

## ICMJE DISCLOSURE FORM

**Date:** 8/10/2022

**Your Name:** Jinhee Jeong

**Manuscript Title:** Aerobic Exercise Training Ameliorates Progression of Sympathetic Overactivity and Vascular Stiffness in Chronic Kidney Disease

**Manuscript Number (if known):** Not available

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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I certify that I have answered every question and have not altered the wording of any of the questions on this form.

## ICMJE DISCLOSURE FORM

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**Your Name:** Justin Sprick

**Manuscript Title:** Aerobic Exercise Training Ameliorates Progression of Sympathetic Overactivity and Vascular Stiffness in Chronic Kidney Disease

**Manuscript Number (if known):** Not available

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## ICMJE DISCLOSURE FORM

**Date:** 8/9/2022

**Your Name:** Dana DaCosta

**Manuscript Title:** Aerobic Exercise Training Ameliorates Progression of Sympathetic Overactivity and Vascular Stiffness in Chronic Kidney Disease

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**Date:** 8/9/2022

**Your Name:** Kevin Mammino

**Manuscript Title:** Aerobic Exercise Training Ameliorates Progression of Sympathetic Overactivity and Vascular Stiffness in Chronic Kidney Disease

**Manuscript Number (if known):** Not available

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I certify that I have answered every question and have not altered the wording of any of the questions on this form.

## ICMJE DISCLOSURE FORM

**Date:** 8/10/2022

**Your Name:** Joe Nocera

**Manuscript Title:** Aerobic Exercise Training Ameliorates Progression of Sympathetic Overactivity and Vascular Stiffness in Chronic Kidney Disease

**Manuscript Number (if known):** Not available

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The author's relationships/activities/interests should be defined broadly. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

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## ICMJE DISCLOSURE FORM

**Date:** 8/10/2022

**Your Name:** Jeanie Park

**Manuscript Title:** Aerobic Exercise Training Ameliorates Progression of Sympathetic Overactivity and Vascular Stiffness in Chronic Kidney Disease

**Manuscript Number (if known):** Not available

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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# CONSORT 2010 checklist of information to include when reporting a randomised trial\*

Section/Topic	Item No	Checklist item	Reported on page No
<b>Title and abstract</b>			
	1a	Identification as a randomised trial in the title	1
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)	2
<b>Introduction</b>			
Background and objectives	2a	Scientific background and explanation of rationale	4
	2b	Specific objectives or hypotheses	5
<b>Methods</b>			
Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	15
	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	15
Participants	4a	Eligibility criteria for participants	15
	4b	Settings and locations where the data were collected	1, 15-17
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	15-17
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed	17-21
	6b	Any changes to trial outcomes after the trial commenced, with reasons	NA
Sample size	7a	How sample size was determined	21-22
	7b	When applicable, explanation of any interim analyses and stopping guidelines	NA
<b>Randomisation:</b>			
Sequence generation	8a	Method used to generate the random allocation sequence	15
	8b	Type of randomisation; details of any restriction (such as blocking and block size)	15
Allocation concealment mechanism	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	15
Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions	15
Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those	21-22

		assessing outcomes) and how	
Statistical methods	11b	If relevant, description of the similarity of interventions	16-17
	12a	Statistical methods used to compare groups for primary and secondary outcomes	21-22
	12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	21-22
<b>Results</b>			
Participant flow (a diagram is strongly recommended)	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome	5, 29
	13b	For each group, losses and exclusions after randomisation, together with reasons	29
Recruitment	14a	Dates defining the periods of recruitment and follow-up	
	14b	Why the trial ended or was stopped	NA
Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	30
Numbers analysed	16	For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups	6-8, 29
Outcomes and estimation	17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval)	6-8
	17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	NA
Ancillary analyses	18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory	7-8
Harms	19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	29
<b>Discussion</b>			
Limitations	20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	13-14
Generalisability	21	Generalisability (external validity, applicability) of the trial findings	9-14
Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	9-14
<b>Other information</b>			
Registration	23	Registration number and name of trial registry	3
Protocol	24	Where the full trial protocol can be accessed, if available	3
Funding	25	Sources of funding and other support (such as supply of drugs), role of funders	3

\*We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming; for those and for up to date references relevant to this checklist, see [www.consort-statement.org](http://www.consort-statement.org).