JCI insight

Noncoding variation near *UBE2E2* orchestrates cardiometabolic pathophenotypes through polygenic effectors

Yang Zhang, ..., Silvia Liu, Matthew L. Steinhauser

JCI Insight. 2024. https://doi.org/10.1172/jci.insight.184140.

Research In-Press Preview Endocrinology Genetics

Mechanisms underpinning signals from genome wide association studies remain poorly understood, particularly for noncoding variation and for complex diseases such as type 2 diabetes mellitus (T2D) where pathogenic mechanisms in multiple different tissues may be disease driving. One approach is to study relevant endophenotypes, a strategy we applied to the *UBE2E2* locus where non-coding SNVs are associated with both T2D and visceral adiposity (a pathologic endophenotype). We integrated CRISPR targeting of SNV-containing regions and unbiased CRISPRi screening to establish candidate *cis*-regulatory regions, complemented by genetic loss of function in murine diet-induced obesity or ex vivo adipogenesis assays. Nomination of a single causal gene was complicated, however, because targeting of multiple genes near *UBE2E2* attenuated adipogenesis in vitro, CRISPR excision of SNV-containing non-coding regions and a CRISPRi regulatory screen across the locus suggested concomitant regulation of *UBE2E2*, the more distant *UBE2E1*, and other neighborhood genes, and compound heterozygous loss of function of both *Ube2e2* and *Ube2e1* better replicated pathological adiposity and metabolic phenotypes than homozygous loss of either gene in isolation. This study advances a model whereby regulatory effects of non-coding variation not only extend beyond the nearest gene but may also drive complex diseases through polygenic regulatory effects.



Find the latest version:

https://jci.me/184140/pdf

Noncoding variation near UBE2E2 orchestrates cardiometabolic pathophenotypes through polygenic effectors

Yang Zhang^{1,2,3}, Natalie David², Tristan Pesaresi^{2,3}, Rosemary Andrews², GV Naveen Kumar², Hongyin Chen¹, Wanning Qiao¹, Jinzhao Yang¹, Kareena Patel^{2,4}, Tania Amorim^{2,6}, Ankit X. Sharma², Silvia Liu^{5,7}, and Matthew L. Steinhauser^{2,3,8}

¹School of Public Health (Shenzhen), Sun Yat-sen University, Shenzhen, Guangdong, China ²Aging Institute of UPMC, University of Pittsburgh School of Medicine; Pittsburgh, Pennsylvania, USA

³Division of Genetics, Brigham and Women's Hospital, Harvard Medical School, Boston, MA

⁴University of Pittsburgh, School of Public Health, Department of Human Genetics

⁵Pittsburgh Liver Research Center, University of Pittsburgh; Pittsburgh, Pennsylvania, USA

⁶Division of Endocrinology and Metabolism, Department of Medicine, University of Pittsburgh School of Medicine; Pittsburgh, Pennsylvania, USA

⁷Department of Pathology, University of Pittsburgh School of Medicine; Pittsburgh, Pennsylvania, USA

⁸Division of Cardiology, Department of Medicine, University of Pittsburgh School of Medicine; Pittsburgh, Pennsylvania, USA

Correspondence Matthew L. Steinhauser Email: msteinhauser@pitt.edu Address: 100 Technology Drive Bridgeside Point 1 Pittsburgh PA, 15219

Conflict-of-interest statement: The authors declare no conflicts of interest related to this work.

Abstract:

Mechanisms underpinning signals from genome wide association studies remain poorly understood, particularly for non-coding variation and for complex diseases such as type 2 diabetes mellitus (T2D) where pathogenic mechanisms in multiple different tissues may be disease driving. One approach is to study relevant endophenotypes, a strategy we applied to the UBE2E2 locus where non-coding SNVs are associated with both T2D and visceral adiposity (a pathologic endophenotype). We integrated CRISPR targeting of SNV-containing regions and unbiased CRISPRi screening to establish candidate *cis*-regulatory regions, complemented by genetic loss of function in murine diet-induced obesity or ex vivo adipogenesis assays. Nomination of a single causal gene was complicated, however, because targeting of multiple genes near UBE2E2 attenuated adipogenesis in vitro, CRISPR excision of SNV-containing noncoding regions and a CRISPRi regulatory screen across the locus suggested concomitant regulation of UBE2E2, the more distant UBE2E1, and other neighborhood genes, and compound heterozygous loss of function of both Ube2e2 and Ube2e1 better replicated pathological adiposity and metabolic phenotypes than homozygous loss of either gene in isolation. This study advances a model whereby regulatory effects of non-coding variation not only extend beyond the nearest gene but may also drive complex diseases through polygenic regulatory effects.

Introduction:

Type 2 diabetes mellitus (T2D) is driven in part by genetic risk with estimates of heritability based on family and twin studies of up to ~70%(1). Importantly, T2D phenotypes arise due to single gene variants in a minority of patients(2). By contrast, T2D GWAS studies have collectively identified several hundred putative disease-related genes that contribute to the polygenic architecture of T2D heritability(3). The complexity of T2D genetics is compounded by diverse pathological mechanisms involving multiple different metabolically active tissues,

including pancreas, liver, skeletal muscle, and adipose tissue amongst others. As such, GWAS of relevant tissue specific endophenotypes further expands the list of candidate metabolic risk genes, while focusing mechanistic studies on specific cell- and tissue-types.

The link between obesity and T2D provides rationale to understand how adipose tissue endophenotypes may contribute to T2D(4, 5). Indeed, various traits related to adipose tissue quantity, distribution, or quality predict cardiometabolic disease risk, including body fat percentage(6), waist circumference(7, 8), visceral adiposity(9), and adipose tissue cellularity(10). Moreover, GWAS have identified candidate genes for relevant adiposity phenotypes that are measurable with imaging modalities such as computed tomography (CT)(11). This provided rationale for a prior GWAS meta-analysis of pathogenic adiposity phenotypes, which identified amongst other candidate genes, *UBE2E2(12)*. The *UBE2E2* locus is of particular interest due to its identification by independent GWAS for T2D(13), providing rationale for the hypothesis that *UBE2E2* is a causal gene for T2D that is operative through its role in adipose tissue development or function.

T2D and visceral adiposity SNVs at the *UBE2E2* locus are in non-coding regions of the genome and therefore the initial identification of *UBE2E2* as a candidate gene was largely driven by the 'nearest gene' assumption(12, 13). However, reductionist functional genomics studies demonstrate numerous examples where phenotypes are driven by causal genes that are regulated by variation in distant non-coding regions(14, 15). Moreover, predictive models suggest that a gene distal to the nearest gene is causal for roughly half of GWAS signals(16, 17), underscoring the importance of in-depth functional assessment of candidate genes, particularly those nominated by associations with non-coding variants.

In our prior work, the dynamic expression of *Ube2e2* in murine adipose tissue coupled with attenuation of adipocyte development with *Ube2e2* loss of function in cultured murine adipocyte progenitor cells advanced *UBE2E2* as the causal gene for adiposity phenotypes(12). In this study, we sought to further interrogate the nearest gene assumption to explain

phenotypic associations for non-coding SNVs at the *UBE2E2* locus. We integrated functional genomics approaches in adipocyte precursor cells with *in vivo* murine genetic loss of function studies, establishing support for *UBE2E2* as a causal contributor to adiposity phenotypes; however, our functional genomics assays also provided evidence of one or more additional causal genes in the *UBE2E2* neighborhood, including the gene coding the related E2 conjugating enzyme E1 (UBE2E1). Collectively, these data establish the importance of the *UBE2E2* locus to metabolic homeostasis. Through identification of more than one contributing 'causal gene' to adiposity and T2D phenotypes for variants near the *UBE2E2* locus, this work provides experimental evidence for extension of the polygenic disease paradigm to include consideration of disease associated variants and their gene neighborhoods.

Results:

UBE2E2 loss of function in mice partially phenocopies human GWAS prediction

We previously identified UBE2E2 as a regulator of adipocyte differentiation using shRNA-mediated loss of function in an *ex vivo* adipogenesis assay with primary murine adipocyte progenitor cells(12). When coupled with human GWAS demonstrating associations between SNVs at the *UBE2E2* locus T2D and with visceral—as opposed to subcutaneous—adiposity, we formulated the hypothesis that UBE2E2 loss of function drives negative metabolic sequelae by impairing adipogenesis and healthy adipose tissue development in metabolically protective subcutaneous depots—i.e. that UBE2E2 loss of function would lead to a phenotype on the lipodystrophic spectrum.

To investigate the functional importance of UBE2E2, *in vivo*, we generated *Ube2e2*^{-/-} mice using a clustered regularly interspaced short palindromic repeats (CRISPR) approach (**Figure 1A, S1**). We first tested *Ube2e2* loss of function in mice with an *ex vivo* adipogenesis assay. In this manuscript we utilized different cellular adipogenesis models, guided by specific experimental goals and practical considerations: (1) isolation of small populations of primary adipocyte progenitor cells for characterization of genetic mouse models such as *Ube2e2^{-/-}* mice; (2) a human mesenchymal stem cell line for experiments in which a human genome was critical; and (3) murine 3T3L1 preadipocytes for parallel functional loss of function analyses of panels of genes, given their high adipogenic efficiency and amenability to viral transgenesis. Indeed, *ex vivo* analysis of primary adipocyte progenitors from *Ube2e2^{-/-}* mice provided a first indication of functional consequences to UBE2E2 loss of function, as progenitors isolated from the knockout strain demonstrated attenuated adipogenesis relative to cells isolated from wildtype mice (**Figure S1**), consistent with previously observed attenuation of adipogenesis in primary AP cells when *Ube2e2* was targeted short hairpin (sh)-RNA(12).

We next examined whether the $Ube2e2^{-/-}$ mice would recapitulate adiposity phenotypes, using the diet-induced obesity model. We did not observe a gross difference in body weight in adult mice after 12 weeks of high fat feeding (Figures 1B, S1). However, Ube2e2^{-/-} mice exhibited increased inquinal fat mass and a trend towards increased gonadal fat mass, without a difference in classical brown adipose tissue. Consistent with the increase in adiposity, we also detected increased adjocyte size (Figure 1C). Given T2D SNV near UBE2E2, we tested for impaired metrics of glucose homeostasis in diet-induced obese Ube2e2^{-/-} mice. We measured glucose after 4 and 16 hours of fasting, detecting no difference between wild-type and Ube2e2^{-/-} mice (Figure 1D). Similarly, we found no significant difference in glucose or insulin tolerance testing between wild-type and *Ube2e2^{-/-}* mice (**Figures 1D, S1**). Collectively, these data suggest that UBE2E2 loss of function in mice results in modestly increased adiposity without overt obesity and without an obvious disruption of glucose homeostasis. Unlike the human GWAS, which suggested increased visceral relative to subcutaneous fat, in Ube2e2^{-/-} mice we observed a directionally consistent effect in the two white adipose depots with only the subcutaneous inguinal depot reaching statistical significance. While these data are consistent with an adiposity phenotype, they do not suggest a lipodystrophic phenotype as we had hypothesized.

Identification of multiple candidate causal genes in the topological neighborhood of UBE2E2

Our initial identification of UBE2E2 as a candidate gene regulating visceral adiposity relied on a nearest gene assumption as the lead SNV resides in non-coding DNA(12). Distinct SNVs linked to T2D and not in linkage disequilibrium with our lead SNV are also in non-coding DNA. Given only partial recapitulation of the phenotypes predicted by GWAS with UBE2E2 loss of function in mice, we revisited our hypothesis of UBE2E2 as the causal gene. We first applied functional assays, previously applied in the prioritization of UBE2E2(12), but broadened the analysis to include additional genes in the topological neighborhood, as defined by residing within 500 kB of the UBE2E2 locus or within the predicted UBE2E2 topologically associated domain (TAD)(Figure 2A). This included UBE2E2 and UBE2E1, both of which have supporting eQTL evidence for SNV regulatory effects, albeit not consistently in adipose tissue itself, and additional genes without known SNV associated eQTL (GTEx database V10). Although we cannot exclude the possibility of non-UBE2E2 causal genes located within or beyond the TAD, we reasoned that this approach would capture genes most likely affected by UBE2E2 associated SNV. In MSC directed to adipocyte differentiation, we observed dynamic changes in UBE2E2 expression by quantitative real-time (q)PCR, as well as other genes in the topological neighborhood (Figures 2B,S2). With shRNA-knockdown of genes in the topological neighborhood in murine 3T3L1 cells, we found reproducible attenuation of adipogenesis when targeting Ube2e1 with two different shRNAs (Figure 2C). For several other neighborhood genes, one out of two shRNAs attenuated adipogenesis, including Nkiras1, Rpl15, Rarb, and Top2b. Such differences could not be easily explained by correlative differences in estimated knockdown efficiency (Table S1). Though we do not exclude an adipogenic function for genes where there was a discrepant result between two targeting hairpins, we advance Ube2e1 as a candidate adipogenic factor with higher confidence given that both targeting hairpins had a functional effect.

In the absence of a single clear functionally important gene, we next tested whether CRISPR/Cas9 targeting of the non-coding regions containing adiposity/T2D SNVs near UBE2E2 would modulate its expression or expression of other genes in the topological neighborhood. We delivered CRISPR/Cas9 and guide RNA flanking approximate 100-200 bp regions, inclusive of the lead SNVs to human MSC (Figure 2D). We performed four independent biological replicate experiments and assessed the modulation of UBE2E2 and additional genes contained within the topological neighborhood by qPCR (Figure 2D). Targeting of the non-coding region containing the lead SNV from the GWAS meta-analysis that identified UBE2E2 as a candidate gene for visceral adiposity led to a significant reduction (approximately 25%) in UBE2E2 expression. Overall, targeting 3 of the 5 SNV regions resulted in statistically significant reductions in UBE2E2 expression. When we considered additional genes contained within the topological neighborhood, we discovered a more consistent effect on UBE2E1, with significant reduction in expression with targeting each of the 5 SNV-containing regions. The expression of two neighborhood genes, NR1D1 and NKIRAS1, were not modified by editing any of the 5 SNV regions. While most edits led to reduced expression, excision of a region containing rs6780569 resulted in an approximate 4-fold increase in expression of THRB. These data collectively suggest that multiple genes in the topological neighborhood of UBE2E2 display evidence of potential functionality, including UBE2E1 which met multiple criteria as a second potential candidate causal gene (Table 1).

Overlap of putative cis-regulators of UBE2E2 and UBE2E1

Given that *UBE2E1* was most consistently implicated as a second potential causal gene (**Table 1**), we next investigated potential polygenic effects of non-coding variation at the *UBE2E2* locus involving both *UBE2E2* and *UBE2E1*. We integrated ATAC-seq analyses of human MSC with CRISPRi screening to identify potential regulatory regions controlling *UBE2E2* expression and/or *UBE2E1* expression. For the CRISPRi screen, we utilized *in situ* RNA

probes to report on *UBE2E2* or *UBE2E1* expression in human MSC coupled with flow cytometry as a transcriptional readout as demonstrated by others (18, 19)(**Figure 3A**)(18, 19). This entailed introduction of a custom guide RNA library by viral transgenesis covering a region of hg19.Chr3: 22,500 kb – 24,500 kb, inclusive of all known SNVs associated with the *UBE2E2* and *UBE2E1* genes, and all known regulatory regions within a single topologically associated domain (TAD) across different cell types(20) MSC were sorted by flow cytometry to select and sequence cell populations that corresponded to high or low *UBE2E2* or *UBE2E1* expression.

We applied a sliding window analysis of consecutive gRNA to identify candidate regulatory domains. PCA analysis demonstrated discrimination of different cell populations, with clearest distinction of UBE2E2-low and -medium and UBE2E1-high and -medium from the respective high expressing populations (Figure S3). We performed pairwise comparisons of gRNA enrichment focusing on differential gRNA enrichment between either of the two lowexpressing populations relative to the high-expressing population. By contrast to what has previously been shown when this method has been used to identify potent *cis*-regulatory domains at loci that are hyper-expressed, such as MYC in cancer cells, hotspots of gRNA enrichment were modest in scale, which is consistent with similarly modest effects on gene expression with CRISPR excision of SNV-containing regions. For example, when we focused specifically on gRNA targeting regions in proximity to putative promoters within 1000 bp of the transcriptional start site (TSS) upstream of exon 1 (Figure 3B), we observed enrichment of gRNA in the suppressed populations with log2-fold differences in the range of 0.5-1. While the on-target action of CRISPRi results in recruitment of a repressive complex to putative cisregulatory domains, it has previously been noted that additional regulatory mechanisms may also be operative, including paradoxical augmentation of gene expression through sequestration of repressive factors. Consistent with this dichotomy, we found evidence of differential gRNA enrichment consistent with both mechanisms, for example, in the vicinity of the UBE2E1 TSS we observed enrichment of gRNA in UBE2E1-low cells and in UBE2E2-high cells (Figure 3B).

We next examined genomic regions in the vicinity of the five GWAS SNVs (Figure 3CD). In each case, different patterns became evident with respect to the SNV proximity to ATAC peaks or gRNA hotspots. Two of the SNVs (rs7374732, rs9812056,) mapped to an ATAC peak, two were within 5kb of an ATAC peak (rs6780569, rs6792370), and one was approximately 17kb from the nearest ATAC peak (rs7612463) (Figure 3C-D, Table 2). Each of the SNVs mapped near one or more candidate regulatory domains identified by the CRISPRi screens for both UBE2E2 and UBE2E1, with one prominent example of closely overlapping signals of guide RNA enrichment in low expressing cells near rs7612463 (Figure 3D). We next leveraged these data to examine the degree of potential overlap of candidate UBE2E2 and UBE2E1 regulatory domains. We applied a permissive filter of a nominal p value <0.05 for pairwise comparisons and then secondarily limited the analysis to gRNA enrichment signals consistent with an ontarget CRISPRi effect (gRNA enrichment in cells with lower gene expression) or candidate regulatory domains that correlated with ATAC-seg peaks. At each level of stringency, we found a subset of candidate cis-regulatory domains common to both UBE2E2 and UBE2E1 (Figure **3E**). If there was co-regulation of UBE2E2 and UBE2E1, then we predicted that expression of these two genes might be correlated. To test this, we interrogated the GTEX data base and assessed for a correlation at the transcriptomic level across cells/tissues (Figure 3F). Indeed, we discovered a strong positive correlation (R2=0.4, p<0.0001). Collectively, these data are consistent with a model whereby non-coding variants at the UBE2E2 locus may regulate both the nearest gene (UBE2E2) and the more distant UBE2E1.

Functional divergence of UBE2E2 and UBE2E1

UBE2E2 and UBE2E1 are both members of the same family of E2 conjugating enzymes raising the question of whether they are functionally redundant, particularly given that genetic targeting of both genes inhibited adipogenesis, *in vitro*. Moreover, neither member has been extensively studied and therefore the current literature does not provide a clear indication of

shared protein targets or E3 ligase cooperativity. To explore this question, we sought to test for molecular redundancy. We transduced 3T3L1 cells with previously validated shRNA plasmids targeting *Ube2e2* or *Ube2e1* and confirmed inhibition of adipogenesis using oil-red-o staining and qPCR for adipogenic genes as complementary readouts to the fluorescence-based screen shown in Figure 2C (**Figure S4**). We then performed comparative TMT-based quantitative proteomics on confluent 3T3L1 cells and again 24 hours after adipogenic induction (**Figure 4A**). At each timepoint, differential proteins included products of genes previously demonstrated to regulate adipogenesis or linked to T2D (**Figure 3B**). There were generally a greater number of proteins that increased with targeting of either *Ube2e2* or *Ube2e1*, consistent with the canonical role of E2 conjugating enzymes in proteosome-mediated degradation (**Figure 3C**). Although a subset of differential proteins was shared between *Ube2e2* and *Ube2e1* knockdown cells at each timepoint, the majority were distinct.

We also performed RNA-seq in cells under similar culture conditions to determine with the proteomic level differences would translate into different gene programs (**Figures 4D**). We performed GSEA analyses to test the degree to which differentially regulated pathways were shared. We included hallmark gene sets (MH, normalized p < 0.05), curated canonical pathways (M2, normalized p < 0.01), and Biological Process ontology (M5, normalized p < 0.01) gene sets from the GSEA Mouse MSigDB Collections and found limited overlap between *Ube2e2* and *Ube2e1* knockdown cells, regardless of adipogenic induction (**Figure 4E, S4**). This unbiased multi-omics characterization of the UBE2E2- and UBE2E1-dependent molecular programs in 3T3L1 preadipocytes links the regulatory functions of these two proteins to pathways of relevance to adipocyte development and/or function, while arguing against molecular redundancy.

UBE2E1 loss of function disrupts glucose homeostasis in mice

Given the collective data suggesting UBE2E1 as an alternative candidate causal gene for GWAS SNV near UBE2E2, we next explored whether genetic loss of UBE2E1 would drive adiposity and metabolic phenotypes. We employed CRISPR/Cas9 to target Ube2e1, generating two lines that exhibited disruption of the target exon by sequencing (Figure S5). Like Ube2e2 null mice, primary adipocyte progenitor cells isolated from Ube2e1 null mice exhibited an adipogenesis defect ex vivo (Figure S5). In an early experiment, we also discovered evidence of impaired glucose tolerance after 12 weeks of high fat feeding (Figure S5). This motivated a second, better powered diet-induced obesity experiment (Figure 5A). Over 12 weeks of high fat feeding, body weights of wild-type and Ube2e1 null mice remained similar except for a transient period when the weights of male *Ube2e1^{-/-}* mice lagged wildtype controls, an effect that was no longer evident at completion of the 12-week feeding period (Figure 5B). In contrast to Ube2e2 null mice (**Figure 1B**), *Ube2e1^{-/-}* mice had a less overt adiposity phenotype with a significant difference in fat mass only observed in the gonadal depot of one of the two knockout lines (Figure 5C). In pre-sacrifice glucose tolerance testing (Figure 5D), we observed impaired glucose tolerance that was directionally consistent in both sexes and in line with the initial pilot experiment (Figure S5), yet more robustly evident in female mice (Figure 5D). In neither sex did we observe a difference in insulin tolerance (Figure 5E). Collectively, these data point to mild disruption in glucose homeostasis with global *Ube2e1* targeting.

Compound heterozygous loss of Ube2e2 and Ube2e1 recapitulates GWAS phenotypes

No single genetic manipulation in our functional genomics analyses replicated the full range of predicted adipose and metabolic outcomes. If UBE2E2 and UBE2E1 do indeed regulate distinct molecular programs, however, targeting both genes might be necessary to fully recapitulate metabolic phenotypes. Moreover, the total loss of function model is extreme relative to the modest effects on gene expression observed with targeting of non-coding regions near *UBE2E2*. Therefore, we reasoned that compound heterozygous loss of function of *Ube2e2* and

Ube2e1 would more closely reflect the observed effects of targeting putative regulatory domains in the non-coding regions around *Ube2e2*. As such, we subjected *Ube2e2^{+/-};Ube2e1^{+/-}* and *Ube2e2^{+/+};Ube2e1^{+/+}* control mice to diet-induced obesity (**Figure 6A**). Male mice exhibited similar body weight trajectories with high-fat diet, whereas female compound heterozygous mutant mice gained more weight than wild-type controls (**Figure 6B**). Compound heterozygous loss of *Ube2e2* and *Ube2e1* also resulted in increased adiposity evident across depots (**Figure 6C**). Glucose and insulin tolerance testing demonstrated modest effects in female mice (**Figure 6DE**). The negative effect on metabolic health was more evident in terminal measurements of insulin and HOMA-IR, where targeting *Ube2e2* and *Ube2e1* augmented both metrics (**Figure 6FG**). Interestingly, despite no difference in body weight between male control and mutant mice, insulin and HOMA-IR measures were directionally consistent with the female mice that did exhibit an overt body weight phenotype. Nonetheless, sex may be an additional modifying factor of importance even though this study did not perform the additional metabolic phenotyping (*e.g.* metabolic cage studies) that might reveal candidate mechanisms for the modifying effect of sex on body weight gain.

The ratio of serum adiponectin to leptin is an emerging metric of adipose tissue function(21, 22). We measured each adipokine at the time of sacrifice, finding a reduction in this ratio in compound heterozygous mice consistent with adipose tissue dysfunction (**Figure 6H**, **Figure S5**). Therefore, these collective data demonstrate that targeting *Ube2e2* and *Ube2e1* with partial loss of function—as might be observed with disruption of a non-coding domain regulating both genes—is sufficient to drive increased adiposity, adipose tissue dysfunction, and diabetic pathophenotypes.

Discussion

In this study we performed *in vitro* and *in vivo* functional genomics analyses of the *UBE2E2* locus previously linked to adiposity and T2D traits. Irrespective of the assay,

nomination of a single causal gene was complicated because: (1) targeting of multiple genes in the neighborhood of *UBE2E2* attenuated adipogenesis in an *in vitro* functional assay; (2) CRISPR excision of SNV-containing non-coding regions and a CRISPRi regulatory screen across the locus suggested concomitant regulation of *UBE2E2*, the more distant *UBE2E1*, and perhaps additional genes; (3) *Ube2e2* and *Ube2e1* genetic loss of function in mice independently resulted in pathophenotypes resembling those predicted by GWAS signals; (4) compound heterozygous loss of function of both *Ube2e2* and *Ube2e1* better phenocopied the collective adiposity and metabolic phenotypes than homozygous loss of either gene in isolation. Our collective data implicates a two-part model: (1) that a subset of non-coding variants impact expression of more than one gene in the topological neighborhood of *UBE2E2* and (2) that the inter-related phenotypic effects on adiposity and glucose homeostasis are driven by this polygenic regulatory effect. Our study provides an example of the increasingly recognized phenomenon of regulatory effects of non-coding variation extending beyond the nearest gene, while also implicating polygenic modulation of relevant metabolic phenotypes by non-coding variation.

The fact that *UBE2E2* and *UBE2E1* both code for members of the E2 ubiquitin conjugating family of proteins—coupled with attenuation of adipogenesis with UBE2E2/UBE2E1 loss of function—raises the question of functional redundancy. E2 conjugating enzymes transfer activated ubiquitin to proteins, an interaction mediated by E3 ligases which impart protein target specificity(23). Although the family of >600 distinct E3 ligases exceeds the number of potential E2 partners by over one order of magnitude, E3 ligases may still interact with multiple E2 enzymes(23-26). This combinatorial complexity decreases the likelihood of complete functional redundancy of two different E2 conjugating enzymes, which is consistent with our finding of only partial molecular overlap in comparative analyses of the proteomic and transcriptomic consequences of targeting each protein independently in 3T3L1 cells. Moreover, the murine genetic loss of function models did not phenocopy one another: UBE2E2 loss of function increased adiposity without overt metabolic consequences whereas UBE2E1 loss of function worsened metrics of glucose homeostasis with minimal effects on adiposity.

One premise underpinning this study is that adiposity and T2D traits are inter-related that adiposity endophenotypes are drivers of T2D-prompting the question of why the augmented adiposity observed in Ube2e2 null mice did not translate into detectable metabolic dysfunction. In murine genetic models, metabolic pathophenotypes are often not easily detectable without a secondary challenge, with the diet-induced obesity model used here being a common experimental stressor. It is possible that UBE2E2 dependent metabolic phenotypes might emerge more dramatically in contexts not tested in our study, such as with aging or with alternative metabolic stressors. It is also possible that in the absence of an overt obesity phenotype, the metabolic consequences of a modest increase in adiposity are not easily detectable with standard mouse phenotyping methods. Increased adiposity is not necessarily deterministic for T2D, given precedent for coexistence of insulin sensitivity with extreme obesity in a small subset of genetic murine models(27, 28). Although we cannot exclude an uncoupling of adiposity and metabolic dysfunction, considering the large body of evidence linking adipose tissue excess and/or dysfunction to metabolic disease coupled with the deleterious metabolic effects of compound Ube2e2/Ube2e1 heterozygous loss of function, the Ube2e2 null phenotype of increased adiposity is more likely to be pathological rather than metabolically benign.

In addition to being a risk factor for cardiometabolic disease, visceral adipose tissue is more permissive to adipogenesis(29, 30), which may explain in part the subcutaneous to visceral fat redistribution observed with some non-generalized lipodystrophies—i.e. those that do not completely abolish all white adipocyte development. Based on a GWAS signal for visceral adiposity coupled with an associated *in vitro* adipogenesis defect, our *a priori* hypothesis was that *UBE2E2* loss of function would manifest as a lipodystrophic phenotype in mice. It is important to acknowledge therefore that we found no evidence of a lipodystrophic phenotype with either *UBE2E2* or *UBE2E1* genetic loss of function, *in vivo*, as increased

adiposity extended to the inguinal subcutaneous depot. This discrepancy could simply reflect mouse-human differences in the biology of specific fat depots or alternatively the additional modifying effects of causal gene(s) beyond *UBE2E2* and *UBE2E1*.

How does this study then reflect the utility of the adipogenesis assay as a functional genomics tool, considering the apparent disconnect between the in vitro adipogenesis defect and the absence of corresponding overt lipodystrophy with in vivo loss of function? In the standard ex vivo adipogenesis protocol, conversion of adipocyte precursor cells to lipid-laden adipocytes is dependent on cellular processes that are not necessarily specific to the molecular differentiation program, including cell cycle activity (mitotic clonal expansion) at the outset, insulin responsive energy uptake, de novo lipogenesis, and finally lipid droplet formation(31-36). It is therefore possible that aspects of the *in vitro* adipogenesis assay effectively reports on more general aspects of adipose tissue function beyond fate specification and/or on cellular functionalities that are operative in other metabolically relevant tissues. Despite the limitations of using such cellular assays for functional genomics assessments of complex multicellular, multitissue diseases, the adipogenesis assay arguably fulfilled it utility as a screening tool in our study as both genes that we ultimately nominated for in vivo study manifested relevant loss of function phenotypes that can be plausibly linked to the originating GWAS traits. Indeed, other studies have demonstrated predictive power of the adipogenesis assay for relevant metabolic phenotypes or for functional categorization of GWAS genes(37, 38). As such, we view the adipogenesis assay as a tool best applied for prioritization-but not definitive discrimination-of candidate disease genes.

The genomics landscape has been reoriented by the recognition of (1) the functional relevance of variation in non-coding DNA (2) the potential for long-distance cis-regulatory effects such that the causal gene for GWAS signals may not be the 'nearest gene' and (3) non-coding regulatory domains may regulate multiple gene targets, although there are limited empirical examples of this third concept(39-47). In establishing functional relevance for the

UBE2E2 locus to metabolic disease, this study also implicates all three of these mechanisms underpinning functional manifestations of non-coding variation. By identifying more than one contributing 'causal gene', we provide an experimental example of how the polygenic paradigm may extend down to the level of individual disease associated variants. In the functional genomics field, a single candidate causal gene is often nominated based on having the strongest effect size in a functional assay and therefore this study suggests the importance of considering supporting roles for additional genes with lesser effect sizes in functional genomics screens. Given the known phenomenon of clustering of functionally related genes(48, 49), it is possible that the interplay between non-coding genetic variation and causal gene clusters is more prevalent than appreciated. It will be important to consider and quantify the contributions of secondary variant-gene couplings that may represent an under-appreciated component of the genetic architecture of polygenic disease.

Methods

Sex as a biological variable

Our study examined male and female mice. Some of the reported phenotypes were sexually dimorphic with respect to the scope of effect size.

Murine studies

Mice were maintained under a 12-hour dark/light cycle at 22°C ± 2°C receiving food and water *ad libitum* unless specified. The diet-induced obesity model was performed by administering adult mice a high fat diet or normal chow control diet (Research Diets D12492/ D12450J). *Ube2e2* and *Ube2e1* knockout mice were generated using CRISPR technology by the Transgenic Mouse Core at Harvard Medical School. Guide RNAs (gRNAs) targeting the coding regions of *Ube2e2* and *Ube2e1* are detailed in Supplemental Table 1. To achieve knockout, paired gRNAs and Cas9 protein were microinjected into one-cell embryos with removal of the targeted regions confirmed by sequencing.

Glucose and insulin tolerance testing was performed as previously described(50). Mice were fasted for 16 and 4 hours respectively. Glucose (1.5g/kg BW) or insulin (0.5-1.0 U/kg BW, for obese mice, we used 1.0U/kg BW, for lean mice, use 0.5U/kg BW) were administered by intraperitoneal injection and glucose measurements performed by sampling a few microliters of blood from the tail vein with a glucometer (Bayer Contour or Medline Pro).

In vitro adipogenesis models

Three different adipocyte precursor cell-types were utilized for adipogenesis assays in this study: primary adipocyte progenitor (AP) cells isolated from genetic mouse models cellular adipogenesis models, murine 3T3L1 cells for viral genetic loss of function studies due to their high adipogenesis efficiency, and human mesenchymal stem cells (MSC) for experiments where the human genome was critical.

For isolation of primary AP cells, mice were sacrificed at approximately 4-weeks-old. Adipose tissue depots were minced and digested in an enzyme cocktail, consisting of collagenase D (Roche) and dispase II (Zenbio or Invitrogen), as described previously(50). After centrifugation (4°C, 400g, 10 mins), the pelleted stromal vascular fraction was subjected to negative selection by column-based magnetic-assisted cell sorting (MACS), using monoclonal anti-CD31 microbeads (Miltenyi Biotec) and a biotin-conjugated monoclonal anti-lineage cocktail followed by anti-biotin MicroBeads (Miltenyi Biotec) to negatively select endothelial cells and hematopoietic cells respectively. The targeted lineage⁺/CD31⁺ cells were then depleted by retaining them on a MACS Column in the magnetic field of a MACS Separator. The unselected cell fraction was eluted through the column and cultured in DMEM-F/12 GlutaMAX medium (Gibco) with 10% Premium FBS (Corning) and Pen/Strep. 3T3-L1 cells (ZenBio), hTERT immortalized adipose-derived human MSCs (hMSCs, ATCC, SCRC-4000), and primary AP cells were cultured to confluence. AP cells were cultured in DMEM/F-12 GlutaMAX with 10% FBS, while 3T3-L1 cells were cultured in DMEM GlutaMAX with 10% FBS. hMSCs were cultured in MSC basal medium (ATCC PCS-500-030) supplemented with the MSC growth kit (ATCC PCS-500-040) according to the manufacturer's instructions. To stimulate adipogenesis in 3T3-L1 cells and primary APs, an adipogenic cocktail containing dexamethasone (1 µM), insulin (10 µg/ml), and isobutylmethylxanthine (0.5 mM) was used. For the induction of hMSCs, rosiglitazone (0.5 µM) was added to the adipogenic cocktail. After 96 hours of induction, the cells were switched to a maintenance medium, which consisted of standard culture medium supplemented with insulin (10 µg/µl). The maintenance medium was refreshed every 2 days. For Nile Red staining, cells were plated in Corning[™] 96-Well Clear Bottom Black plates and with fluorescent signal after adipogenic differentiation quantified with a SpectraMax M5 plate reader (Molecular Devices).

CRISPR deletion

For CRISPR deletion experiments in human MSC, we designed guide RNAs (gRNAs) using the CRISPOR tool to target specific non-coding regions associated with single nucleotide variants (SNVs) at the UBE2E2 locus. Two gRNAs (located upstream and downstream of the targeted SNP site, respectively) for each region were selected based on predicted high on-target efficiency and minimal off-target potential. We cloned two gRNA into the LentiCRISPR-V2 backbone to generate a dual-gRNA CRISPR lentivirus. After CRISPR-mediated excision, we confirmed the deletion of the target regions by amplifying the regions surrounding the cut sites using PCR. Since 80-290bp regions were targeted, we were able to confirm the removal of the genomic DNA in this region using genomic DNA PCR.

We assessed the effect of these deletions on the expression of genes located in the neighborhood of the *UBE2E2* locus. Our *a priori* criteria to define the *UBE2E2* neighborhood

included genes located within ~500 kb of the *UBE2E2* locus or more distant genes within the putative topological neighborhood identified by incorporating the physical proximity of genomic elements and the regulatory architecture. Specifically, we used chromatin interaction datasets (Hi-C) to identify chromatin loops that define the boundaries of the topologically associating domain (TAD), which included *UBE2E2*, and within which genes and regulatory elements are more likely to interact(20). We also incorporated chromatin interaction maps, such as promoter capture Hi-C, to detect long-range enhancer-promoter interactions with an emphasis on regulatory elements that may interact with UBE2E2 and overlayed epigenomic data that included all known regulatory effector binding regions (e.g., histone modification marks such as H3K27ac, H3K4me1, H3K4Me3) and DNasel hypersensitive (DHS) elements(51).

CRISPRi screen

We used cultured hMSC to conduct a parallel CRISPRi screen across the *UBE2E2* and *UBE2E1* loci for regulation of *UBE2E2* and *UBE2E1* expression, following Fulco's protocol with minor modification(18, 19). We acquired a custom guide RNA library from GenScript, which included a single genomic locus tiling hg19 Chr3: 22,500 kb – 24,500 kb (92,683 gRNAs with MIT Specificity score > 50) and non-targeting gRNAs (4082 gRNAs from Weissman Non-targeting pool and 3673 gRNAs targeting 70 randomly non-expressed gene promoter region) in the same pool (Supplemental File). The sgRNA libraries were constructed into the sgOpti vector (Addgene) using the NEBuilder HiFi DNA Assembly kit (NEB, E5520). To create a dox-inducible KRAB-dCas9-expressing hMSC line, we performed lentiviral infection using the pCW-KRAB-dCas9-BSD-BFP vector and selected positive cells with blasticidin (10 μ g/ml). We then transduced the gRNA libraries into the hMSC line at a low multiplicity of infection (~0.3) and selected the positive cells with puromycin (2.5 μ g/ml) for 4 days. After selection, we collected positive cells using 0.05% trypsin-EDTA and reseeded them into new culture dishes. The cells

were grown to confluence with 0.2 μ g/ml puromycin and 1 μ g/ml doxycycline. Ultimately, we collected 320 million cells for analyses.

We utilized the PrimeFlow RNA Assay Kit (Thermo Fisher, 88-18005) to perform flow cytometry selection according to the manufacturer's instructions. For each sample, 80 million cells were labeled with probesets targeting the mRNAs of genes of interest and the positive control, GAPDH. Probesets used are listed in Supplemental Table 2. We diluted the stained cells in PBS with 0.5% BSA to a concentration of 2×10^{7} cells/ml, filtered them using a 30-µm filter, and sorted 80 million cells for each screen into three bins based on the fluorescence intensity of the target genes using the BD FACS Aria II. To control for differences in staining efficiency, we normalized the fluorescence associated with UBE2E2 or UBE2E1 to GAPDH. We set the gates for each bin on the compensated signal to capture cells according to the following percentiles: Low: 0-15%; Center: 35-65%; High: 85-100%

We collected each sorted cell sample by centrifugation at 800g for 5 minutes and extracted genomic DNA using the Qiagen DNeasy Blood & Tissue kit (Qiagen, 69516) with minor modifications to the cell lysis procedure. Briefly, we added 360 µl of Qiagen ATL buffer and 40 µl of Qiagen proteinase K to the lysis buffer and mixed thoroughly by vortexing for 15 seconds. The cell lysate was incubated on a Thermomixer at 60°C with 400 rpm vibration overnight. We then added 400 µl of a Qiagen AL buffer mixture (398 µl AL buffer plus 2 µl carrier RNA), mixed the lysis by inverting it 10 times, and added 4 µl of RNase mixture (Thermo Fisher) followed by incubation at 37°C for 30 minutes to remove RNA contamination. After adding 400 µl ethanol and mixing thoroughly by vortexing, we purified the genomic DNA using silica-membrane-based columns according to the manufacturer's protocol. We amplified sgRNA integrations from 1 µg of genomic DNA for each sample by PCR using indexed sgRNA sequencing library primers containing Illumina adaptors with the NEB Q5 Next Ultra II kit (Supplemental Table 3). The NGS library (~200 bp) was purified by 6% TBE gel separation and the Beckman Ampure XP kit, and the pooled library was sequenced on a NovaSeq 6000 using custom Illumina sequencing and index primers (Supplemental Table 4) to an average depth of >250 reads per sgRNA.

Bioinformatics and biostatistical analysis were performed to quantify gRNA amplicons. First, based on the raw sgRNA sequencing data, we conducted text searching to extract the 15bp sequences upstream of the 'GTTTAAGAGCTATGCTGGAA' sequences (the common downstream sequence of the different CRISPRi gRNAs) and quantified their abundance per sample. Second, according to the gRNA library profile (Supplemental File including No express, Tiling and Weissman off-target regions), we calculated the number of reads per gRNA per sample, and the gRNA abundance was further normalized by the total count. Next, based on gRNA coordinate position, gRNAs were grouped by a 2000bp-sliding-window strategy, where neighboring gRNAs locates within the window region were clustered together. Finally, differential analysis was performed to screen the windows with differential gRNA abundance when comparing bins of differential *UBE2E2* and *UBE2E1* expression (based on Primeflow signal). These gRNAs were further annotated by TSS and exon regions and overlapped with the ATAC-seq peak regions.

Proteomics

3T3-L1 cell lines with *Ube2e1* or *Ube2e2* knockdown were treated with or without an adipogenic cocktail for 24 hours. We collected cell pellets using 1% trypsin-EDTA. TMT-based quantitative proteomics analysis was performed by Creative Proteomics (Creative Proteomics, NY, USA). The TMT10plex Isobaric Label Reagent Set and the Pierce Quantitative Colorimetric Peptide Assay were purchased from Thermo Fisher Scientific. Labeled peptides from each group were fractionated into six components using HPLC. Nano LC-MS/MS analysis was performed using an Ultimate 3000 nano UHPLC system (Thermo Scientific, Waltham, MA) coupled online to a Q Exactive HF mass spectrometer (Thermo Scientific) equipped with a Nanospray Flex Ion Source (Thermo Scientific). For TMT-labeled samples, the full scan was performed between 350-1,650

m/z at a resolution of 120,000 at 200 Th. The automatic gain control target for the full scan was set to 3e6. The MS/MS scan operated in Top 15 mode using the following settings: resolution of 30,000 at 200 Th, automatic gain control target of 1e5, normalized collision energy at 32%, isolation window of 1.2 Th, charge state exclusion for unassigned, 1, >6, and dynamic exclusion of 40 seconds. Raw MS files were analyzed and searched against the mouse protein database using MaxQuant (version 1.6.2.14). The parameters were set as follows: protein modifications included carbamidomethylation (C) as a fixed modification and oxidation (M) as a variable modification; the TMT-10plex was specified; enzyme specificity was set to trypsin; the maximum missed cleavages were set to 2; the precursor ion mass tolerance was set to 10 ppm, and MS/MS tolerance was 0.6 Da.

RNA-seq

3T3-L1 cell lines with Ube2e1 or Ube2e2 knockdown were treated with or without an adipogenic cocktail for 12 hours. We collected cell pellets using 1% trypsin-EDTA. Total RNA was extracted using the Qiagen RNeasy Kit (Qiagen, 74104) following the manufacturer's instructions. RNA integrity and quantification were assessed using the Agilent 2100 Bioanalyzer. After quality control procedures, mRNAs were enriched using oligo(dT) beads, and rRNA was removed using the Ribo-Zero kit. Library construction and quality control were performed by Novogene (Novogene, CA, USA) following the Illumina protocol. Libraries were pooled and sequenced on the Illumina PE150 sequencing platform. Each sample achieved 20 million clean reads after filtration by FASTQC. RNA-seq quantification was analyzed using Kallisto(52) Differential expression analysis was performed using DESeq2 with the criteria of |log2(fold change)| ≥ 0.6 and Q-value < 0.05 on the Dr. Tom platform (http://biosys.bgi.com) (BGI-Shenzhen, China Gene Set Enrichment Analysis (GSEA) was performed using the Broad Institute's GSEA algorithm platform(53) (http://software.broadinstitute.org/gsea/index.jsp). The RNA-seq data were deposited in the GEO database under accession number GSE268800.

ATAC-seq

ATAC-seq samples were prepared following the Omni-ATAC protocol(54). Library quality control and sequencing were performed by Novogene (Novogene, CA, USA) on a NovaSeq 6000 sequencer. ATAC-seq data were deposited in the GEO database. Trimmomatic was applied to trim low-quality reads and adapter sequences and remaining reads aligned to human reference genome hg38 by Burrows-Wheeler Aligner and further filtered by SAMtools(55). The aligned reads were further filtered by SAMtools and marked Duplicates were marked with Picard tools and peak calling performed by MACS to identify chromatin accessible regions(56). Finally, peaks were annotated by R package ChIPseeker to identify their closest genes(57).

qPCR

RNA was extracted using RNAzol RT (Molecular Research Center, Inc. – RN190) according to manufacturer's protocol. cDNA was synthesized using the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems), and qPCR was performed using the PowerUp SYBR Green Master Mix (Applied Biosystems). The $\Delta\Delta$ Ct method was used to calculate fold change.

ELISA

Serum insulin was measured by ELISA (Sigma) as previously described(50). Serum adiponectin and leptin were also measured by ELISA (R&D) and expressed as the ratio of adiponectin concentration (µg/mL) over leptin concentration (ng/mL).

Histology

We assessed adipocytes size as we have previously published and incorporating modifications to promote consistency (58-60). After HE-stained adipose tissue sections were de-labeled, a Histology Slide Scanner (PANNORAMIC 1000) was used to obtain whole slide images of each tissue section. Five different regions were randomly selected from these images using CaseViewer software. The selected images were then imported into the Fiji program, where the Adiposoft plug-in was used to automatically identify adipocytes, with manual adjustments made for cells that were either unrecognized or misidentified by the software. The cross-sectional areas of adipocytes in all five randomized regions were measured and recorded. All analysis procedures were conducted independently by three individuals in a single-blind manner, and the results were averaged.

Statistics

Normally distributed data was analyzed by two-tailed t-test when comparing two experimental groups. For comparisons of 3 or more groups a one-way ANOVA was used. To assess significance of genotype effects for single timepoint variables in experiments in which both sexes were included, we performed two-way ANOVA and reported p-values for genotype effect as our *a priori* primary hypothesis was related to genotype. Prism 9 or 10 was used for statistical analyses unless otherwise stated.

Study approval

Animal experiments were approved by and in compliance with the Brigham and Women's Hospital and the University of Pittsburgh Institutional Animal Care and Use Committees.

Data availability

Data contained in this manuscript can either be accessed from the 'Supporting data values' file or from the GEO database: GSE269375, GSE268800.

Acknowledgements:

This work was supported the National Natural Science Foundation of China 82170883 (YZ) and by NIH R01DK120659 (MLS).

Table 1. Functional summary of UBE2E2 topological neighborhood genes.

Adipog	enesis	
$qPCR\Delta$	$LOF\Delta$	SNP editing Δ
+	+	+++
+	++	+++++
+	+	+
+		
	+	+
+		+++
+	+	+++
	+	+
	Adipog qPCRA + + + + +	Adipogenesis qPCR∆ LOF∆ + + + + + + + + + + + + + + + + + + +

Table 2. Base pair distance of each SNV to the nearest ATAC peak or putative UBE2E2 andUBE2E1 cis-regulatory domains identified by CRISPRi window.

		Nearest CRISPRi window		
	Nearest ATAC peak	UBE2E2	UBE2E1	
rs6780569	2070	831	902	
rs7374732	0	164	1721	
rs9812056	0	406	1151	
rs6792370	3109	374	840	
rs7612463	17062	0	0	



Figure 1. Increased adiposity in mice with UBE2E2 loss of function

(a) Schematic depicting characterization of *Ube2e2-/-* mice, relative to wildtype controls. 10-week-old mice were subjected to metabolic stress of diet-induced obesity. Metrics of adiposity and glucose metabolism were assessed after 12 weeks of high fat feeding.

(b) Total body mass and adipose tissue masses measured after 12 weeks of high fat diet. Significance assessed by two-way ANOVA with p-values reported for genotype effect inclusive of both sexes. Line=mean. N=13-14.

(c) Adipocyte size indicated by mean cross-sectional for each mouse depot. Significance assessed by two-way ANOVA with p-values reported for genotype effect inclusive of both sexes. Line=mean. N=13-14.
 (d) Metrics of glucose metabolism assessed after 12 weeks of high fat feeding, indicating no significant difference relative to wildtype mice. Box plots show median with interquartile range and whiskers indicate max/min. N=13-14.



Figure 2. Identification of multiple candidate causal genes in the topological neighborhood of *UBE2E2*

(a) UBE2E2 neighborhood gene map.

(b) Heat map showing relative changes in expression of neighborhood genes by qPCR during adipogenic differentiation of mesenchymal stem cells (MSC) *in vitro.*

(c) Adipogenesis assay with shRNA knockdown of neighborhood genes normalized to sh-scramble control (dotted line at 1.0) with *Ube2e2* knockdown shown as positive control. Each dot represents the mean of technical replicates for an individual biological replicate experiment (n=5, except Nrld2a which is n=3). For each gene knockdown, significance assessed by one-sample t-test relative to null expectation equal to scramble control value of 1: *p<0.05; **p<0.001; ***p<0.005; ****p<0.001.

(d) CRISPR/Cas9 excision of ~200bp SNV containing regions in cultured MSC. Expression of genes in the *UBE2E2* topological neighborhood assessed by qPCR with each dot indicating mean of technical replicates for an independent biological replicate experiment. To merge different biological replicate experiments (n=4), data expressed relative to control and p-value calculated by one-sample t-test relative to expected null value=1.



Figure 3. Integration of ATAC-seq and CRISPRi screen to define cis-regulatory landscape at the *UBE2E2* locus

(a) Schematic depicting CRISPRi protocol to identify candidate cis-regulatory domains for *UBE2E2* and *UBE2E1* expression as quantified by RNA FISH and flow cytometry in human MSC.

(b) Graphs of Log₂fold change in gRNA enrichment as a function of sliding window location on chromosome 3 at the putative *UBE2E2* and *UBE2E1* promoters.

(c) ATAC-seq tracks of human MSC showing peaks (arrows) near GWAS SNV and shown by gray shading in 'd'.

(d) guide RNA enrichment in the vicinity of the five GWAS SNV for adiposity and T2D traits.

(e) Ven diagrams showing partial overlap of candidate UBE2E2 and UBE2E1 regulatory domains using two different levels of stringency: left = candidate domains identified by CRISPRi; right=candidate domains identified by both CRISPRi and ATAC-seq.
 (f) GTEX data extracted for both UBE2E2 and UBE2E1 showing correlation of the respective transcript

levels across tissues.



Figure 4. Functional divergence of UBE2E2 and UBE2E1

(a) Schematic depicting multi-omics investigation of molecular programs with *Ube2e2* and *Ube2e1* loss of function. 3T3L1 cells expressing shUbe2e2, shUbe2e1, or scramble control were analyzed at confluency or after adipogenic induction (DMI).

(b) Volcano plots demonstrate differential protein levels in cell homogenates. Proteins previously linked to adipogenesis or T2D are indicated.

(c) Ven diagrams showing overlap of differentially regulated proteins.

(d) RNA-sequencing data visualized by volcano plot.

(e) Ven diagrams showing overlap of differentially regulated gene programs as assessed by GSEA analyses.



Figure 5. UBE2E1 loss of function in mice impairs glucose metabolism with diet-induced obesity (a) Schematic depicting experimental protocol. 8-week-old mice were entered into the study. Female n=8-9; male n=10-15.

(b) Body weight evolution with diet induced obesity in *Ube2e1* knockout mice. Female mice showed no difference in body weight over time. Curves for the two *Ube2e1* mutant lines diverged from control in male mice but converged to control by the end of the 12-week high fat feeding period. Left: male mice; right: female mice. # 1086 p<0.05; * 1083 p<0.05.

(c) Terminal body mass and adipose tissue weights at time of sacrifice after 12 weeks diet induced obesity. Reported p-values for 2-way ANOVA, genotype effect inclusive of both sexes.
(d) GTT of mice in "b" after 12 weeks high fat feeding. Two-way ANOVA with p-value for genotype x time effect reported in the bottom left corner. After Dunnett's adjustment: * 1083 p<0.05; ** 1083 p<0.005.
(e) ITT of mice in "b" after 12 weeks high fat feeding.



Figure 6. Augmented adiposity and dysregulated glucose homeostasis with compound heterozygous loss of *Ube2e2* and *Ube2e1*

(a) Schematic depicting experimental protocol. 8-week-old mice were entered into the study.(b) Body weight evolution with diet induced obesity (n=11-13). P-value for genotype effect in two-way ANOVA.

(c) Terminal adipose tissue and liver weights at time of sacrifice after 12 weeks diet induced obesity. Reported p-values for 2-way ANOVA, genotype effect inclusive of both sexes (n=9-12).

(d) GTT after 12 weeks high fat feeding. Two-way ANOVA with p-value for genotype x time effect.

(e) ITT after 12 weeks high fat feeding. Two-way ANOVA with p-value for genotype x time effect reported in the bottom left corner (n=11-12). After Sidak's adjustment: * p<0.05. (f) Terminal serum insulin levels. Reported p-value for 2-way ANOVA, genotype effect (n=11-12).

(g) Terminal HOMA-IR. Reported p-value for 2-way ANOVA, genotype effect (n=11-12).

(h) Attenuation of adipose tissue function as assessed by terminal serum adiponectin:leptin ratio. Reported p-value for 2-way ANOVA, genotype effect (n=11-12). Sensitivity analysis performed by removing wild-type female outlier with resultant p-value=0.031.

References

- Willemsen G, Ward KJ, Bell CG, Christensen K, Bowden J, Dalgård C, et al. The Concordance and Heritability of Type 2 Diabetes in 34,166 Twin Pairs From International Twin Registers: The Discordant Twin (DISCOTWIN) Consortium. *Twin Res Hum Genet*. 2015;18(6):762-71.
- 2. Bonnefond A, and Froguel P. Rare and common genetic events in type 2 diabetes: what should biologists know? *Cell Metab.* 2015;21(3):357-68.
- 3. Vujkovic M, Keaton JM, Lynch JA, Miller DR, Zhou J, Tcheandjieu C, et al. Discovery of 318 new risk loci for type 2 diabetes and related vascular outcomes among 1.4 million participants in a multi-ancestry meta-analysis. *Nat Genet.* 2020;52(7):680-91.
- 4. Narayan KM, Boyle JP, Thompson TJ, Gregg EW, and Williamson DF. Effect of BMI on lifetime risk for diabetes in the U.S. *Diabetes Care.* 2007;30(6):1562-6.
- 5. Fazeli PK, Lee H, and Steinhauser ML. Aging Is a Powerful Risk Factor for Type 2 Diabetes Mellitus Independent of Body Mass Index. *Gerontology.* 2020;66(2):209-10.
- 6. Gómez-Ambrosi J, Silva C, Galofré JC, Escalada J, Santos S, Gil MJ, et al. Body adiposity and type 2 diabetes: increased risk with a high body fat percentage even having a normal BMI. *Obesity (Silver Spring).* 2011;19(7):1439-44.
- 7. Emdin CA, Khera AV, Natarajan P, Klarin D, Zekavat SM, Hsiao AJ, et al. Genetic Association of Waist-to-Hip Ratio With Cardiometabolic Traits, Type 2 Diabetes, and Coronary Heart Disease. *JAMA*. 2017;317(6):626-34.
- 8. Racette SB, Evans EM, Weiss EP, Hagberg JM, and Holloszy JO. Abdominal adiposity is a stronger predictor of insulin resistance than fitness among 50-95 year olds. *Diabetes Care.* 2006;29(3):673-8.
- 9. Fox CS, Massaro JM, Hoffmann U, Pou KM, Maurovich-Horvat P, Liu CY, et al. Abdominal visceral and subcutaneous adipose tissue compartments: association with metabolic risk factors in the Framingham Heart Study. *Circulation*. 2007;116(1):39-48.
- 10. Weyer C, Foley JE, Bogardus C, Tataranni PA, and Pratley RE. Enlarged subcutaneous abdominal adipocyte size, but not obesity itself, predicts type II diabetes independent of insulin resistance. *Diabetologia*. 2000;43(12):1498-506.
- 11. Lee JJ, Pedley A, Hoffmann U, Massaro JM, and Fox CS. Association of Changes in Abdominal Fat Quantity and Quality With Incident Cardiovascular Disease Risk Factors. *J Am Coll Cardiol*. 2016;68(14):1509-21.
- 12. Chu AY, Deng X, Fisher VA, Drong A, Zhang Y, Feitosa MF, et al. Multiethnic genomewide meta-analysis of ectopic fat depots identifies loci associated with adipocyte development and differentiation. *Nat Genet.* 2017;49(1):125-30.
- 13. Yamauchi T, Hara K, Maeda S, Yasuda K, Takahashi A, Horikoshi M, et al. A genome-wide association study in the Japanese population identifies susceptibility loci for type 2 diabetes at UBE2E2 and C2CD4A-C2CD4B. *Nat Genet.* 2010;42(10):864-8.
- 14. Gupta RM, Hadaya J, Trehan A, Zekavat SM, Roselli C, Klarin D, et al. A Genetic Variant Associated with Five Vascular Diseases Is a Distal Regulator of Endothelin-1 Gene Expression. *Cell.* 2017;170(3):522-33.e15.

- 15. Claussnitzer M, Dankel SN, Kim KH, Quon G, Meuleman W, Haugen C, et al. FTO Obesity Variant Circuitry and Adipocyte Browning in Humans. *N Engl J Med.* 2015;373(10):895-907.
- 16. Stacey D, Fauman EB, Ziemek D, Sun BB, Harshfield EL, Wood AM, et al. ProGeM: a framework for the prioritization of candidate causal genes at molecular quantitative trait loci. *Nucleic Acids Res.* 2019;47(1):e3.
- Zhu Z, Zhang F, Hu H, Bakshi A, Robinson MR, Powell JE, et al. Integration of summary data from GWAS and eQTL studies predicts complex trait gene targets. *Nat Genet*. 2016;48(5):481-7.
- 18. Fulco CP, Munschauer M, Anyoha R, Munson G, Grossman SR, Perez EM, et al. Systematic mapping of functional enhancer-promoter connections with CRISPR interference. *Science*. 2016;354(6313):769-73.
- 19. Fulco CP, Nasser J, Jones TR, Munson G, Bergman DT, Subramanian V, et al. Activity-bycontact model of enhancer-promoter regulation from thousands of CRISPR perturbations. *Nat Genet.* 2019;51(12):1664-9.
- 20. Liu T, Porter J, Zhao C, Zhu H, Wang N, Sun Z, et al. TADKB: Family classification and a knowledge base of topologically associating domains. *BMC Genomics.* 2019;20(1):217.
- 21. Frühbeck G, Catalán V, Rodríguez A, and Gómez-Ambrosi J. Adiponectin-leptin ratio: A promising index to estimate adipose tissue dysfunction. Relation with obesity-associated cardiometabolic risk. *Adipocyte.* 2018;7(1):57-62.
- 22. López-Jaramillo P, Gómez-Arbeláez D, López-López J, López-López C, Martínez-Ortega J, Gómez-Rodríguez A, et al. The role of leptin/adiponectin ratio in metabolic syndrome and diabetes. *Horm Mol Biol Clin Investig.* 2014;18(1):37-45.
- 23. Stewart MD, Ritterhoff T, Klevit RE, and Brzovic PS. E2 enzymes: more than just middle men. *Cell Res.* 2016;26(4):423-40.
- 24. Zheng N, and Shabek N. Ubiquitin Ligases: Structure, Function, and Regulation. *Annu Rev Biochem.* 2017;86:129-57.
- 25. Buetow L, and Huang DT. Structural insights into the catalysis and regulation of E3 ubiquitin ligases. *Nat Rev Mol Cell Biol.* 2016;17(10):626-42.
- 26. Metzger MB, Pruneda JN, Klevit RE, and Weissman AM. RING-type E3 ligases: master manipulators of E2 ubiquitin-conjugating enzymes and ubiquitination. *Biochim Biophys Acta*. 2014;1843(1):47-60.
- 27. Chutkow WA, Birkenfeld AL, Brown JD, Lee HY, Frederick DW, Yoshioka J, et al. Deletion of the alpha-arrestin protein Txnip in mice promotes adiposity and adipogenesis while preserving insulin sensitivity. *Diabetes.* 2010;59(6):1424-34.
- 28. Kim JY, van de Wall E, Laplante M, Azzara A, Trujillo ME, Hofmann SM, et al. Obesityassociated improvements in metabolic profile through expansion of adipose tissue. *J Clin Invest.* 2007;117(9):2621-37.
- 29. Kim SM, Lun M, Wang M, Senyo SE, Guillermier C, Patwari P, et al. Loss of white adipose hyperplastic potential is associated with enhanced susceptibility to insulin resistance. *Cell Metab.* 2014;20(6):1049-58.
- 30. Wang QA, Tao C, Gupta RK, and Scherer PE. Tracking adipogenesis during white adipose tissue development, expansion and regeneration. *Nat Med.* 2013;19(10):1338-44.

- 31. Chen Q, Shou P, Zheng C, Jiang M, Cao G, Yang Q, et al. Fate decision of mesenchymal stem cells: adipocytes or osteoblasts? *Cell Death Differ*. 2016;23(7):1128-39.
- 32. Gregoire FM, Smas CM, and Sul HS. Understanding adipocyte differentiation. *Physiol Rev.* 1998;78(3):783-809.
- 33. Kahn CR, Wang G, and Lee KY. Altered adipose tissue and adipocyte function in the pathogenesis of metabolic syndrome. *J Clin Invest.* 2019;129(10):3990-4000.
- 34. Ruiz-Ojeda FJ, Rupérez AI, Gomez-Llorente C, Gil A, and Aguilera CM. Cell Models and Their Application for Studying Adipogenic Differentiation in Relation to Obesity: A Review. *Int J Mol Sci.* 2016;17(7).
- 35. Tang QQ, and Lane MD. Adipogenesis: from stem cell to adipocyte. *Annu Rev Biochem.* 2012;81:715-36.
- 36. Jiang MS, and Lane MD. Sequential repression and activation of the CCAAT enhancerbinding protein-alpha (C/EBPalpha) gene during adipogenesis. *Proc Natl Acad Sci U S A.* 2000;97(23):12519-23.
- 37. Fathzadeh M, Li J, Rao A, Cook N, Chennamsetty I, Seldin M, et al. FAM13A affects body fat distribution and adipocyte function. *Nat Commun.* 2020;11(1):1465.
- 38. Majithia AR, Flannick J, Shahinian P, Guo M, Bray MA, Fontanillas P, et al. Rare variants in PPARG with decreased activity in adipocyte differentiation are associated with increased risk of type 2 diabetes. *Proc Natl Acad Sci U S A*. 2014;111(36):13127-32.
- Khurana E, Fu Y, Colonna V, Mu XJ, Kang HM, Lappalainen T, et al. Integrative annotation of variants from 1092 humans: application to cancer genomics. *Science*. 2013;342(6154):1235587.
- 40. Lupiáñez DG, Kraft K, Heinrich V, Krawitz P, Brancati F, Klopocki E, et al. Disruptions of topological chromatin domains cause pathogenic rewiring of gene-enhancer interactions. *Cell.* 2015;161(5):1012-25.
- 41. Weinhold N, Jacobsen A, Schultz N, Sander C, and Lee W. Genome-wide analysis of noncoding regulatory mutations in cancer. *Nat Genet.* 2014;46(11):1160-5.
- 42. Cochran JN, Geier EG, Bonham LW, Newberry JS, Amaral MD, Thompson ML, et al. Noncoding and Loss-of-Function Coding Variants in TET2 are Associated with Multiple Neurodegenerative Diseases. *Am J Hum Genet.* 2020;106(5):632-45.
- Turnbull C, Rapley EA, Seal S, Pernet D, Renwick A, Hughes D, et al. Variants near DMRT1, TERT and ATF7IP are associated with testicular germ cell cancer. *Nat Genet*. 2010;42(7):604-7.
- Weedon MN, Cebola I, Patch AM, Flanagan SE, De Franco E, Caswell R, et al. Recessive mutations in a distal PTF1A enhancer cause isolated pancreatic agenesis. *Nat Genet*. 2014;46(1):61-4.
- 45. Chandra V, Bhattacharyya S, Schmiedel BJ, Madrigal A, Gonzalez-Colin C, Fotsing S, et al. Promoter-interacting expression quantitative trait loci are enriched for functional genetic variants. *Nat Genet.* 2021;53(1):110-9.
- 46. Jazdzewski K, Murray EL, Franssila K, Jarzab B, Schoenberg DR, and de la Chapelle A. Common SNP in pre-miR-146a decreases mature miR expression and predisposes to papillary thyroid carcinoma. *Proc Natl Acad Sci U S A*. 2008;105(20):7269-74.

- 47. Smemo S, Tena JJ, Kim KH, Gamazon ER, Sakabe NJ, Gómez-Marín C, et al. Obesityassociated variants within FTO form long-range functional connections with IRX3. *Nature*. 2014;507(7492):371-5.
- 48. Opazo JC, Hoffmann FG, Natarajan C, Witt CC, Berenbrink M, and Storz JF. Gene turnover in the avian globin gene families and evolutionary changes in hemoglobin isoform expression. *Mol Biol Evol.* 2015;32(4):871-87.
- 49. Pearson JC, Lemons D, and McGinnis W. Modulating Hox gene functions during animal body patterning. *Nat Rev Genet.* 2005;6(12):893-904.
- 50. Zhang Y, Federation AJ, Kim S, O'Keefe JP, Lun M, Xiang D, et al. Targeting nuclear receptor NR4A1-dependent adipocyte progenitor quiescence promotes metabolic adaptation to obesity. *J Clin Invest.* 2018;128(11):4898-911.
- 51. Wang Y, Song F, Zhang B, Zhang L, Xu J, Kuang D, et al. The 3D Genome Browser: a webbased browser for visualizing 3D genome organization and long-range chromatin interactions. *Genome Biol.* 2018;19(1):151.
- 52. Bray NL, Pimentel H, Melsted P, and Pachter L. Near-optimal probabilistic RNA-seq quantification. *Nat Biotechnol.* 2016;34(5):525-7.
- 53. Subramanian A, Tamayo P, Mootha VK, Mukherjee S, Ebert BL, Gillette MA, et al. Gene set enrichment analysis: a knowledge-based approach for interpreting genome-wide expression profiles. *Proc Natl Acad Sci U S A*. 2005;102(43):15545-50.
- 54. Corces MR, Trevino AE, Hamilton EG, Greenside PG, Sinnott-Armstrong NA, Vesuna S, et al. An improved ATAC-seq protocol reduces background and enables interrogation of frozen tissues. *Nat Methods*. 2017;14(10):959-62.
- 55. Li H, and Durbin R. Fast and accurate short read alignment with Burrows-Wheeler transform. *Bioinformatics.* 2009;25(14):1754-60.
- 56. Danecek P, Bonfield JK, Liddle J, Marshall J, Ohan V, Pollard MO, et al. Twelve years of SAMtools and BCFtools. *Gigascience*. 2021;10(2).
- 57. Yu G, Wang LG, and He QY. ChIPseeker: an R/Bioconductor package for ChIP peak annotation, comparison and visualization. *Bioinformatics*. 2015;31(14):2382-3.
- 58. Monji A, Zhang Y, Kumar GVN, Guillermier C, Kim S, Olenchock B, et al. A Cycle of Inflammatory Adipocyte Death and Regeneration in Murine Adipose Tissue. *Diabetes*. 2022.
- 59. Chen HC, and Farese RV. Determination of adipocyte size by computer image analysis. *J Lipid Res.* 2002;43(6):986-9.
- 60. Parlee SD, Lentz SI, Mori H, and MacDougald OA. Quantifying size and number of adipocytes in adipose tissue. *Methods Enzymol.* 2014;537:93-122.