

## Activation of connexin hemichannels enhances mechanosensitivity and anabolism in disused and aged bone

Dezhi Zhao, ... , Sumin Gu, Jean X. Jiang

*JCI Insight*. 2024;9(23):e177557. <https://doi.org/10.1172/jci.insight.177557>.

Research Article

Bone biology

Mechanical loading, essential for bone health, promotes bone formation and remodeling. However, the positive response diminishes in cases of disuse and aging, leading to bone loss and an increased fracture risk. This study demonstrates that activating hemichannels (HCs) using a connexin 43 (Cx43) antibody, Cx43(M2), in bone osteocytes revitalizes aging and disused bones. Using a hindlimb suspension (HLS) disuse model and a tibial mechanical loading model, we found that Cx43(M2) inhibited bone loss and osteocyte apoptosis induced by unloading in 16-week-old adult mice. Additionally, it enhanced bone mass in response to tibial loading in 22-month-old aged mice. The HC opening released bone anabolic factor prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) and suppressed catabolic factor sclerostin (SOST). This suppressed the increase of cortical bone formation and reduction of bone resorption during unloading and promoted trabecular and cortical bone formation during loading. Cx43(M2)-induced HC opening, coupled with PGE<sub>2</sub> release, effectively rescued unloading-induced bone loss and restored the diminished anabolic response of aged bones to mechanical loading. Activating HCs with the Cx43 antibody holds promise as a de novo therapeutic approach, as it can overcome the limitations of existing treatment regimens for treating bone loss and osteoporosis associated with aging and disuse.

Find the latest version:

<https://jci.me/177557/pdf>



# Activation of connexin hemichannels enhances mechanosensitivity and anabolism in disused and aged bone

Dezhi Zhao,<sup>1,2</sup> Chao Tu,<sup>1,3</sup> Lidan Zhang,<sup>1</sup> Teja Guda,<sup>4</sup> Sumin Gu,<sup>1</sup> and Jean X. Jiang<sup>1</sup>

<sup>1</sup>Department of Biochemistry and Structural Biology, University of Texas Health Science Center at San Antonio (UTHSCSA), San Antonio, Texas, USA. <sup>2</sup>School of Medicine, Northwest University, Xi'an, China. <sup>3</sup>The Second Xiangya Hospital, Central South University, Changsha, Hunan, China. <sup>4</sup>Department of Biomedical Engineering and Chemical Engineering, University of Texas at San Antonio, San Antonio, Texas, USA.

**Mechanical loading, essential for bone health, promotes bone formation and remodeling. However, the positive response diminishes in cases of disuse and aging, leading to bone loss and an increased fracture risk. This study demonstrates that activating hemichannels (HCs) using a connexin 43 (Cx43) antibody, Cx43(M2), in bone osteocytes revitalizes aging and disused bones. Using a hindlimb suspension (HLS) disuse model and a tibial mechanical loading model, we found that Cx43(M2) inhibited bone loss and osteocyte apoptosis induced by unloading in 16-week-old adult mice. Additionally, it enhanced bone mass in response to tibial loading in 22-month-old aged mice. The HC opening released bone anabolic factor prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) and suppressed catabolic factor sclerostin (SOST). This suppressed the increase of cortical bone formation and reduction of bone resorption during unloading and promoted trabecular and cortical bone formation during loading. Cx43(M2)-induced HC opening, coupled with PGE<sub>2</sub> release, effectively rescued unloading-induced bone loss and restored the diminished anabolic response of aged bones to mechanical loading. Activating HCs with the Cx43 antibody holds promise as a de novo therapeutic approach, as it can overcome the limitations of existing treatment regimens for treating bone loss and osteoporosis associated with aging and disuse.**

## Introduction

Osteoporosis is a prevailing skeletal disease characterized by decreased bone strength and an increased risk of fragility fractures (1). Two marked contributors to osteoporosis and bone loss are disuse and aging. Disuse refers to reduced physical loading on the bones, while aging is associated with a diminished sensitivity of bone cells to mechanical stimulation. Disuse includes prolonged bed rest, physical inactivity, or even space flight, which can lead to a decline in bone mass, osteopenia, and ultimately osteoporosis (2, 3). In the case of aging, bones lose their ability to effectively sense and respond to mechanical stimuli, resulting in an imbalance in bone remodeling characterized by reduced bone formation and increased bone resorption (4). This phenomenon is clinically observed as reduced responsiveness to skeletal loading, which is known to increase bone mass in young adults but often proves ineffective in older adults (5).

Osteocytes comprise the majority of bone tissue cells and are considered primary mechanosensory cells in the adult skeleton (6). Osteocytes have been shown to predominantly express the membrane protein connexin 43 (Cx43) (7). In addition to forming gap junction channels that mediate intercellular communication, Cx43 forms hemichannels (HCs) in osteocytes that allow the passage of small anabolic molecules ( $\leq 1.2$  kDa) between the intracellular and extracellular microenvironment (8).

Cx43 HCs are highly responsive to mechanical stimulation in osteocytes, leading to the release of small molecules such as prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) and ATP (9, 10). Our previous in vitro studies have indicated that Cx43 HCs participated in the response to mechanical disuse. Gravity changes during parabolic flight were found to decrease the expression of Cx43 in osteocytes (11). Intriguingly, simulated microgravity using a random position machine (RPM) increased the activity of Cx43 HCs and the release of PGE<sub>2</sub> (12). The RPM model in vitro stimulates microgravity by “confusing” gravity cells (such as osteocytes, as in the referred study) from perceiving a consistent direction of gravity. This simulation of weightlessness itself

**Authorship note:** DZ and CT contributed equally to this work.

**Conflict of interest:** The authors have declared that no conflict of interest exists.

**Copyright:** © 2024, Zhao et al. This is an open access article published under the terms of the Creative Commons Attribution 4.0 International License.

**Submitted:** November 14, 2023

**Accepted:** October 11, 2024

**Published:** December 6, 2024

**Reference information:** *JCI Insight*. 2024;9(23):e177557.  
<https://doi.org/10.1172/jci.insight.177557>.

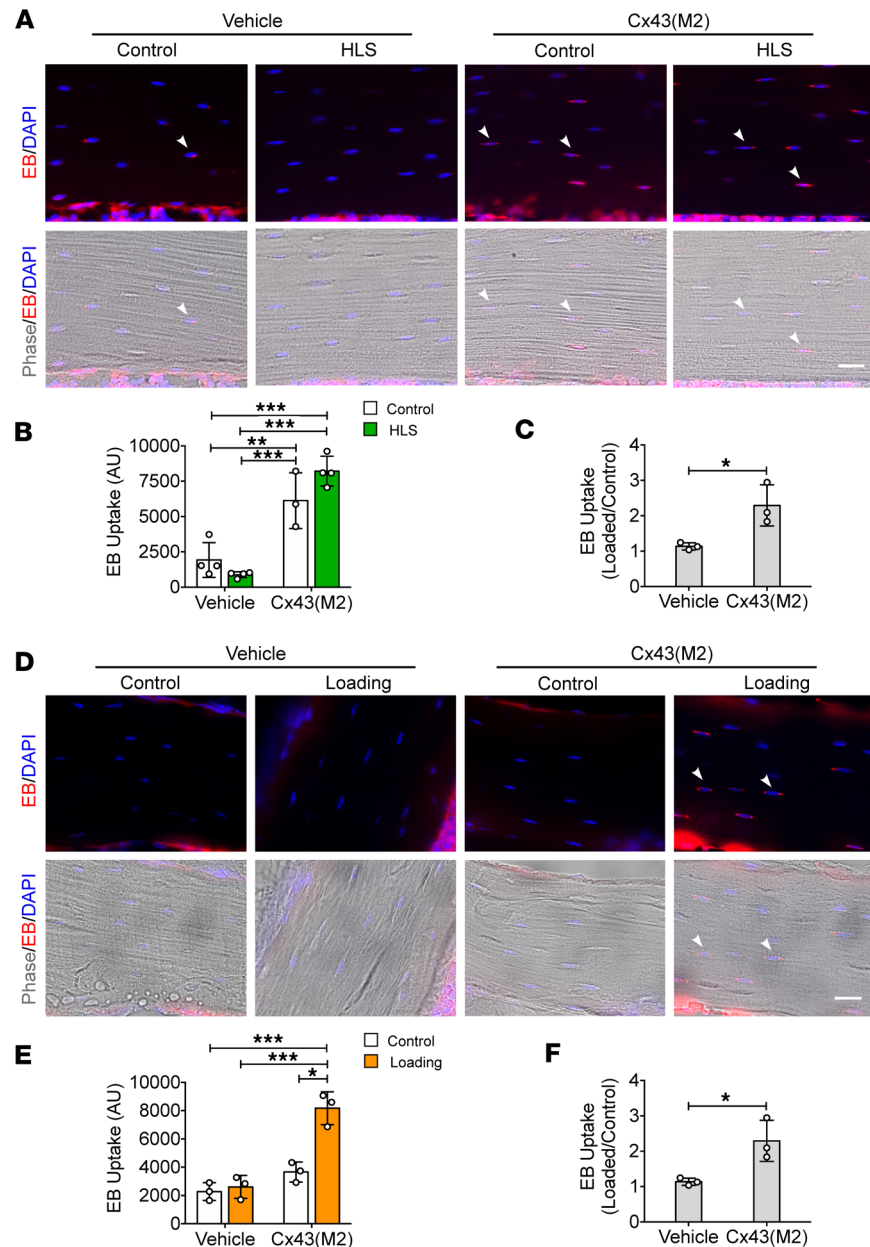
is a form of mechanical stimulus, which differs from the hindlimb suspension (HLS) model that directly mimics the “disuse” condition. Our previous *in vivo* study demonstrated that enhanced Cx43 HCs protect against osteocyte apoptosis in cortical bone during mechanical unloading (13). Osteoblast/osteocyte-specific Cx43–conditional knockout (Cx43-cKO) mice driven by the 2.3 kb *Col1a1* promoter (14) and *Bglap2* promoter (15, 16) have shown that Cx43 deficiency protects against bone loss induced by unloading. However, it should be noted that Cx43 deficiency affects not only Cx43 HCs but also Cx43 gap junctions and Cx43 protein retained in the cytoplasm of the osteocytes (1). As a result, it has remained largely unclear whether the responses observed in the KO models could be solely attributed to Cx43 HCs.

Our previous *in vitro* studies have also demonstrated that fluid flow shear stress (FFSS) activated the PI3K/AKT signaling pathway, resulting in increased interaction between integrin  $\alpha 5$  and Cx43 HCs in osteocytes (17, 18), ultimately leading to the opening of Cx43 HCs (19). The opened Cx43 HCs release the bone anabolic factor, PGE<sub>2</sub> (10, 20). PGE<sub>2</sub> acts in an autocrine/paracrine manner, promoting transcriptional regulation of Cx43 (21) and blocking glucocorticoid-induced osteocyte apoptosis (22). Recently, our *in vivo* studies using transgenic mouse models expressing Cx43 dominant negative mutants in adult mice have demonstrated the crucial role of osteocytic Cx43 HCs and PGE<sub>2</sub> release in mediating the bone anabolic response to mechanical loading (23–25). Furthermore, the deletion of integrin  $\alpha 5$  in osteocytes compromises Cx43 HC function and reduces bone’s anabolic response to mechanical loading (23). Notably, mechanosensitivity and the anabolic response are greatly diminished with aging (26, 27). In aged mice, the expression of Cx43 in osteocytes is markedly decreased (28), and the surviving osteocytes exhibit impaired mechanotransduction (29). Similarly, osteoblast/osteocyte-specific Cx43-cKO mice driven by the 2.3 kb *Col1a1* promoter showed an attenuated tibial endosteal osteogenetic response to mechanical loading (30, 31). Given the crucial role of the Cx43 HCs in sensing and responding to mechanical loading, it is speculated that the diminished presence of Cx43 HCs in osteocytes attenuates mechanical responses in aged bone.

Based on previous evidence, we hypothesized that the compromised mechanosensitivity in disused and aged bone resulted from impaired Cx43 HCs. To test this hypothesis, we utilized a monoclonal Cx43(M2) antibody developed in our laboratory (32). This antibody binds to the second extracellular loop domain of the Cx43 molecule. Cx43(M2) is a gain-of-function antibody, distinct from the Cx43(M1) HC-blocking antibody also previously developed by our laboratory (24). Cx43(M2) acts as a Cx43 HC activator that triggers ATP release without altering gap junction channel activity (32). Our results demonstrate that treatment with Cx43(M2) enhanced Cx43 HC activity, resulting in the release of PGE<sub>2</sub>. This treatment protected against unloading-induced bone loss and osteocyte apoptosis in adult mice and improved the anabolic response of the tibial endosteal bone to mechanical loading in aged mice. Considering the lack of effective anabolic therapies for treating aged and disuse-related osteoporosis, the activation of Cx43 HCs, in conjunction with moderate mechanical stimulation, holds promise as a potential therapeutic approach for patients with compromised mechanical sensitivity.

## Results

*The Cx43(M2) antibody enhances the opening of Cx43 HCs in osteocytes during mechanical unloading and loading in vivo.* To investigate the effect of monoclonal antibody Cx43(M2) on Cx43 HC activity in osteocytes, we performed the *in situ* Evans blue (EB) dye uptake assay, as previously described (18, 23, 24, 33). After a 7-day acclimatization period, 16-week-old WT mice were *i.p.* injected with 25 mg/kg Cx43(M2) or vehicle once a week. Mechanical unloading through HLS did not affect the basal dye uptake in osteocytes at the middiaphyseal bone region, whereas Cx43(M2) induced a strong EB uptake in both ground control and HLS tibias compared with vehicle-treated tibias (Figure 1, A and B). The fold change in HLS to the ground control indicated a significant increase in EB uptake by osteocytes in Cx43(M2)-treated mice but a decrease in vehicle-treated mice (Figure 1C). Our previous studies show that mechanical stimulation induces the opening of osteocytic Cx43 HCs in WT adult mice (23, 25). In contrast, loading did not increase EB uptake in osteocytes at the middiaphyseal region in 22-month-old aged mice in response to mechanical loading (Figure 1, D and E). Although Cx43(M2) did not increase EB uptake in contralateral control tibias, the increased dye uptake was observed with the combined treatment of Cx43(M2) and mechanical loading (Figure 1, D and E). EB fluorescence intensity in Cx43(M2)-loaded tibias was even greater than that of both vehicle-control and vehicle-loaded tibias (Figure 1E). The fold change determination indicated a significant increase in osteocyte EB uptake in Cx43(M2)-treated and mechanically loaded tibias (Figure 1F). Similarly, Cx43(M2) improved EB dye uptake under mechanical loading in the metaphyseal trabecular



**Figure 1. Cx43(M2) antibody enhances HC opening in osteocytes under both tibia loading and unloading in vivo.**

To assess the effects of Cx43(M2) on HCs in osteocytes, EB dye uptake was evaluated in 16-week-old male mice after 28-day HLS or in 22-month-old male mice after a single round tibia loading. **(A)** Representative fluorescence images of EB dye uptake in mid-diaphyseal cortical bone for both control and HLS unloaded tibias, in the absence or presence of Cx43(M2). White arrowheads indicate EB<sup>+</sup> osteocytes. Scale bar: 20  $\mu$ m. **(B and C)** Quantitation of EB fluorescence intensity and the ratio changes over control in osteocytes.  $n = 3$ –4 per group. **(D)** Representative fluorescence images of EB dye uptake in 37% diaphyseal cortical bone for both loaded and contralateral tibias, in the absence or presence of Cx43(M2). White arrowheads indicate EB<sup>+</sup> osteocytes. Scale bar: 20  $\mu$ m. **(E and F)** Quantitation of EB fluorescence intensity and the ratio changes over contralateral control in osteocytes.  $n = 3$  per group. Data are presented as mean  $\pm$  SD. \* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ . Statistical analysis was performed using the paired Student's *t* test for loaded and contralateral tibias **(B and E)**, unpaired Student's *t* test for the ratio changes of EB dye uptake **(C and F)**, and 2-way ANOVA with Tukey test for differences among groups **(B and E)**.

bone. Still, such an increase was not observed in vehicle-treated mice (Supplemental Figure 1; supplemental material available online with this article; <https://doi.org/10.1172/jci.insight.177557DS1>).

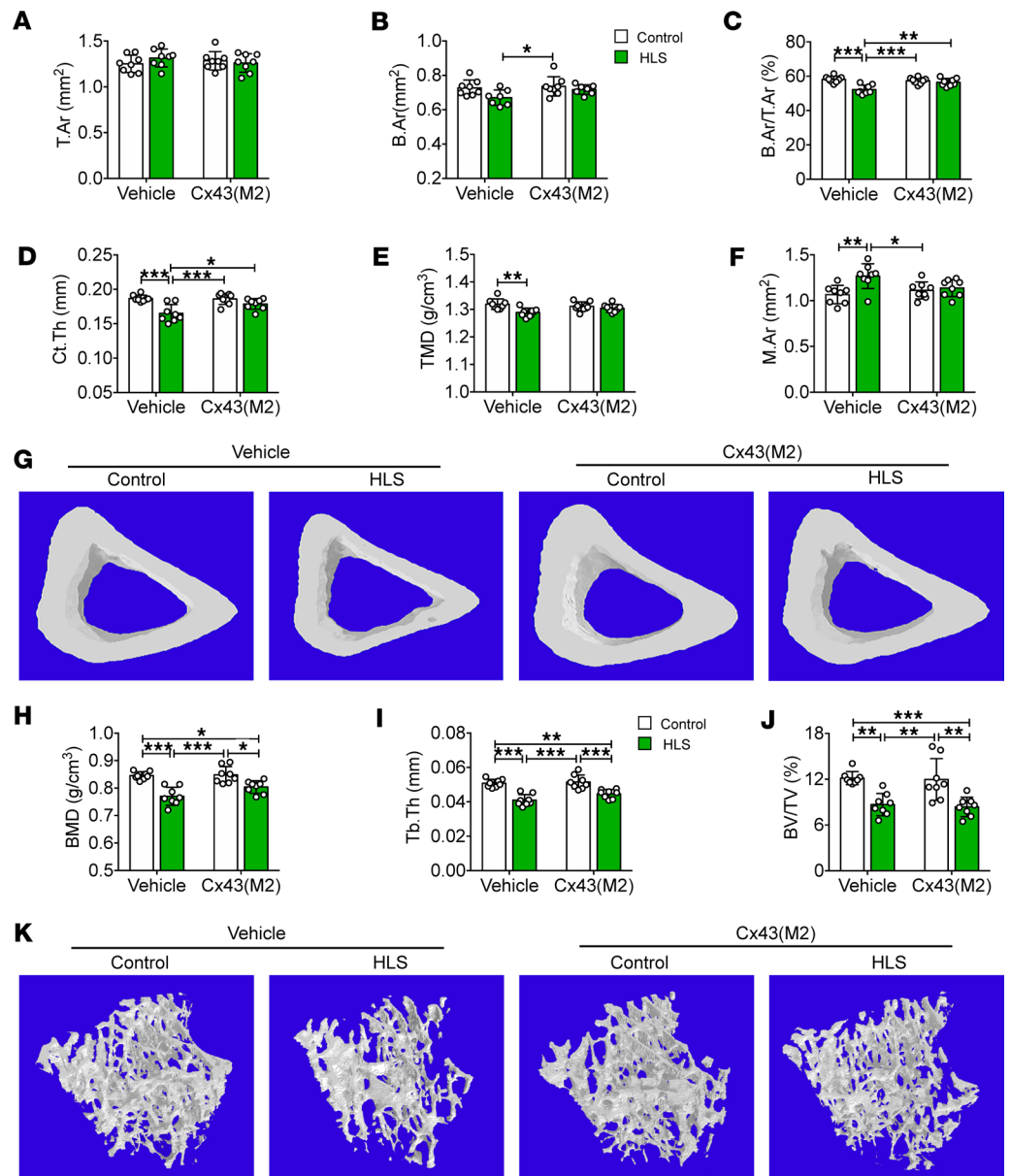
*Cx43(M2) prevents cortical bone loss caused by mechanical unloading.* The baseline body weight of mice was not different among the 4 experimental groups (Supplemental Figure 2A). Although Cx43(M2)

caused a slight weight loss in ground control mice during the first 7 days of HLS, the weight was gradually regained (Supplemental Figure 2A). There was an obvious decrease in the body weight of mice subjected to unloading compared with ground control mice that were individually housed in a standard cage without tail suspension during the 4 weeks of HLS, but the unloading-induced decrease was not observed in Cx43(M2)-treated mice. On day 28, the unloading-induced loss of body weight was significantly less in Cx43(M2)-treated mice than in vehicle-treated mice (Supplemental Figure 2A).

The  $\mu$ CT analysis of the tibial cortical bone showed that 4 weeks of mechanical unloading via HLS did not alter the total cross-sectional area (T.Ar) and bone area (B.Ar) (Figure 2, A and B) but compromised the quality and structure of cortical bone in vehicle-treated mice, as indicated by bone area ratio (B.Ar/T.Ar), cortical thickness (Ct.Th), and tissue mineral density (TMD), as well as enlarged bone marrow area (M.Ar) (Figure 2, C–F). In contrast, these parameters remained unchanged between Cx43(M2)-control and Cx43(M2)-HLS mice. The B.Ar, B.Ar/T.Ar, and Ct.Th was significantly lower in vehicle-HLS tibias compared with vehicle-control or Cx43(M2)-HLS tibias (Figure 2, C and D), which was likely by the expanded M.Ar (Figure 2F). Representative images of cortical bones are shown in Figure 2G. In contrast, 4-week HLS caused significant loss of metaphysis trabecular bone, as shown by decreased bone mineral density (BMD), trabecular thickness (Tb.Th), and bone volume fraction (BV/TV) (Figure 2, H–J) in both vehicle-treated and Cx43(M2)-treated mice. However, the Cx43(M2) antibody did not rescue the metaphysis trabecular bone loss during HLS. A significant decrease of BMD, Tb.Th, and BV/TV was observed between vehicle-HLS and Cx43(M2)-control tibias and between vehicle-control and Cx43(M2)-HLS tibias (Figure 2, H–J). Representative images of trabecular bone are shown in Figure 2K. Interestingly, 3-point bending testing of whole femurs showed that the reduced elastic modulus, ultimate force, and ultimate stress and stiffness caused by unloading were not reversed by Cx43(M2) antibodies (Supplemental Figure 3, A–D). Together, these results suggest that Cx43 HCs enhanced by Cx43(M2) prevent bone loss and microstructure changes in cortical bone during mechanical unloading.

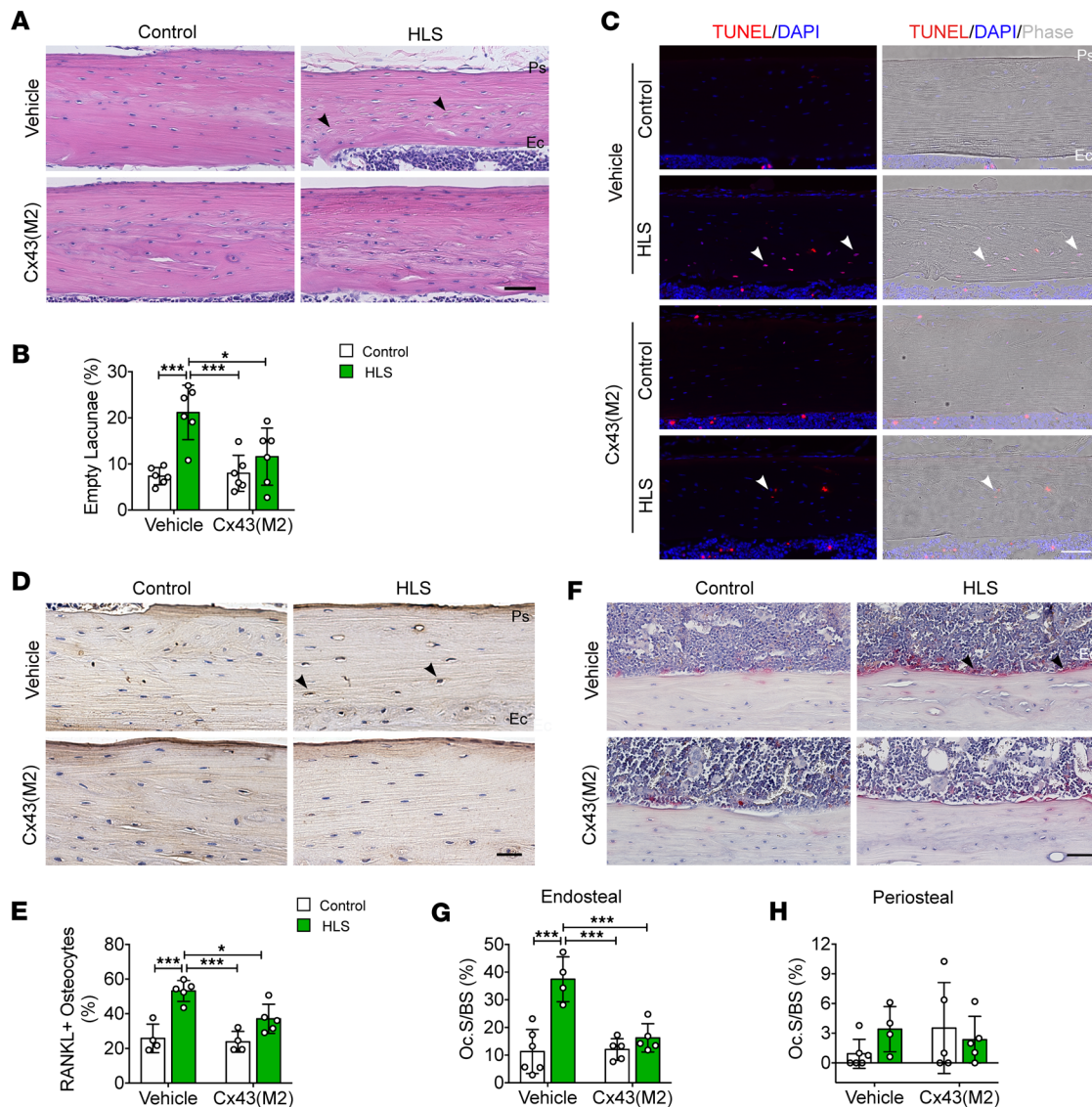
*Enhanced Cx43 HC activity inhibited osteocyte apoptosis and osteoclast activity caused by mechanical unloading.* H&E staining of tibial cortical bone revealed a higher number of empty lacunae close to the endosteal surface in vehicle-treated mice subjected to mechanical unloading via HLS. In contrast, Cx43(M2) inhibited the increase in empty lacunae by HLS, as shown by no significant difference of empty lacunae between Cx43(M2)-control and Cx43(M2)-HLS tibias, and the empty lacunae in Cx43(M2)-treated tibias were even lower than vehicle-HLS tibias (Figure 3, A and B). Apoptotic osteocytes were identified using TUNEL staining. In the middiaphyseal tibial bone, TUNEL<sup>+</sup> osteocytes (red) (indicated by solid white arrows) were increased in vehicle-treated groups during mechanical unloading, but this increase was inhibited in Cx43(M2)-treated groups (Figure 3C). Interestingly, HLS caused a noticeable increase in TUNEL<sup>+</sup> osteocytes close to the endosteal surface, whereas Cx43(M2) decreased osteocyte apoptosis in that region (Figure 3C). Osteocyte apoptosis induced by HLS is known to trigger osteocyte RANKL expression and osteoclast-mediated resorption (34, 35). IHC staining of tibial cortical bone showed a significant increase in RANKL<sup>+</sup> osteocytes close to the endosteal surface due to mechanical unloading in vehicle-treated mice (Figure 3D). In contrast, the RANKL<sup>+</sup> osteocytes did not significantly increase in Cx43(M2)-treated mice and were even lower than vehicle-HLS tibias (Figure 3, D and E). Tartrate-resistant acid phosphatase (TRAP) staining demonstrated an increase in osteoclast surfaces on the endosteum in response to mechanical unloading. In contrast, the Cx43(M2)-treated mice demonstrated effectively inhibited osteoclast activity and even showed lower osteoclasts compared with vehicle-HLS tibias (Figure 3, F and G). Osteoclasts on the endosteal cortical bone are depicted in Figure 3F. Notably, mechanical unloading did not affect periosteal osteoclast activity in either vehicle- or Cx4(M2)-treated mice (Figure 3H). These results illustrate that enhanced HC activity due to Cx43(M2) prevented unloading-induced osteocyte apoptosis and osteoclast resorption close to the endosteal surface.

*Enhanced Cx43 HC activity increased PGE<sub>2</sub> release and suppressed sclerostin (SOST) expression in osteocytes during unloading.* PGE<sub>2</sub>, released through Cx43 HCs, acts in an autocrine manner to reduce osteocyte apoptosis (21, 22). In this study, we measured the PGE<sub>2</sub> levels in the femurs of both vehicle and Cx43(M2) groups after 2 weeks of unloading. Although there was no significant increase in PGE<sub>2</sub> levels in femur bone between Cx43(M2)-control and Cx43(M2)-HLS mice, Cx43(M2)-HLS mice exhibited higher PGE<sub>2</sub> levels than vehicle-HLS mice (Figure 4A). However, there was no significant change in the PGE<sub>2</sub> levels in the hindlimb bone marrow (Figure 4B). Consistent with the PGE<sub>2</sub> levels, IHC analysis revealed greater numbers of cyclooxygenase-2<sup>+</sup> (COX-2, an inducible enzyme responsible for PGE<sub>2</sub> synthesis) osteocytes



**Figure 2. Enhanced Cx43 HC activity by Cx43(M2) prevents cortical bone loss caused by mechanical unloading.** Sixteen-week-old male mice were subjected to a 28-day HLS to examine bone structure and mechanical properties. (A–G)  $\mu$ CT was used to assess structural parameters of mid-diaphyseal cortical bone: T.Ar (A), B.Ar (B), B.Ar/T.Ar (C), Ct.Th (D), TMD (E), and M.Ar (F). (G) Representative 3D models of tibial cortical bone in vehicle- and Cx43(M2)-treated mice.  $n = 8$  per group. (H–K)  $\mu$ CT was used to assess structural parameters of trabecular bone: BMD (H), Tb.Th (I), and BV/TV in vehicle- and Cx43(M2)-treated mice (J).  $n = 7$ –8 per group. (K) Representative 3D models of the metaphyseal trabecular bone of vehicle- and Cx43(M2)-treated mice. Data are presented as mean  $\pm$  SD. \* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ . Statistical analysis was performed using 2-way ANOVA with Tukey test for differences among groups (A–F and H–J).

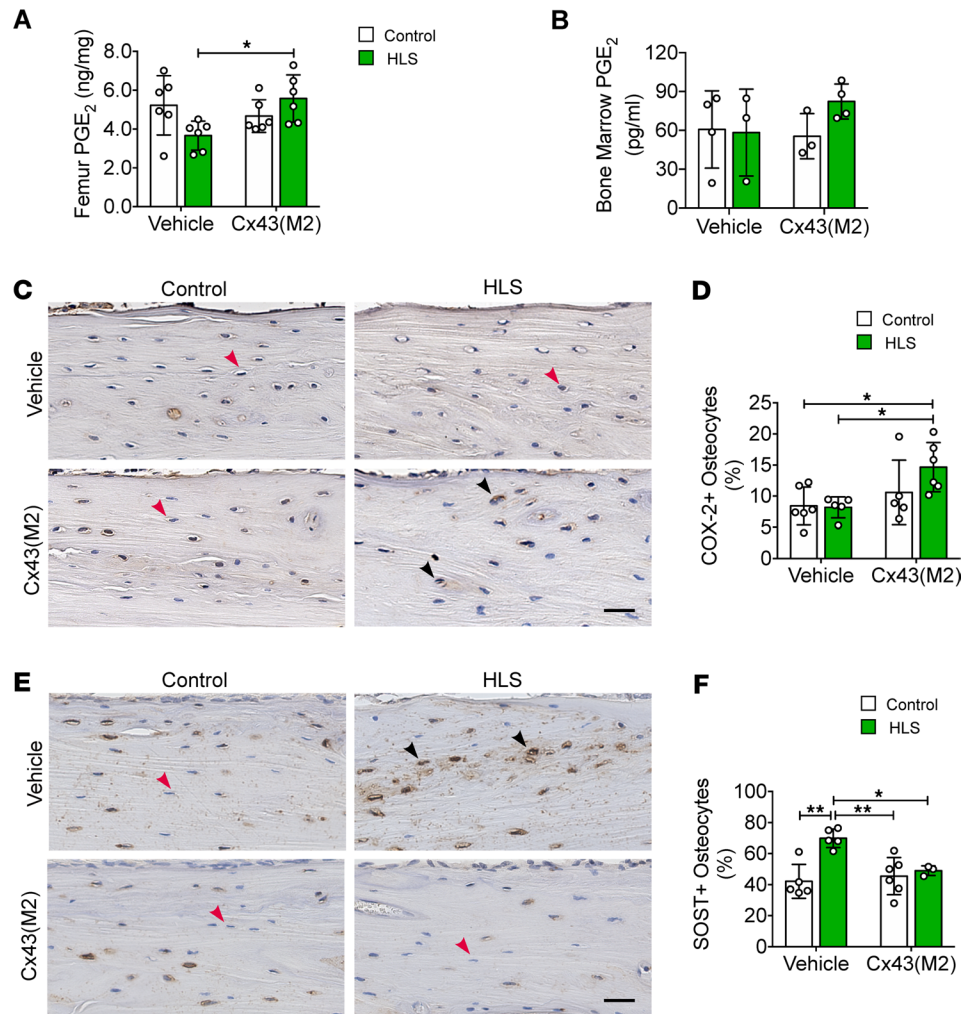
in mid-diaphyseal tibial cortical bone of Cx43(M2)-HLS mice compared with both vehicle-HLS mice and vehicle-control mice (Figure 4, C and D). Osteocyte-derived SOST is a potent inhibitor of bone formation and osteogenesis (36), and previous studies have shown that PGE<sub>2</sub> suppresses SOST expression in osteocytes (23, 24). Here, we investigated the effect of Cx43(M2) on HLS-induced SOST expression. Mechanical unloading increased the number of SOST<sup>+</sup> osteocytes in vehicle-treated mice (Figure 4, E and F). In contrast, Cx43(M2) suppressed the increase in SOST expression in osteocytes caused by HLS. The SOST<sup>+</sup> osteocytes were even lower in both Cx43(M2)-control and Cx43(M2)-HLS tibias compared with vehicle-HLS tibias. Additionally, dynamic histomorphometry showed that the bone formation rate per bone surface (BFR/BS) and mineral apposition rate (MAR) significantly decreased on the endosteal



**Figure 3. Enhanced Cx43 HC activity by Cx43(M2) inhibits osteocyte apoptosis and osteoclastogenesis in 16-week-old male tibias induced by 28-day mechanical unloading.** (A) Representative images of H&E staining on middiaphyseal cortical bone for both control and HLS tibias of vehicle- and Cx43(M2)-treated mice. Black arrowheads indicate empty lacunae.  $n = 5-6$  per group. Scale bar: 80  $\mu\text{m}$ . (B) Quantification of empty lacunae in middiaphyseal cortical bone. (C) Representative images of TUNEL staining of apoptotic osteocytes in both control and HLS tibias of vehicle- and Cx43(M2)-treated mice. White arrowheads indicate TUNEL<sup>+</sup> osteocytes.  $n = 4$  per group. Scale bar: 120  $\mu\text{m}$ . (D and E) Representative RANKL immunohistostaining and quantification of RANKL<sup>+</sup> osteocytes in middiaphyseal cortical bone for both control and HLS tibias of vehicle- and Cx43(M2)-treated mice. Black arrowheads indicated RANKL<sup>+</sup> osteocytes.  $n = 4$  per group. Scale bar: 40  $\mu\text{m}$ . (F) Representative images of TRAP<sup>+</sup> osteoclasts (black arrows) on the endosteal surface for both control and HLS tibias of vehicle- and Cx43(M2)-treated mice. (G and H) Quantification of TRAP<sup>+</sup> osteoclast surface per bone perimeter (Oc.S/BS) on endosteal surfaces (G) and periosteal surfaces of middiaphyseal cortical bone (H).  $n = 4-6$  per group. Scale bar: 40  $\mu\text{m}$ . Data are expressed as mean  $\pm$  SD. \* $P < 0.05$ ; \*\*\* $P < 0.001$ . Statistical analysis was performed using 2-way ANOVA with Tukey test for differences among groups (B, E, G, and H). Ps, periosteal surface; Ec, endosteal surface.

cortical surface in vehicle-treated mice during HLS (Supplemental Figure 4, A and B). Conversely, there were no changes in MAR, BFR/BS, or mineralizing surface per surface BS (MS/BS) in the Cx43(M2) groups (Supplemental Figure 4, A–C). Images of endosteal bone formation, indicated by double calcein labeling, are shown in Supplemental Figure 4D. Together, these results indicate that enhanced Cx43 HCs retained the ability to release PGE<sub>2</sub> and suppressed the increase in SOST in osteocytes, correlating with osteoblast activity on the endosteal surface.

*Enhancing osteocytic Cx43 HCs with Cx43(M2) improves load-induced increase in trabecular and cortical microstructure in aged mice.* Next, we directly tested the hypothesis that the attenuated anabolic response to mechanical stimulation in aged bone was due to impaired Cx43 HC activity. The left tibias of 22-month-old



**Figure 4. Cx43(M2) sustains PGE<sub>2</sub> levels and prevents increased SOST expression in osteocytes caused by mechanical unloading.** After a 4-week HLS in 16-week-old male mice, PGE<sub>2</sub> levels and SOST were assessed. (A and B) ELISA analysis of PGE<sub>2</sub> level in bone marrow-flushed femur diaphysis (A) and hindlimb bone marrow for both control and HLS tibias of vehicle- and Cx43(M2)-treated mice (B). (C and D) Representative COX-2 immunohistostaining and quantification of COX-2<sup>+</sup> osteocytes (black arrows) in middiaphyseal cortical bone. Scale bar: 40  $\mu$ m.  $n = 5-6$  per group. (E and F) Representative SOST immunohistostaining and quantification of SOST<sup>+</sup> osteocytes (black arrows) in middiaphyseal cortical bone. Scale bar: 40  $\mu$ m.  $n = 5-6$  per group. Black and red arrowheads indicate positive and negative osteocytes, respectively. Data are expressed as mean  $\pm$  SD. \* $P < 0.05$ ; \*\* $P < 0.01$ . Statistical analysis was performed using 2-way ANOVA with Tukey test for differences among groups (A, B, D, and F).

vehicle control and Cx43(M2)-treated mice were mechanically loaded with a 9N compressive axial force, as illustrated in Supplemental Figure 5C. All mice showed evidence of good health throughout the loading experiment. A slight, temporary decline in body weight was observed during the first week of mechanical loading, and it stabilized by the second week (Supplemental Figure 5D). The Cx43(M2) treatment had a negligible effect on body weight (Supplemental Figure 5D).

$\mu$ CT analysis on the metaphyseal region showed that, compared with the contralateral control tibias, 2-week tibial loading did not increase BMD or Tb.Th (Figure 5, A and B) but resulted in decreased trabecular number (Tb.N) (Figure 5C) in vehicle-aged mice. In contrast, Cx43(M2) treatment significantly increased BMD compared with the contralateral control tibias in response to mechanical loading. Representative images of trabecular bone are shown in Figure 5D.

We chose the diaphysis located 37% distal from the proximal end, where previous studies have shown the greatest osteogenic response to axial loading (37, 38), to analyze cortical bone morphology. Similar to the response in trabecular bone, cortical bone parameters of vehicle control mice, including T.Ar, B.Ar, B.Ar/T.Ar, Ct.Th, M.Ar, and TMD, were unresponsive to tibial loading (Figure 5, E–J). In comparison,

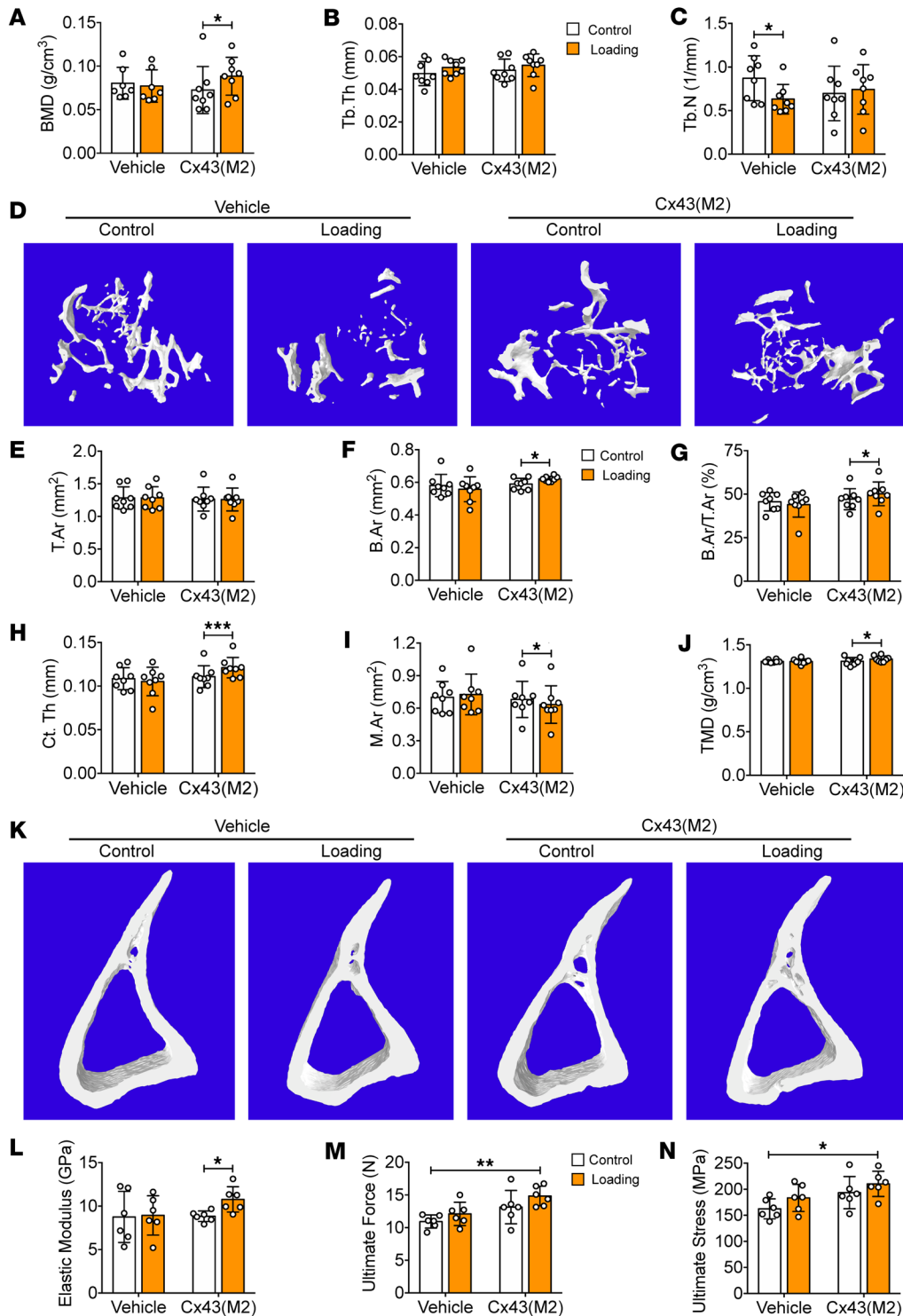


Cx43(M2) treatment increased cortical B.Ar (Figure 5F) and Ct.Th (Figure 5H) by decreasing M.Ar (Figure 5I) without changing the T.Ar (Figure 5E) in loaded tibias, leading to significant increases in B.Ar/T.Ar and TMD (Figure 5, G and J) compared with the contralateral nonloaded control tibias. Representative images of cortical bone are shown in Figure 5K. Mechanical property analysis revealed a significantly increased elastic modulus over the contralateral controls in Cx43(M2)-treated mice, while such an increase was not observed in vehicle-treated mice (Figure 5L). Moreover, Cx43(M2)-loaded tibias exhibited significantly greater ultimate force (Figure 5M) and ultimate stress (Figure 5N) compared with vehicle control tibias. There was an increasing trend in bone stiffness in Cx43(M2)-treated mice during mechanical loading (Supplemental Figure 3E). In summary, enhanced Cx43 HC activity increased the anabolic response to loading in both aged trabecular and cortical bone.

To assess whether the Cx43(M2) antibody exerts any effect on the response to mechanical loading in young adult mice, 16-week-old male mice were subjected to tibial loading.  $\mu$ CT analysis of the diaphysis located 37% distal from the proximal end indicated that the endosteal bone formation response declines with age. Unlike aged mice, the cortical bone in both Cx43(M2)- and vehicle-treated young adult mice responded similarly to mechanical loading. Parameters such as B.Ar, B.Ar/T.Ar, and Ct.Th increased in the loaded group compared with contralateral, unloaded tibias. The Cx43(M2) antibody did not exert additional effects on cortical bone during mechanical stimulation in young adult mice (Supplemental Figure 6). Furthermore, bone histomorphometry analysis confirmed the  $\mu$ CT data, showing that mechanical loading significantly increased bone formation and MARs on both endosteal and periosteal BSs. However, the Cx43(M2) antibody did not provide further enhancement (Supplemental Figure 7), as shown by the significant difference between vehicle-loaded and Cx43(M2)-control tibias or between vehicle-control and Cx43(M2)-loaded tibias. Thus, the Cx43(M2) has no additional effect on tibial bone during mechanical stimulation in young adult mice.

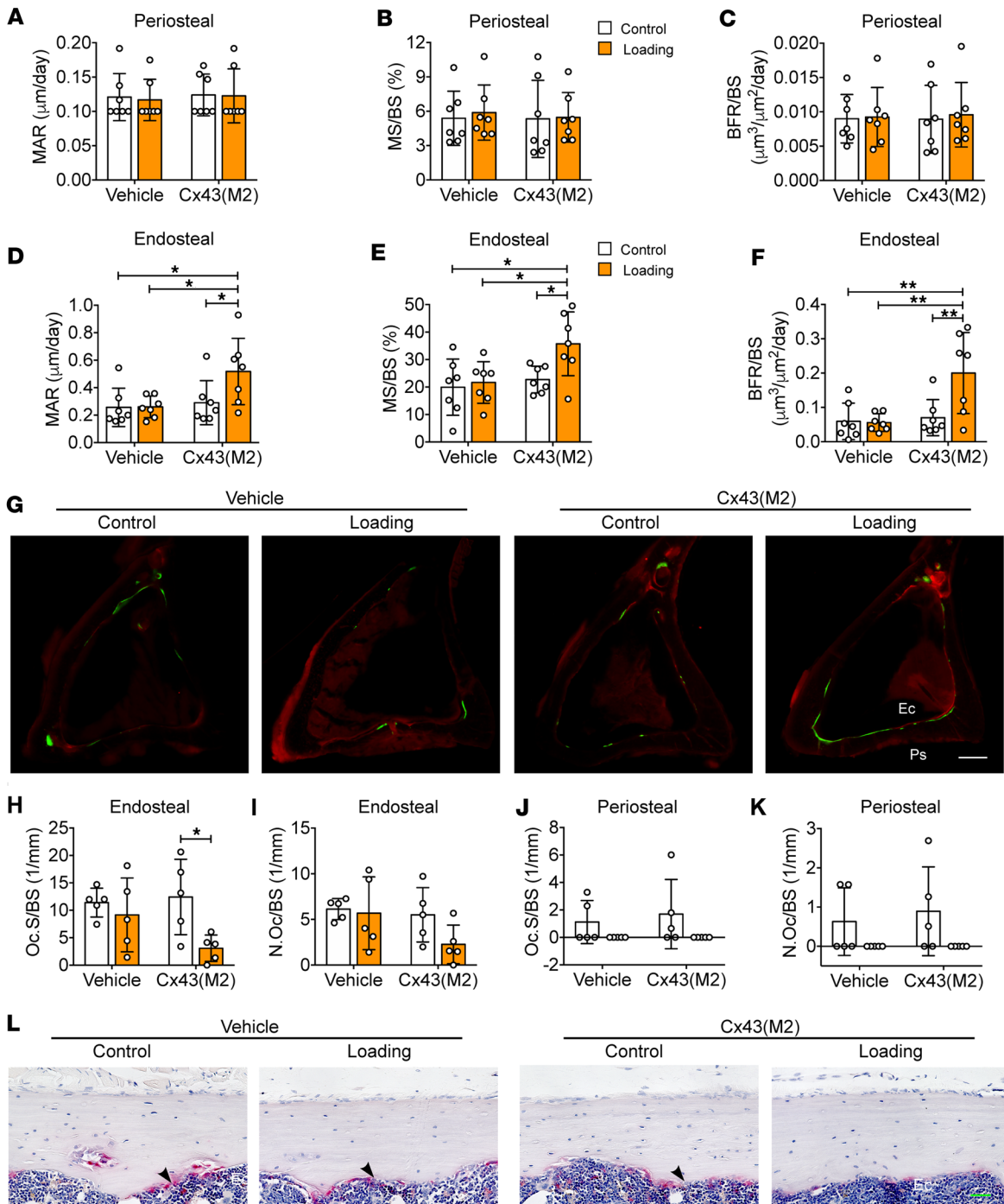
*Enhancing Cx43 HCs in osteocytes increases endosteal anabolism in response to mechanical loading.* The reduced M.Ar in Cx43(M2)-loaded tibias (Figure 5I) suggested changes in the activities of osteoblasts and osteoclasts on the endosteal surface. Consequently, histomorphometry analysis of the diaphysis located 37% distal from the proximal end was performed. Dynamic histomorphometry indicated that mechanical loading did not affect either endosteal or periosteal bone formation in vehicle-aged mice. Cx43(M2) did not alter periosteal MAR, MS/BS, or BFR/BS (Figure 6, A–C) but improved the MAR, MS/BS, and BFR/BS response to loading compared with the nonloaded control tibias (Figure 6, D–F). Notably, these bone formation parameters in Cx43(M2)-loaded tibias were even greater than that of both vehicle-control and vehicle-loaded tibias. Representative images are shown in Figure 6G. Mechanical loading led to a significant decrease in the osteoclast surface on the endosteal surface compared with contralateral nonloaded controls in Cx43(M2)-treated mice, but this decrease was not observed in vehicle-treated mice (Figure 6, H and I). A similar response was also found on the trabecular surface (Supplemental Figure 8, A–C). In contrast, mechanical loading did not affect periosteal osteoclast activity in either vehicle- or Cx43(M2)-treated tibias (Figure 6, J and K). Representative images of TRAP<sup>+</sup> osteoclasts on the endosteal surface are shown in Figure 6L. Thus, enhanced Cx43 HCs by Cx43(M2) increased bone formation and decreased osteoclast resorption on the endosteal surface caused by mechanical loading, resulting in a decrease in bone marrow area (Figure 5I).

*Cx43(M2) enhances loading-induced PGE<sub>2</sub> release and suppresses SOST expression.* A significant increase in the PGE<sub>2</sub> level was observed in loaded tibias compared with contralateral nonloaded control tibias in Cx43(M2)-treated mice. The PGE<sub>2</sub> level in Cx43(M2)-loaded tibias was also greater than vehicle-control tibias (Figure 7A). Similar to unloading, we measured PGE<sub>2</sub> earlier (5 days after loading) than  $\mu$ CT measurement after 2 weeks of loading because PGE<sub>2</sub> is an early responsive factor to mechanical stimulation, and changes in bone structure are regulated by PGE<sub>2</sub>. The serum PGE<sub>2</sub> level was similar between vehicle- and Cx43(M2)-treated mice (Figure 7B). Consistently, Cx43(M2) significantly increased COX-2 expression in the 37% diaphysis close to the endosteal region in loaded tibias compared with contralateral nonloaded controls, whereas the increased COX-2 expression was not detected in vehicle-treated mice (Figure 7, C and D). Moreover, the COX-2<sup>+</sup> osteocytes in Cx43(M2)-loaded tibias were even more prevalent than that of vehicle-treated tibias (Figure 7D). We previously reported that mechanical loading downregulated the Wnt pathway antagonist, SOST, in osteocytes of 16-week-old WT mice (23, 24). Here, we found reduced SOST<sup>+</sup> osteocytes in Cx43(M2)-treated tibias compared with contralateral nonloaded controls in the 37% diaphysis region and close to the endosteal region (Figure 7, E and F).

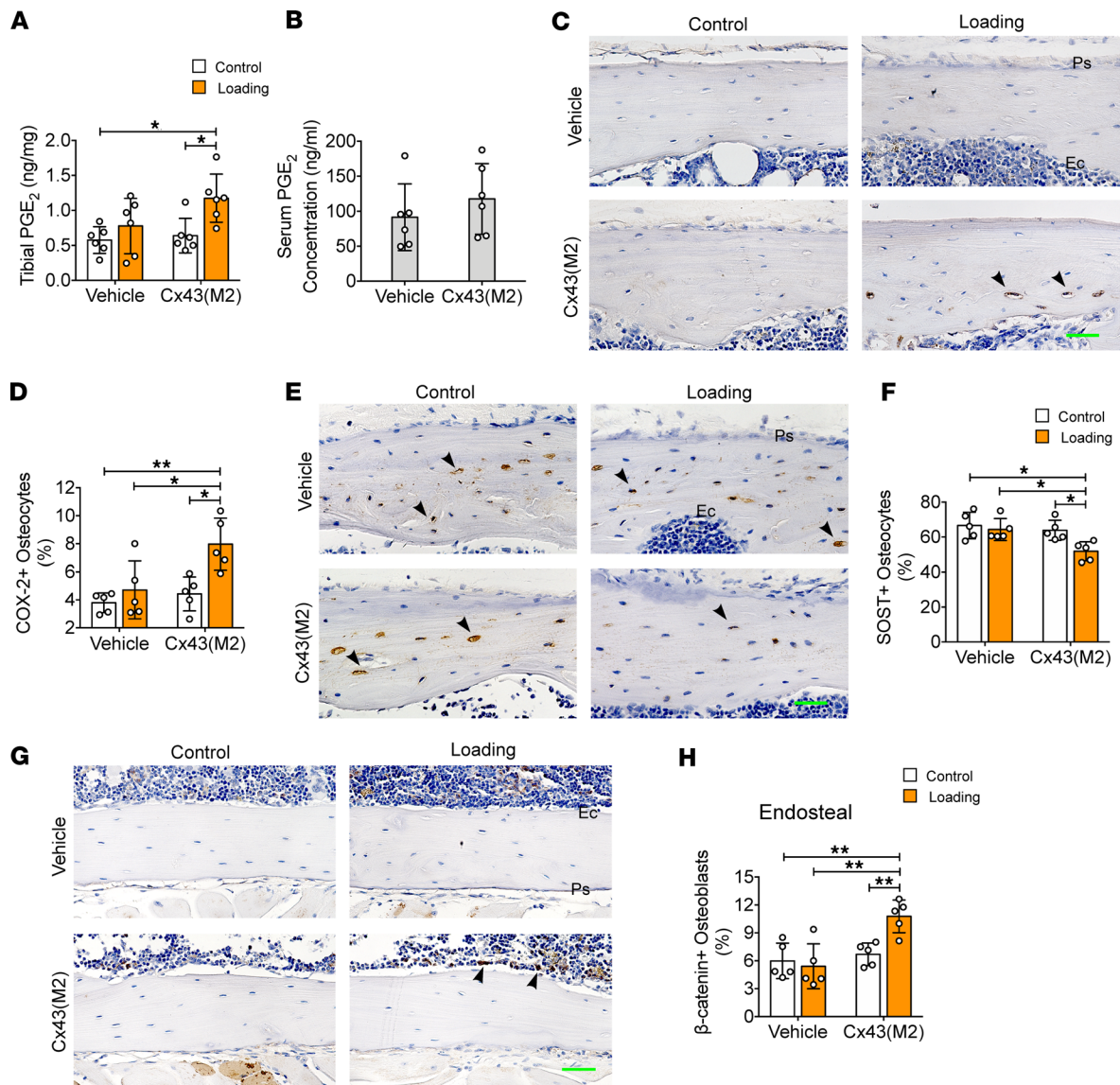


**Figure 5. Cx43(M2) increases the anabolic effects of mechanical loading in aged mice.** Bone structure and mechanical properties were analyzed in 22-month-old male mice subjected to loading 5 days/week for 2 weeks. (A–C)  $\mu$ CT was used to assess structural parameters of trabecular bone: BMD (A), Tb.Th (B), and Tb.N (C) of vehicle and Cx43(M2)-treated mice. *n* = 8 per group. (D) Representative 3D models of the metaphyseal trabecular bone of vehicle and Cx43(M2)-treated mice. (E–J)  $\mu$ CT was used to assess structural parameters of cortical bone located 37% distal from the proximal end: T.Ar (E), B.Ar (F), B.Ar/T.Ar (G), Ct.Th (H), M.Ar (I), and TMD (J). (K) Representative 3D models of the cortical bone in vehicle- and Cx43(M2)-treated mice. *n* = 7 per group. (L–N) The 3-point bending assay was performed for tibial bone of vehicle- and Cx43(M2)-treated mice: elastic modulus (L), ultimate force (M), and ultimate stress (N). *n* = 6 per group. Data are expressed as mean  $\pm$  SD. \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001. Statistical analysis was performed using the paired Student's *t* test for loaded and contralateral tibias (A–C, E–J, and L–N), and 2-way ANOVA with Tukey test for differences among groups (A–C, E–J, and L–N).

In contrast, the SOST<sup>+</sup> osteocytes were not reduced in vehicle-treated mice and were even more prevalent than in vehicle-treated tibias (Figure 7, D–F). Activation of  $\beta$ -catenin signaling in osteoblasts has been documented after 2-week mechanical loading in 16-week-old WT mice (23, 24); thus, we assessed the number of  $\beta$ -catenin<sup>+</sup> osteoblasts in the diaphysis located 37% distal from the proximal end. Tibial loading upregulated  $\beta$ -catenin<sup>+</sup> osteoblasts on the endosteal surface compared with the nonloaded contralateral controls in Cx43(M2)-treated mice. In contrast, the  $\beta$ -catenin<sup>+</sup> osteoblasts did not increase in vehicle-treated mice, and their quantities were even lower than those of Cx43(M2)-loaded tibias (Figure 7, G and H). These results suggest that enhancing HCs by Cx43(M2) in osteocytes improves the



**Figure 6. Enhanced Cx43 HC activity improves load-induced endosteal osteogenesis in aged mice.** After 5 days per week of loading for 2 weeks, bone histomorphometry analyses were performed on tibias within cortical bone located 37% distal from the proximal end in 22-month-old vehicle- and Cx43(M2)-treated mice. (A–F) MAR (A and D), MS/BS (B and E), and BFR/BS (C and F) were assessed along periosteal (A–C) and endosteal (D–F) surfaces of all tibias.  $n = 7$  per group. (G) Representative images of calcein (green) and alizarin (red) double labeling at the 37% diaphysis for all groups. Scale bar: 200  $\mu\text{m}$ . (H–K) Quantification of TRAP<sup>+</sup> osteoclast surface per bone perimeter (Oc.S/BS) and osteoclast number per bone perimeter (N.Oc/BS) on endosteal (H and I) and periosteal (J and K) surfaces of 37% diaphysis.  $n = 5$  per group. (L) Representative images of TRAP<sup>+</sup> osteoclasts (black arrowheads) on cortical bone located 37% distal from the proximal end for both loaded and contralateral tibias of vehicle- and Cx43(M2)-treated mice. Scale bar: 40  $\mu\text{m}$ . Data are expressed as mean  $\pm$  SD. \* $P < 0.05$ ; \*\* $P < 0.01$ . Statistical analysis was performed using the paired Student's  $t$  test for loaded and contralateral tibias (A–F and H–K), and 2-way ANOVA with Tukey test for differences among groups (A–F and H–K). Ps, periosteal surface; Ec, endosteal surface.

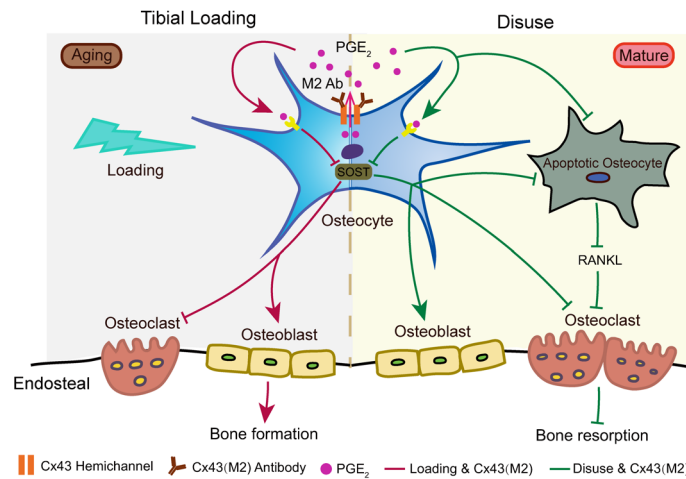


**Figure 7. Enhanced activity of Cx43 HCs improves load-induced PGE<sub>2</sub> secretion and decreases SOST expression in osteocytes of 22-month-old mice.** (A and B) ELISA analysis of PGE<sub>2</sub> level in bone marrow-flushed tibial diaphysis (A) and serum after 5 days of mechanical loading (B). *n* = 6 per group. IHC was performed on diaphyseal 37% cortical bone after 5 days/week loading for 2 weeks. (C and D) Representative COX-2 immunohistostaining and quantification of COX-2<sup>+</sup> osteocytes in diaphyseal 37% cortical bone. Scale bar: 40 μm. *n* = 5 per group. (E and F) Representative SOST immunohistostaining and quantification of SOST<sup>+</sup> osteocytes in diaphyseal 37% cortical bone. Scale bar: 40 μm. *n* = 5 per group. (G and H) Representative β-catenin immunohistostaining and quantification of β-catenin<sup>+</sup> osteoblasts on the endosteal surface of diaphyseal 37% cortical bone. Scale bar: 50 μm. *n* = 5 per group. Black arrowheads indicate positive osteocytes. Data are expressed as mean ± SD. \**P* < 0.05; \*\**P* < 0.01. Statistical analysis was performed using the paired Student's *t* test for loaded and contralateral tibias (A, D, F, and H), unpaired Student's *t* test for the serum PGE<sub>2</sub> level (B), and 2-way ANOVA with Tukey test for differences among groups (A, D, F, and H). Ps, periosteal surface; Ec, endosteal surface.

anabolic responsiveness to mechanical loading in aged mice by upregulating the release of PGE<sub>2</sub> and subsequently suppressing SOST in osteocytes. This suppression is correlated with increased levels of stable, unphosphorylated β-catenin and osteoblast activity on the endosteal surface.

## Discussion

Reduced sensitivity to mechanical stimulation associated with aging and disuse contribute to bone loss and osteoporosis. In this study, we demonstrated that increased activity of Cx43 HCs by a monoclonal antibody Cx43(M2) greatly mitigates the unloading-induced cortical bone loss in mature bone and reverses the unresponsiveness of aged bone to the anabolic functions of mechanical loading. The improved anabolic responses are associated with increased release of PGE<sub>2</sub> from osteocytes (Figure 8).



**Figure 8. Model illustrating the effect of enhanced HCs via the Cx43(M2) antibody on osteocyte responses to mechanical loading in disused and aged bones.** Enhanced Cx43 HC activity releases PGE<sub>2</sub> (9), leading to a reduction of SOST expression in osteocytes during both mechanical loading and unloading. Aging is associated with a decline in osteocytic Cx43 levels and reduced responsiveness of Cx43 HCs to mechanical loading. Activation of osteocytic Cx43 HCs using the Cx43(M2) antibody increases PGE<sub>2</sub> levels and suppresses SOST expression, resulting in increased endosteal osteoblast activity and bone formation, while simultaneously decreasing endosteal osteoclast activity in aged mice under mechanical loading conditions. During periods of disuse, apoptotic osteocytes release higher levels of RANKL, which induces osteoclast differentiation and recruitment. Activating HCs with the Cx43(M2) antibody raises extracellular PGE<sub>2</sub> levels. This increase in PGE<sub>2</sub> suppresses SOST, thereby enhancing endosteal bone formation and preventing osteocyte apoptosis and RANKL expression in osteocytes. Consequently, reduced endosteal osteoclast activity leads to decreased bone resorption.

In our previous studies using transgenic mouse models expressing dominant negative Cx43 mutants, we observed that impaired Cx43 HCs in osteocytes led to an increase in endosteal osteoclasts and bone loss during mechanical unloading (13), suggesting that Cx43 HCs play a protective role against mechanical unloading. Consistent with these findings, our study demonstrates that activation of Cx43 HCs by a Cx43(M2) protects against cortical bone loss caused by mechanical unloading. This protection was achieved by inhibiting increased osteoclast activity and preventing a decrease in bone formation. Interestingly, previous studies have shown that Cx43 cKO in osteoblasts/osteocytes preserves trabecular and cortical bone loss and attenuates osteoclast activity on the endosteal surface during unloading (14–16). A major difference between Cx43 cKO and transgenic mice expressing dominant negative Cx43 mutants is that Cx43 deficiency affects not only Cx43 channels but also other channel-independent functions.

Factors such as PGE<sub>2</sub>, released by Cx43 HCs activated through mechanical loading or the Cx43(M2) antibody, are the underlying mechanisms modulating bone formation and remodeling. Previous studies have identified PGE<sub>2</sub> as a crucial anabolic factor mediating the effects of mechanical loading on bone (23, 24). Cx43 HCs act as the primary conduit for PGE<sub>2</sub> release, activating EP2/EP4 receptors to promote bone formation and inhibit bone resorption (10, 25). Our recent study also showed that impairment of HCs in transgenic mice leads to reduced PGE<sub>2</sub> production but that this effect can be rescued by PGE<sub>2</sub> administration (24). In this study, we observed that Cx43(M2) treatment, similar to mechanical stimulation, increases extracellular PGE<sub>2</sub> levels.

Previous research indicates that PGE<sub>2</sub> released from osteocytes through Cx43 HCs suppresses SOST expression in osteocytes during mechanical loading (23, 24), and PGE<sub>2</sub> treatment can suppress increased SOST expression in osteocytes caused by simulated microgravity (39). Our study found that Cx43(M2) inhibits the upregulation of SOST expression in osteocytes induced by unloading in mice. SOST is known to be associated with cell apoptosis (40). Previous studies have shown that unloading-induced upregulation of SOST expression induces osteocyte apoptosis by antagonizing the Wnt/ $\beta$ -catenin signaling pathway, while SOST deficiency attenuates osteocyte apoptosis in vivo (36). In addition to inhibiting SOST, PGE<sub>2</sub> acts in an autocrine manner through EP2/4 receptors to block glucocorticoid-induced osteocyte apoptosis by increasing  $\beta$ -catenin level (21). This evidence suggests that PGE<sub>2</sub> release through Cx43(M2)-enhanced Cx43 HCs rescues osteocyte apoptosis either directly or by suppressing SOST expression during mechanical unloading.

Cx43(M2) treatment markedly inhibited TRAP<sup>+</sup> osteoclasts on the endosteal surface, which was associated with decreased osteocyte apoptosis close to the endosteal surface during mechanical unloading. These findings align with previous studies, which found that the highest levels of osteocyte apoptosis in cortical bone subjected to HLS were closest to the endosteal surface, resulting in RANKL<sup>+</sup> osteocytes (35). In addition to osteocyte apoptosis, SOST is implicated in unloading-induced osteoclastogenesis and bone loss (36). SOST can directly increase RANKL levels from osteocytes, regulating osteoclast activity by inhibiting  $\beta$ -catenin in osteoclasts (41, 42). Conversely, SOST deficiency has been shown to resist bone resorption during mechanical unloading (36). Clinically, the antiosteoporosis drug romosozumab, which antagonizes SOST, has demonstrated antiresorptive effects in postmenopausal women with osteoporosis (43). Our study corroborates these findings, showing a suppressed increase of SOST<sup>+</sup> osteocytes and reduced bone resorption with Cx43(M2) treatment after mechanical unloading. Furthermore, SOST not only promotes osteoclast formation but also affects osteoblasts, inhibiting bone formation (44). Previous studies have shown that mechanical unloading reduces bone formation on the endosteal surface (15, 45). Similarly, we observed a profound suppression of endosteal bone formation after mechanical unloading. Cx43(M2) completely ameliorated this unloading-induced effect, preserving bone formation. These findings align with the observation in SOST-KO mice (36). Together, these observations support the idea that the opening of Cx43 HCs suppressed osteocyte apoptosis and SOST expression caused by mechanical unloading, leading to decreased osteoclastogenesis and bone loss.

Conversely, Cx43(M2) did not rescue the trabecular bone loss caused by mechanical unloading. It is speculated that trabecular and cortical bone have different sensitivities to mechanical unloading. Trabecular bone has been reported to be more sensitive than cortical bone to skeletal unloading (46, 47) in rodents. Clinical studies have also demonstrated that trabecular bone rather than cortical bone is lost with reduced physical activity levels in young men (48). Another contradiction is that although cortical bone loss was rescued by Cx43(M2), the whole bone's mechanical properties still degraded after unloading. It is likely that mechanical properties are not only related to changes in bone structure but also to those in bone components, such as collagen and noncollagen proteins (49).

Similar to disuse-induced bone loss from a lack of mechanical stimulation, aged bones lose their responsiveness to mechanical loading. Upon tibial loading, we observed no increase of bone mass in either cortical or trabecular bone in 22-month-old mice treated with the vehicle. In contrast, the same loading force (9N), which resulted in more strain in aged bone than in younger mice (27, 50), caused a marked increase in bone mass in 16-week-old WT mice, as reported in our previous study (24). Given that aged mice experience higher strain levels, the lack of responsiveness in periosteal bone formation is unlikely to be due to insufficient microstrain. Instead, it suggests that aging might affect the bone's response to mechanical stimulation. It is noteworthy that the trabecular number decreased even further in the vehicle group during mechanical loading due to enhanced osteoclast resorption. A similar attenuated response was also observed in 20-month-old mice subjected to 11N loading (51). However, previous studies have shown that while mechanical loading induced endocortical bone formation in both young and aged mice, aged mice showed reduced bone formation across several parameters (26, 27). For instance, one study (27) calculated endosteal bone formation by combining lamellar and woven bone values. Reduced bone formation with aging was evident in several parameters, with a greater increase in endosteal BFR/BS<sup>+</sup> and MAR<sup>+</sup> in 5-month-old mice compared with 22-month-old mice in the antero-medial microstrain (1,200  $\mu\epsilon$ ) group. Another study (26) showed a significant increase in mineralizing surface in loaded tibias of 5-month-old mice but no loading effect in 22-month-old mice. Here, our 22-month-old mice showed no response to antero-medial microstrain more than 1,200  $\mu\epsilon$ . We used male mice, while the other study used female mice. A previous study showed different mechanical responses between sexes. Estrogens have effects on endosteal bone apposition in females (52), which may explain the variation in woven bone formation on the endosteal surface.

It is plausible that the decreased Cx43 expression in osteocytes of aged mice (13) inhibited the function of mechanosensitive Cx43 HCs. Indeed, our recent studies show that inhibiting Cx43 HCs increases osteoclast activity and resorption in trabecular bone during mechanical loading in 16-week-old mice (24). Consistently, a similar load-induced increase in trabecular osteoclasts was also found in ovariectomized mice (53) that had reduced Cx43 HC function in osteocytes (54). In contrast, Cx43(M2) rescued the anabolic unresponsiveness of trabecular bone to tibial loading, as evidenced here by increased BMD and decreased osteoclast activity. These observations indicate enhanced Cx43 HC activity increases mechanical sensitivity and anabolic response in aged trabecular bone.

Previous studies have also shown a diminished endosteal bone formation response to mechanical loading in old mice of the same age (26, 55). Similarly, deletion of Cx43 from osteoblasts and osteocytes has also exhibited an attenuated increase (30, 31) or an even a greater decrease in endosteal bone formation during tibial loading (56, 57), suggesting that reduced Cx43 expression in osteocytes (13) affects the function of Cx43 HCs and, subsequently, the cortical osteogenic response to mechanical loading. In line with this observation, our previous studies have shown that inhibiting osteocytic Cx43 HCs decreases osteoblast-to-osteocyte differentiation in vitro (58) and suppresses the anabolic bone responses to mechanical loading on the endosteal surface in vivo (23, 24). Here, we showed that enhanced Cx43 HCs by Cx43(M2) significantly increased bone formation on the endosteal surface in aged mice. We observed a decrease in endosteal osteoclasts in Cx43(M2)-treated mice during mechanical loading. It is possible that factors (i.e., PGE<sub>2</sub>) released through activated HCs by Cx43(M2) may have marked negative effects on osteoclasts due to their predominant presence on the endosteal surface. Indeed, we found that the Cx43(M2) antibody promoted COX-2 expression in osteocytes near the endosteal surface. These findings align with our previous studies, where inhibition of Cx43 HCs in osteocytes promoted osteoclastogenesis in vitro (58) and accelerated bone resorption in vivo during mechanical stimulation (24). Notably, decreased SOST<sup>+</sup> osteocytes were observed in the endosteal region but not in the periosteal region in the Cx43(M2) group. This may explain why  $\beta$ -catenin only increased on the endosteal surface in Cx43(M2)-loaded tibias. Consequently, activation of osteocytic Cx43 HCs by the combined treatment of Cx43(M2) and mechanical loading in aged bone promotes osteoblast recruitment and differentiation on the endosteal surface during axial compression loading. As a result, the reduced bone marrow cavity led to an increase in B.Ar, Ct.Th, and BMD and improved mechanical properties.

Cx43 HC opening induced by FFSS mediates the release of the bone anabolic factor PGE<sub>2</sub> (10, 20), which is synthesized by osteocytes (59). The suppressed PGE<sub>2</sub> level was also observed in our transgenic mouse models expressing dominant negative Cx43 mutants that inhibit Cx43 HCs (24) and in 8 kb *Dmp1-Cre*; Cx43 cKO mice after tibial loading (56). In this study, we found that Cx43 HC-deficient aged mice had a suppressed PGE<sub>2</sub> level in the tibia bone after mechanical loading. However, the combined treatment with Cx43(M2) and mechanical loading activated osteocytic Cx43 HCs, a response that could not be achieved by either intervention alone. This combined treatment increased the release of PGE<sub>2</sub> in aged tibias. It is worth noting that Cx43(M2) promoted the distribution of osteocyte expression COX-2, an enzyme responsible for PGE<sub>2</sub> synthesis, near the endosteal surface during mechanical loading. Thus, extracellular PGE<sub>2</sub> is a crucial modulator in promoting endosteal bone formation (60, 61), whereas PGE<sub>2</sub> deficiency attenuates endosteal bone anabolism during mechanical loading (62). Our previous in vivo study found that loading-induced release of PGE<sub>2</sub> from Cx43 HCs suppressed SOST expression in osteocytes, thereby improving  $\beta$ -catenin expression in osteoblasts and osteogenesis (23, 24). Here, we showed that SOST expression was not suppressed in vehicle-treated aged mice. In contrast, SOST expression decreased near the endosteal surface when Cx43 HCs were enhanced in aged mice. Correspondingly, increased unphosphorylated  $\beta$ -catenin levels and bone formation were observed. These results indicate that enhanced Cx43 HC activity locally improved the release of PGE<sub>2</sub> from osteocytes in mechanically insensitive aged mice. This, in turn, reduced SOST in osteocytes and increased  $\beta$ -catenin signaling in osteoblasts, ultimately leading to enhanced endosteal bone formation.

Interestingly, periosteal bone formation remained unresponsive to mechanical loading in aged mice, and even enhanced Cx43 HCs by Cx43(M2) did not promote the periosteal anabolic response to mechanical loading. Previous studies indicate that the anabolic response of aged cortical bone is more active on the endosteal surface than on the periosteal surface (63, 64). Consistently, our recent studies on 16-week-old mice also demonstrate that Cx43 HCs exclusively function in the anabolic response of the endosteum to mechanical loading (24). Here, our results indicate that enhanced Cx43 HCs by Cx43(M2) increased PGE<sub>2</sub> synthesis and decreased SOST expression close to the endosteal surface, suggesting that these local effects may contribute to anabolic response specifically on the endosteal surface, not on the periosteal surface. However, our previous studies did not detect any differences in antibody distribution between the endosteal and periosteal surfaces (32). Further investigation is needed to understand the underlying mechanisms fully.

Notably, it is still unclear why mechanical loading cannot cause obvious opening of HCs in aging bone. One possibility is the age-related expression of integrins. Indeed, integrin  $\alpha 5$ , which regulates the opening of Cx43 HCs, is expressed less in old human fibroblasts than in young cells (65). Less integrin  $\alpha 5$  likely attenuates the efficiency of loading-induced Cx43 HC opening. In contrast, Cx43(M2) needs to be

combined with mechanical loading to activate HC opening in osteocytes in aged mice. We speculate that this is related to the more active osteocytes (66) and higher Cx43 expression (28) in younger mice compared with aged mice. Indeed, the Cx43(M2) antibody had no additional effect on load-induced cortical osteogenesis in 16-week-old young adult mice. HC opening induced by mechanical loading in osteocytes is likely reaching optimal levels, and the addition of Cx43(M2) would make limited contributions to HC activities. Therefore, the combined treatment of mechanical loading and Cx43(M2) in young adult mice does not further improve cortical bone responses to mechanical loading.

Current osteoporosis drugs, despite their efficacy, often come with adverse effects that may limit their long-term safety. For instance, antiresorptive agents such as bisphosphonates and the monoclonal antibody to RANKL (i.e., denosumab) not only inhibit bone resorption but also reduce bone formation, increasing the risk of osteonecrosis of the jaw and atypical femoral fracture (67). The anabolic agents such as parathyroid hormone (PTH) (i.e., teriparatide) or the PTH-related peptide analog abaloparatide stimulate both bone formation and bone resorption due to PTH's ability to increase RANK production (68). Recently, the US Food and Drug Administration (FDA) approved a neutralizing antibody to SOST, romosozumab. However, the risk of oversuppression of bone remodeling and associated serious cardiovascular adverse events requires attention. Therefore, there is a pressing need to improve the efficacy and safety of osteoporosis drugs. More importantly, almost all osteoporosis drugs are more efficient on trabecular bone than cortical bone (69), despite fractures occurring predominantly in cortical bone (70). Increasing cortical bone formation poses a major challenge for existing therapies. In this study, we demonstrated that Cx43(M2) treatment not only enhances trabecular but also cortical bone formation. The humanized version of Cx43(M2) antibody, targeting osteocyte Cx43, is currently under clinical trial for treating osteosarcoma (71). Our current findings suggest that Cx43(M2) could serve as a candidate for developing drugs to treat bone loss and osteoporosis in aging and disuse populations.

## Methods

*Sex as a biological variable.* Adult (16-week-old) and aged (22-month-old) male mice were used in this study. We examined male mice because this ruled out the effect of estrogen on bone phenotype.

*Experimental animals.* Animal procedures were approved by the UTHSCSA IACUC. Male C57BL/6 mice from The Jackson Laboratory were housed in the animal care facility with a 12-hour light/dark cycle and a room temperature of 25°C under pathogen-free conditions at the UTHSCSA Institutional Lab Animal Research facility. Mice were housed with no more than 5 mice in each cage before experiments and were provided standard rodent chow.

*Monoclonal antibody Cx43(M2) generation and treatment.* The monoclonal Cx43(M2) antibody was generated and characterized as detailed in our recent publication (32). Briefly, mice were immunized with a Cx43 extracellular domain peptide (50 µg) i.p. in complete Freund's adjuvant and then boosted repeatedly with the peptide antigen formulated in incomplete Freund's adjuvant. Splens were harvested, and fusions were performed as previously described (72, 73). After functional characterization of the hybridoma clones, the Cx43(M2) clone was selected, and the antibody was purified by affinity chromatography using protein A resin, as reported previously (74).

For mechanical unloading, after a 7-day acclimatization period, 16-week-old WT mice were i.p. injected with 25 mg/kg Cx43(M2) or vehicle (phosphate-buffered saline [PBS], pH 7.4) once a week (Supplemental Figure 2B). For mechanical loading, randomly allocated 22-month-old WT mice were i.p. injected with 25 mg/kg Cx43(M2) or vehicle [PBS], pH 7.4) the day before tibial suspension. A second dose was administered the day before the start of loading in the second week (Supplemental Figure 5A). The dosage and frequency were determined based on our previous study (23), primarily aligning with the tibial loading protocol commonly used for 2 weeks to minimize callus bone formation while demonstrating anabolic effects (75).

*Mechanical unloading.* Mechanical unloading was achieved using the tail suspension (HLS) model modified from the method described by Ferreira and colleagues' method (76). Briefly, 16-week-old vehicle-treated mice and Cx43(M2)-treated mice were divided into ground control and HLS groups. In the HLS groups, sterile copper was fixed to the tail of anesthetized mice (Supplemental Figure 2C). Two mice were housed per cage for all groups. The suspension height was adjusted using the copper wire to maintain the mice at about a 30° head-down tilt, while mice in the ground control group were allowed to move freely without tail-suspended. Body weight was measured every week.



*In vivo tibial loading.* During tibial loading, mice were under isoflurane inhalation. As described in our previous studies (23, 24), the effects of tibial loading were assessed in the left tibiae of 22-month-old and 16-week-old mice treated with Cx43(M2) or vehicle. Briefly, the left tibia was placed in a customized apparatus with a continuous 0.5N static preload (Supplemental Figure 5C). For aged mice, a 9N force was then loaded on the left tibiae with 600 cycles (5 minutes) at a 2 Hz frequency using a loading device (7528-10, Masterflex L/S). Previous studies reported that this force, compared with younger mice, led to more strain (about 1,650  $\mu\epsilon$ ) onto the anterior-medial surface (77) but caused an attenuated bone formation response in old mice at diaphysis 37% distal from the proximal end (26, 55). A 2-week mechanical loading period was used for bone structure, bone formation, histology, and IHC assays, or 5 consecutive days for PGE<sub>2</sub> determination (Supplemental Figure 5, A and B). Since PGE<sub>2</sub> is an early responsive factor to mechanical stimulation and is involved in regulating bone structure, it was measured at earlier time points compared with the  $\mu$ CT measurements. The right tibiae served as contralateral, nonloaded controls. Body weights were monitored every week during tibial loading. For young adult mice, tibiae were loaded to the same strain (about 1,650  $\mu\epsilon$ ) based on our previous strain measurements (24), and the same loading parameter was used for aged mice.

*$\mu$ CT.* A  $\mu$ CT scanner (SkyScan 1172, Bruker Micro-CT) was used for bone structure scanning after 4-week mechanical unloading or 2 weeks of mechanical loading. For mechanical unloading, the tibial cortical VOI was positioned 70 slices (0.7 mm) distal to the proximal growth plate with an extension of 50 slices (0.5 mm) from the distal side. The middiaphyseal VOI was reported to respond to mechanical unloading (78). Cortical bone with a threshold of 106–256 was selected for analysis. The metaphyseal trabecular volume of interest (VOI) was positioned 45 slices (0.45 mm) distal to the proximal growth plate with an extension of 100 slices (1 mm) from the distal side, representing the secondary spongiosa. A grayscale threshold of 80–256 was used for the trabecular VOI analysis. For mechanical loading, the cortical VOI was positioned 50 slices (0.5 mm) centered at the diaphysis 37% distal from the end of the proximal side to analyze the response to mechanical loading. This VOI matches previously published studies examining dynamic loading of tibiae (23, 26). The trabecular VOI is the same as the nonloaded ones. The structural morphometric properties of cortical and trabecular regions were analyzed using the CT-Analyser software (CTAn 1.18.8.0, Bruker Micro-CT).

*Bone mechanical and material property testing.* After 4 weeks of mechanical unloading or 2 weeks of mechanical loading, tibiae were cleared of the soft tissue and subjected to a 3-point bending test along the medial-lateral direction in a micromechanical testing system (Mach-1 V500CST, Biomomentum), as described previously (23, 24). The loading parameters are an 8 mm span with a loading speed of 0.05 mm/sec and 200 Hz. Mechanical properties were calculated using the cross-sectional areas determined from  $\mu$ CT.

*Dynamic bone histomorphometry.* For the 2-week loading experiment, mice were i.p. injected with calcein (C0875, Sigma-Aldrich) 1 day before tibial loading, followed by an alizarin red injection (A5533, Sigma-Aldrich) 3 days before euthanization, as described previously (23, 24). For the 4-week unloading experiment, mice were i.p. injected with calcein 1 day before the start and end of mechanical unloading separately. Tibiae were embedded in methyl methacrylate, and 80  $\mu$ m-thick transversal sections of the middiaphyseal site were cut using a precision wafering saw (PICO 155, PACE Technologies). The sections were then sanded to a thickness of 80  $\mu$ m using P1200 grit sandpaper on the grinder polisher (Phoenix 4000 Buehler). Fluorescent labels were imaged with a fluorescence microscope (BZ-X710, Keyence).

*Dye uptake in vivo study.* The in situ assessment of osteocytic HC activity in tibiae was described previously (18, 24). Briefly, for the unloading experiment, 20 mg/mL EB dye was injected into the tail vein immediately after the completion of the 4-week mechanical unloading. After 4 hours, anesthetized mice underwent heart perfusion to fix the osteocytes in the tibiae. For the loading experiment, 20 mg/mL EB dye was injected into the tail vein. After 10 minutes of loading and 40 minutes of rest, anesthetized mice underwent heart perfusion to fix the osteocytes in the tibiae. Tibiae were embedded in the sagittal orientation in optimum cutting temperature compound to cut 12  $\mu$ m frozen sagittal sections. The nuclei were stained with DAPI. EB fluorescence intensity in osteocytes at the middiaphyseal site was quantified.

*PGE<sub>2</sub> measurement.* The PGE<sub>2</sub> level in the serum, femurs, tibiae, and bone marrow from hindlimbs was quantified using the PGE<sub>2</sub> ELISA kit (Cayman Chemical). Four hours after the completion of the 5-day tibial loading or 4-week mechanical unloading, serum, bone marrow, and tibial diaphysis without bone marrow and soft tissues were collected and stored at  $-80^{\circ}\text{C}$ . Femurs and tibiae were homogenized, and the PGE<sub>2</sub> levels in all samples were quantified using the PGE<sub>2</sub> ELISA kit (514010, Cayman Chemical) and calibrated to the total protein concentration determined by a BCA assay.

**Histology.** Four-week mechanical nonloaded or 2-week mechanical loaded tibias were decalcification and then embedded sagittally in paraffin blocks to obtain 5  $\mu\text{m}$ -thick longitudinal sections. TRAP staining was performed to determine osteoclast activity, as described previously (79). Multinucleated ( $\geq 3$  nuclei) TRAP<sup>+</sup> osteoclasts were quantified on the endosteal and metaphyseal trabecular surface. H&E staining was used to quantify the number of empty lacunae. The *In Situ* Cell Death Detection Kit (121567929101, Roche) was utilized to detect apoptotic osteocytes in the middiaphyseal region, as previously reported (23, 79).

For IHC, we used an IHC kit (PK-4001 and PK-4005, Vectastain) and a DAB substrate kit (SK-4100, Burlingame). Briefly, after antigen retrieval, described previously (24), sections were probed with primary antibodies against RANKL (ab9957, 1:200, Abcam), COX-2 (12375-1-AP, 1:200, Proteintech), SOST (AF1589, 1:400, R&D Systems), and unphosphorylated  $\beta$ -catenin (ab16051, 1:200, Abcam), followed by counterstaining with hematoxylin. Images were captured using a microscope (BZ-X710, Keyence) and quantified using the NIH ImageJ software.

**Statistics.** Statistical analysis was conducted using GraphPad Prism Version 7 software. Variance homogeneity was evaluated using the Levene test, and normal distribution was determined by the Shapiro-Wilk test. All data are presented as mean  $\pm$  SD. The paired 2-tailed Student's *t* test was used to compare the contralateral and loaded tibias within each mouse. The unpaired 2-tailed Student's *t* test was employed to compare the ratio changes of EB dye uptake and serum PGE<sub>2</sub> levels between vehicle- and Cx43(M2)-treated mice. Two-way ANOVA with Tukey test was used for multiple-group comparisons. For all comparisons, *P* values of less than 0.05 were considered significant.

**Study approval.** All described animal protocols were reviewed and approved by the UTHSCSA IACUC, in accordance with policies dictated by the Office of Animal Welfare at the NIH, USA.

**Data availability.** Values for all data points in graphs are reported in the Supporting Data Values file and are available from the corresponding author upon request.

## Author contributions

DZ, CT, and JXJ conceived the idea and designed the experiments. DZ, CT, LZ, TG, and SG performed the experiments. DZ and CT analyzed the data and designed the figures. DZ wrote the first draft of the manuscript, and JXJ revised the manuscript. JXJ wrote the definitive manuscript. JXJ provided the resources. Both DZ and CT made equal contributions; DZ wrote the first draft and is listed first. All authors edited and commented on previous versions of the manuscript and approved the final version.

## Acknowledgments

We acknowledge Hongyun Cheng at UTHSCSA for technical assistance and Francisca Acosta for proof-reading the manuscript. This work was supported by the NIH grants 5R01 AR072020 and Welch Foundation grant: AQ-1507 (to JXJ).

Address correspondence to: Jean X. Jiang, Department of Biochemistry and Structural Biology, University of Texas Health Science Center at San Antonio, 7703 Floyd Curl Drive, San Antonio, Texas 78229, USA. Phone: 210.562.4094; Email: jiangj@uthscsa.edu.

1. Goodenough DA, Paul DL. Beyond the gap: functions of unpaired connexon channels. *Nat Rev Mol Cell Biol.* 2003;4(4):285–294.
2. Lang T, et al. Cortical and trabecular bone mineral loss from the spine and hip in long-duration spaceflight. *J Bone Miner Res.* 2004;19(6):1006–1012.
3. Gabel L, et al. Physical activity, sedentary time, and bone strength from childhood to early adulthood: a mixed longitudinal HR-pQCT study. *J Bone Miner Res.* 2017;32(7):1525–1536.
4. Gómez-Cabello A, et al. Effects of training on bone mass in older adults: a systematic review. *Sports Med.* 2012;42(4):301–325.
5. Marques E, et al. Exercise effects on bone mineral density in older adults: a meta-analysis of randomized controlled trials. *Age (Dordr).* 2012;34(6):1493–1515.
6. Burra S, et al. Dendritic processes of osteocytes are mechanotransducers that induce the opening of hemichannels. *Proc Natl Acad Sci U S A.* 2010;107(31):13648–13653.
7. Civitelli R. Cell-cell communication in the osteoblast/osteocyte lineage. *Arch Biochem Biophys.* 2008;473(2):188–192.
8. Loiselle AE, et al. Gap junction and hemichannel functions in osteocytes. *Bone.* 2012;54(2):205–212.
9. Jiang JX, Cherian PP. Hemichannels formed by connexin 43 play an important role in the release of prostaglandin E(2) by osteocytes in response to mechanical strain. *Cell Commun Adhes.* 2003;10(4–6):259–264.
10. Cherian PP, et al. Mechanical strain opens connexin 43 hemichannels in osteocytes: a novel mechanism for the release of

- prostaglandin. *Mol Biol Cell*. 2005;16(7):3100–3106.
11. Di SM, et al. Graviresponses of osteocytes under altered gravity. *Adv Space Res*. 2011;48(6):1161–1166.
  12. Xu H, et al. Biological responses of osteocytic connexin 43 hemichannels to simulated microgravity. *J Orthop Res*. 2017;35(6):1195–1202.
  13. Zhao D, et al. Connexin 43 channels in osteocytes regulate bone responses to mechanical unloading. *Front Physiol*. 2020;11:299.
  14. Grimston SK, et al. Connexin43 deficiency reduces the sensitivity of cortical bone to the effects of muscle paralysis. *J Bone Miner Res*. 2011;26(9):2151–2160.
  15. Lloyd SA, et al. Connexin 43 deficiency attenuates loss of trabecular bone and prevents suppression of cortical bone formation during unloading. *J Bone Miner Res*. 2012;27(11):2359–2372.
  16. Lloyd SA, et al. Connexin 43 deficiency desensitizes bone to the effects of mechanical unloading through modulation of both arms of bone remodeling. *Bone*. 2013;57(1):76–83.
  17. Batra N, et al. Direct regulation of osteocytic connexin 43 hemichannels through AKT kinase activated by mechanical stimulation. *J Biol Chem*. 2014;289(15):10582–10591.
  18. Riquelme MA, et al. Mechanotransduction via the coordinated actions of integrins, PI3K signaling and Connexin hemichannels. *Bone Res*. 2021;9(1):8.
  19. Batra N, et al. Mechanical stress-activated integrin  $\alpha 5 \beta 1$  induces opening of connexin 43 hemichannels. *Proc Natl Acad Sci U S A*. 2012;109(9):3359–3364.
  20. Siller-Jackson AJ, et al. Adaptation of connexin 43-hemichannel prostaglandin release to mechanical loading. *J Biol Chem*. 2008;283(39):26374–26382.
  21. Xia X, et al. Prostaglandin promotion of osteocyte gap junction function through transcriptional regulation of connexin 43 by glycogen synthase kinase 3/ $\beta$ -catenin signaling. *Mol Cell Biol*. 2010;30(1):206–219.
  22. Kitase Y, et al. Mechanical induction of PGE2 in osteocytes blocks glucocorticoid-induced apoptosis through both the  $\beta$ -catenin and PKA pathways. *J Bone Miner Res*. 2010;25(12):2657–2668.
  23. Zhao D, et al. Osteocytes regulate bone anabolic response to mechanical loading in male mice via activation of integrin  $\alpha 5$ . *Bone Res*. 2022;10(1):49.
  24. Zhao D, et al. Connexin hemichannels with prostaglandin release in anabolic function of bone to mechanical loading. *Elife*. 2022;11:e74365.
  25. Zhao D, et al. Connexin 43 hemichannels and prostaglandin  $E_2$  release in anabolic function of the skeletal tissue to mechanical stimulation. *Front Cell Dev Biol*. 2023;11(2):1151838.
  26. Holguin N, et al. Activation of Wnt signaling by mechanical loading is impaired in the bone of old mice. *J Bone Miner Res*. 2016;31(12):2215–2226.
  27. Holguin N, et al. Aging diminishes lamellar and woven bone formation induced by tibial compression in adult C57BL/6. *Bone*. 2014;65:83–91.
  28. Kar R, et al. Connexin 43 channels protect osteocytes against oxidative stress-induced cell death. *J Bone Miner Res*. 2013;28(7):1611–1621.
  29. Chalil S, et al. Increased endoplasmic reticulum stress in mouse osteocytes with aging alters Cox-2 response to mechanical stimuli. *Calcif Tissue Int*. 2015;96(2):123–128.
  30. Grimston SK, et al. Role of connexin43 in osteoblast response to physical load. *Ann N Y Acad Sci*. 2006;1068:214–224.
  31. Grimston SK, et al. Attenuated response to in vivo mechanical loading in mice with conditional osteoblast ablation of the connexin43 gene (Gja1). *J Bone Miner Res*. 2008;23(6):879–886.
  32. Riquelme MA, et al. Antibody-activation of connexin hemichannels in bone osteocytes with ATP release suppresses breast cancer and osteosarcoma malignancy. *Cell Rep*. 2024;43(7):114377.
  33. Zhang C, et al. Inhibition of astrocyte hemichannel improves recovery from spinal cord injury. *JCI Insight*. 2021;6(5):e134611.
  34. Aguirre JI, et al. Osteocyte apoptosis is induced by weightlessness in mice and precedes osteoclast recruitment and bone loss. *J Bone Miner Res*. 2006;21(4):605–615.
  35. Cabahug-Zuckerman P, et al. Osteocyte apoptosis caused by hindlimb unloading is required to trigger osteocyte RANKL production and subsequent resorption of cortical and trabecular bone in mice femurs. *J Bone Miner Res*. 2016;31(7):1356–1365.
  36. Lin C, et al. Sclerostin mediates bone response to mechanical unloading through antagonizing Wnt/ $\beta$ -catenin signaling. *J Bone Miner Res*. 2009;24(10):1651–1661.
  37. Sugiyama T, et al. Functional adaptation to mechanical loading in both cortical and cancellous bone is controlled locally and is confined to the loaded bones. *Bone*. 2010;46(2):314–321.
  38. Sugiyama T, et al. Bones' adaptive response to mechanical loading is essentially linear between the low strains associated with disuse and the high strains associated with the lamellar/woven bone transition. *J Bone Miner Res*. 2012;27(8):1784–1793.
  39. Spatz JM, et al. The Wnt inhibitor sclerostin is up-regulated by mechanical unloading in osteocytes in vitro. *J Biol Chem*. 2015;290(27):16744–16758.
  40. Sutherland MK, et al. Sclerostin promotes the apoptosis of human osteoblastic cells: a novel regulation of bone formation. *Bone*. 2004;35(4):828–835.
  41. Wijenayaka AR, et al. Sclerostin stimulates osteocyte support of osteoclast activity by a RANKL-dependent pathway. *PLoS One*. 2011;6(10):e25900.
  42. Wei W, et al. Biphasic and dosage-dependent regulation of osteoclastogenesis by  $\beta$ -catenin. *Mol Cell Biol*. 2011;31(23):4706–4719.
  43. Cosman F, et al. Romosozumab treatment in postmenopausal women with osteoporosis. *N Engl J Med*. 2016;375(16):1532–1543.
  44. Poole KES, et al. Sclerostin is a delayed secreted product of osteocytes that inhibits bone formation. *FASEB J*. 2005;19(13):1842–1844.
  45. Yang J, et al. Blocking glucocorticoid signaling in osteoblasts and osteocytes prevents mechanical unloading-induced cortical bone loss. *Bone*. 2020;130:115108.
  46. Jia B, et al. A hypomagnetic field aggravates bone loss induced by hindlimb unloading in rat femurs. *PLoS One*. 2014;9(8):e105604.

47. Tajima T, et al. Cortical bone loss due to skeletal unloading in aldehyde dehydrogenase 2 gene knockout mice is associated with decreased PTH receptor expression in osteocytes. *Bone*. 2018;110:254–266.
48. Tervo T, et al. Reduced physical activity corresponds with greater bone loss at the trabecular than the cortical bone sites in men. *Bone*. 2009;45(6):1073–1078.
49. Wang X. Coupling Effect of Water and Proteoglycans on the In Situ Toughness of Bone. *J Bone Miner Res*. 1029;31(5):1026–1029.
50. Meakin LB, et al. Age-related impairment of bones' adaptive response to loading in mice is associated with sex-related deficiencies in osteoblasts but no change in osteocytes. *J Bone Miner Res*. 2014;29(8):1859–1871.
51. Javaheri B, et al. Transient peak-strain matching partially recovers the age-impaired mechanoadaptive cortical bone response. *Sci Rep*. 2018;8(1):6636.
52. Vicente WS, et al. Bone plasticity in response to exercise is sex-dependent in rats. *PLoS One*. 2013;8(5):e64725.
53. Sinnesael M, et al. Androgens inhibit the osteogenic response to mechanical loading in adult male mice. *Endocrinology*. 2015;156(4):1343–1353.
54. Ma L, et al. Connexin 43 hemichannels protect bone loss during estrogen deficiency. *Bone Res*. 2019;7:11.
55. Chermiside-Scabbo CJ, et al. Old mice have less transcriptional activation but similar periosteal cell proliferation compared to young-adult mice in response to in vivo mechanical loading. *J Bone Miner Res*. 2020;35(9):1751–1764.
56. Grimston SK, et al. Enhanced periosteal and endocortical responses to axial tibial compression loading in conditional connexin43 deficient mice. *PLoS One*. 2012;7(9):e44222.
57. Lloyd SA, et al. Shifting paradigms on the role of connexin43 in the skeletal response to mechanical load. *J Bone Miner Res*. 2014;29(2):275–286.
58. Hua R, et al. Connexin 43 hemichannels regulate osteoblast to osteocyte differentiation. *Front Cell Dev Biol*. 2022;10:892229.
59. Thorsen K, et al. In situ microdialysis in bone tissue. Stimulation of prostaglandin E2 release by weight-bearing mechanical loading. *J Clin Invest*. 1996;98(11):2446–2449.
60. Jee WS, et al. The effects of prostaglandin E2 in growing rats: increased metaphyseal hard tissue and cortico-endosteal bone formation. *Calcif Tissue Int*. 1985;37(2):148–157.
61. Tian XY, et al. Continuous infusion of PGE2 is catabolic with a negative bone balance on both cancellous and cortical bone in rats. *J Musculoskelet Neuronal Interact*. 2007;7(4):372–381.
62. Forwood MR. Inducible cyclo-oxygenase (COX-2) mediates the induction of bone formation by mechanical loading in vivo. *J Bone Miner Res*. 1996;11(11):1688–1693.
63. Birkhold AI, et al. The periosteal bone surface is less mechano-responsive than the endocortical. *Sci Rep*. 2016;6:23480.
64. Birkhold AI, et al. Tomography-based quantification of regional differences in cortical bone surface remodeling and mechano-response. *Calcif Tissue Int*. 2017;100(3):255–270.
65. Hu Q, et al. Altered expression and regulation of the alpha 5beta1 integrin-fibronectin receptor lead to reduced amounts of functional alpha5beta1 heterodimer on the plasma membrane of senescent human diploid fibroblasts. *Exp Cell Res*. 1996;224(2):251–263.
66. Tiede-Lewis LM, et al. Degeneration of the osteocyte network in the C57BL/6 mouse model of aging. *Aging (Albany NY)*. 2017;9(10):2190–2208.
67. Cheng C, et al. New frontiers in osteoporosis therapy. *Annu Rev Med*. 2020;71:277–288.
68. Cheloha RW, et al. PTH receptor-1 signalling-mechanistic insights and therapeutic prospects. *Nat Rev Endocrinol*. 2015;11(12):712–724.
69. Winzenrieth R, et al. Effects of osteoporosis drug treatments on cortical and trabecular bone in the femur using DXA-based 3D modeling. *Osteoporos Int*. 2018;29(10):2323–2333.
70. Yang QD, et al. Fracture length scales in human cortical bone: the necessity of nonlinear fracture models. *Biomaterials*. 2006;27(9):2095–2113.
71. Shen J, et al. ALMB-0168, a novel Cx43 hemichannel agonist monoclonal antibody, for metastatic or unresectable osteosarcoma after standard chemotherapy: a multicenter, open-label, single-arm, phase 1 study. *J Clin Oncol*. 2023;41 (16 suppl):11530.
72. Galfré G, et al. Antibodies to major histocompatibility antigens produced by hybrid cell lines. *Nature*. 1977;266(5602):550–552.
73. O'Reilly LA, et al. Rapid hybridoma screening method for the identification of monoclonal antibodies to low-abundance cytoplasmic proteins. *Biotechniques*. 1998;25(5):824–830.
74. Freed DC, et al. Pentameric complex of viral glycoprotein H is the primary target for potent neutralization by a human cytomegalovirus vaccine. *Proc Natl Acad Sci U S A*. 2013;110(51):E4997–E5005.
75. Main RP, et al. Murine axial compression tibial loading model to study bone mechanobiology: implementing the model and reporting results. *J Orthop Res*. 2020;38(2):233–252.
76. Ferreira JA, et al. An alternant method to the traditional NASA hindlimb unloading model in mice. *J Vis Exp*. 2011;(49):2467.
77. Patel TK, et al. Experimental and finite element analysis of strains induced by axial tibial compression in young-adult and old female C57Bl/6 mice. *J Biomech*. 2014;47(2):451–457.
78. Morse A, et al. Mechanical load increases in bone formation via a sclerostin-independent pathway. *J Bone Miner Res*. 2014;29(11):2456–2467.
79. Xu H, et al. Connexin 43 channels are essential for normal bone structure and osteocyte viability. *J Bone Miner Res*. 2015;30(3):436–448.