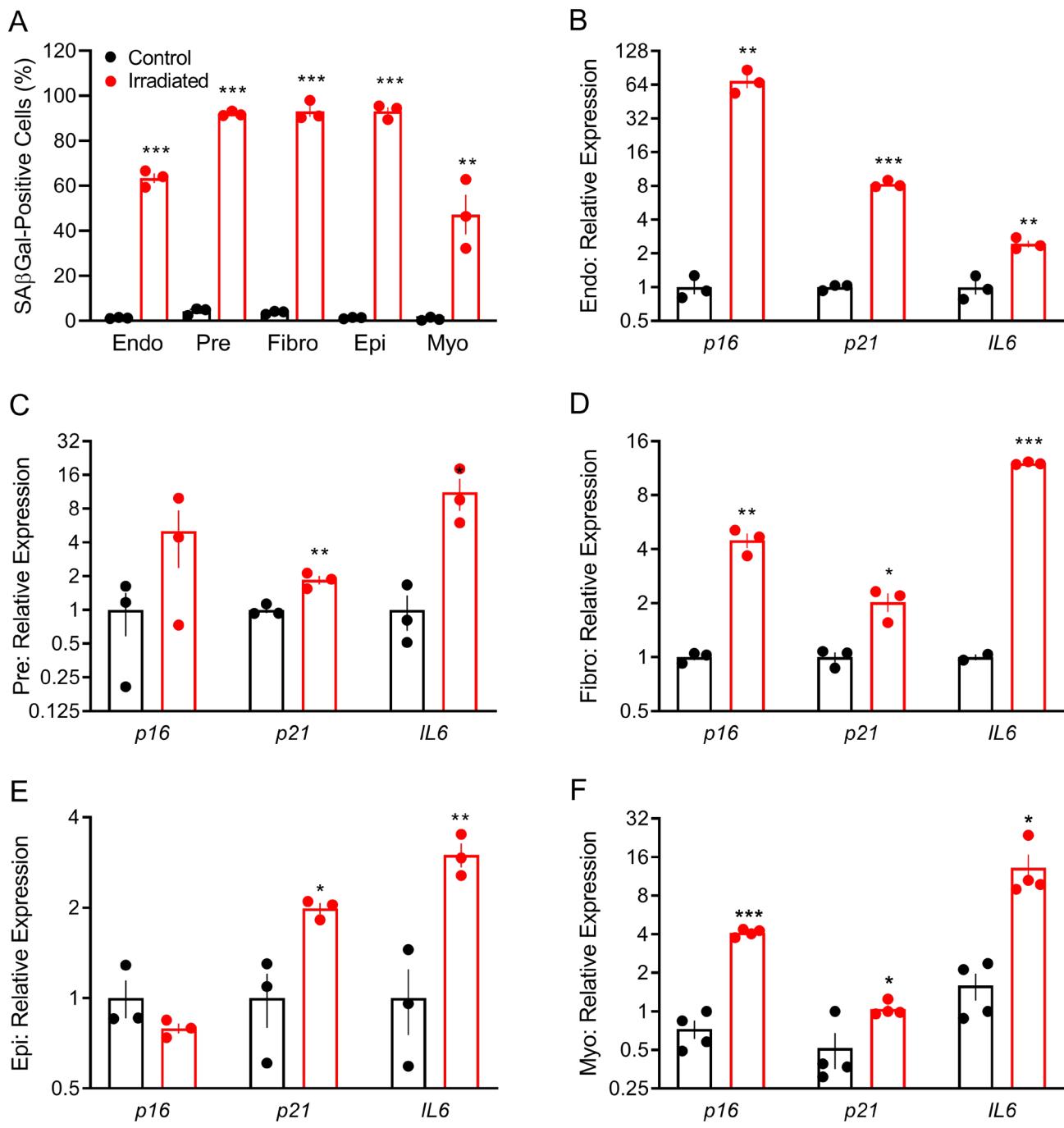


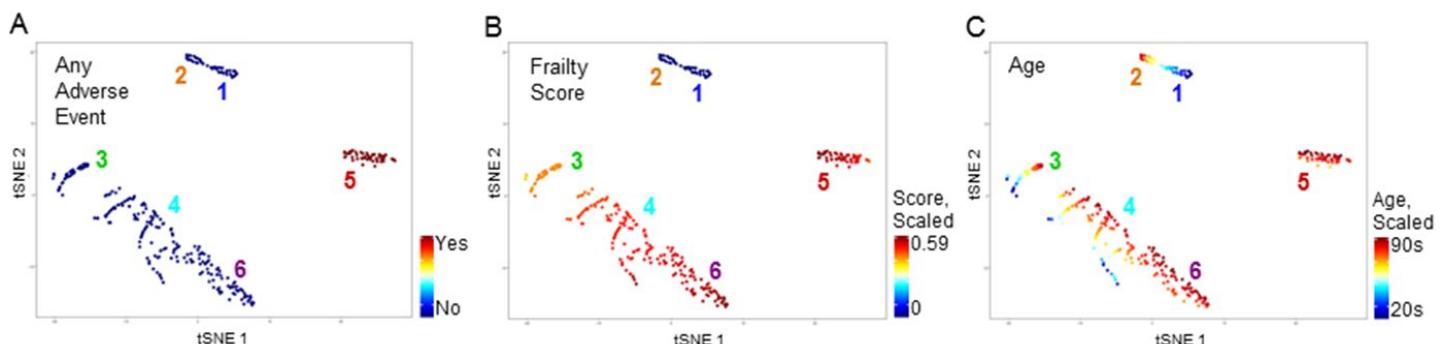
1 SUPPLEMENTARY FIGURE 1



2

3 Supplementary Figure 1. Markers of senescence in irradiated cells.

4 (A) Percentage of endothelial cells (endo), preadipocytes (pre), fibroblasts (fibro), epithelial cells (epi), and
 5 myoblasts (myo) staining positively for SA- β -Gal. Expression of cyclin dependent kinase inhibitors and a SASP
 6 factor in (B) endo, (C) pre, (D) fibro, (E) epi, and (F) myo cells in culture. (Mean \pm SEM; individual two-tailed t-
 7 tests with significance indicated as $p < 0.05^*$, 0.01^{**} , and 0.001^{***} ; $n = 3$ replicates per cell type).

8 **SUPPLEMENTARY FIGURE 2**9
10 **Supplementary Figure 2. Phenotypic cluster definition.**11 All study participants in which accumulation of deficit frailty status was determined and all proteins were
12 measured were clustered based on the presence of (A) any post-surgical adverse event, (B) frailty score, and
13 (C) chronological age (n = 343).

15 **Supplementary Table 3. Characteristics of participants used to study associations between circulating**

16 **SASP and chronological age.**

Characteristic	20-29	30-39	40-49	50-59	60-69	70-79	80-89	p-value
	Number (%) or Median (Q1,Q3)							
n	38	37	38	39	37	38	40	
Female	20 (52.6%)	19 (51.4%)	20 (52.6%)	20 (51.3%)	20 (54.1%)	18 (47.4%)	20 (50%)	0.810 ¹
Male	18 (47.4%)	18 (48.6%)	18 (47.4%)	19 (48.7%)	17 (45.9%)	20 (52.6%)	20 (50%)	
Age in years	24.2 (23,26.1)	33.2 (32.4,36.4)	44.5 (43.2,47.6)	54.6 (52.8,56.9)	65.5 (63,67.5)	74.4 (71.9,76.9)	83.2 (81.7,86.3)	N/A
BMI	24 (21.7,27.4)	26.7 (24.3,28.8)	25.8 (23.6,27.8)	27.2 (23.4,30.3)	28.1 (24.8,31.2)	28.6 (24.8,31)	27.1 (24.7,29.5)	0.004 ²
Frailty score	0 (0,0.03) n-miss = 9	0 (0,0.03) n-miss = 10	0.03 (0.03,0.08) n-miss = 8	0.06 (0,0.1) n-miss = 4	0.07 (0.03,0.13) n-miss = 4	0.1 (0.06,0.17) n-miss = 6	0.19 (0.1,0.27) n-miss = 10	<0.001 ²

17 ¹Kruskal-Wallis, ²Spearman Correlation

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20 **Supplementary Table 4: Circulating SASP factors are associated with chronological age.**

Protein	Alias	Model 1		Model 2	
		r-value	q-value	r-value	q-value
ACTIVIN A	INHBA	0.671	<0.001	0.105	0.022
ADAMTS13	VWFCP	-0.163	0.011	-0.184	<0.001
CCL3	MIP1A, SCYA3	0.415	<0.001	0.393	<0.001
CCL4	MIP1B, SCYA4	0.526	<0.001	0.446	<0.001
CCL5	RANTES, SCYA5	-0.138	0.031	-0.153	0.001
CCL17	TARC, SCYA17	0.237	<0.001	0.235	<0.001
CCL22	MDC, SCYA22	0.187	0.003	0.155	0.001
FAS	APT1, TNFRSF6	0.482	<0.001	0.376	<0.001
GDF15	MIC1, NAG1, NRG1	0.746	<0.001	0.320	<0.001
GDNF		-0.054	0.425	-0.040	0.416
ICAM1	CD54	0.192	0.003	0.082	0.077
IL6		0.330	<0.001	0.015	0.759
IL7		-0.130	0.041	-0.160	<0.001
IL8	CXCL8	0.198	0.002	0.106	0.021
IL15		0.267	<0.001	0.127	0.005
MMP2	CLG4A	0.119	0.061	0.098	0.031
MMP9	CLG4B	0.037	0.574	0.013	0.759
OPN	SPP1, PSEC0156	0.260	<0.001	0.228	<0.001
PAI1	SERPINE1, PLANH1	-0.033	0.587	-0.027	0.575
PAI2	SERPINEB2, PLANH2	-0.042	0.534	-0.032	0.511
SOST		0.303	<0.001	0.280	<0.001
TNF α		0.349	<0.001	0.317	<0.001
TNFR1		0.632	<0.001	0.440	<0.001
VEGFA	VPH	0.172	0.007	0.185	<0.001

Model 1: FDR-corrected spearman correlation of chronological age versus SASP protein.

Model 2: FDR-corrected spearman correlation of chronological age versus SASP protein adjusted for sex and BMI.

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22

23 **Supplementary Table 5. Characteristics of participants used to study associations between circulating**
 24 **SASP and biological age.**

25

Characteristic	Aortic Stenosis	Ovarian Cancer	Biobank, 60+	p-value
n	97	36	115	
Female	42 (43%)	36 (100%)	58 (50%)	<0.001 ¹
Male	55 (57%)	0 (0%)	57 (50%)	
Age in years	82.0 (76.0, 87.0)	71.7 (64.8, 77.1)	75.0 (68.2, 81.8)	<0.001 ²
BMI	29.1 (26.5, 33.2)	26.8 (22.6, 32.6)	27.8 (24.7, 31.0)	0.008 ²
Frailty score	0.23 (0.17, 0.29) n-miss = 0	0.14 (0.05, 0.27) n-miss = 0	0.10 (0.06, 0.18) n-miss = 20	<0.001 ²

26 ¹Pearson's Chi-Square, ²Kruskal-Wallis

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29 **Supplementary Table 6: Characteristics of biologically older versus younger ovarian cancer**
 30 **participants.**

	Non-frail	Frail	
	Mean (\pmSD) or Number (%) Median (Q1,Q3)		p-value
n	18	18	
Age in years	71.1 (7.5) 71.6 (65.4, 77.0)	71.2 (7.4) 71.7 (65.5, 77.0)	0.975 ¹
Stage: IIIC IV	15 (83.3%) 3 (16.7%)	15 (83.3%) 3 (16.7%)	1.000 ²
BMI	24.8 (4.4) 23.0 (21.9, 26.9)	30.6 (5.4) 31.6 (25.6, 34.2)	0.001 ¹
Frailty score	0.04 (0.03) 0.05 (0.01, 0.07)	0.27 (0.06) 0.27 (0.21, 0.31)	< 0.001 ¹

31 ¹Kruskal-Wallis, ²Chi-Square

32

33 **Supplementary Table 7. Primers and probes for real-time PCR.**

Gene	Primers and probes catalog number or sequence	Source and/or reference
<i>TBP</i>	Hs.PT.58.20792004	IDT
<i>P16</i>	Forward primer: 5' CCAACGCACCGAATAGTTACG 3' Reverse primer: 5' GCGCTGCCCATCATCATG 3' Probe: 5' FAM - CCTGGATCGGCCTCCGAC - ZEN / IBFQ 3'	IDT(44)
<i>P21</i>	Hs.PT.58.40874346.g	IDT
<i>IL6</i>	Hs.PT.58.40226675	IDT

34

35

36 **Supplementary Table 8. Summary of imputed values.**

Protein	Alias	Number Imputed Values	Percentage Imputed of All Samples per Target
ACTIVIN A	INHBA	0	0%
ADAMTS13	VWFCP	0	0%
CCL3	MIP1A, SCYA3	40	10%
CCL4	MIP1B, SCYA4	8	2%
CCL5	RANTES, SCYA5	0	0%
CCL17	TARC, SCYA17	1	0%
CCL22	MDC, SCYA22	0	0%
FAS	APT1, TNFRSF6	0	0%
GDF15	MIC1, NAG1, NRG1	5	1%
GDNF		52	13%
ICAM1	CD54	0	0%
IL6		0	0%
IL7		0	0%
IL8	CXCL8	0	0%
IL15		0	0%
MMP2	CLG4A	0	0%
MMP9	CLG4B	0	0%
OPN	SPP1, PSEC0156	16	4%
PAI1	SERPINE1, PLANH1	0	0%
PAI2	SERPINEB2, PLANH2	0	0%
SOST		0	0%
TNF α		1	0%
TNFR1		0	0%
VEGFA	VPH	1	0%

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