kaab S, Lee K, Tomsits P, Clauss S, et al. Animal Models of Atrial
692 Fibrillation. *Circ Res*. 2020;127(1):91-110.
- 693 8. Kontogianni-Konstantopoulos A, Ackermann MA, Bowman AL, Yap SV, and Bloch RJ.
694 Muscle giants: molecular scaffolds in sarcomerogenesis. *Physiol Rev*. 2009;89(4):1217-67.
- 695 9. Wang L, Geist J, Grogan A, Hu LR, and Kontogianni-Konstantopoulos A. Thick Filament
696 Protein Network, Functions, and Disease Association. *Compr Physiol*. 2018;8(2):631-709.
- 697 10. Grogan A, and Kontogianni-Konstantopoulos A. Unraveling obscurins in heart disease.
698 *Pflugers Arch*. 2019;471(5):735-43.
- 699 11. Chen P, Xiao Y, Wang Y, Zheng Z, Chen L, Yang X, et al. Intracellular calcium current
700 disorder and disease phenotype in OBSCN mutant iPSC-based cardiomyocytes in
701 arrhythmogenic right ventricular cardiomyopathy. *Theranostics*. 2020;10(24):11215-29.
- 702 12. Herrera-Rivero M, Gandhi S, Witten A, Ghalawinji A, Schotten U, and Stoll M. Cardiac
703 chamber-specific genetic alterations suggest candidate genes and pathways implicating the
704 left ventricle in the pathogenesis of atrial fibrillation. *Genomics*. 2022;114(2):110320.
- 705 13. Hu LR, Ackermann MA, Hecker PA, Prosser BL, King B, O'Connell KA, et al.
706 Deregulated Ca(2+) cycling underlies the development of arrhythmia and heart disease due
707 to mutant obscurin. *Sci Adv*. 2017;3(6):e1603081.
- 708 14. Young P, Ehler E, and Gautel M. Obscurin, a giant sarcomeric Rho guanine nucleotide
709 exchange factor protein involved in sarcomere assembly. *J Cell Biol*. 2001;154(1):123-36.
- 710 15. Bang ML, Centner T, Fornoff F, Geach AJ, Gotthardt M, McNabb M, et al. The complete
711 gene sequence of titin, expression of an unusual approximately 700-kDa titin isoform, and
712 its interaction with obscurin identify a novel Z-line to I-band linking system. *Circ Res*.
713 2001;89(11):1065-72.
- 714 16. Grogan A, Coleman A, Joca H, Granzier H, Russel MW, Ward CW, et al. Deletion of
715 obscurin immunoglobulin domains Ig58/59 leads to age-dependent cardiac remodeling and
716 arrhythmia. *Basic Res Cardiol*. 2020;115(6):60.
- 717 17. Grogan A, Huang W, Brong A, Kane MA, and Kontogianni-Konstantopoulos A.
718 Alterations in cytoskeletal and Ca(2+) cycling regulators in atria lacking the obscurin
719 Ig58/59 module. *Front Cardiovasc Med*. 2023;10:1085840.

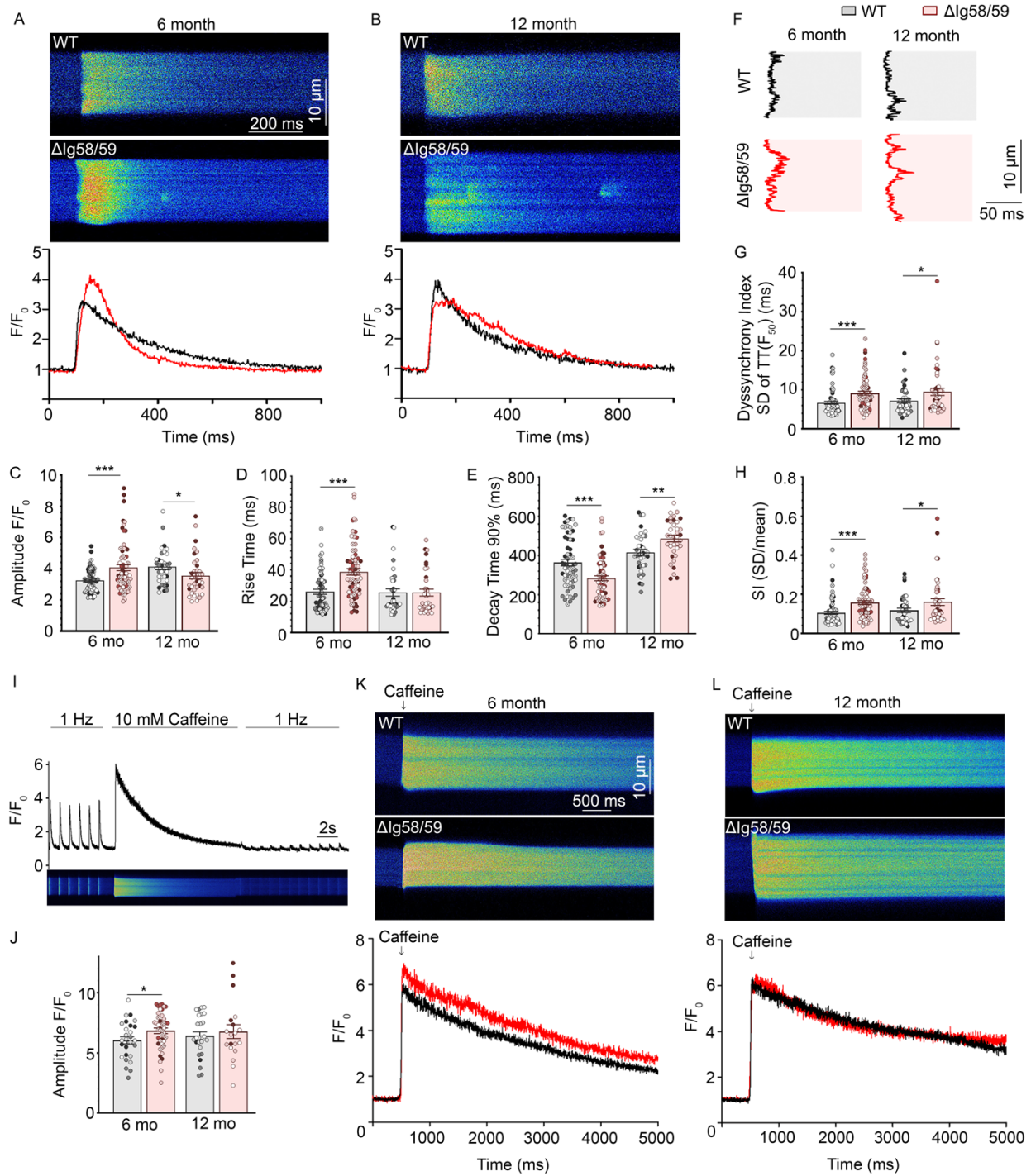
- 720 18. Wadmore K, Azad AJ, and Gehmlich K. The Role of Z-disc Proteins in Myopathy and
721 Cardiomyopathy. *Int J Mol Sci.* 2021;22(6).
- 722 19. Greiser M, and Schotten U. Dynamic remodeling of intracellular Ca(2)(+) signaling during
723 atrial fibrillation. *J Mol Cell Cardiol.* 2013;58:134-42.
- 724 20. Hoang-Trong TM, Ullah A, and Jafri MS. Calcium Sparks in the Heart: Dynamics and
725 Regulation. *Res Rep Biol.* 2015;6:203-14.
- 726 21. Cheng H, Lederer WJ, and Cannell MB. Calcium sparks: elementary events underlying
727 excitation-contraction coupling in heart muscle. *Science.* 1993;262(5134):740-4.
- 728 22. Connell P, Word TA, and Wehrens XHT. Targeting pathological leak of ryanodine
729 receptors: preclinical progress and the potential impact on treatments for cardiac
730 arrhythmias and heart failure. *Expert Opin Ther Targets.* 2020;24(1):25-36.
- 731 23. Dridi H, Kushnir A, Zalk R, Yuan Q, Melville Z, and Marks AR. Intracellular calcium leak
732 in heart failure and atrial fibrillation: a unifying mechanism and therapeutic target. *Nat Rev*
733 *Cardiol.* 2020;17(11):732-47.
- 734 24. Greiser M, Kerfant BG, Williams GS, Voigt N, Harks E, Dibb KM, et al. Tachycardia-
735 induced silencing of subcellular Ca²⁺ signaling in atrial myocytes. *J Clin Invest.*
736 2014;124(11):4759-72.
- 737 25. Kaplan AD, Boyman L, Ward CW, Lederer WJ, and Greiser M. Ryanodine receptor
738 stabilization therapy suppresses Ca(2+)- based arrhythmias in a novel model of metabolic
739 HFpEF. *J Mol Cell Cardiol.* 2024;195:68-72.
- 740 26. Furukawa T, Ono Y, Tsuchiya H, Katayama Y, Bang ML, Labeit D, et al. Specific
741 interaction of the potassium channel beta-subunit minK with the sarcomeric protein T-cap
742 suggests a T-tubule-myofibril linking system. *J Mol Biol.* 2001;313(4):775-84.
- 743 27. Ibrahim M, Siedlecka U, Buyandelger B, Harada M, Rao C, Moshkov A, et al. A critical
744 role for Telethonin in regulating t-tubule structure and function in the mammalian heart.
745 *Hum Mol Genet.* 2013;22(2):372-83.
- 746 28. Candasamy AJ, Haworth RS, Cuello F, Ibrahim M, Aravamudhan S, Kruger M, et al.
747 Phosphoregulation of the titin-cap protein telethonin in cardiac myocytes. *J Biol Chem.*
748 2014;289(3):1282-93.
- 749 29. Gregorio CC, Trombitas K, Centner T, Kolmerer B, Stier G, Kunke K, et al. The NH2
750 terminus of titin spans the Z-disc: its interaction with a novel 19-kD ligand (T-cap) is
751 required for sarcomeric integrity. *J Cell Biol.* 1998;143(4):1013-27.
- 752 30. Knoll R, Linke WA, Zou P, Miocic S, Kostin S, Buyandelger B, et al. Telethonin
753 deficiency is associated with maladaptation to biomechanical stress in the mammalian
754 heart. *Circ Res.* 2011;109(7):758-69.
- 755 31. Lewis HR, Eminaga S, Gautel M, and Avkiran M. Phosphorylation at Serines 157 and 161
756 Is Necessary for Preserving Cardiac Expression Level and Functions of Sarcomeric Z-Disc
757 Protein Telethonin. *Front Physiol.* 2021;12:732020.
- 758 32. Wirianto M, Yang J, Kim E, Gao S, Paudel KR, Choi JM, et al. The GSK-3beta-FBXL21
759 Axis Contributes to Circadian TCAP Degradation and Skeletal Muscle Function. *Cell Rep.*
760 2020;32(11):108140.
- 761 33. Kinoshita E, Kinoshita-Kikuta E, and Koike T. History of Phos-tag technology for
762 phosphoproteomics. *J Proteomics.* 2022;252:104432.
- 763 34. Gross P, Johnson J, Romero CM, Eaton DM, Poulet C, Sanchez-Alonso J, et al. Interaction
764 of the Joining Region in Junctophilin-2 With the L-Type Ca(2+) Channel Is Pivotal for

- 765 Cardiac Dyad Assembly and Intracellular Ca(2+) Dynamics. *Circ Res.* 2021;128(1):92-
766 114.
- 767 35. Poulet C, Sanchez-Alonso J, Swiatlowska P, Mouy F, Lucarelli C, Alvarez-Laviada A, et
768 al. Junctophilin-2 tethers T-tubules and recruits functional L-type calcium channels to lipid
769 rafts in adult cardiomyocytes. *Cardiovasc Res.* 2021;117(1):149-61.
- 770 36. Weninger G, Pochechueva T, El Chami D, Luo X, Kohl T, Brandenburg S, et al. Calpain
771 cleavage of Junctophilin-2 generates a spectrum of calcium-dependent cleavage products
772 and DNA-rich NT(1)-fragment domains in cardiomyocytes. *Sci Rep.* 2022;12(1):10387.
- 773 37. Guo A, Wang Y, Chen B, Wang Y, Yuan J, Zhang L, et al. E-C coupling structural protein
774 junctophilin-2 encodes a stress-adaptive transcription regulator. *Science.* 2018;362(6421).
- 775 38. Hoshijima M. Mechanical stress-strain sensors embedded in cardiac cytoskeleton: Z disk,
776 titin, and associated structures. *Am J Physiol Heart Circ Physiol.* 2006;290(4):H1313-25.
- 777 39. Purevjav E, and Towbin JA. The Z-disk final common pathway in cardiomyopathies. 2021.
- 778 40. Berchtold MW, Munk M, Kulej K, Porth I, Lorentzen L, Panina S, et al. The heart
779 arrhythmia-linked D130G calmodulin mutation causes premature inhibitory
780 autophosphorylation of CaMKII. *Biochim Biophys Acta Mol Cell Res.*
781 2021;1868(12):119119.
- 782 41. Song LS, Sobie EA, McCulle S, Lederer WJ, Balke CW, and Cheng H. Orphaned
783 ryanodine receptors in the failing heart. *Proc Natl Acad Sci U S A.* 2006;103(11):4305-10.
- 784 42. Lenaerts I, Bito V, Heinzl FR, Driesen RB, Holemans P, D'Hooge J, et al. Ultrastructural
785 and functional remodeling of the coupling between Ca²⁺ influx and sarcoplasmic
786 reticulum Ca²⁺ release in right atrial myocytes from experimental persistent atrial
787 fibrillation. *Circ Res.* 2009;105(9):876-85.
- 788 43. Brandenburg S, Kohl T, Williams GS, Gusev K, Wagner E, Rog-Zielinska EA, et al. Axial
789 tubule junctions control rapid calcium signaling in atria. *J Clin Invest.* 2016;126(10):3999-
790 4015.
- 791 44. Denham NC, Pearman CM, Caldwell JL, Madders GWP, Eisner DA, Trafford AW, et al.
792 Calcium in the Pathophysiology of Atrial Fibrillation and Heart Failure. *Front Physiol.*
793 2018;9:1380.
- 794 45. Voigt N, Heijman J, Wang Q, Chiang DY, Li N, Karck M, et al. Cellular and molecular
795 mechanisms of atrial arrhythmogenesis in patients with paroxysmal atrial fibrillation.
796 *Circulation.* 2014;129(2):145-56.
- 797 46. Voigt N, Li N, Wang Q, Wang W, Trafford AW, Abu-Taha I, et al. Enhanced sarcoplasmic
798 reticulum Ca²⁺ leak and increased Na⁺-Ca²⁺ exchanger function underlie delayed
799 afterdepolarizations in patients with chronic atrial fibrillation. *Circulation.*
800 2012;125(17):2059-70.
- 801 47. Camors E, and Valdivia HH. CaMKII regulation of cardiac ryanodine receptors and
802 inositol triphosphate receptors. *Front Pharmacol.* 2014;5:101.
- 803 48. Yuchi Z, Lau K, and Van Petegem F. Disease mutations in the ryanodine receptor central
804 region: crystal structures of a phosphorylation hot spot domain. *Structure.*
805 2012;20(7):1201-11.
- 806 49. Bootman MD, Smyrniak I, Thul R, Coombes S, and Roderick HL. Atrial cardiomyocyte
807 calcium signalling. *Biochim Biophys Acta.* 2011;1813(5):922-34.
- 808 50. Walden AP, Dibb KM, and Trafford AW. Differences in intracellular calcium homeostasis
809 between atrial and ventricular myocytes. *J Mol Cell Cardiol.* 2009;46(4):463-73.

- 810 51. Ko D, Rahman F, Schnabel RB, Yin X, Benjamin EJ, and Christophersen IE. Atrial
811 fibrillation in women: epidemiology, pathophysiology, presentation, and prognosis. *Nat*
812 *Rev Cardiol.* 2016;13(6):321-32.
- 813 52. Odening KE, Deiß S, Dilling-Boer D, Didenko M, Eriksson U, Nedios S, et al. Mechanisms
814 of sex differences in atrial fibrillation: role of hormones and differences in
815 electrophysiology, structure, function, and remodelling. *Europace.* 2019;21(3):366-76.
- 816 53. Kasi VS, Xiao HD, Shang LL, Irvanian S, Langberg J, Witham EA, et al. Cardiac-
817 restricted angiotensin-converting enzyme overexpression causes conduction defects and
818 connexin dysregulation. *Am J Physiol Heart Circ Physiol.* 2007;293(1):H182-92.
- 819 54. Saba S, Janczewski AM, Baker LC, Shusterman V, Gursoy EC, Feldman AM, et al. Atrial
820 contractile dysfunction, fibrosis, and arrhythmias in a mouse model of cardiomyopathy
821 secondary to cardiac-specific overexpression of tumor necrosis factor- α . *Am J*
822 *Physiol Heart Circ Physiol.* 2005;289(4):H1456-67.
- 823 55. Deerinck T.J., Bushong E., Thor A, and Ellisman M.H. NCMIR methods for 3D EM: a
824 new protocol for preparation of biological specimens for serial block face scanning electron
825 microscopy. *Nat Center Microsc Imag Res.* 2010.
- 826 56. Shioya T. A simple technique for isolating healthy heart cells from mouse models. *J*
827 *Physiol Sci.* 2007;57(6):327-35.
- 828 57. Garber L, Joca HC, Coleman AK, Boyman L, Lederer WJ, and Greiser M. Camera-based
829 Measurements of Intracellular $[Na^+]$ in Murine Atrial Myocytes. *J Vis Exp.* 2022(183).
- 830 58. Joca HC. CaTanalysis. <https://github.com/humberojoca/CaTanalysis.git>.
- 831 59. Picht E, Zima AV, Blatter LA, and Bers DM. SparkMaster: automated calcium spark
832 analysis with ImageJ. *Am J Physiol Cell Physiol.* 2007;293(3):C1073-81.
- 833 60. Hollingworth S, Peet J, Chandler WK, and Baylor SM. Calcium sparks in intact skeletal
834 muscle fibers of the frog. *J Gen Physiol.* 2001;118(6):653-78.
- 835 61. Greiser M, Karbowski M, Kaplan AD, Coleman AK, Verhoeven N, Mannella CA, et al.
836 Calcium and bicarbonate signaling pathways have pivotal, resonating roles in matching
837 ATP production to demand. *Elife.* 2023;12.
- 838 62. Schindelin J, Arganda-Carreras I, Frise E, Kaynig V, Longair M, Pietzsch T, et al. Fiji: an
839 open-source platform for biological-image analysis. *Nat Methods.* 2012;9(7):676-82.
- 840 63. Yue X, Zhang R, Kim B, Ma A, Philipson KD, and Goldhaber JJ. Heterogeneity of
841 transverse-axial tubule system in mouse atria: Remodeling in atrial-specific Na^+ - Ca^{2+}
842 exchanger knockout mice. *J Mol Cell Cardiol.* 2017;108:50-60.
- 843 64. Boyman L. cardiomyocyte-transverse-axial-tubules-structure-analysis.
844 [https://github.com/lboyman1/cardiomyocyte-transverse-axial-tubules-structure-](https://github.com/lboyman1/cardiomyocyte-transverse-axial-tubules-structure-analysis.git)
845 [analysis.git](https://github.com/lboyman1/cardiomyocyte-transverse-axial-tubules-structure-analysis.git).



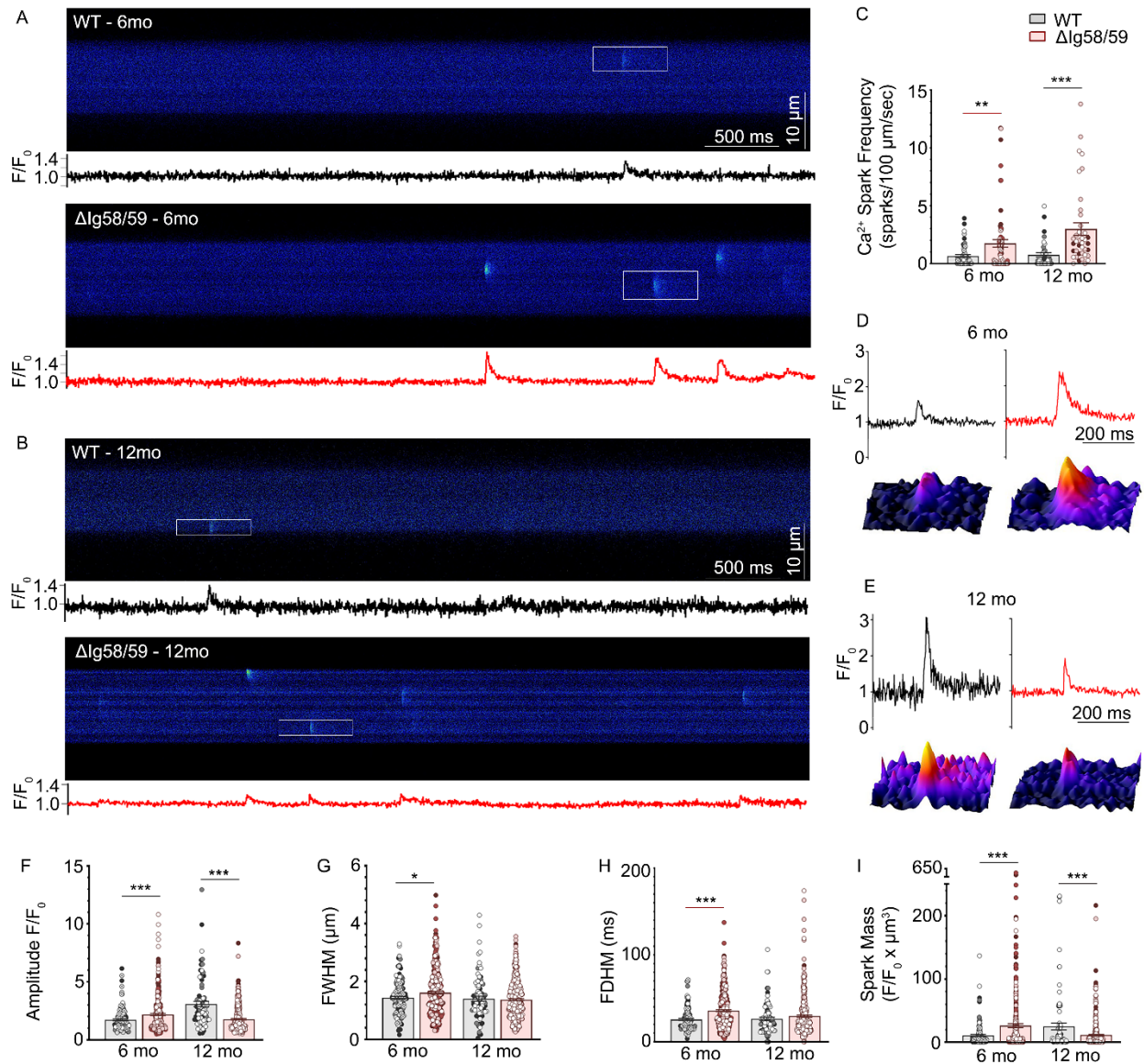
847 **Figure 1. Ultrastructural analysis reveals Z-disk abnormalities in *Obscn-ΔIg58/59* atria. (A-**
848 **B)** Quantification of absolute hydroxyproline content (A) in atrial tissues did not reveal differences
849 in fibrotic deposition between genotypes at 6- or 12-months. In contrast, when normalized to atrial
850 tissue mass (B), hydroxyproline content was significantly reduced in *Obscn-ΔIg58/59* atria at 12-
851 months compared to age-matched wild-type, indicating that the atrial enlargement observed in
852 *Obscn-ΔIg58/59* mice at this timepoint is not associated with increased fibrosis; t-test,
853 *** $p < 0.001$; $n = 5-6$ animals per group; data points represent the average of six technical replicates
854 per animal. (C) Representative electron micrographs of longitudinally sectioned atria depicted Z-
855 disk streaming in *Obscn-ΔIg58/59* hearts at 6- and 12-months, along with increased variability in
856 Z-disk orientation at 12-months; scale bar: 500 nm. Z-disks are highlighted in yellow in the images
857 on the right, which are zoomed-in areas of the electron micrographs on the left, denoted by white
858 rectangles. (D) The percent of images that contained Z-disk streaming was significantly increased
859 in 6- and 12-month *Obscn-ΔIg58/59* atria compared to controls; Fisher's exact test, * $p < 0.05$,
860 ** $p < 0.01$; $n = 3$ animals per group, 10 ± 3 images per animal (6-months), 15 ± 3 images per animal
861 (12-months). (E) *Obscn-ΔIg58/59* atrial sarcomeres displayed significantly increased variability
862 in the orientation of the Z-disk at 12-months as quantified by the absolute deviation of the Z-disk
863 angle within each image; t-test, *** $p < 0.001$; $n = 3$ animals per group, 2 images per animal; data
864 points represent individual sarcomeres and are color-coded by biological replicate. (F) Schematic
865 illustrating the progressive changes in Z-disk architecture in *Obscn-ΔIg58/59*. While wild-type
866 sarcomeres are properly aligned, Z-disks in *Obscn-ΔIg58/59* atria are out-of-register (i.e. Z-disk
867 streaming) by 6-months and nonparallel by 12-months. Figure generated with Biorender.com
868 (License MB27PC5ZUC).
869



871

872 **Figure 2. Atrial cardiomyocytes from sedentary *Obscn-ΔIg58/59* mice exhibit age-specific**873 **changes in Ca^{2+} cycling and SR Ca^{2+} content. (A-E) Representative confocal line scan images**

874 and corresponding Ca^{2+} transients (A-B) depicted significantly increased Ca^{2+} transient amplitude
875 (C) and rise time (D), and decreased Ca^{2+} decay time (E) in atrial cardiomyocytes from 6-month-
876 old *Obscn-ΔIg58/59* hearts compared to age-matched wild-type, whereas 12-month-old *Obscn-*
877 *ΔIg58/59* cells displayed significantly decreased Ca^{2+} transient amplitude (C) and prolonged Ca^{2+}
878 decay (E) compared to controls, with no change in rise time (D); t-test, * $p < 0.05$, ** $p < 0.01$,
879 *** $p < 0.001$; n=5 animals per group (6-months), n=3 animals per group (12-months), 9-20 cells
880 per heart (6-months), 7-17 cells per heart (12-months), data points represent individual cells and
881 are color-coded by biological replicate. **(F)** Line profiles of the representative Ca^{2+} transients
882 depicted in (A-B) at half-maximal fluorescence amplitude and corresponding quantifications of
883 the standard deviation (SD) of the time to half-maximal fluorescence (TTF₅₀; **G**) and the
884 coefficient of variation, SI **(H)**, revealed dyssynchronous Ca^{2+} release in *Obscn-ΔIg58/59* atria at
885 6- and 12-months; t-test, * $p < 0.05$, *** $p < 0.001$; n=5 animals per group (6-months), n=3-4 animals
886 per group (12-months), 6-24 cells per heart (6-months), 2-17 cells per heart (12-months); data
887 points represent individual cells and are color-coded by biological replicate. **(I-L)** SR Ca^{2+} load
888 was measured in quiescent atrial cardiomyocytes via rapid application of 10 mmol/L caffeine
889 preceded by steady-state 1 Hz electrical pacing. Field stimulation was subsequently restarted to
890 ensure that all releasable Ca^{2+} had been depleted (I). Representative transverse confocal line scan
891 images and caffeine-induced Ca^{2+} transients at 6-months (K) and 12-months (L) depicted
892 significantly increased SR Ca^{2+} content (J) in atrial cardiomyocytes isolated from 6-month-old
893 *Obscn-ΔIg58/59* hearts, but not at 12-months, compared to age-matched controls; t-test, * $p < 0.05$;
894 n=4-5 animals per group (6-months), n=3-4 animals per group (12-months), 5-11 cells per heart
895 (6-months), 2-11 cells per heart (12-months); data points represent individual cells and are color-
896 coded by biological replicate.



897

898 **Figure 3. Elevated Ca²⁺ spark frequency in atrial cardiomyocytes from *Obscn-ΔIg58/59* mice.**

899 **(A-B)** Representative confocal line scan traces and corresponding fluorescence intensity profiles

900 of un-stimulated wild-type and *Obscn-ΔIg58/59* atrial cells at 6-months (A) and 12-months (B).

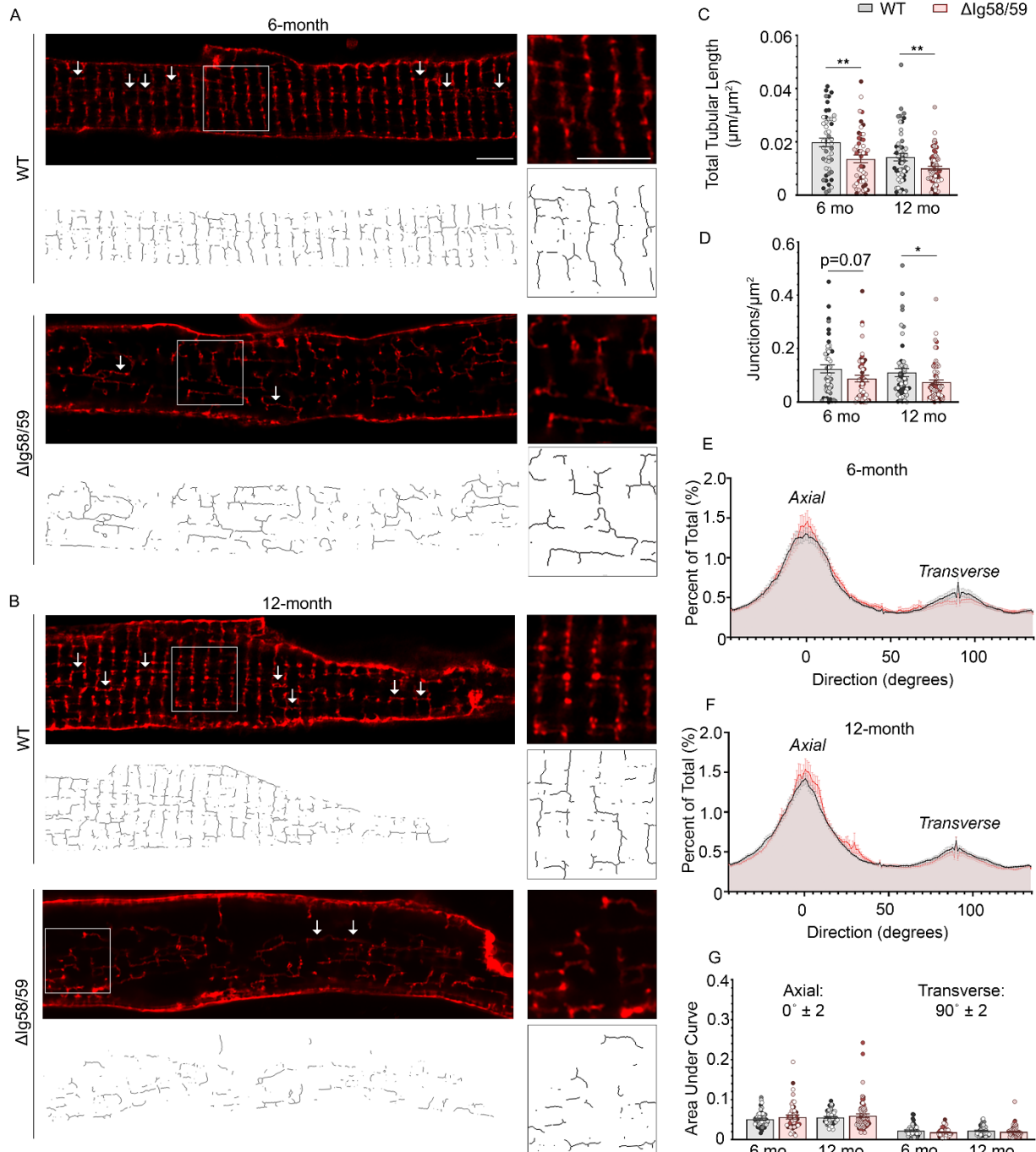
901 **(C)** Cells isolated from *Obscn-ΔIg58/59* atria displayed a ~2.6 and ~4.0 fold increase in spark

902 frequency compared to wild-type at 6- and 12-months, respectively; t-test, **p<0.01, ***p<0.001;

903 data points represent individual cells and are color-coded by biological replicate. **(D-E)**

904 Fluorescence intensity profiles and corresponding 3-Dimensional surface plots of representative

905 Ca²⁺ sparks indicated by white rectangles in (A-B) from wild-type and *Obscn-ΔIg5859* atria at 6-
906 months (D) and 12-months (E). **(F-I)** Ca²⁺ spark analysis revealed significantly increased spark
907 amplitude (F), FWHM (G), FDHM (H), and spark mass (I) in 6-month-old *Obscn-ΔIg5859* cells
908 compared to wild-type, whereas 12 -month *Obscn-ΔIg5859* cells displayed significantly decreased
909 spark amplitude (F) and spark mass (I) with no changes in FWHM (G) or FDHM (H); t-test,
910 *p<0.05, ***p<0.001; n= 5 animals per group (6-months), n=3 animals per group (12-months), 9-
911 20 cells per heart (6-months), 7-17 cells per heart (12-months); data points represent individual
912 sparks and are color-coded by biological replicate.



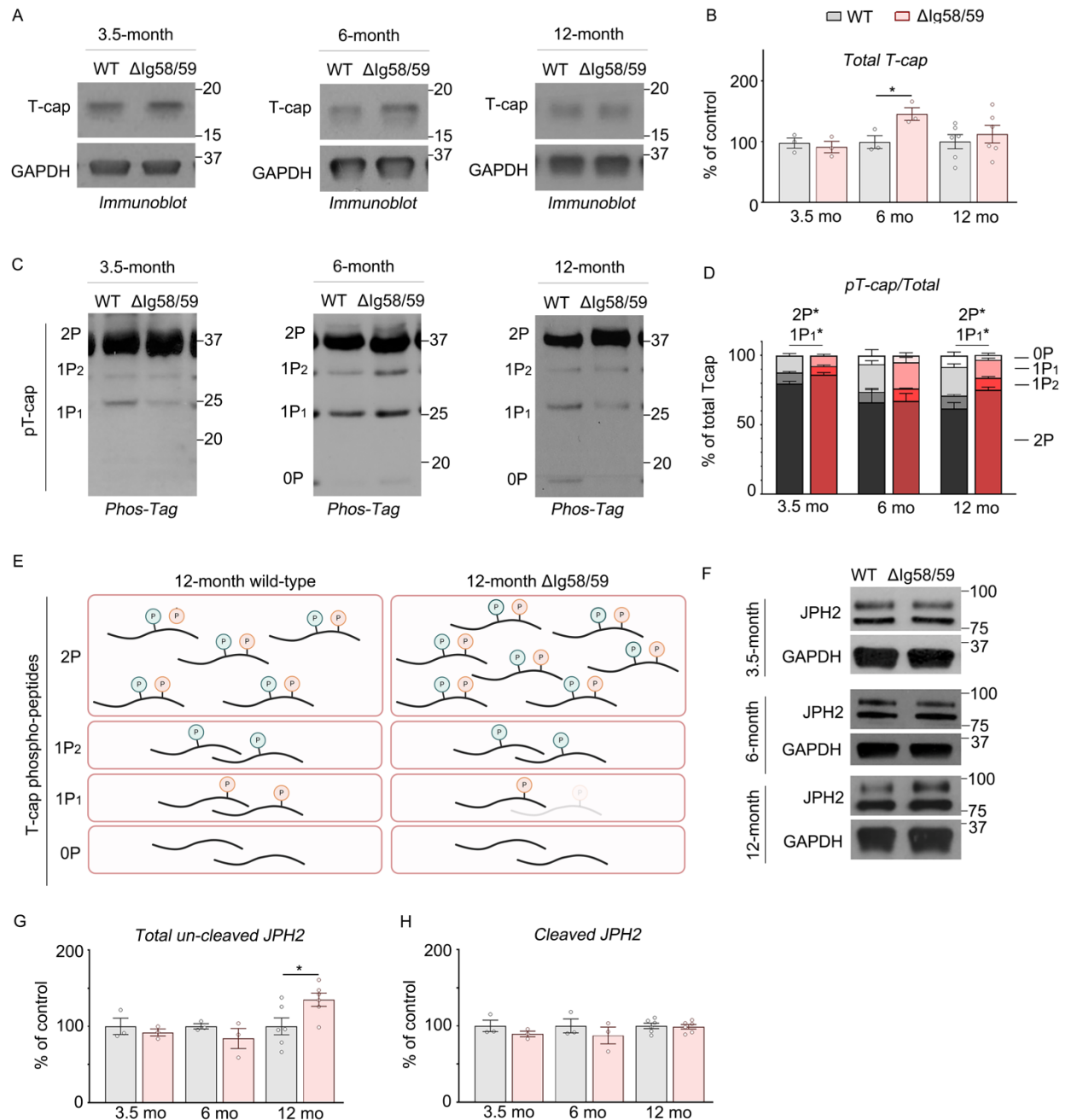
913
914 **Figure 4. The transverse-axial tubule network is disrupted in *Obscn-ΔIg58/59* atria. (A-B)**

915 Representative super resolution images of wild-type and *Obscn-ΔIg58/59* atrial cardiomyocytes
916 stained with di-8-ANEPPS at 6-months (A) and 12-months (B); arrows highlight axial tubule

917 structures; scale bar: 5 μm . (C-D) The total length of the tubular network (C) is decreased in

918 *Obscn-ΔIg58/59* atria at both 6- and 12-months, while the number of tubular junctions (D) is

919 significantly diminished by 12-months; t-test, * $p < 0.05$, ** $p < 0.01$. (E-G) Histograms depicting the
920 proportion of tubules at each orientation at 6- (E) and 12- (F) months and corresponding
921 quantifications (G) did not indicate any differences in the distribution of axial and transverse
922 tubules in *Obscn-ΔIg5859* cells compared to wild-type; t-test, 0° : $p = 0.34$ (6-months), $p = 0.43$ (12-
923 months), 90° : $p = 0.13$ (6-months), $p = 0.27$ (12-months); area under the curve was calculated within
924 a range of $\pm 2^\circ$ from 0° (axial) or 90° (transverse); $n = 4$ animals per group (6-months), $n = 4-6$
925 animals per group (12-months), 9-14 cells per heart (6-months), 6-19 cells per heart (12-months);
926 data points represent individual cells and are color-coded by biological replicate.



927

928 **Figure 5. The expression and phosphorylation of T-cap is altered in *Obscn-Δlg58/59* atria.**

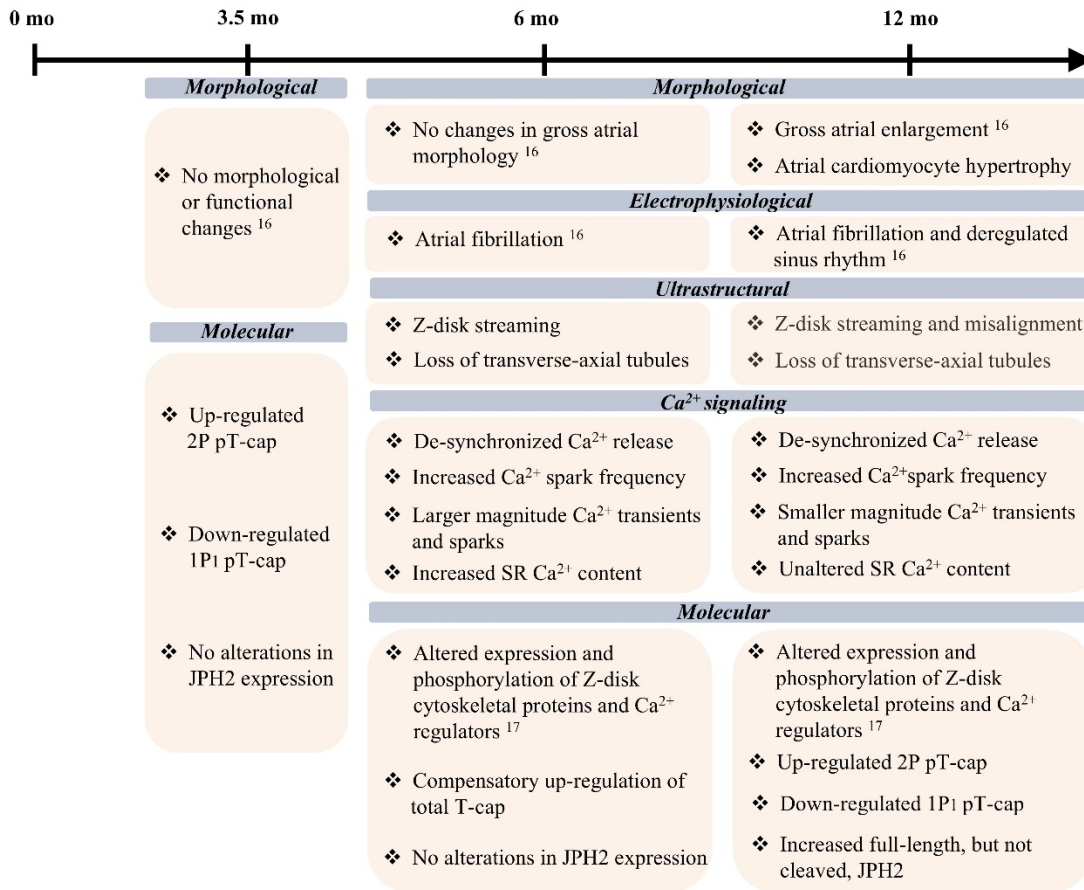
929 (A-B) Representative immunoblots (A) and relative quantifications (B) revealed significantly

930 increased T-cap expression in *Obscn-Δlg58/59* atria compared to wild-type at 6-months, but not at

931 3.5- or 12-months. (C-D) Representative Phos-TagTM acrylamide immunoblots (C) and relative

932 quantifications (D) did not indicate significant differences in normalized pT-cap at 6-months, but

933 revealed increased levels of bi-phosphorylated T-cap (2P) and a corresponding decrease in the
934 lower molecular weight mono-phosphorylated (1P₁) T-cap species with no statistically significant
935 differences in the higher molecular weight (1P₂) or non-phosphorylated (0P) T-cap species in
936 *Obscn-ΔIg5859* atria compared to wild-type at both 3.5- and 12-months. Non-phosphorylated (0P)
937 T-cap species were not reliably detected at 3.5-months and therefore were not quantified; t-test,
938 *p<0.05; 5a: n=3 animals per genotype for the 3.5- and 6-month timepoints and n=6 animals per
939 genotype for the 12-month timepoint; 5b: n=6 animals per genotype for the 3.5-month timepoint,
940 n=3 animals per genotype for the 6-month timepoint, and n=5 animals per genotype for the 12-
941 month timepoint; data points represent the average of at least three technical replicates per animal;
942 quantifications of phosphorylated T-cap were normalized to the summed intensity of all species
943 for a given sample. **(E)** Schematic depicting the decrease in 1P₁ T-cap species and corresponding
944 increase in 2P T-cap observed in *Obscn-ΔIg5859* atria at 12-months. Figure generated with
945 Biorender.com (License *OT27PC68YH*). **(F-H)** Representative immunoblots (F) and relative
946 quantifications (G-H) revealed significantly increased total un-cleaved junctophilin-2 (JPH2), but
947 not cleaved JPH2 NT1, in *Obscn-ΔIg5859* atria compared to wild-type at 12-months; t-test,
948 *p<0.05; n=3 animals per group (3.5- and 6-months), n=6 animals per group (12-months); data
949 points represent the average of at least three technical replicates per animal.



950

951 **Figure 6. The *Obscn-AIg58/59* atrial phenotype.** The phosphorylation profile of T-cap is

952 dysregulated prior to the onset of arrhythmia and cardiac remodeling (16) in *Obscn-AIg58/59* atria

953 at 3.5-months. Between the ages of 6- and 12-months, *Obscn-AIg58/59* mice undergo progressive

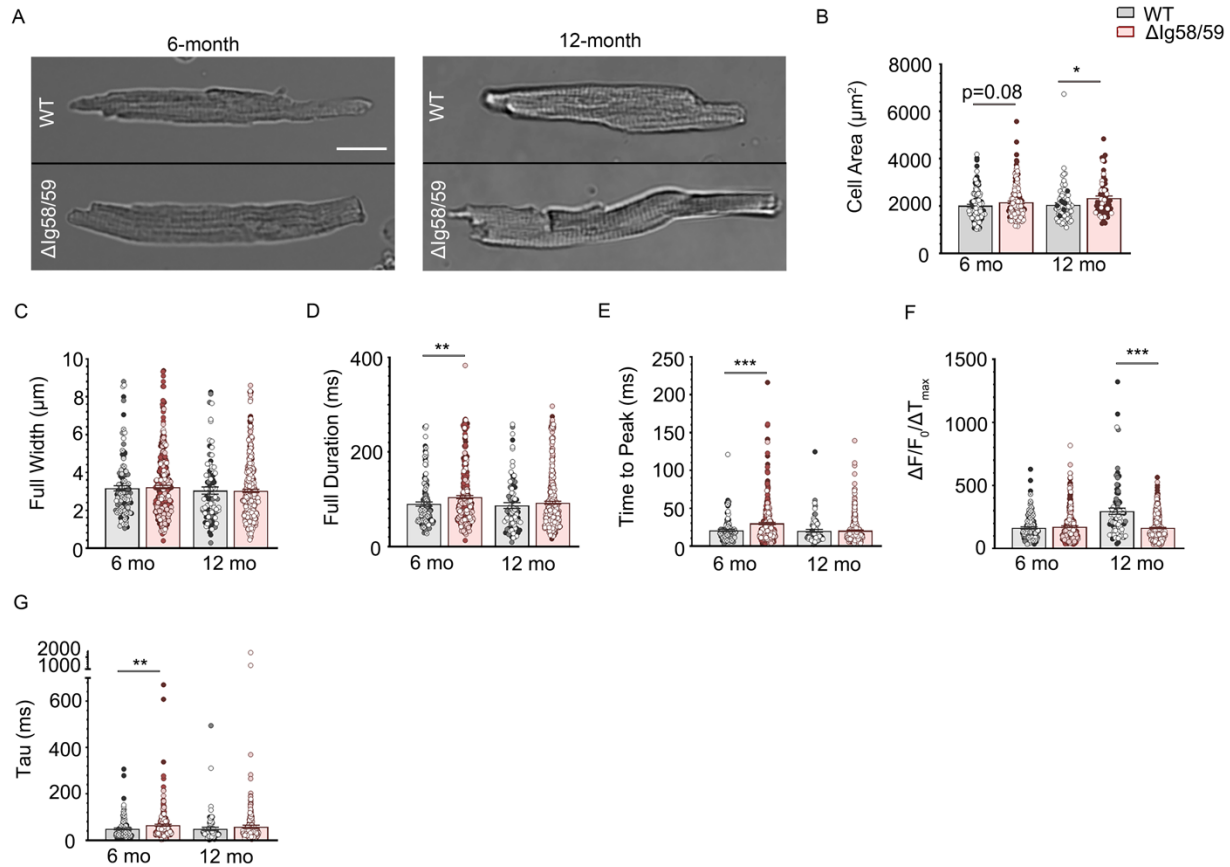
954 structural remodeling and Ca²⁺ dysregulation accompanied by changes in T-cap expression and

955 phosphorylation as well as junctophilin-2 expression that align with the onset and progression of

956 AF.

957

958



959

960 **SFigure 1. Evaluation of Ca^{2+} spark morphology and Ca^{2+} in *Obscn-ΔIg58/59* atria at 6- and**

961 **12- months. (A-B)** Cardiomyocytes isolated from *Obscn-ΔIg58/59* atria were significantly

962 enlarged at 12-months of age compared to age-matched wild-type; scale bar: 20 μm ; t-test,

963 *p < 0.05; n=2 animals per group, 60-101 cells per heart (6-months), 7-83 cells per heart (12-

964 months); data points represent individual cells and are color-coded by biological replicate. (C-G)

965 Analysis of Ca^{2+} spark morphology revealed no significant differences in full width (C), and age-

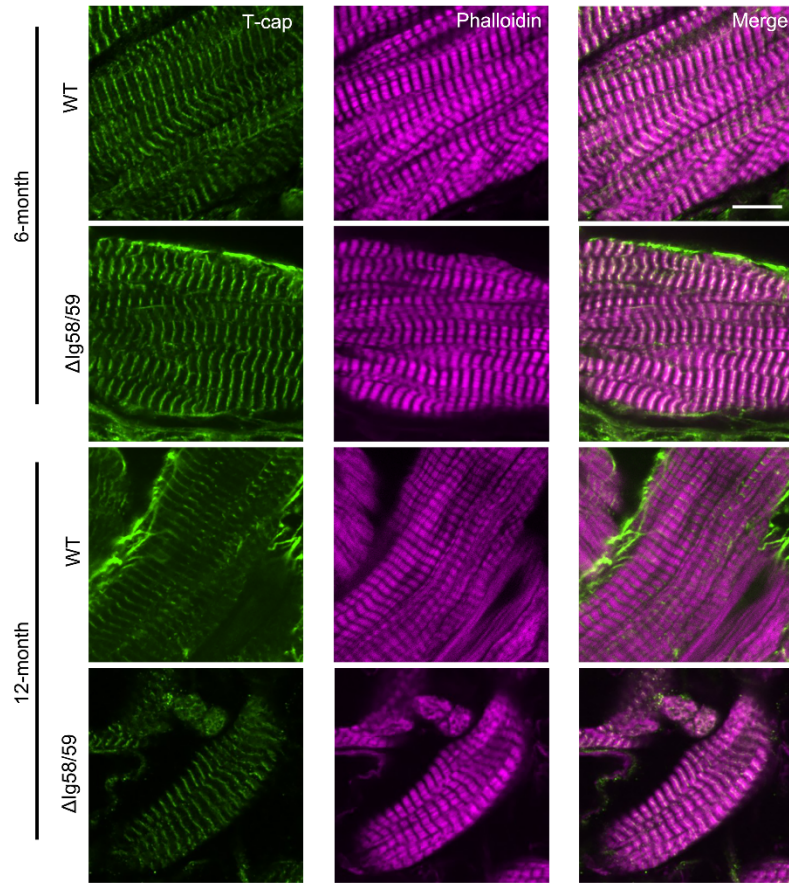
966 specific alterations in full duration (D), time to peak (E), the maximum steepness of spark upstroke

967 calculated as $\Delta F/F_0/\Delta T_{max}$ (F), and the exponential time constant of decay, Tau (G) in *Obscn-*

968 *ΔIg58/59* atria at 6- and 12- months; t-test, **p < 0.01 ***p < 0.001, n= 5 animals per group (6-

969 months), n=3 animals per group (12-months); 9-20 cells per heart (6-months), 7-17 cells per heart

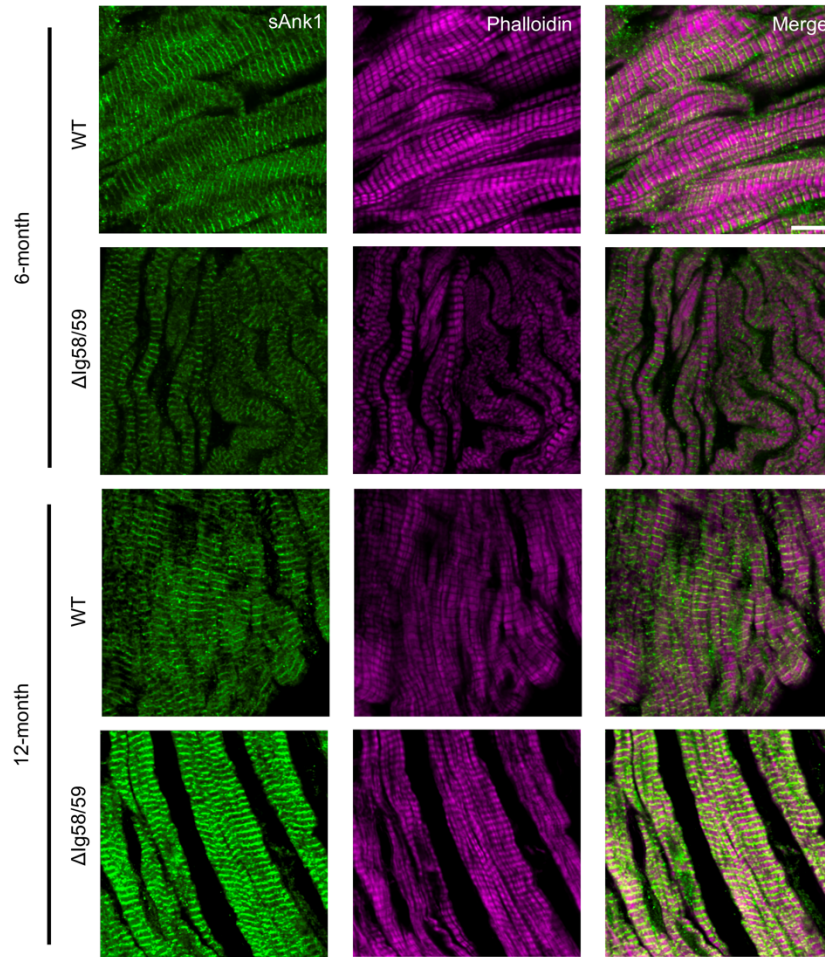
970 (12-months); data points represent individual sparks and are color-coded by biological replicate.



971

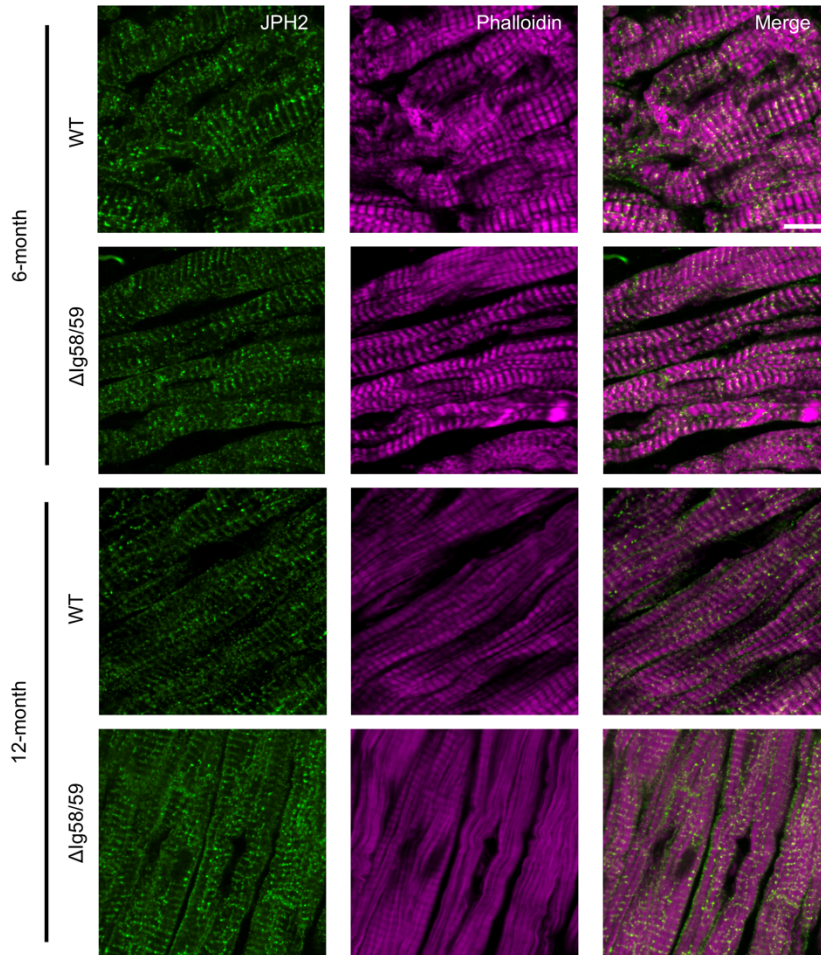
972 **SFigure 2. The localization of T-cap is unchanged in *Obscn-ΔIg58/59* atria.** Immunostained
 973 cryosections of wild-type and *Obscn-ΔIg58/59* atrial tissues indicated that T-cap is properly
 974 localized to the Z-disk at both 6- and 12-months as determined by co-staining with the actin
 975 marker, phalloidin; scale bar: 10 μm.

976



977

978 **SFigure 3. The localization of sAnk1 is unchanged in *Obscn-ΔIg58/59* atria.** Immunostained
 979 cryosections of wild-type and *Obscn-ΔIg5859* atrial tissues do not indicate alterations in sAnk1
 980 localization at 6- or 12-months as determined by co-staining with the actin marker, phalloidin,
 981 suggesting the structure of the SR is unaffected in *Obscn-ΔIg5859* atria; scale bar: 10 μm.



983

984 **SFigure 4. The localization of JPH2 is unchanged in *Obscn-ΔIg58/59* atria.** Immunostained
 985 cryosections of wild-type and *Obscn-ΔIg58/59* atrial tissues do not indicate alterations in JPH2
 986 localization at 6- or 12-months as determined by co-staining with the actin marker, phalloidin,
 987 suggesting that the junctional SR is unaffected in *Obscn-ΔIg58/59* atria; scale bar: 10 μm.

988