

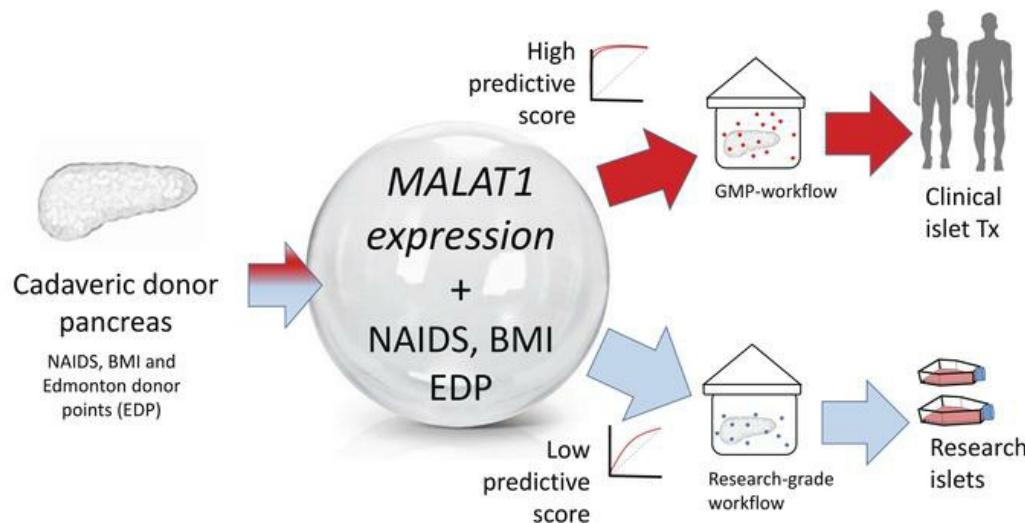
The long noncoding RNA *MALAT1* predicts human pancreatic islet isolation quality

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1 **The Long Non-coding RNA *MALAT1* Predicts Human
2 Islet Isolation Quality**

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7
8 Running title: The lncRNA *NEAT2/MALAT1* predicts islet isolation outcome

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41

1 **Abstract**

2
3 Human islet isolation is a cost-/resource-intensive program generating islets for cell therapy in
4 Type 1 diabetes. However, only a third of cadaveric pancreas get to clinical transplantation due
5 to low quality/number of islets. There is a need to identify biomarker(s) that predict the quality
6 of islets, prior to initiating their isolation. Here, we sequenced transcriptome from 18 human
7 islet preparations stratified into three groups (Gr.1: Best quality/transplantable islets, Gr.2:
8 Intermediary quality, Gr.3: Inferior quality/non-transplantable islets) based on routine
9 measurements including islet purity/viability. Machine-learning algorithms involving
10 penalized regression analyses identified 10 long-non-coding(lnc)RNAs significantly different
11 across all group-wise comparisons (Gr1VsGr2, Gr2vsGr3, Gr1vsGr3). Two variants of
12 Metastasis-Associated Lung Adenocarcinoma Transcript-1(*MALAT1*) lncRNA were common
13 across all comparisons. We confirmed RNA-seq findings in a “validation set” of 75 human
14 islet preparations. Finally, in 19 pancreas samples, we demonstrate that assessing the levels of
15 *MALAT1* variants alone (ROC curve AUC: 0.83) offers highest specificity in predicting post-
16 isolation islet quality and improves the predictive potential for clinical islet transplantation
17 when combined with Edmonton Donor Points/Body Mass Index(BMI)/North American Islet
18 Donor Score(NAIDS). We present this resource of islet-quality-stratified lncRNA
19 transcriptome data and identify *MALAT1* as a biomarker that significantly enhances current
20 selection methods for clinical (GMP)-grade islet isolation.

21
22

1 **Introduction**

2
3 Type 1 Diabetes (T1D) is currently managed via multiple daily insulin injections/continuous
4 glucose monitors. Transplantation of human cadaveric islets is the only approved/healthcare
5 supported cell therapy for T1D in countries such as Australia, Canada, France, Italy,
6 Switzerland and the United Kingdom. In the USA, although islet auto-transplants (in chronic
7 pancreatitis) is reimbursable, islet allo-transplantation in individuals with T1D is only through
8 clinical trials. Usually, costs of islet isolation from a human cadaveric pancreas are very high
9 (~US\$40,000/cadaveric pancreas) due to good manufacturing practice (GMP)-grade
10 reagents/workflows (1) necessary for clinical islet transplantation. Donor characteristics are
11 important in selecting cadaveric pancreas for GMP-grade islet isolation procedures(2). Whilst
12 some studies (3, 4) demonstrated donor body mass index (BMI) as a positive predictor of islet
13 yield, islet viability and insulin secretion, the Collaborative Islet Transplant Registry (CITR)
14 data failed to validate these observations (5). Although older donors tend to yield higher
15 number of islets than younger donors (6, 7), islet function appears to deteriorate with age (8).
16 Therefore, islet isolation centers often face the difficult question if costs/resource-intensive
17 “GMP-grade” (\$40,000) or the less pricy (~\$700) research grade reagents should be used for
18 an available donor cadaveric pancreas. There is a need to identify biomarkers that can predict
19 the quality and not just higher numbers of islets within donor pancreas, prior to undertaking
20 this resource-, time- and costs-intensive islet isolation procedure. Such a biomarker should not
21 only independently predict the quality of islets prior to their isolation from the donor pancreas,
22 but also add value when combined with existing parameters for donor pancreas selection.

23
24 Long non-coding (lnc) RNAs constitute a group of >200 nucleotide long RNA molecules that
25 are not translated into proteins. LncRNAs are associated with different diseases (9, 10),
26 including diabetes (11-14) and are known to orchestrate biologically relevant (15) signalling
27 networks that regulate cell/tissue-specific gene expression (16-18). Recent studies have
28 examined lncRNAs in human pancreatic islets (19-23); one of these landmark studies (22)
29 uncovered human islet-cell lncRNAs that are associated with key pancreatic transcription
30 factors. A recent follow-up study from the same group (19) identified 2,373 β-cell lncRNAs in
31 a pool of 41 human islet preparations. The lncRNA *PDX1-ASI/PLUTO* (19), although
32 expressed at low abundance in human islets, demonstrated a positive correlation with PDX1
33 repression in islets from Type 2 diabetes (T2D) or impaired glucose tolerance (IGT) donors.
34 These studies describe the potential role of lncRNAs in development of IGT or T2D.

1
2 Here, we sought to examine and compare the lncRNA profiles of isolated human islet sample
3 preparations that were stratified into three groups based on their post-isolation islet quality.
4 Whole transcriptome RNA sequencing (RNA-seq) followed by implementation of machine-
5 learning statistical analytical algorithms identified lncRNA candidate biomarkers of islet
6 quality. Next, we validated the expression of these lncRNAs using TaqMan™-based real-time
7 quantitative (q)PCR in 75 additional islet sample preparations. Finally, the potential of these
8 lncRNAs to predict post-isolation islet quality was assessed in 19 donor pancreatic tissue
9 samples. The lncRNA *MALAT1* predicted the quality of islets within the cadaveric pancreas,
10 prior to their isolation. Pancreatic *MALAT1* lncRNA expression alone could predict the
11 suitability of donor pancreas for clinical islet transplantation (ROC curve AUC: 0.83), better
12 than the current BMI-alone criterion (ROC curve AUC: 0.79). A combined mathematical
13 model generated to predict higher islet number (BMI) and better islet quality (*MALAT1*
14 lncRNA expression) delivered higher predictive power (ROC curve AUC: 0.94) that
15 significantly exceeds current practice. When combined with existing pancreas donor scores,
16 such as the North American Islet Donor Score (NAIDS) (24) and/or the Edmonton Donor
17 Points (2), *MALAT1* offered the highest predictive power.

18 We present here our discovery ($n=18$), validation ($n=75$) and prediction ($n=19$) datasets for this
19 first resource of lncRNA expression in human islets stratified on the basis of their post-isolation
20 islet quality. Since tissue quality prediction is of utmost importance in clinical islet
21 transplantation, which currently is the only approved cell therapy for T1D, our study presents
22 molecular tools to advance selection of cadaveric tissues for stratification into GMP-grade
23 workflows.

24

25 **Results**

26 **LncRNA expression profiles are different across groups with varying islet quality**

27 We had access to 93 pancreatic islets samples and 19 human pancreatic tissue samples from
28 the Westmead Islet Isolation Centre(25) (**Supplementary Figure 1**). Based on the results of
29 standard quality control protocols(26), isolated islet samples from each of the pancreas were
30 stratified into three groups (Group 1=high quality/transplantable, 2=Intermediary quality (good
31 quality but low yield) and 3=inferior quality islet preparations). This stratification is performed

1 using their islet quality score (**Supplementary Table 1-3**) derived after assessment of four key
2 post-isolation measurements; (i) islet purity, (ii) islet viability, (iii) β -cell viability and (iv)
3 transplantability (**Table 1**). Human islet samples within Group 2 are also of high quality. These
4 islet samples could not be transplanted in individuals with Type 1 diabetes as the number of
5 IEQs from these isolations were fewer than the desired number (4000IEQ/kg of recipient body
6 weight) for clinical transplantation. We randomly selected 18 islet samples from 3 different
7 groups for high-depth RNA-sequencing (rRNA depletion library construction) using the
8 HiSeq4000 platform. All the samples passed post-sequencing Quality Control (QC) and on
9 average 77,127,891 clean-reads were obtained from these samples of the discovery set. A total
10 of 6,983 annotated lncRNAs and 450 novel lncRNAs were identified (**Supplementary Figure**
11 **2**). An unsupervised hierarchical cluster analysis performed on the annotated lncRNAs
12 revealed that all ($n=5$) of the Group 1 (transplantable) islet samples clustered closely with the
13 intermediary quality Group 2 islet samples ($n=6$), but not with the inferior quality ($n=7$) Group
14 3 islet sample preparations (**Figure 1A**). We then compared the levels/abundance (FPKMs) of
15 all lncRNAs expressed between the three groups of these discovery set islet samples. A
16 significantly large number (246-322) of candidates were identified to be differentially
17 expressed (>2-fold, $P<0.05$) in group-wise comparisons of lncRNAs (**Figure 1B-D**).

18

19 **Penalized regression analyses identify key lncRNAs associated with islet quality**

20 In order to identify key lncRNAs that possess discriminatory capacity to identify the high
21 quality islet sample preparations, we performed penalized logistic/linear regression (PLR)
22 analyses (27). In order to confirm that the outcome of this regression analysis was not a result
23 of the sampling bias, we implemented resampling validation using bootstrapping workflows.
24 These analyses identified 5-10 lncRNAs in each group-wise comparison (**Supplementary**
25 **Table 4**). Of these, Metastasis-Associated Lung Adenocarcinoma Transcript 1 (*MALAT1*) was
26 found to be common and significantly different across all comparisons (**Figure 2A-C**).
27 Intriguingly, two (out of eight) splice variants of *MALAT1* (ENST00000616691.1; denoted
28 henceforth as “*MALAT1*-1.1” and ENST00000619449.1; denoted henceforth as “*MALAT1*-
29 9.1”) were identified to be common in each bootstraps comparing Group 1 islet samples, while
30 another *MALAT1* variant (ENST00000620902.1/“*MALAT1*-2.1”) was identified in
31 comparisons involving Group 3 islet samples (**Figure 2A-C, Supplementary Figure 3**).
32 Receiver Operator Characteristic (ROC) curves for the significantly dysregulated lncRNAs

1 demonstrated the capacity of *MALAT1* variants and GAS5 lncRNAs to stratify islet samples
2 into the relevant groups (**Figure 2D-F**).

3 We also performed penalized linear (islet purity, islet viability, beta-cell viability) or logistic
4 (transplant outcome:Yes/No) regression analyses and bootstrapping on lncRNAs for each of
5 these four parameters. Four *MALAT1* splice variants (*MALAT1*-9.1, *MALAT1*-2.1,
6 ENST00000508832.2/“*MALAT1*-2.2” and *MALAT1*-1.1) were identified to be common across
7 individual penalized regression comparisons (**Supplementary Table 5**) between lncRNA
8 levels and each of the four islet quality score criteria (outlined in **Table 1**). In univariate
9 correlation analysis, the same four *MALAT1* variants showed significant positive correlation
10 with post-isolation islet viability, islet purity or β-cell viability index (**Supplementary Table**
11 **6**). We also identified other novel and annotated lncRNAs that show significance (P<0.05) in
12 univariate analyses for each of the four islet quality score criteria (data not shown). However,
13 these were significantly lower in abundance (at least 10-48 fold less) than the highly abundant
14 *MALAT1* splice variants (*MALAT1*-1.1 and *MALAT1*-9.1). The biological relevance of these
15 low abundance lncRNAs can be the subject of future investigations.

16

17 **The lncRNA *MALAT1* is a potential biomarker for islet isolation outcome**

18 Since high expression of *MALAT1*-1.1 and *MALAT1*-9.1 was identified in Group 1 islet
19 samples, we decided to confirm our findings in a validation set of 75 human islet samples for
20 which all of the relevant information, to categorize them into three groups (Group 1, n=40;
21 Group 2, n=18; Group 3, n=17), as well as RNA for qPCR-based *MALAT1* measurement were
22 available. Although Group 1 islet samples had significantly higher insulin content than Group
23 3 islet samples (**Figure 3A**) the levels of insulin gene transcript (**Figure 3B**) were similar. The
24 inferior quality (Group 3) islet samples had significantly lower levels of *MALAT1* gene
25 transcript (assay-907) (**Figure 3C**), but not the other (assay-177) *MALAT1* gene transcript
26 assay (**Figure 3D**). In order to test if these *MALAT1* variants could be biomarkers of post-
27 isolation islet quality, it was essential to measure *MALAT1* prior to islet isolation. We assessed
28 *MALAT1* levels in a set of 19 (pre-isolation) pancreas samples, where a small piece of tissue
29 was stored from the middle of the pancreas at the time of transection for cannulation, usually
30 close to the duct itself prior to islet isolation. The surgical team isolated islets from each of
31 these 19 pancreatic samples (**Supplementary Figure 1, Figure 3E**) and categorized them into
32 Group 1 or Group 3 islet samples (Group 1=transplantable, n=14; Group 3=non-transplantable,

1 *n*=5) while the lab team assessed the levels of *MALAT1* transcripts (assay-907 and assay-177)
2 in each of the 19 de-identified pancreas samples. ROC curves, based on the pancreatic levels
3 of the two *MALAT1* variants and/or donor BMI returned an AUC of 0.79 for BMI alone, 0.83
4 for both *MALAT1* assays (907 + 177) and 0.94 for both *MALAT1* variants+BMI (**Figure 3F,G**).
5 Since islet isolation centers across the world follow several criteria, we tested if *MALAT1*
6 measurements had any added benefit to current donor pancreas selection score. A combination
7 of *MALAT1* measurements with any of the standard scores, such as Edmonton Donor Points or
8 the NAIDS(24), offers the highest predictive power (**Figure 3G**).

9 The stimulation index for Group 1 islet samples appeared to be higher, although there was no
10 statistically significant difference across the groups (**Supplementary Figure 4A**). Islet
11 samples from the three groups were transplanted under the kidney capsule of diabetic animals
12 and the time for diabetes reversal was monitored to further classify the transplanted animals as
13 “Early” or “Late” responders (**Supplementary Figure 4B**). Higher proportion of mice showed
14 diabetes reversal within the first three weeks post transplantation (Early responders) for Group
15 1 and 2 islets as compared to Group 3 islet recipients (**Supplementary Figure 4C**).

16

17

18 Discussion

19 The present study was designed to generate lncRNA profiles of human islet sample
20 preparations that were stratified based on their post-isolation islet quality. Currently, there are
21 no predictive biomarkers of post-isolation islet quality and data from the CITR (5) have failed
22 to validate the potential of clinical characteristics, such as BMI, in predicting the quality of
23 islet sample preparations isolated from each cadaveric human pancreas. There is a need to
24 identify molecular biomarkers that could allow real-time analysis and prediction of islet
25 quality.

26 Islets were categorized into three groups based on their post-isolation islet quality variables
27 (purity, viability, beta cell viability and transplantability; **Table 1**). The functionality of all
28 isolated human islets was determined using in vitro glucose stimulated insulin secretion (GSIS)
29 assay and in vivo islet transplantation in diabetic mice. The GSIS and in vivo mouse transplant
30 outcomes were included to assess the function of islets from the three different groups
31 (**Supplementary Figure 4A-C**). Intriguingly, majority of the Group 3 islet samples offer a late

1 response (>3 weeks) for diabetes reversal (**Supplementary Figure 4B,C**). Although 71% of
2 Group 1 islet samples (prediction study set) were transplanted into individuals with Type 1
3 diabetes, the beta-scores (28) for these are not shown as most of our islet recipients had a second
4 transplant within three months of receiving their first islet transplant. Thus changes in HbA1c
5 over three months post-transplantation would be confounded as a result of the successive
6 transplant. The current study was not designed/power to predict islet transplantation
7 outcome. This study presents the potential of *MALAT1* variants as a biomarker to help
8 accurately predict the quality of islets before initiating human islet isolation from the pancreas.
9 The prediction of the outcome of islet transplant procedure, is a separate question, which will
10 be the focus of future investigation.

11

12 A recent study demonstrated the potential of assessing insulin immuno-positive area in
13 predicting islet isolation outcomes with 89% sensitivity and 76% specificity (29). Our data
14 demonstrate that *MALAT1* expression alone (AUC: 0.83, maximum specificity of 100% and a
15 sensitivity of 80%) or along with Edmonton Donor Points, BMI and/or NAIDS can accurately
16 stratify donor pancreas to group 1 (transplantable) or group 3 (not transplantable) prior to the
17 initiation of islet isolation. In addition to *MALAT1*, lncRNA such as GAS5 (variant:
18 ENST00000450589.5) may add better discriminatory value to identify the impact of
19 glucocorticoids (30) and stratify Group 2 vs Group 3 human islet sample preparations.
20 *MALAT1* was originally identified to be the most abundant lncRNA in the pancreas (31),
21 purified human islets (19), as well as being highly abundant in purified human β -cells (19).
22 Intriguingly, mouse knockout (KO) of *MALAT1* showed no differences in the histology of
23 pancreas/islets (32, 33), and did not affect the proliferation or viability in hepatocellular
24 carcinoma cells (32). It is currently unclear as to why *MALAT1* is associated with high quality
25 (Group 1) islet sample preparations. *MALAT1* is encoded within an active enhancer cluster
26 offering multiple binding sites for pancreatic islet transcription factors (34). Thus, a possible
27 role of *MALAT1* could be in facilitating (pro-)endocrine gene expression within human islets.
28 Apart from the role of *MALAT1* in islet cells, it is intriguing to note that *MALAT1* is regulated
29 by hypoxia (35-37). Indeed, hypoxia can be a major determinant of post-isolation islet quality
30 (38) and therefore the regulation of *MALAT1* under hypoxic conditions can impact on islet
31 survival. Knock down of *MALAT1* leads to apoptosis (39), whereas increase in *MALAT1*
32 expression has been shown to inhibit apoptosis (40). It can therefore be speculated that islets
33 that do not demonstrate the capacity to upregulate *MALAT1* expression following exposure to

1 hypoxic conditions would be more vulnerable to apoptotic cell death. Therefore, levels of
2 *MALAT1* detected in human pancreas prior to islet isolation may provide a measure of the post-
3 isolation islet quality. Indeed the abundance of the two *MALAT1* variants (*MALAT1*-1.1 and -
4 9.1) negatively correlated with post-isolation islet cell death (**Supplementary Figure 5**).

5 *Our study strengths* are (i) the use of an unprejudiced high depth sequencing platform for
6 human islets from three different groups ($n=18$), (ii) use of sophisticated, unbiased data
7 analytical methods with resampling validation (bootstrapping), (iii) the independent replication
8 of these findings in a separate set ($n=75$) of human islet samples, and (iv) the contribution of
9 *MALAT1* variants to improving the predictive power of Edmonton Donor Points, BMI and/or
10 NAIDS in classifying islet samples from a set ($n=19$) of pre-isolation pancreatic tissue samples.
11 The study limitations are the lack of larger number of matching high quality discovery samples
12 (which we have attempted to address via resampling/bootstrapping strategies) and the need to
13 replicate our findings in independent islet isolation center(s). It is essential to note that *MALAT1*
14 variants alone demonstrate better specificity to predict post-isolation quality of islets, than
15 Edmonton Donor Points, BMI or NAIDS. We do not know whether *MALAT1* can predict
16 clinical outcomes or graft functions after transplant, which would be an interesting question to
17 pursue.

18 The present study identifies lncRNA biomarkers such as *MALAT1*, which could potentially
19 facilitate the prediction of islet isolation quality, within minutes of receiving the cadaveric
20 pancreas. Currently, commercially available kits have been demonstrated (41) to offer the
21 capacity to isolate and directly measure RNA in minutes. Advances in nanotechnology further
22 enable reliable as well as costs- and time-efficient assessment of RNA quantity (42) and can
23 be used to measure biomarker levels (43). Cross-discipline technological advances can be
24 easily used to develop a rapid detection kit, similar to a pregnancy test, for clinical biomarkers
25 (such as *MALAT1* variants). Platforms to measure microRNAs and lncRNAs using nanosensor
26 (44) and photonics-based technologies (45) can detect ultra-low (sub-picomolar to attomolar)
27 levels of ncRNAs from cell-lysates. Since *MALAT1* is a highly abundant lncRNA in human
28 pancreas, the development of such rapid detection tests for *MALAT1* variants is achievable,
29 and is indeed one of our research focus in the coming years. Nanotechnology/photonics-based
30 platforms offer a rapid (2-5 minutes) and low costs (<\$1) method that could improve donor
31 selection and enhance the development of tests that ultimately help us to stratify donors with
32 high accuracy, so as to meet the release criteria for clinical islet transplantation. Since the time
33 from cross clamp at retrieval of donor pancreas to initiating islet isolation is around 9.8 ± 0.179

1 (mean \pm SEM) hours (46), the identification of MALAT1 lncRNA variants allows us sufficient
2 window to use this test that could change current practice. Measurement of MALAT1 variants
3 will improve donor selection whilst offering the other (non-selected) pancreas for research-
4 grade isolation workflows. Our study underscores the importance of existing donor pancreas
5 selection criteria (Edmonton Donor Points, BMI and NAIDS) and presents the added predictive
6 power offered by the new lncRNA biomarkers. As discussed above, although existing criteria
7 (such as donor BMI) may be good estimators of islet number, the measurement of *MALAT1*
8 lncRNA variants in the pancreas provides a ‘readout’ of their quality, significantly increasing
9 the predictive power for selection of donor pancreas in clinical islet transplantation.

10 *Study impact:* The present study provides the capacity to make an informed choice for research
11 or clinical islet isolation workflow. Clinical islet isolation costs using GMP-grade facilities and
12 reagents, and involving screening, organ recovery, transportation and islet preparation is
13 estimated around US\$ 40,000 per preparation (1). Based on CITR data, ~US\$ 97,000,000
14 would have been spent on 2,421 isolations (47) of which, only 750 preparations (48) were
15 deemed to be suitable for human islet transplantation. The current study provides the means to
16 not only direct the best donor tissues for clinical transplants, but also to make appropriate
17 decisions for the less cost-intensive research grade islet isolation workflows. Our data
18 corroborate previous findings indicating the high presence of *MALAT1* lncRNA in islets. The
19 stratification of islets based on the quality of islet preparations help to understand the role of
20 *MALAT1* lncRNA variants as a biomarkers for predicting islet isolation outcome. We also
21 provide the first report of human islet lncRNA expression profiles in quality stratified set of
22 islet samples to the research community through this publication.

23

24 *Data availability:* We intend to replicate these findings at other islet isolation centers and
25 welcome collaborative or independent assessment of our predictive algorithms. All data from
26 our lncRNA-sequencing studies are uploaded to the Gene Expression Omnibus (GEO) database
27 and are available through the study accession # GSE134068. We welcome future collaborations
28 to analyse and validate these in other centers. Such studies through multiple islet isolation
29 centers would help in confirming the potential of these *MALAT1* lncRNA variants in improving
30 the prediction of pancreatic islet isolation procedure.

31

32 **Methods**

1

2 **Human Pancreatic Islets**

3 Human tissue samples were obtained through the human research ethics committee (HREC)
4 approvals X16-0289 (previously X12-0176) and the HREC/12/RPAH/282 at the University of
5 Sydney and research consented-tissues were through the National Islet Transplantation
6 Program at the Westmead Hospital, University of Sydney, Australia (AU
7 RED/HREC/15/WMEAD/284). Pancreatic tissue samples were taken from the middle of the
8 pancreas at the time of transection of the pancreas for cannulation, usually close to the duct
9 itself. Islets were isolated following the standard protocol carried out by the National Islet
10 Transplantation Unit at the Westmead Hospital, University of Sydney, Australia (25). Standard
11 set of donor characteristics were recorded by the team and are used in calculation of the islet
12 quality score (Table 1), Edmonton donor points (2, 6) and the North American Islet Donor
13 Score (NAIDS) (24). Islet samples were categorized into three groups based on their islet
14 quality score and presented in this study as Group 1 (high quality), Group 2 (intermediary
15 quality) and Group 3 (inferior quality) islet sample preparations. In order to compare the
16 predictive power of lncRNA biomarkers along with existing clinical and donor characteristics,
17 we also compared the classification of islet quality based on Edmonton donor points as well as
18 NAIDS.

19

20 **Islet quality Score**

21 Islet quality score (presented in **Supplementary Tables 1, 2, 3**) was mathematically computed
22 as the average score divided by the number of available criteria (**Table 1**) from the scoring of
23 each criteria listed in **Table 1**. The methodology for each of these assessments is provided
24 below:

25 *(i) Post-isolation islet purity*

26 Islet purity was assessed as described elsewhere (49). Briefly, post-isolation islet purity was
27 assessed by using Dithizone stain (3mg/mL). Triplicate aliquots of known volumes are sampled
28 from the final islet cell preparation. The total number of islets counted using standard criteria
29 and percentage of acinar tissue quantified and scored in each of the aliquots (IEQ >4000 IEQ/kg
30 of recipient body weight) as detailed elsewhere (49).

31 *(ii) Post-isolation islet viability*

32 Post-isolation islet viability was determined using fluorescent labelling of cell preparations
33 using DNA-binding dyes, so as to differentiate between live and dead cells. Fluorescein
34 diacetate (FDA; 24µM) and propidium iodide (PI; 750µM) solutions were used to stain 10

replicates of cells with compromised membranes. Westmead Hospital, Australia utilises a cut off of 70% viability as a minimum for release of the product for clinical transplantation. FDA diffuses passively across the cell membrane and is converted to fluorescein by non-specific esterases in the cytoplasm, causing live cells to fluoresce green under a 490nm excitation wavelength. Dead or dying cells have compromised cell membranes and do not show cytoplasmic esterase activity and therefore do not fluoresce green. Counterstaining with PI allows better identification of these dead/dying cells as these cells (nuclei) will take up PI, fluorescing red at 545nm. Triplicate aliquots of a known volume are sampled from the final islet cell preparation and stained with FDA and PI. A total of at least 100 islets are stained and cells counted and quantified as to the percentages of viable (green) versus dead (red) cells. A total accumulated score is then calculated and the mean value taken as the viability score.

(iii) Post-isolation islet β-cell viability index

Flow cytometric assessment was carried out on the human islet cells following an established method developed by Ichii *et al* (50). This method simultaneously determines the β-cell composition, viability and apoptotic cell percentage in enzymatically dispersed single cells from islets. Zinc-binding dye Newport Green (NPG) is used to determine beta cell composition (NPG positive staining), while apoptotic cells were probed using tetramethylrhodamine ethyl ester (TMRE) and the membrane-impermeant 7-aminoactinomycin D (7-AAD) staining (50). Our centre at Westmead Hospital, Australia conducts flow cytometric analysis on islet cells post-culture to determine this beta cell viability index, defined as [% β-cells x % Viable β-cells]/10,000, with indices of 0.5 or higher considered as satisfactory for release for transplantation.

(iv) Transplantability

The suitability of the islet preparation for human transplantation was carried out using the following criteria: The release criteria formally accepted for our program are based on islet count per recipient weight (5,000 – 20,000 IEQ/kg for the first transplant, and 3,000 – 20,000 for following transplants), with purity ≥ 30%, viability ≥ 70%, endotoxin concentration < 5 endotoxin units (EU) per kg recipient weight, and no detectable organisms in a Gram stain prior to transplant, in addition to a glucose stimulation index (ratio of stimulated insulin secretion: basal insulin secretion) > 1 and a beta cell viability index with indices of 0.5 or higher.

32

33 Islet insulin content

1 Insulin content was measured in two replicates for each post-isolation islet preparation. One
2 ml of Azol was added to each replicate prior to sonication. Sonicated aliquots were then mixed
3 with FSA solution and appropriately processed/diluted for total insulin content analysis using
4 manufacturer's method for immunoassay on the Architect (Abbott Diagnostics, USA). Data
5 was normalized to DNA content (Quant-IT Pico Green ds DNA Assay Kit, Life Technologies).
6 Values are presented in total insulin content for the entire islet preparation, after normalizing
7 for amount of DNA.

8

9 **Human islet transplantation into mice**

10 Athymic mice were rendered diabetic with streptozotocin, before transplantation of between
11 2000 to 3000 IEQ of (post-culture) islets beneath the kidney capsule. Blood sugar levels were
12 monitored post-transplant to determine success of islet transplant procedure (defined as either
13 a reduction in non-fasting blood glucose levels to under 11 mmol/L (200 mg/dL), or halving in
14 non-fasting blood glucose levels from the diabetic state, in two successive measurements 48 to
15 72 hours apart). An intraperitoneal glucose tolerance test was conducted 3-4 weeks post-
16 transplant to assess glucose clearance and hence determine if success in islet function was
17 achieved post-transplant.

18

19 **Human islet stimulation index**

20 The functional capacity of human islets was assessed by measuring insulin secretion in
21 response to glucose. Briefly, (post-culture) islets were incubated at 37°C and 5% CO₂ for one
22 hour in RPMI 1640 with either 2.8mM glucose or 25mM glucose. For each islet preparation,
23 six replicates were exposed to 2.8mM glucose and 25 mM glucose. Supernatants were collected
24 and their insulin content was measured using an Architect (Abbott Diagnostics, USA). The
25 stimulation index was calculated by dividing the insulin content from the 25mM glucose
26 incubation sample by the insulin content in the 2.8mM glucose incubation sample. Higher
27 values indicate a better insulin secretion response to glucose stimulation, and therefore a higher
28 functional capacity (26, 51).

29

30 **RNA isolation and QC**

31 Total RNA was isolated from 2000 to 5000 islet equivalent's using the manufacturer's
32 TRIzol® RNA Isolation (Thermo Fisher Scientific, Waltham, MA) protocol with minor
33 modification (52). Details and QC of the selected samples (discovery set, *n* = 18) for RNA-seq
34 are provided in supplemental online material (SOM; **Supplementary Table 7**). RNA integrity

1 number (RIN) was assessed for every sample and only those with a RIN value ≥ 7.4 were taken
2 for discovery analysis.

3

4 **High-depth RNA-sequencing**

5 High-depth RNA-sequencing (rRNA depletion library construction) was carried out using the
6 HiSeq4000, 150 Paired-end (PE) reads platform (Novogene, Beijing, China) on $n = 18$ human
7 pancreatic islet preparations (**Supplementary Table 7**). An input of 3 μ g RNA per a sample
8 was used for sequencing. Epicentre Ribo-zeroTM rRNA Removal Kit (Epicentre, USA) and
9 ethanol precipitation was used to remove the ribosomal RNA and rRNA free residues for each
10 sample respectively. Subsequently, sequencing libraries were generated using the rRNA-
11 depleted RNA with the NEBNext® UltraTM Directional RNA Library Prep Kit for Illumina®
12 (NEB, USA) through following manufacturer's protocol. The clustering of the index-coded
13 samples was performed on a cBot Cluster Generation System using HiSeq PE Cluster Kit cBot-
14 HS (Illumina) following the manufacturer's instructions. After cluster generation, the library
15 preparations were sequenced on an Illumina Hiseq platform and paired-end reads were
16 generated. Fragments Per Kilobase of transcript sequence per Millions base pair sequenced
17 (FPKM) were calculated for both lncRNAs and coding genes in each sample using Cuffdiff
18 (v2.1.1). FPKMs are the means mapped and calculated based on the length of the fragments
19 and read count mapped to this fragment (53). Results are presented in normalized FPKMs
20

21 **RNA-Seq analysis**

22 In-house perl scripts were used to remove reads containing adapter, reads on containing ploy-
23 N and low quality reads from the raw data (reads) leaving only the clean data (reads). The index
24 of the reference human GRCh38 (hg38) genome ([//ftp.ensembl.org/pub/release-82/fasta/homo_sapiens/dna/](http://ftp.ensembl.org/pub/release-82/fasta/homo_sapiens/dna/)) and the GTF files ([ftp://ftp.ensembl.org/pub/release-82/gtf/homo_sapiens/](http://ftp.ensembl.org/pub/release-82/gtf/homo_sapiens/)) were used for annotation (obtained from the genome website) and built
25 using Bowtie v2.0.6. TopHat v2.0.9 was used to align paired-end clean reads to the reference
26 genome. On average 77,127,891 clean-reads were obtained from each of the 18 samples that
27 passed QC in this discovery set. PhyloCSF (phylogenetic codon substitution frequency)
28 (v20121028) was used to identify and distinguish the characteristics to align conserved coding
29 regions (54). Multi-species genome sequence alignments were built and run on phyloCSF with
30 default parameters. Transcripts predicted with coding potential (by all or either of the four tools
31 (CMCI, CPS, Pfam-scan and phyloCSF)) were removed, whilst transcripts without coding
32 potential were identified to be the candidate set of lncRNAs.
33
34

1

2 **Real-time qPCR**

3 High Capacity cDNA reverse transcription kit (Thermo Fisher Scientific, Waltham, MA) was
4 used followed by TaqMan® real-time qPCR for assays. Briefly, synthesis of cDNA from RNA
5 was carried out using the High Capacity cDNA reverse transcription kit (Thermo Fisher
6 Scientific, Waltham, MA). TaqMan® real-time qPCR was performed in 5 μ l reactions using
7 96-well plates with 33.3 ng input cDNA with TaqMan® Fast Universal PCR Master Mix
8 (Thermo Fisher Scientific, Waltham, MA). Selected TaqMan® primer/probe gene expression
9 assays are provided in **Supplementary Table 8**. We used two different *MALAT1* gene
10 transcript assays (907 and 177), which span different regions of the human *MALAT1* gene.
11 *MALAT1* gene transcript assay-907 captures the *MALAT1* variants-9.1 and -2.1, whilst
12 *MALAT1* gene transcript assay-177 only covers *MALAT1* variant-1.1. Results were normalized
13 to 18s rRNA values. Real-time quantitative PCR was carried using the ViiA7 platform (Thermo
14 Fisher Scientific, Waltham, MA).

15

16 **Statistics**

17 All statistical analyses were performed using GraphPad Prism V7 (GraphPad Software), SPSS,
18 R glmnet, penalized or corrrplot packages. A two-tailed distribution, with two-sample unequal
19 variance Students *t* test was used to compare specific lncRNAs between two groups for the
20 RNA-seq data. To identify a subset of lncRNA presenting strongest associations with the three
21 categorized groups of islet preparations, L1-penalized logistic/linear regression (Lasso)
22 techniques were used, as described elsewhere (27). The lncRNAs identified by Lasso analyses
23 were confirmed by resampling validation/bootstrapping analyses (for 1000 iterations). During
24 bootstrapping, ~37% of samples were randomly removed and the same number of different
25 (randomly selected) samples duplicated so that the total number of samples remained same in
26 each of the 1000 iteration. Resampling validation was an important part of the process so as to
27 eliminate any sampling bias. A Wilcoxon P-value cut-off of P>0.5 was also applied in each
28 iteration. Univariate logistic and linear regression was carried for each comparison to examine
29 the association of each independent variable with outcome. A one-way ANOVA test with
30 multiple comparisons was used for all group comparisons for the qPCR data. R-scripts for the
31 above machine-learning algorithms would be made available following publication.

32

33 **Study approval**

1 Human tissue samples were obtained through the human research ethics committee (HREC)
2 approvals X16-0289 (previously X12-0176) and the HREC/12/RPAH/282 at the University of
3 Sydney and research consented-tissues were through the National Islet Transplantation
4 Program at the Westmead Hospital, University of Sydney, Australia (AU
5 RED/HREC/15/WMEAD/284).

6 Animal studies were approved by the animal ethics committee (AEC) (protocol 4198.10.12
7 and 5146.10.17).

8

9 **Author contributions:**

10 WKMW: Data analysis, experimentation, write up, revision. GJ, AES, RCM, LTD:
11 Biostatistics, data analysis/validation, interpretations. CLM, YVC, DL, LW, PO'C, WJH: Data
12 analysis, interpretation, islet isolation/banking. AAH, MVJ: study design, guarantors of the
13 work, data analysis, interpretations and manuscript writing and revision. All authors agreed on
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15

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22

23

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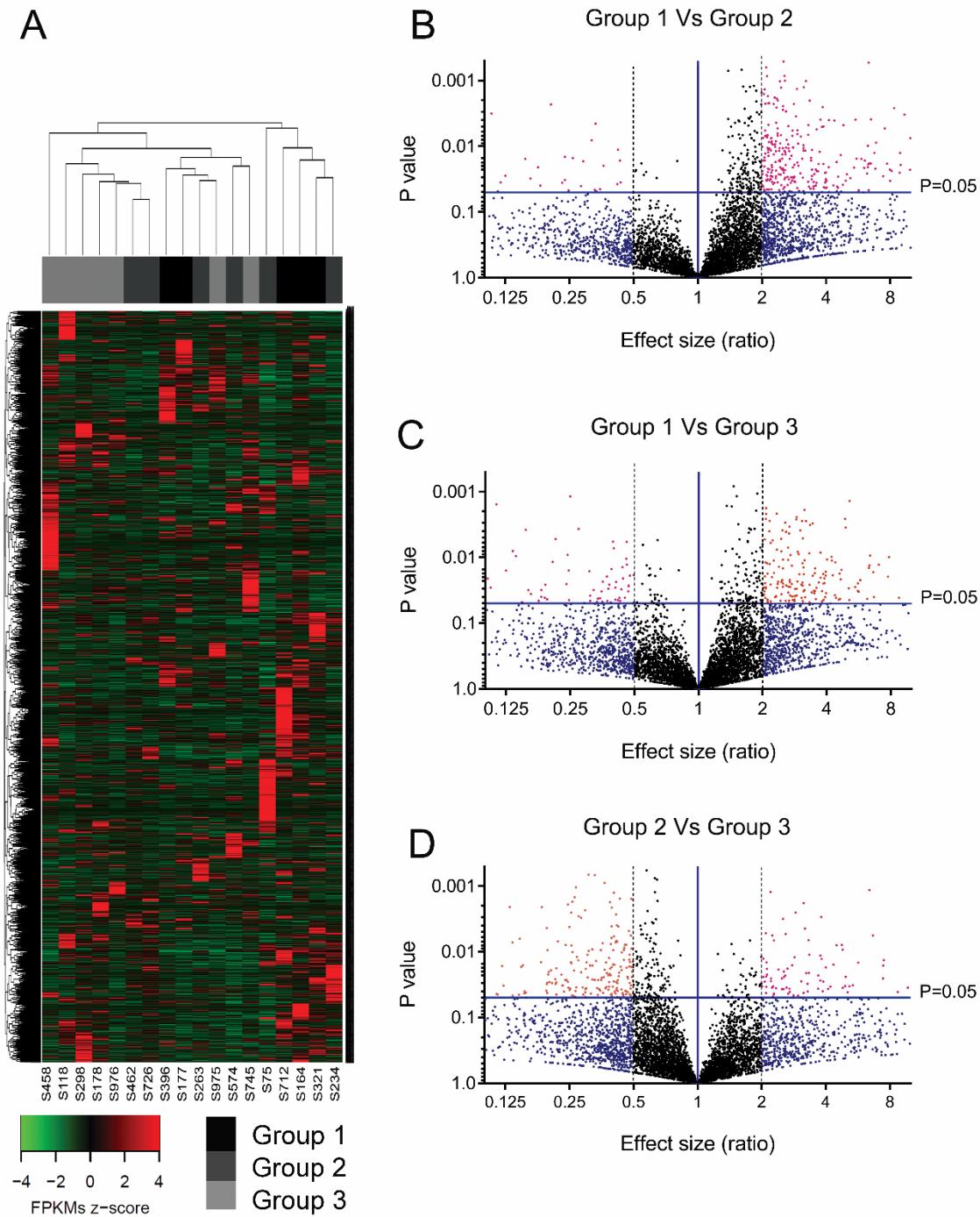
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43

44

1 **Figures and figure legends:**



2

3 **Figure 1:** (A) Unsupervised hierarchical euclidean (complete) cluster heatmap of the annotated
4 (6721) lncRNAs in $n=18$ human islets, categorised into three groups. (B-D) Volcano plot of
5 annotated lncRNAs in the human islets categorized Group 1 vs Group 2 (B), Group 1 vs Group
6 3 (C) and Group 2 vs Group 3 (D). The effect size differences are depicted on the X-axis while
7 the $-\log_{10}$ P-value is depicted on the Y-axis. The horizontal blue line represents the significant
8 P-value=0.05, while the vertical blue line represents no difference.

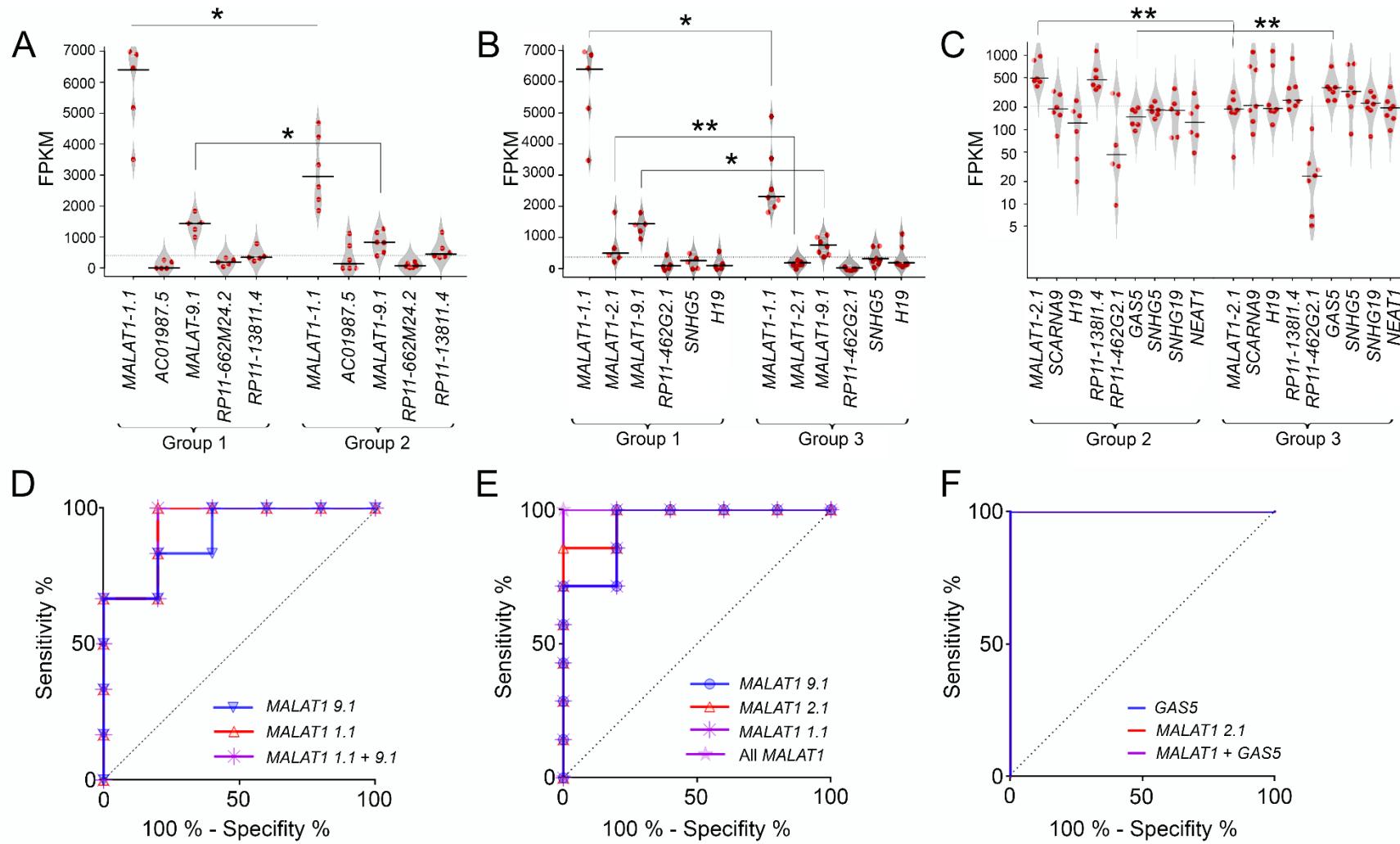


Figure 2: Penalized regression analysis and bootstrapping was performed on the (6,983) annotated lncRNAs and the identified lncRNAs across all group-wise comparisons ($n=18$ human islet samples, categorised into three groups) are presented in A-C; A) Group 1 vs Group 2; B) Group 1 vs Group 3 and C) Group 2 vs Group 3. (see Supplementary Table 4 for details; unequal variance Students t test was used. Note: The lncRNA

AC010987.5 was present at very low FPKMs and hence not shown in Panel C). A * represents $P<0.05$ and ** represents $P<0.01$. Each red dot presents individual islet preparation, the horizontal line represents mean while the polygons represent the estimated density of data (scatter plot). Two-tailed distribution, with two-sample unequal variance Students *t* test was used to identify the difference for each lncRNA between each group-wise comparison. ROC curve: **D)** Group 1 vs Group 2: *MALAT1*-1.1, *MALAT1*-9.1 and both *MALAT1* variants (9.1+1.1); **E)** Group 1 vs 3: *MALAT1*-1.1, *MALAT1*-2.1, *MALAT1*-9.1 and all of the above three *MALAT1*(1.1+2.1+9.1); **(F)** Group 2 vs 3: GAS5 (ENST00000450589.5), *MALAT1*-2.1 and both; GAS5+*MALAT1*-2.1.

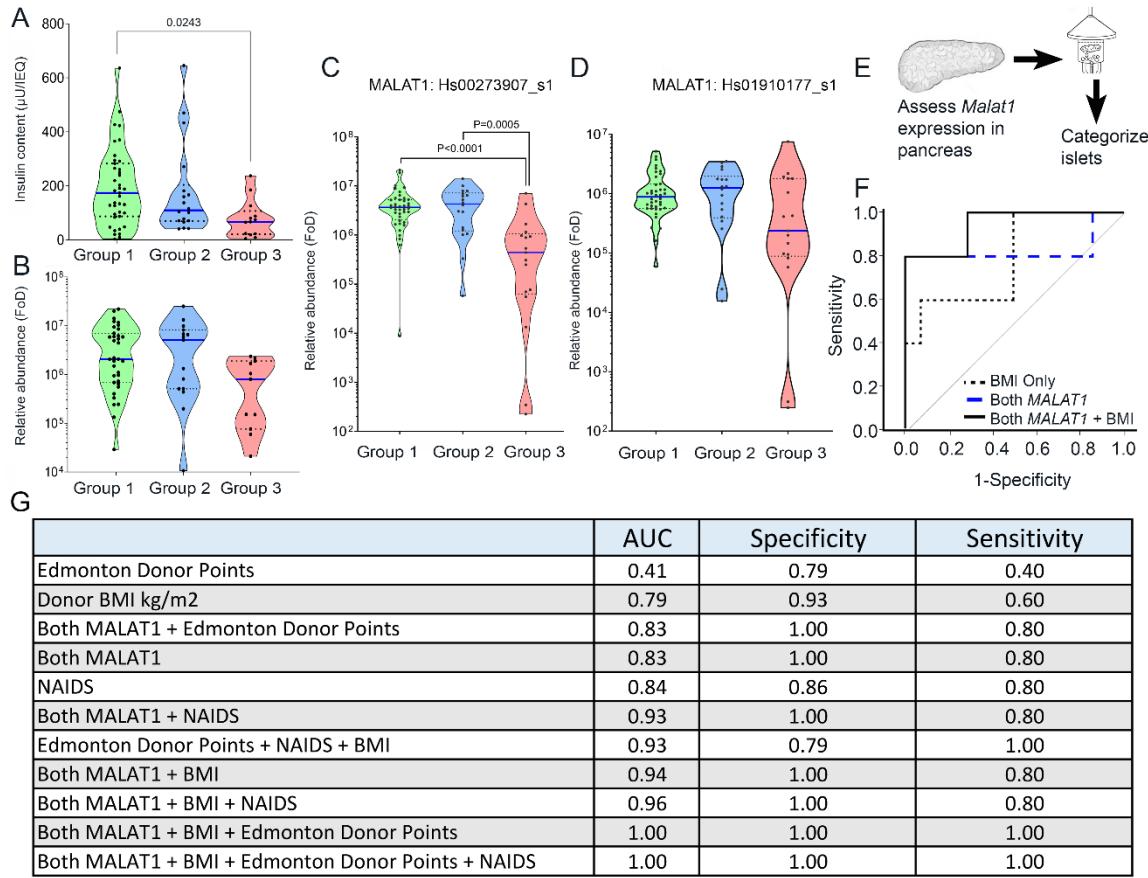


Figure 3: The three categorized human islet sample groups in the validation set ($n=75$) were assessed for **A**) insulin content levels **B**) (pro-)insulin transcript levels, **C,D**) *MALAT1* lncRNA expression (using qPCR primer/probe assay Hs_00273907 and Hs_01910177 respectively) targeting the two different variants of *MALAT1* lncRNA. To test the difference between the three categorised groups, non-parametric one-way ANOVA was used and significant P-values, adjusted for multiple comparisons are reported. Panel A-D: Each dot in the violin plot represents a different islet sample preparation. Horizontal solid blue line represents median for each group, the horizontal dotted line represents quartiles, while the polygons represent the density of individual data points and extend to min/max values. **E**) *MALAT1* lncRNA qPCR was carried prior to islet isolation and **F,G**) ROC curve for *MALAT1* lncRNA and/or donor characteristics (BMI, Edmonton Donor Points or NAIDS) of pancreas tissue samples ($n = 19$) to stratify post-isolation islet quality (Group 1 vs Group 3).

Table

Criteria assessed			
Post-isolation islet purity (%)	Post-isolation islet viability (%)	Post-isolation islet β -cell viability index	Transplantability: Transplantable (Yes/1), Not transplantable (No/3)
Score of 1 = 81-100	Score of 1 = 95-100%	Score of 1 = 0.5-1.0	Score of 1 = YES
Score of 2 = 61-80	Score of 2 = 85-94%	Score of 2 = 0.2-0.49	No Score
Score of 3 = \leq 60	Score of 3 = \leq 84	Score of 3 = <0.2	Score of 3 = NO

Table 1: Categorization of islet sample preparations into three groups was carried out by the surgical/islet isolation team based on the donor characteristics, procurement characteristics and isolation characteristics. The isolation characteristics represent islet quality, which is derived through measurement of post-isolation islet viability, purity, β -cell viability and transplantability. The transplantability is based on donor characteristics (the Edmonton donor points) and the availability of a sufficient number (4,000 IEQs/kg of recipient body weight) of isolated islet yield). The categorization of islets into three groups is a novel aspect of this paper and the isolation team adapted the following procedure for categorization. A measurement range of the four isolation characteristics were used to assign a criterion score (1, 2, 3) to each islet preparation and this is presented in the respective columns. For islet isolation outcome, islets were either scored as 1 (Transplantable) or 3 (not transplantable). Criteria scores were used to calculate a “weighted islet quality score” using the following formula: Weighted islet quality score = A / C, wherein “A” = Average of the criteria scores, and “C” = Number of available criteria. For example, an islet sample preparation may have scores of 1 (if post-isolation islet purity is 85%), a score of 2 (if post-isolation islet viability is 89%), a score of 1 (if post-isolation islet β -cell viability index is 0.75) and a score of 1 (if that islet preparation was suitable for clinical transplantation). For this sample the value of A in the above formula would be = $((1+2+1+1)/4) = 1.25$ and C = 4. The islet quality score therefore would calculate to be = $1.25/4 = 0.3125$. A weighted score system was used as some islet preparations did not have measurements for all of the four isolation characteristics. In this case, the islet isolation team compared procurement and donor characteristics (including well-known contributing factors such as cold/warm ischaemia: see **Supplementary Table 1-3**) to assign a final category score to the islet preparation. For example, an islet sample preparation may have scores of 1 (if post-isolation islet purity is 85%), a score of 2 (if post-isolation islet viability is 89%), no data for post-isolation islet β -cell viability index and a score of 3 (if that islet preparation was unsuitable for clinical transplantation). For this sample the value of A in the above formula would be = $((1+2+3)/3) = 2$ and C =

3. The islet quality score therefore would calculate to be $=2/3= 0.667$. These islet scores were then rounded off to second decimal and classified into respective groups as per pre-defined cut-off values: Group 1 islet samples had an islet quality score ≤ 0.55 , Group 2 islet samples had an islet quality score >0.55 but ≤ 0.85 whilst Group 3 islet samples had an islet quality score >0.85 . All of the scoring and categorization of islets into Group 1, Group 2 or Group 3 was carried independent of the measurements of lncRNA in these samples. The molecular biomarkers team was blinded to this information.