

1 **Supplementary methods**

2 **βCTx ELISA.** βCTx ELISA was obtained from MyBiosource.com (MBS763315) and
3 performed according to manufacturer's instructions.

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5 **Na⁺ measurements in the skin.** After 72 h at 90°C we determined the dry weight
6 (DW) of the samples. We then ashed the tissues at 190° and 450° C for 24 h and at
7 600° C for 48 h and then dissolved the ashes in 5% HNO³. We measured Na⁺
8 concentration by atomic adsorption spectrometry (Model 3100, Perkin Elmer,
9 Rodgau, Germany).

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11 **Electrolyte and osmolality measurements.** Femur bone marrows of 22-weeks-old
12 mice were flushed with a certain amount of H₂O_{dd}. Wet weight of the flushed cells
13 was determined and samples were stored at 4°C until analysis. K⁺ was measured by
14 atomic absorption spectrometry after appropriate dilution (Model 3100, Perkin Elmer).
15 Cl⁻-concentration was assessed by titration with 0.1N silver nitrate (Model Titrand,
16 Metrohm, Filderstadt, Germany). Osmolality of bone marrow was measured using a
17 vapour pressure osmometer (5500 Wescor Inc.) that had been calibrated with
18 appropriate standards.

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20 **Cultivation of bone-marrow-derived macrophages.** Bone marrow (BM) was
21 isolated from the tibia and femur of FVB/N mice by flushing the bone with 10 ml
22 sterile PBS. BM cells were centrifuged for 5 min at 1,400 rpm and erythrocytes were
23 lysed by using 5 ml haemolysis puffer (0.15 M NH₄Cl, 0.01 M KHCO₃, 0.1 mM EDTA
24 pH 8.0) for 5 min at room temperature. After that time 10 ml PBS were added and
25 cells were centrifuged for 5 min at 1,400 rpm. Cells were resuspended in 10 mL α-

26 MEM supplemented with 10% FBS (P30-3306, PAN-Biotech, Aidenbach, Germany),
27 1% L-glutamine (SH30034.01, GE Healthcare Europe, Munich, Germany), 1%
28 antibiotics/ antimycotics (A5955, Sigma-Aldrich, Munich, Germany) and 30 ng/ ml M-
29 CSF (576404, Biolegend, San Diego, US) and cultivated for 4 h under normal cell
30 culture conditions. After that time, we centrifuged non-adherent cells for 5 min at
31 1,400 rpm and counted them. Approximately 5×10^6 cells were seeded on a \varnothing 10 cm
32 cell culture plate and incubated for 4 days in α -MEM (supplemented as described
33 above). After that time BM-derived macrophages were seeded out for experiments in
34 α -MEM (10% FBS, 1%L-glutamine, 1% antibiotics/antimycotics, M-CSF (30 ng/ ml),
35 supplemented with RANK-L (50 ng/ ml, 577102, Biolegend, San Diego, US) for 5
36 days with or without additional 40 mM NaCl to allow osteoclastogenesis. After that
37 time we analysed gene expression *Nfat5* and osteoclast-specific genes (*Acp5*, *Ctsk*,
38 *Mmp9*, *Oscar*), TRAP in the supernatant and performed CaP resorption assays.

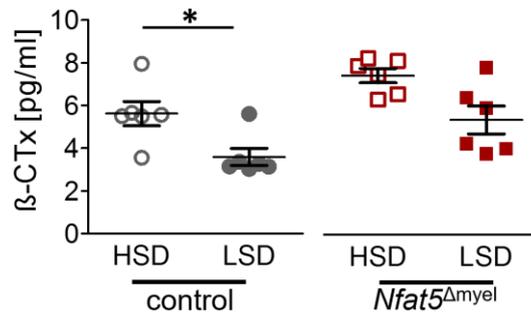
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40 **Lactate dehydrogenase (LDH) assay.** For cytotoxicity assessment, we performed
41 LDH assays (04744926001, Roche, Mannheim, Germany) using respective cell
42 supernatants of all groups according to the manufacturer's instructions. To determine
43 the maximum releasable LDH activity in the cells (high control) we added 20 μ l lysis
44 solution to the cells and incubated for 15 min at room temperature. We mixed 100 μ l
45 of the supernatant with 100 μ l of freshly prepared LDH solution (22 μ l catalyst mixed
46 with 1 mL dye) and incubated for 30 min at room temperature in the dark. Then we
47 added 50 μ l of stop solution and measured absorbance at 490 nm (LDH activity) with
48 an ELISA reader (Multiscan GO Microplate Spectrophotometer, Thermo Fisher
49 Scientific), subtracting background absorbance at 690 nm.

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51 **Supplementary Figures**

52 **Supplementary Figure 1:**

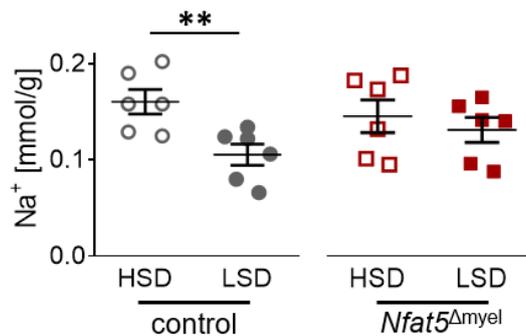


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54 **Supplementary Figure 1:** β -CTX levels in serum after HSD or LSD treatment in *Nfat5* Δ myel
55 mice and littermate controls (n = 6 per group). * $p \leq 0.05$. **Statistics:** unpaired, two-tailed
56 Student's t-test.

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58 **Supplementary Figure 2:**

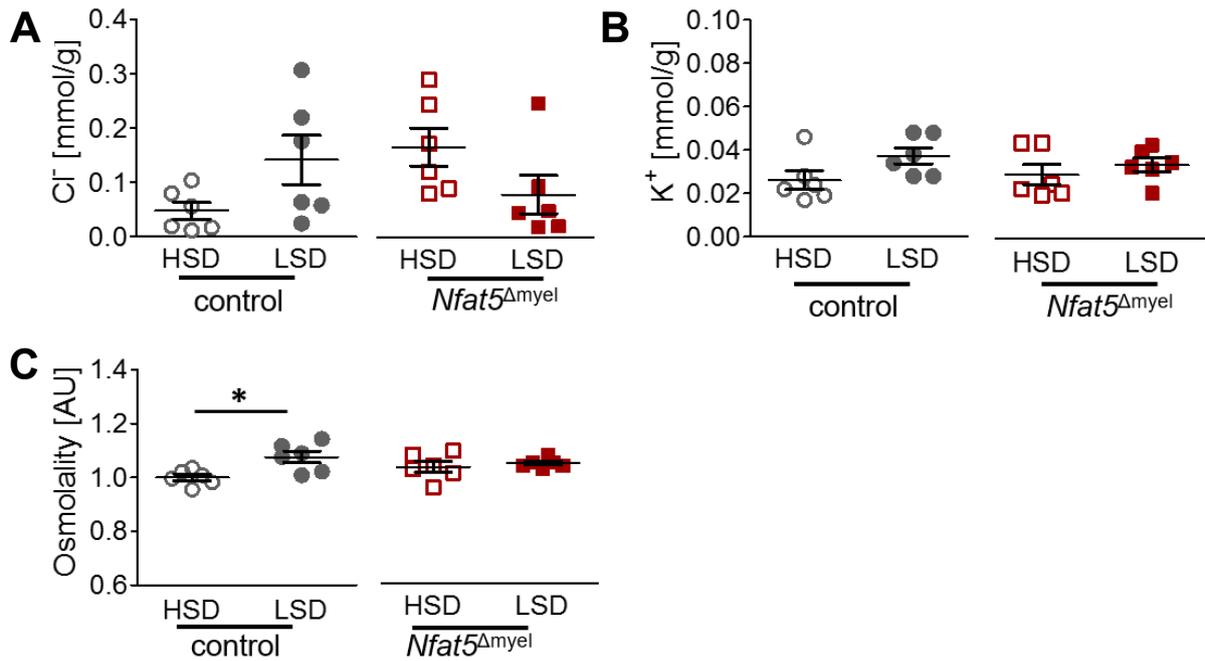


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60 **Supplementary Figure 2:** Na^+ -content in skin after HSD or LSD treatment in *Nfat5* Δ myel mice
61 and littermate controls (n=6 per group). ** $p \leq 0.01$. **Statistics:** unpaired, two-tailed Student's t-
62 test.

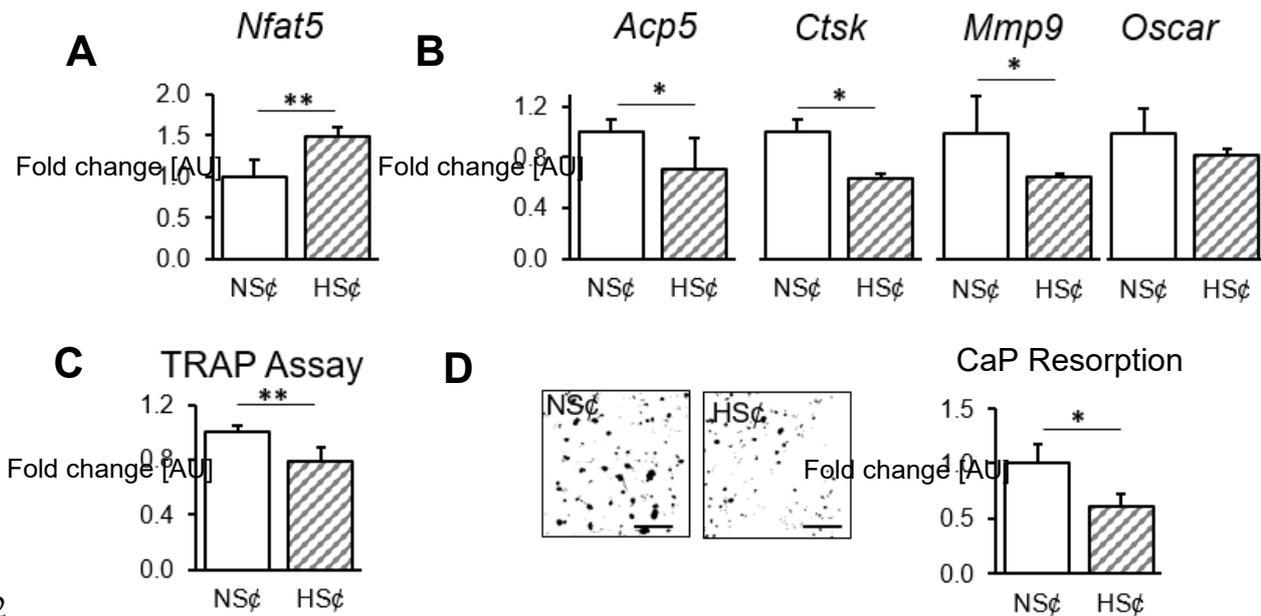
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64 **Supplementary Figure 3:**



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67 **Supplementary Figure 3:** Cl⁻ (A) and K⁺-content (B) and osmolality (C) in bone marrow
68 after HSD or LSD treatment in *Nfat5*^{Δmyel} mice and littermate controls (n=6 per group).
69 *p≤0.05. **Statistics:** unpaired, two-tailed Student's t-test.

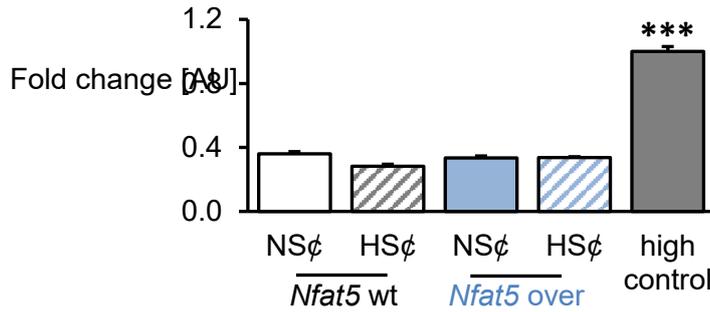
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71 **Supplementary Figure 4:**



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73 **Supplementary Figure 4: High salt (HS ζ) prevented osteoclastogenesis of BM-derived**
74 **macrophages. (A)** *Nfat5* mRNA expression under normal salt (NS ζ) or HS ζ conditions. (B)
75 Expression of osteoclast-specific genes in BM-derived cells after NS ζ or HS ζ . (C) TRAP
76 assay of the supernatants of indicated samples. (D) Representative pictures of CaP
77 resorption assay. Resorbed CaP areas appear as black gaps. Quantification of CaP
78 resorption assay using ImageJ. [AU] arbitrary units; *p≤0.05, **p≤0.01. **Statistics:** unpaired,
79 two-tailed Student's t-tests.

80 **Supplementary Figure 5:**

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83 **Supplementary Figure 5: High salt conditions revealed no cytotoxic effect on *Nfat5*-wt**
 84 **of *Nfat5*-over cells.** To test cytotoxicity of HSφ we performed LDH assays with cell culture
 85 supernatant after 5 d NaCl treatment (n = 6). ***p≤0.001. **Statistics:** Welch-corrected
 86 ANOVA with Games-Howell post-hoc-tests.

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89 **Supplementary Figure 6:**

90 GTCTGGGTTTGGTGTCTGCGTGTGGGATAGTTCCCCAGGTGGGGCCGTCTCTGGA **GGGCC****TTTCC**TCAGTCTGT
 91 GTTCCATTCTTTGTCCCCATATTTCCCTTTAGACAGAAGCAATTCTGGGTAAACTTTTGAAGATGGGTGTGTGGT
 92 CCCATCAACTGAGGGGCCATTCTTAACCTCTCGATATGATCTCCACA **GGGCA****TTTCC**TATAAAGACCCTCATCAA
 93 TGGAAATGGGTGAGTGGGACAATTGAGGATCTTTTCATCTCAAAGTCTTAATCTAATTACATCAACAGAGTTCT
 94 CTTTTTTAAATGAAGTAACATGTACATGGTCTCAGGATTATGATATAAATGAAATGATGTGAGGACAACCGACAA
 95 CCCAGTTGATATATCTACCTTCCCCTTACCGCCTTTTCTCTTTTTAAGAGTTAGGTAGTGCAGTTTTTCATTTCTT
 96 CCAGTCAGGAGCATAATTTGGTCTTCTGATGTGGTGGTGTCACTTATAACTTGTTCATCTATACACCAATCCG
 97 GACTTCAGAAATTCTCCAGTTTCTTATATAGAAAAACAATCACTTTG **GAGAT****TTTCC**TGGCCACATCTCTTCA
 98 TCTCTAAAAGTTTTTTACAGCGTAGCCCAGGATTTTGTATTTTAAACAACCTTAGATGTTTGTGGTGATCAAAG
 99 ATGAACAGGCAAACCTGTAAGCCAGTAAGCCTAATAATGTCTTGTTCAAATAAAAAACAAGAGTAAAAAGAA **ATG**

100 **Supplementary Figure 6: *Opg* promotor region with three putative NFAT5 binding sites.**