

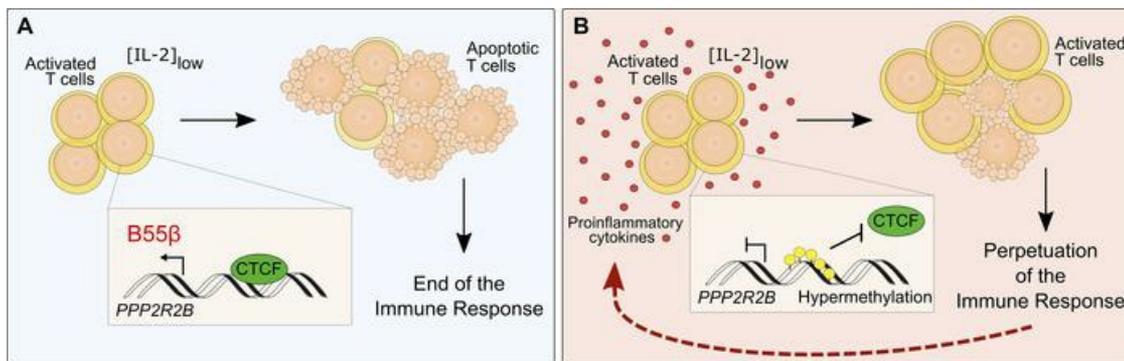
PPP2R2B hypermethylation causes acquired apoptosis deficiency in systemic autoimmune diseases

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PPP2R2B hypermethylation causes acquired apoptosis deficiency in systemic autoimmune diseases

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Abstract

Chronic inflammation causes target organ damage in patients with systemic autoimmune diseases. The factors that allow this protracted response are poorly understood. We analyzed the transcriptional regulation of *PPP2R2B* (B55 β), a molecule necessary for the termination of the immune response, in patients with autoimmune diseases. Altered expression of B55 β conditioned resistance to cytokine withdrawal-induced death (CWID) in patients with autoimmune diseases. The impaired upregulation of B55 β was caused by inflammation-driven hypermethylation of specific cytosines located within a regulatory element of *PPP2R2B* preventing CTCF binding. This phenotype could be induced in healthy T cells by exposure to TNF- α . Our results reveal a gene whose expression is affected by an acquired defect, through an epigenetic mechanism, in the setting of systemic autoimmunity. Because failure to remove activated T cells through CWID could contribute to autoimmune pathology, this mechanism illustrates a vicious cycle through which autoimmune inflammation contributes to its own perpetuation.

Introduction

A common hallmark of systemic autoimmune diseases is the loss of immune tolerance and the development of a chronic autoimmune response revealed by the presence of autoantibodies and increased numbers of activated T cells (1). The factors that underlie chronic immune activation are poorly understood, but constant and ubiquitous presence of antigens and regulatory T cell dysfunction have been proposed to contribute (2). Patients in which regulatory mechanisms are in place tend to have milder disease. For example, patients with systemic lupus erythematosus (SLE) whose T cells exhibit a gene expression profile indicative of exhaustion have a better prognosis than patients with no transcriptional signs of T cell exhaustion (3, 4). Therefore, a better understanding of the mechanisms that limit the magnitude and length of immune responses and the identification of those that fail during autoimmunity is warranted.

PP2A is an ubiquitously expressed serine/threonine phosphatase involved in a large number of fundamental cellular processes, including apoptosis (5). PP2A is a heterotrimeric enzyme composed of a highly conserved catalytic subunit (PP2A C), a scaffold subunit (PP2A A), and a variety of regulatory subunits (PP2A B) that associate with the PP2A A/C heterodimer in a mutually exclusive manner. The regulatory subunits of PP2A are particularly relevant, because they determine the specificity and subcellular location of the holoenzyme (6). PP2A B55 β (henceforth referred to as B55 β) is induced in activated T cells by cytokine deprivation and its presence is necessary and sufficient for T cells to undergo cytokine withdrawal-induced death (CWID) through poorly understood mechanisms (7). The expression of B55 β , tightly regulated at the transcriptional level, is deficient in patients with SLE whose T cells are resistant to apoptosis (7). Thus, failed induction of B55 β could contribute to the perpetuation of T cell activation in patients with SLE.

The phenotype and behavior of T cells from patients with autoimmune diseases is grossly abnormal and, in many cases, altered gene expression has been identified as a culprit (8). Genome-wide association studies (GWAS) have linked a number of loci with different autoimmune diseases (9). This has allowed the identification of genes whose abnormal expression might be facilitated by risk-conferring genetic variants (10). Because immune cells dramatically modify their transcriptional profile in response to environmental stimuli, it has been hard to distinguish the contribution of pre-existing genetic variants from the effects imposed by an abnormal milieu. It is reasonable to assume that the behavior of immune cells represents the result of repetitive adaptations to the environment, biased in a qualitative and quantitative manner by the genetic elements variably present in each individual.

In this work, we have investigated the mechanisms that underlie defective B55 β expression in patients with SLE and other autoimmune diseases. We have analyzed the genetic and epigenetic factors that regulate the transcription of *PPP2R2B*, the gene that encodes B55 β . We provide data that demonstrates that, in patients with systemic autoimmune diseases, *PPP2R2B* transcription is affected by an epigenetic mechanism driven by inflammation that hampers the binding of CCCTC-binding factor (CTCF) to its target region. Moreover, we show that defective expression of B55 β can be induced in healthy T cells by the action of a pro-inflammatory environment. Our results illustrate how a pathological milieu can affect T cell behavior, generating a vicious cycle that perpetuates autoimmunity.

Results

The regulation of B55 β expression is altered in patients with autoimmune diseases

B55 β is induced by cytokine withdrawal in activated T cells from humans and mice (7). Its expression is necessary and sufficient for T cells to undergo cytokine withdrawal-induced death (CWID) (7). To explore this mechanism in humans with autoimmune diseases, we isolated peripheral blood T cells from healthy donors (HD) and patients with systemic lupus erythematosus (SLE), rheumatoid arthritis (RA), and primary Sjögren's syndrome (SS) (Table S1). T cells were activated in vitro with plate-bound anti-CD3 and anti-CD28, and expanded in the presence of IL-2 (11). Ten days after activation, cells were counted, washed, and resuspended in fresh RPMI devoid of IL-2 (Figure S1). To examine the kinetics of B55 β transcription, RNA was isolated from T cells before (Basal) and after IL-2 deprivation and RT-qPCR was performed. Expression of B55 β in activated T cells blasts before IL-2 withdrawal was similar between HD and patients with RA and SS. However, B55 β mRNA abundance was significantly lower in patients with SLE than in HD (0.50 fold, $P=0.024$; Figure 1A). As expected, two days after IL-2 withdrawal, B55 β levels had increased ~3-fold in HD, but remained low in patients with SLE (0.36 fold compared to HD, $P=0.002$). The kinetics of B55 β expression were conserved in patients with SS, who in fact had higher levels than HD 48 h after IL-2 deprivation, whereas T cells from patients with RA exhibited a small increase in B55 β that was not statistically different than the response of HD (Figure 1A). When B55 β mRNA levels were paired to compare the response of each individual sample to IL-2 withdrawal, HD and patients with SS exhibited the expected behavior, as B55 β levels increased 2.27 ± 0.35 fold ($P=0.005$) and 3.36 ± 0.76 fold ($P=0.007$), respectively. However, the response of B55 β to IL-2 withdrawal was heterogeneous in patients with SLE and RA; although the gene was induced in some samples, it showed no response in T cells from a large fraction of the patients (Figure 1B and C). As a result, the mean B55 β mRNA abundance was not statistically different before (Basal) and after IL-2 withdrawal (SLE, $P=0.066$; RA, $P=0.064$) (Figure 1B). To assess the incidence of impaired B55 β induction in response to IL-2 withdrawal, we divided the samples into three groups: (a)

normal B55 β induction, defined as an increment of >1.5 fold at 24 h of IL-2 deprivation; (b) no change, defined as B55 β levels between 1.5 and 0.5 fold at 24 h of IL-2 deprivation; (c) decrease, defined as B55 β levels <0.5 fold at 24 h of IL-2 deprivation. As shown in Figure 1C, IL-2 deprivation induced an increase in B55 β expression in 70% of healthy donors, but only in 52% of patients with RA, 50% of patients with SLE, and 58% of patients with SS. Moreover, whereas B55 β levels decreased only in one (out of 20) healthy donors, they decreased in 19%, 25%, and 16% of patients with RA, SLE, and SS, respectively. These differences were statistically significant (Figure 1C).

Defective B55 β regulation is associated with impaired cytokine withdrawal-induced death (CWID)

To determine the functional effects of the abnormal B55 β expression kinetics, we analyzed apoptosis induced by cytokine withdrawal (CWID) in T cells from HD and patients with autoimmune diseases (AID). Cells from patients with systemic AID exhibited a tendency to die less when subjected to CWID. This was particularly obvious when CD4⁺ and CD8⁺ T cells were analyzed separately (Figure 2A). To determine whether defective induction of B55 β , significantly more common in T cells from patients with AID, was involved in resistance to apoptosis, we divided the samples from the patients into two groups: (a) those with normal induction (>1.5 fold) of B55 β 24h after IL-2 withdrawal; (b) those with defective induction. As shown in Figure 2B, T cells from patients that displayed a normal B55 β upregulation underwent apoptosis with identical kinetics than cells from HD. In sharp contrast, defective B55 β induction was associated with marked resistance to CWID. In concordance, a positive correlation between B55 β induction at 24 h and T cell apoptosis at 48 h was observed (Figure 2C, $r=0.39$, $P=0.004$).

Collectively, these results indicate that the correct regulation of B55 β during cytokine withdrawal is essential for activated T cells to undergo apoptosis and that defective expression of this molecule is involved in T cell resistance to apoptosis in the setting of AID.

The length of the CAG repeat element of PPP2R2B is normal in patients with AID

In humans, *PPP2R2B*, the gene that encodes B55 β , is located in the long arm of chromosome 5. There are no reports of associations between *PPP2R2B* genetic variants and AID. However, the gene contains a CAG trinucleotide in its 5' untranslated region (UTR) that has been reported to affect the abundance of the B55 β transcript (12). In fact, expansions of the CAG trinucleotide cause type 12 spinocerebellar ataxia, a rare neurodegenerative disease (13), probably by facilitating expression of B55 β in neurons (12, 14). In concordance, shorter alleles with 5 to 7 CAG repeats have been associated with decreased B55 β expression and linked to Alzheimer's disease in Taiwanese patients (15). Therefore, the available data suggest that the length of the CAG repeat element in the 5' UTR of *PPP2R2B* modulates the cellular abundance of B55 β .

To determine whether the defective expression of B55 β in T cells from patients with AID was related to the presence of short CAG repeat alleles, we quantified the number of CAG repeats in HD and in patients with SLE and RA (Figure 3A). As shown in Figure 3B, the CAG repeat allele frequency was not different between HD and patients with AID and was similar to the distribution reported in healthy populations (13). Of note, we did not detect any allele with less than 9 repeats (Table S2). Moreover, when we compared the allele frequency between individuals with normal and defective B55 β induction, no differences were observed (Figure 3C). These results indicate that the defects in B55 β upregulation in response to IL-2 deprivation are not caused by contraction of the CAG repeat element in patients with systemic AID.

Patients with SLE and RA exhibit high levels of PPP2R2B CpG methylation

PPP2R2B contains a relatively large CpG island that encompasses its first exon and 5' UTR as well as parts of the adjacent first intron (Figure 4A). The regulatory importance of this region is further suggested by the presence of two areas that exhibit DNase I hypersensitivity in human T cells (16). Local CpG methylation has been associated with impaired B55 β expression in human colorectal cancer (17). Therefore, we hypothesized that methylation of the *PPP2R2B* CpG island could inhibit B55 β transcription in T cells from patients with AID.

To test this hypothesis, we performed methylation-sensitive PCR (MS-PCR), in which two sets of primers are used to interrogate the local methylation status in bisulfite-converted genomic DNA. One set of primers will only amplify when local cytosines were not methylated (U) and the other will only amplify when cytosines were methylated (M) (17). The ratio of the products of each reaction is an indicator of local methylation. As shown in Figure 4B, DNA from T cells obtained from HD amplified almost exclusively with primers specific for unmethylated DNA (U). In contrast, bands of variable intensity were detected when DNA from patients with SLE and RA was used, indicating the presence of local cytosine methylation (Figure 4B). Densitometric analysis revealed that DNA from patients with SLE and RA had significantly higher *PPP2R2B* CpG methylation than HD (HD 4.9 ± 1.3 vs. SLE 27.2 ± 4.2 , $P=0.0002$; HD vs. RA 19.2 ± 5.1 , $P=0.02$, Figure 4C).

These results indicate that cytosine methylation is increased at the level of a conserved regulatory region of the *PPP2R2B* gene in patients with AID and suggest that transcription of B55 β may be inhibited by this epigenetic mechanism in T cells in the setting of autoimmunity and/or systemic inflammation.

Methylation status of specific CpGs modulates B55 β induction in response to cytokine withdrawal

To determine the contribution of individual cytosines to the regulation of B55 β expression in patients with AID, we generated 5 sets of primers designed to quantify CpG methylation at the single base level using pyrosequencing (18) (Figure 5A). We observed that in HD, the level of methylation throughout the CpG island is highly variable, ranging from 5 to 30%. However, the methylation of individual cytosines tended to be consistent among different donors. We compared the methylation of each CpG between HD and patients with RA and SLE. Methylation of the cytosines comprised within the first amplicon (Amp), the one most proximal to the *PPP2R2B* first exon, was significantly higher in patients with AID than in HD (AID vs. HD, $P=1.5 \times 10^{-5}$). The differences were also significant when patients with RA (RA vs. HD, $P=6.5 \times 10^{-6}$) or SLE were analyzed separately (SLE vs. HD, $P=1.0 \times 10^{-4}$). No differences were observed in CpG methylation in Amps 2 to 5 between patients with AID and HD (Figure 5B and C).

Unsupervised hierarchical clustering, considering relative methylation of cytosines comprised within Amps 1-3, segregated the samples into three clusters (Figure S2). Except one, all HD were included in Clusters 1 and 2. In contrast, more than half of patients were allocated to Cluster 3 ($P<0.001$, Figure S2). This clustering, however, did not discriminate between donors with normal and abnormal induction of B55 β . Because most differences were observed at the level of Amp 1, we applied unsupervised hierarchical clustering to the samples according to methylation of Amp 1 (Figure 5D). Two clusters were distinguished: Cluster 1 with low methylation and Cluster 2 with higher methylation. Except one, all HD were allocated to Cluster 1 ($P<0.001$). In this case, the clustering also segregated samples according to B55 β induction (B55 β expression 24h after IL-2 withdrawal). All but 3 samples from Cluster 1 exhibited normal B55 β induction following IL-2 deprivation ($P<0.001$) (Figure 5D and E).

Collectively, these data indicate that, in human T cells, local CpG methylation exerts a regulatory influence on *PPP2R2B* transcription and indicate that under pathological autoimmunity, increased CpG methylation impedes B55 β expression.

Systemic inflammation is associated with PPP2R2B hypermethylation

Because defective B55 β expression was not linked to a genetic variant, but rather to an epigenetic modification present in roughly 50% of patients with systemic autoimmunity (Figure 1C), we hypothesized that inflammation may influence *PPP2R2B* transcription by modifying the local epigenetic landscape. To assess the relationship between systemic inflammation and methylation of the *PPP2R2B* CpG island, we compared the erythrocyte sedimentation rate (ESR) between patients with SLE and RA segregated to Clusters 1 and 2 (Figure 5D). As shown in Figure 6A, ESR was significantly higher in patients from Cluster 2 than in patients from Cluster 1 (32.1 ± 8.0 vs. 6.7 ± 1.4 , $P=0.01$). In fact, all patients from Cluster 1 had normal levels of ESR, whereas 70% of patients from Cluster 2 had high ESR ($P<0.001$, Fisher's exact test). Moreover, a significant correlation between ESR and *PPP2R2B* methylation was observed (Figure 6B; $r=0.758$, $P=0.01$). In accordance to these findings, all patients with active RA (DAS28 >2.6) were included in Cluster 2, while the only two patients allocated to Cluster 1 were in clinical remission at the time of sample collection, with DAS28 scores lower than 2 (Figure 6C) (19). When we analyzed patients with SLE, we could not find any correlations between *PPP2R2B* methylation and disease activity (assessed by SLEDAI) (20) or target organ involvement (Figure 6D and data not shown).

TNF- α promotes PPP2R2B methylation and impairs CWID

The robust relationship between systemic inflammation and *PPP2R2B* hypermethylation suggested that pro-inflammatory cytokines may mediate the epigenetic changes observed at the *PPP2R2B* locus. To explore this possibility, we activated T cells from HD in the presence of different cytokines (Figure 7A). We chose TNF- α , IFN- α , IL-6, IL-21, and IL-17 because they have been found to be abnormally increased in patients with RA and/or SLE (21, 22). Compared to T cells activated and expanded with only IL-2, T cells exposed to pro-inflammatory cytokines, except IL-17, acquired resistance to CWID (Figure 7B). However, qPCR revealed that B55 β induction in response to cytokine withdrawal was not affected by IFN- α , IL-6, and IL-17, and was augmented in cells exposed to IL-21. In sharp contrast, TNF- α significantly decreased basal levels of B55 β and dampened its upregulation in response to cytokine deprivation (Figure 7C). These results indicate that inflammatory cytokines can promote resistance to apoptosis induced by cytokine withdrawal through different mechanisms and suggest that TNF- α may do so by repressing B55 β expression.

Because TNF- α could inhibit B55 β transcription by inducing local CpG methylation, we analyzed the methylation of the CpGs from Amp 1 in healthy T cells exposed to TNF- α and IL-21 and compared it to T cells expanded in IL-2. As shown in Figure 7D and E, TNF- α significantly increased *PPP2R2B* methylation at the level of the Amp 1. In contrast, IL-21 had no effect.

PPP2R2B hypermethylation inhibits CTCF binding to its target region

To clarify the mechanism by which *PPP2R2B* methylation prevents B55 β expression in T cells deprived of IL-2, we analyzed the sequence of Amp 1 using the Tomtom motif comparison tool (23) (Figure 8A). A putative binding site for CTCF was detected in Amp 1 ($P=2e^{-04}$; Figure 8B). CTCF can act as a transcriptional activator or repressor, or as an insulator depending on the genomic context. Moreover, its binding is affected by local DNA methylation status (24). To determine

whether CTCF binds to the *PPP2R2B* promoter in activated T cells, we performed chromatin immunoprecipitation (ChIP)-qPCR assays. To this end, we compared local CTCF binding in healthy T cells activated and expanded in the absence or presence of TNF- α . As shown in Figure 8C, CTCF was found bound to the sequence of Amp1 in activated T cells. However, exposure to TNF- α significantly reduced its binding.

Next, we compared the binding of CTCF to the *PPP2R2B* in T cells isolated from HD and patients with AID. As shown in Figure 8D, abundance of CTCF at the *PPP2R2B* promoter was significantly lower in T cells from patients with RA and SLE than in T cells from HD. These results suggest that CTCF bound to the *PPP2R2B* promoter may facilitate B55 β expression and that the inflammatory milieu associated with systemic autoimmunity may interfere with its binding through methylation of the *PPP2R2B* promoter region.

Discussion

Here, we show that B55 β expression is altered in patients with systemic AID and that such defect is associated with resistance to CWID. Additionally, we provide evidence to demonstrate that the impaired upregulation of B55 β in response to cytokine deprivation is caused by hypermethylation of specific cytosines located within a regulatory element of *PPP2R2B* that prevents the binding of CTCF. Finally, we identify systemic inflammation as a factor strongly associated with *PPP2R2B* hypermethylation and demonstrate that a pro-inflammatory cytokine is able to induce *PPP2R2B* epigenetic remodeling and resistance to CWID in healthy T cells. Collectively, our results reveal a gene whose expression is affected by an acquired defect through an epigenetic mechanism, in the setting of systemic autoimmunity. Because failure to remove activated T cells through CWID could

contribute to autoimmune pathology, this mechanism represents a vicious cycle through which autoimmune inflammation contributes to its perpetuation (Figure 9).

Current paradigms assume that risk-conferring genetic variants contribute to the development of AID by promoting pathogenic responses when triggered by environmental factors (e.g. viruses) (10). *PPP2R2B* has not been associated with any autoimmune disease and therefore defects in its transcriptional regulation could not be attributed to pathological genetic variants in linkage disequilibrium with common single nucleotide polymorphisms. Because *PPP2R2B* contains a variable length CAG repeat element that affects the expression of B55 β (12), we sought associations between failed mRNA upregulation and differences in CAG(*n*). These were not found, suggesting that a fixed genetic element did not underlie the defective expression of B55 β .

Methylation of cytosines located in CpG islands (i.e. CpG-rich areas of the genome) exerts suppressive effects on the transcription of neighboring genes (25). Because a substantial proportion of the causality of AID remains unexplained by risk loci identified in GWAS, efforts have been made to determine the role of epigenetic variation in autoimmune conditions (26). In fact, altered patterns of DNA methylation have been observed in patients with SLE (27, 28) and RA (29), suggesting that gene expression could be altered in patients with AID in an acquired manner. Inflammation is known to affect the phenotype and behavior of lymphocytes and other immune cells through epigenetic remodeling during acute immune responses induced by infectious agents (30, 31), but little is known about the effects imposed by chronic inflammation in the setting of AID. It is reasonable to assume that the abnormal phenotype exhibited by immune cells from patients with systemic autoimmune diseases could be caused by the superimposition of inflammation-induced epigenetic modifications on disease-associated genetic variants. Here, we have identified a gene that becomes silenced in patients with AID and have shown that the

resulting phenotype –resistance to CWID- can be induced in healthy T cells by exposure to the pro-inflammatory cytokine TNF- α .

We observed differences in the frequency of the B55 β induction defect between the three systemic autoimmune diseases that we studied. We believe that these do not result from differential epigenetic regulation, but rather reflect qualitative and quantitative differences in the systemic inflammation of patients with SLE, RA, and SS. This argument is based on the following: (a) there are no genetic associations between *PPP2R2B* and these three autoimmune diseases; (b) careful examination of the *PPP2R2B* CpG methylation status did not reveal disease-specific defects; (c) there is a robust association between systemic inflammation and *PPP2R2B* methylation; (d) the epigenetic changes induced by TNF- α in T cells from healthy donors were indistinguishable from the findings in T cells from patients with autoimmune diseases.

TNF- α has a well-established pathogenic role in RA and its therapeutic blockade represents an effective therapy able to decrease disease activity (32) and induce clinical remission (33). In SLE, serum levels of TNF- α have been associated with disease activity (34), and TNF- α signaling has been proposed to contribute to inflammation at the level of specific tissues, in particular the kidney (35). Our results show that methylation at the *PPP2R2B* locus is associated with presence of AID and also with systemic inflammation, manifested by high ESR. In patients with RA, where disease activity is closely associated with systemic inflammation, we observed a robust correlation between DAS28 and *PPP2R2B* hypermethylation. These data are concordant with the capacity of TNF- α to induce epigenetic changes and repression of B55 β transcription. On the other hand, SLE is a heterogeneous disease less strongly associated with inflammation. Although our sample size is limited, we did not observe any correlation between SLE disease activity and *PPP2R2B* methylation. However, B55 β expression and epigenetic landscape were clearly different between

SLE patients and healthy donors. This suggests that other autoimmunity-associated factors, aside from systemic inflammation, may modulate *PPP2R2B* transcription. Of note, we found no correlation between the induction of B55 β , CWID, or *PPP2R2B* methylation patterns and demographic or clinical parameters, including age, gender, and medications, however, the number of patients included in this study precludes us from establishing definitive conclusions in this regard.

CTCF is a ubiquitously expressed transcription factor that has been implicated in inflammatory processes. In CD4⁺ T cells, CTCF regulates the expression of IL-21 (36) and promotes the DNA hydroxymethylation of *SOCS1* in cells of patients with SLE (37). In hippocampal neurons, lack of CTCF is associated with the dysregulation of a wide range of inflammation-related genes (e.g. *Ccl2*, *Ccl3*, *Cd14*, *Ptgs2*, *Tlr2*), suggesting that this transcription factor curbs neurological inflammation (38). In our study we demonstrated that CTCF binds to the *PPP2R2B* promoter allowing the expression of B55 β during IL-2 withdrawal. The autoimmune environment limits the binding of CTCF, probably through local DNA methylation and therefore B55 β transcription is impaired. These data support a methylation-sensitive association of CTCF with the *PPP2R2B* promoter.

Apoptosis represents a fundamental process that controls T cell numbers and activity. Throughout their lifespan, T cells rely on the presence of different stimuli to inhibit apoptosis and survive (39). Resting cells (naïve and memory) require low-affinity TCR signaling and the presence of pro-survival cytokines (e.g. IL-7). In contrast, activated T cells are highly susceptible to apoptosis induced through Fas and triggered by cytokine withdrawal (CWID) (40). Here, we show that CWID in activated T cell blasts from HD and patients with AID is highly dependent on B55 β . Freshly isolated human CD4 T cell subsets (i.e. naïve, effector memory, and central memory) express relatively low levels of B55 β . In contrast, B55 β expression in previously activated CD8 T cells is higher than in naïve CD8 T cells (Figure S3). TCR-mediated activation induces the downregulation

of B55 β . This may facilitate cell cycle entry and/or promote the metabolic changes associated with blast transformation. The importance of B55 β in regulating T cell quiescence and its role in defining the susceptibility to CWID in different T cell subsets is the focus of active investigation.

The relationship between PP2A and apoptosis has been known for a long time (6, 41). PP2A can activate a number of pro-apoptotic molecules including FoxO1 (42) and members of the Bcl-2 family (41). However, the mechanisms through which induction of B55 β triggers apoptosis is not understood and, in general, little is known about how specific PP2A holoenzymes affect apoptosis and how different PP2A regulatory subunits modulate this process. B55 β is particularly interesting, because it is modulated at the transcriptional level. In contrast, most PP2A B subunits are constitutively expressed and regulated at the posttranslational level (7). B55 β is downregulated by TCR signaling and its de novo synthesis, induced by cytokine withdrawal, is intimately associated with apoptosis (7).

Apoptosis of activated T cells represents an essential process through which the immune system eliminates expanded clones of effector cells that are no longer needed. This allows the immune system to return to its basal state and to rebalance its T cell receptor repertoire (43). The correct termination of immune responses diminishes the risk of immunopathology and autoimmunity that activated T cells entail. CWID is considered the main trigger of T cell death during the contraction phase that curtails clonal expansion and, accordingly, genetic defects in molecules involved in CWID have been associated with autoimmunity (44). Defects in T cell apoptosis have been documented in patients with SLE (7, 45, 46) and RA (47) through different mechanisms. Our data illustrate a mechanism through which apoptosis resistance can be acquired by activated T cells through the epigenetic remodeling of the *PPP2R2B* locus. This phenomenon could contribute to the increased abundance of activated T cells observed in SLE and RA (48, 49).

In summary, our work identifies a mechanism through which chronic inflammation affects the expression of a gene that plays a central role during the termination of the immune response. This illustrates how a pathological environment can affect in a noxious manner the behavior of T lymphocytes amplifying inflammation and contributing to the continuation of pathological autoimmunity.

Methods

Patients and healthy donors

Peripheral blood samples were obtained from healthy donors (HD, n=25) and patients with SLE (n=34), RA (n=28), and SS (n=24). The study was approved by the IRB of the Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán (IRE-1805). All participants signed informed consent forms. Patients with SLE fulfilled the 1997 ACR classification criteria (50), patients with RA fulfilled the 2010 ACR/EULAR classification criteria (51), and patients with SS fulfilled the 2016 ACR/EULAR classification criteria (52). Age- and sex-matched healthy volunteers with no family history of autoimmune diseases were recruited as controls. The clinical and demographic characteristics of the study participants are summarized in Supplementary Table S1.

Isolation and expansion of T cells

Peripheral blood mononuclear cells (PBMCs) were obtained by Ficoll gradient centrifugation. T cells were separated from PBMCs by negative selection using MagniSort Human T cell enrichment kit (Thermo Fisher Scientific). Purity was >96% in all cases. One million T cells were activated in the presence of plate-bound anti-CD3 (BioXCell, OKT3, 5 µg/mL) and anti-CD28 (BioXCell, clone 9.3, 2.5 µg/mL), in 0.5 mL of RPMI (Sigma) supplemented with 10% FCS (Gibco) and penicillin/streptomycin, at 37°C in an atmosphere of 5% CO₂. Three days later, cells were transferred into a new plate, culture medium was doubled, and IL-2 (Peprotech, 100 U/mL) was added. Every 48 hours, supplemented RPMI and IL-2 were added, until Day 10 (Supplementary Figure 1). For T cell activation and expansion in the presence of pro-inflammatory cytokines, one

of the following was included from Day 0: IFN- α (Biolegend, 1,000 U/mL), IL-6 (Peprotech, 25 ng/mL), IL-21 (Peprotech, 25 ng/ mL), TNF- α (Peprotech, 20 ng/mL), or IL-17A (Peprotech, 5 ng/mL).

Apoptosis detection

At Day 10 of activation, cells were washed and replated in fresh supplemented RPMI, free of IL-2 (0.5×10^6 cells/mL). Apoptosis was assessed immediately (Basal) and after 24 and 48 hours of IL-2 deprivation. Apoptosis was defined as Annexin V (Biolegend) binding in the absence of membrane permeability to DAPI or SytoxOrange (Thermo Fisher). Apoptotic CD4⁺ and CD8⁺ T cells were quantified by flow cytometry (anti-CD4, clone RPA-T4; anti-CD8, clone RPA-T8, Tonbo). Data were acquired in an LSR Fortessa cytometer (BD Biosciences) and analyzed using FlowJo (Tree Star, Inc.).

B55 β expression

Total RNA was extracted from T cell blasts before (Basal) and after (24 and 48 h) IL-2 withdrawal using TRIzol (Thermo Fisher). cDNA was generated from 1 μ g of RNA using High-Capacity cDNA Reverse Transcription Kit (Thermo Fisher). SYBR Green–based real-time quantitative PCR was performed in triplicate using a QuantStudio 7 Flex Real-Time PCR System (Applied Biosystems). Ct values were normalized against *ACTB*. Results are expressed as Δ Ct. Primer sequences are provided in Supplementary Table S3.

DNA extraction and bisulfite conversion

To obtain DNA, 0.8 mL of lysis buffer (PK 1X buffer (0.075M NaCl, 0.024M EDTA, pH = 8), 10 mg/mL proteinase K, and 5% SDS) was added to each sample and incubated at 55° C overnight. Samples were centrifuged and supernatants were transferred to a new tube and 0.2 mL of 6M NaCl was added, vortexed, and centrifuged for 10 min. The supernatant was recovered and 0.5 mL of absolute ethanol was added and mixed by inversion. One mL of cold 70% ethanol was added to the DNA pellet, centrifuged and allowed to dry. The DNA pellet was resuspended in 0.1 mL of

DNase-free water and stored at -80° C until use. For DNA bisulfite conversion, 1 µg of genomic DNA was processed using EpiTect Bisulfite Kit (Qiagen), following the instructions of the supplier.

Quantification of CAG repeat frequency

Analyses of the *PPP2R2B* repeat length was performed by fragment length analysis. PCR was performed using previously reported primers (13) provided in Supplementary Table S3. Each reaction was performed with 0.30 ng of DNA using HotStarTaq Master Mix following the instructions of the supplier (Qiagen) and an optimized 58°C touchdown protocol. One µL of the amplified fragment, 17.6 µL of HiDi formamide, and 0.4 µL of the GeneScan-500LIZ standard size were mixed, denatured for 5 min, and immediately chilled on ice for a few minutes before fragment analysis. Analysis was performed in an AB 3500 Genetic Analyzer using the POP7 polymer. The fluorescent fragments were analyzed automatically using the SizeColler database v.1.1.0 and manually with GeneMapper v.5.1.

Methylation-specific PCR

Previously described primers (17), specific for the CpG island of the *PPP2R2B* promoter were used to amplify bisulfite-modified DNA (Supplementary Table S3). PCR was performed on 30 ng of converted DNA, using HotStarTaq Master Mix. The PCR product was run on a 2% agarose gel, stained with ethidium bromide and visualized in a transilluminator. The relative quantification of bands, unmethylated (U) and methylated (M) alleles, was done using ImageJ64.

Pyrosequencing

Five sets of primers, specific for the CpG island promoter sequence of *PPP2R2B* were designed using the PyroMark Assay Design 2.0 program (Qiagen). A PCR reaction (20 µL total) was performed using PyroMark PCR Kit (Qiagen) on 2 µL of bisulfite-converted DNA. Three µL of each amplicon were analyzed by electrophoresis on a 2% agarose gel. The remaining product was mixed with binding buffer and sepharose beads with streptavidin, incubated 15 min under constant agitation, washed with 70% ethanol, and denatured with Pyromark denaturing solution. Hybridization was performed with the dilution sequencing probe in alignment buffer for 2 min at

80° C. The test was performed on a PyroMark Q24 pyrosequencer and analyzed in the Q24 2.0 program (Qiagen). The primer sequences (amplification and sequencing) are provided in Supplementary Table S3.

Chromatin Immunoprecipitation (ChIP)

T cells (2.5×10^6) were fixed with 1% formaldehyde and neutralized by adding 0.125 M glycine. The cells were then lysed (25 mM Tris pH7.5, 150 mM NaCl, 5mM EDTA, 0.1% Triton X-100, 1% SDS, 0.5% deoxycholate, plus protease inhibitor cocktail (Roche)) and sonicated to obtain soluble chromatin with a length of 200-400 pb. ChIP was performed using an anti-CTCF antibody (07-729, Millipore). Immunoprecipitated chromatin was incubated with proteinase K (2 mg/mL) and RNase A (5 mg/mL) during 2 h at 37° C followed by 65° C overnight. Then, chromatin was cleaned and concentrated using ChIP DNA Clean & Concentrator kit (D5205, Zymo Research). Eluted DNA was subjected to RT-PCR amplification. The primer sequences are provided in Supplementary Table S3.

Statistics

Statistical analyses were performed using GraphPad Prism 6.0 (GraphPad Software, La Jolla, CA). Data are represented as mean \pm standard error of the mean (SEM). Mann Whitney test or Student's *t*-test (2-tailed) were used for comparisons between groups. One-way ANOVA was used to determine statistical differences among three groups and two-way ANOVA between groups with more than 2 variables; statistical test correction was applied as indicated in the figure legends. P values less than 0.05 were considered significant.

Study Approval

This study was approved by the IRB of the Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán (IRE-1805). All participants signed informed consent forms.

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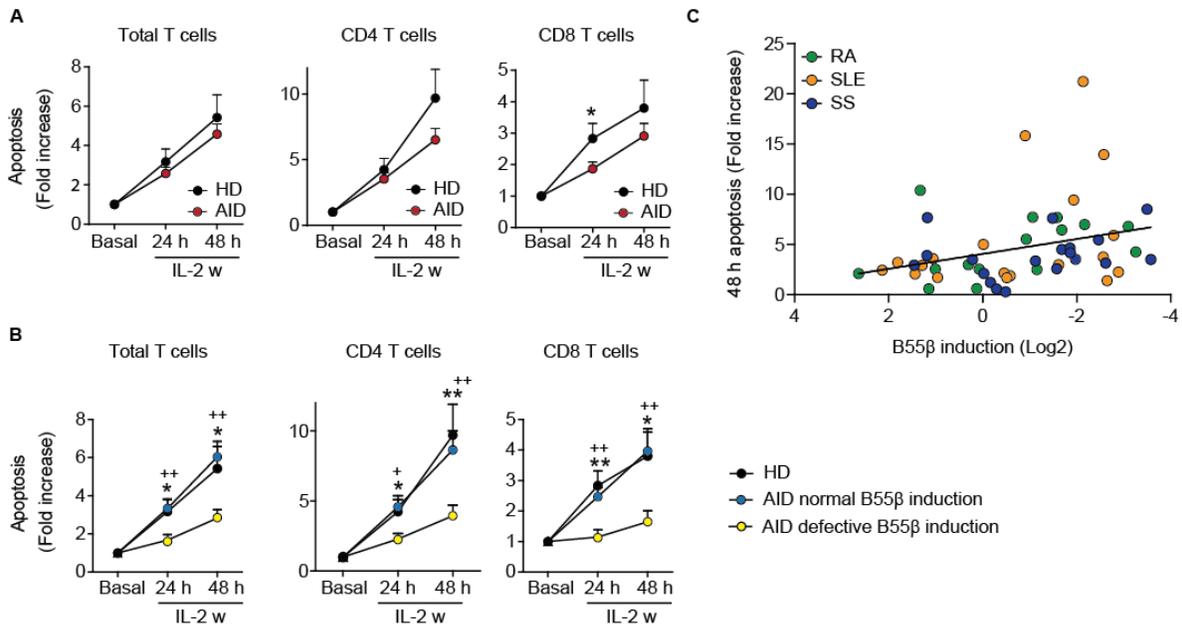


Figure 2. Cytokine withdrawal-induced death (CWID) is impaired in T cells that fail to upregulate B55 β . **(A)** Apoptosis was quantified by flow cytometry in activated T lymphoblasts from patients with AID and HD, before (Basal) and after IL-2 withdrawal (24 and 48 h). Results are expressed as mean + SEM of Annexin V⁺ DAPI⁻ cells. * $P < 0.05$, T test (HD $n = 19$; AID $n = 59$). **(B)** Apoptosis was compared in T cell subsets from HD ($n = 19$) and from patients with AID with normal ($n = 30$) or defective ($n = 25$) B55 β upregulation at 24 h of IL-2 w. + $P < 0.05$ vs. HD; ++ $P < 0.01$ vs. HD; *** $P < 0.001$ vs. AID with normal B55 β induction, two-way ANOVA with Bonferroni posttest. **(C)** Correlation between B55 β induction at 24 h (Fold change over Basal) and T cell apoptosis at 48 h (Fold change over Basal). Spearman $r = 0.39$, $P = 0.004$. Abbreviations: Autoimmune diseases, AID; IL-2 w, IL-2 withdrawal.

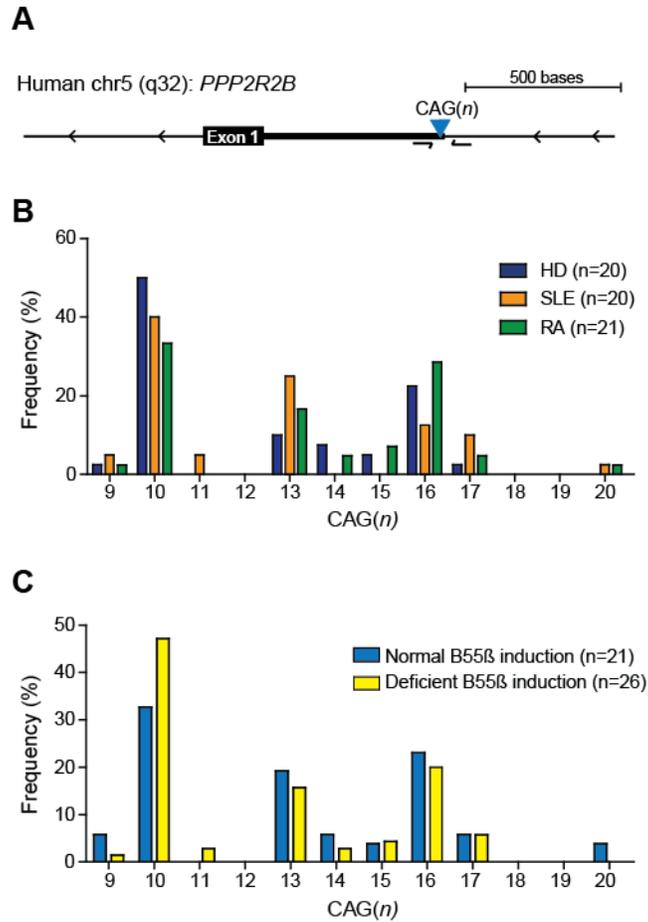


Figure 3. Defects in B55 β upregulation are not caused by expansion or contraction of the CAG trinucleotide repeat in *PPP2R2B*. **(A)** Schematic representation of the genomic location of the first exon and 5' untranslated region (UTR) of *PPP2R2B*. The location of the CAG repeats and of the primers used to quantify the number of repeats in each individual are indicated by an inverted triangle and by arrows, respectively. **(B)** The distribution of allele length in healthy donors (HD) and patients with SLE and RA is shown (HD $n=20$; SLE $n=20$; RA $n=21$). **(C)** CAG repeat length in individuals that exhibit normal vs. abolished upregulation of B55 β during cytokine withdrawal was compared (Normal B55 β induction $n=21$; deficient B55 β induction $n=26$).

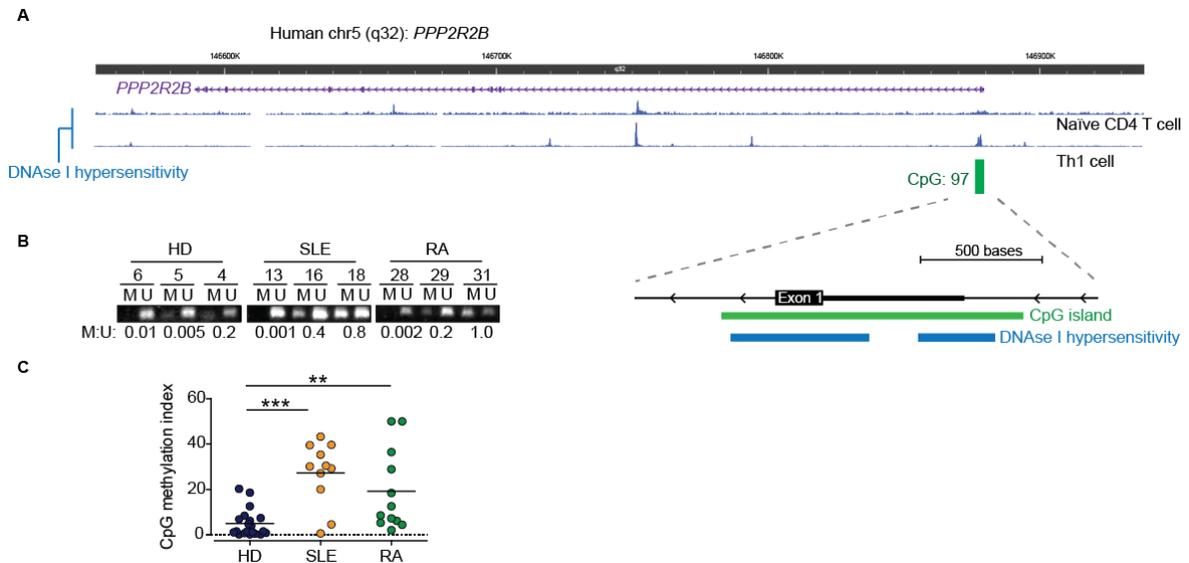


Figure 4. Local CpG DNA methylation is abnormally increased in patients with SLE and RA at the *PPP2R2B* locus. **(A)** Schematic representation of *PPP2R2B*, indicating the location of DNase I hypersensitivity sites detected in human naïve CD4 T cells and Th1-differentiated CD4 T cells (ENCODE) (16). Also, the location of a large CpG island, composed of 97 CpG dinucleotides, that encompasses the first exon and the 5' UTR of the gene is shown. **(B)** Methylation-specific PCR was performed in T cell genomic DNA after bisulfite conversion. Shown are representative results of 3 HD, 3 patients with SLE, and 3 patients with RA. M indicates methylated and U indicates unmethylated. Band density was quantified and the M:U ratio of each sample is shown. **(C)** Cumulative data from **(B)** presented as CpG methylation index: (methylated band + unmethylated band)/methylated band (HD $n=20$; SLE $n=11$; RA $n=12$). $**P<0.01$; $***P<0.001$, one-way ANOVA with Tukey's multiple comparison test.

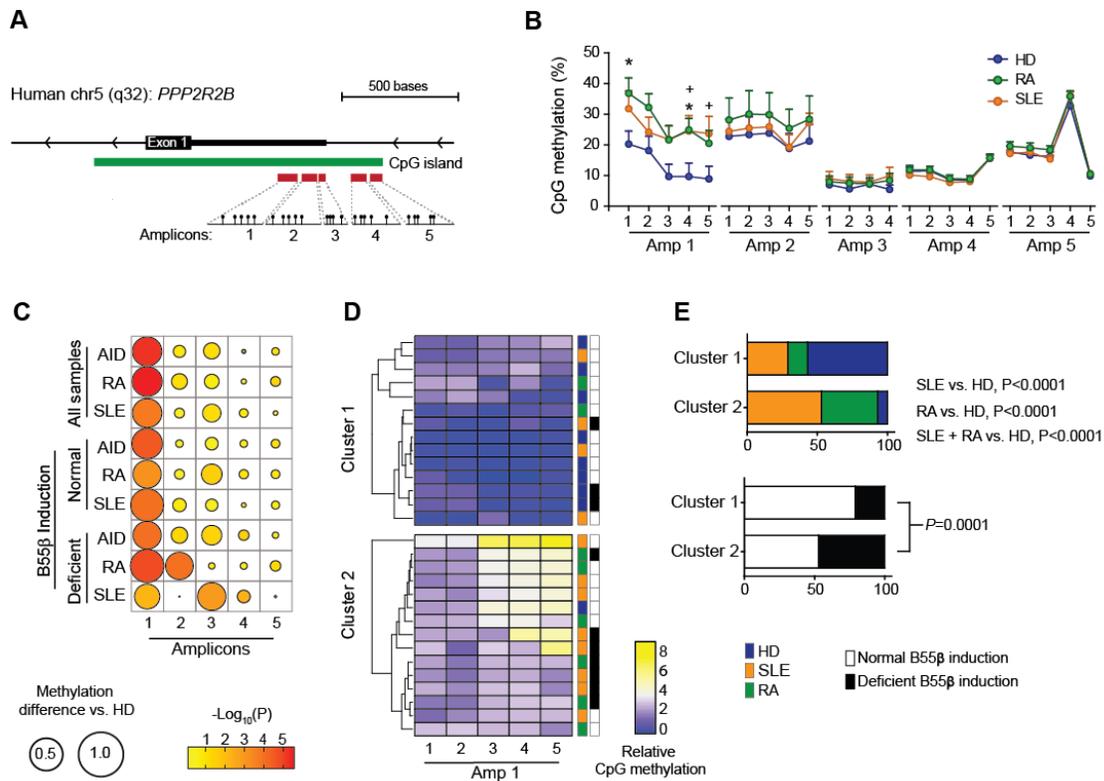


Figure 5. Methylation of discrete cytosines regulates B55 β expression in patients with SLE and RA. (A) Schematic representation of *PPP2R2B*, indicating the location of the CpG dinucleotides examined by pyrosequencing. (B) Methylation (%) of specific CpG dinucleotides in T cells isolated from HD, patients with SLE, and patients with RA (HD $n=9-20$; SLE $n=12-20$; RA $n=8-20$). RA vs. HD, $*P < 0.05$; SLE vs. HD $+P < 0.05$, two-way ANOVA with Tukey's multiple comparison test. (C) Differences in the DNA methylation between patients and controls. The diameters of each circle represent the difference between methylation in HD and the indicated population. The color of each circle indicates the P value of the corresponding comparison. Large differences were found in Amp 1. In addition, significant methylation differences were found in Amp 2 in RA patients and in Amp 3 in SLE patients. (D) Heatmap showing relative methylation (fold change over the mean of HD) of the CpG dinucleotides from Amplicon 1. Samples were ordered by unsupervised clustering. The colored boxes on the right side of the heatmap indicate whether the sample corresponds to a HD or a patient; the black and white boxes indicate B55 β induction after cytokine withdrawal. (E) Segregation of HD and patients in Clusters 1 and 2 (upper graph) and segregation of individuals with normal or defective B55 β induction (lower graph). P values were calculated using chi square.

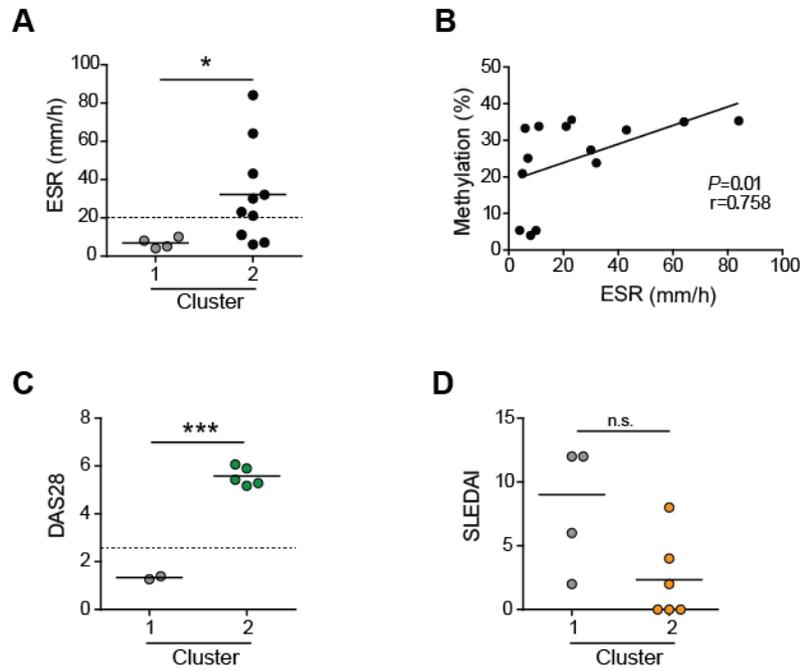


Figure 6. Methylation of *PPP2R2B* is associated with systemic inflammation. **(A)** Erythrocyte sedimentation rate (ESR), at the time of sample collection, in patients allocated to Clusters 1 and 2. * $P=0.02$, Mann Whitney test. **(B)** Correlation between ESR and CpG methylation (Amplicon 1) in patients with SLE and RA. Spearman $r=0.758$, $P=0.01$. **(C)** Disease activity score in 28 joints (DAS28) in patients with RA allocated to Clusters 1 and 2. *** $P<0.0001$, Unpaired T test. **(D)** SLE disease activity index (SLEDAI) in patients with SLE from Clusters 1 and 2. n.s., not significant (Unpaired T Test).

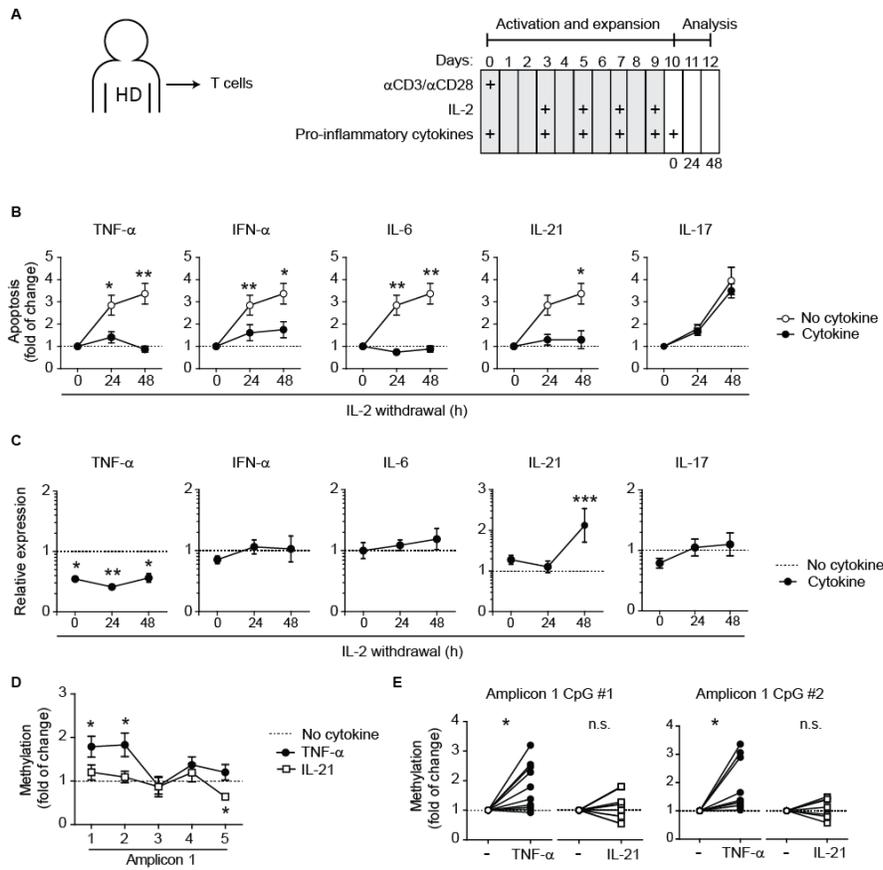


Figure 7. TNF- α induces *PPP2R2B* methylation, abolishes B55 β expression, and impairs cytokine withdrawal-induced death in healthy T cells. **(A)** T cells from HD were activated and expanded in the presence of IL-2 for 10 days. In addition to IL-2, at days 0, 2, 4, 6, and 8, the indicated cytokines (TNF- α , IFN- α , IL-6, IL-21, or IL-17) were added to the culture. At Day 10, cells were counted, washed, and replated in the absence of IL-2 and pro-inflammatory cytokines. **(B)** Apoptosis (Annexin V⁺ Sytox orange⁺) was quantified before (0) and after IL-2 withdrawal ($n=3-6$). * $P<0.05$; ** $P<0.01$, two-way ANOVA with Tukey's multiple comparison test. **(C)** Expression of B55 β was determined (qPCR) before and after (24 and 48 h) IL-2 withdrawal. Results were normalized against *ACTB* (Δ Ct) and then against cells expanded in the presence of IL-2, but in the absence of other cytokines ($\Delta\Delta$ Ct). * $P<0.05$; ** $P<0.01$, *** $P<0.001$, two way ANOVA. **(D)** Methylation of the CpG dinucleotides from Amp 1 was determined by pyrosequencing in cells expanded in IL-2 (dotted line) and compared with the CpG DNA methylation of the same cells expanded in the presence of TNF- α or IL-21 ($n=8-11$). * $P<0.05$; ** $P<0.01$, Paired t test. **(E)** The relative change in methylation status of single CpG dinucleotides in response to TNF- α and IL-21 is shown ($n=8-11$). * $P<0.05$; ** $P<0.01$, Paired t test.

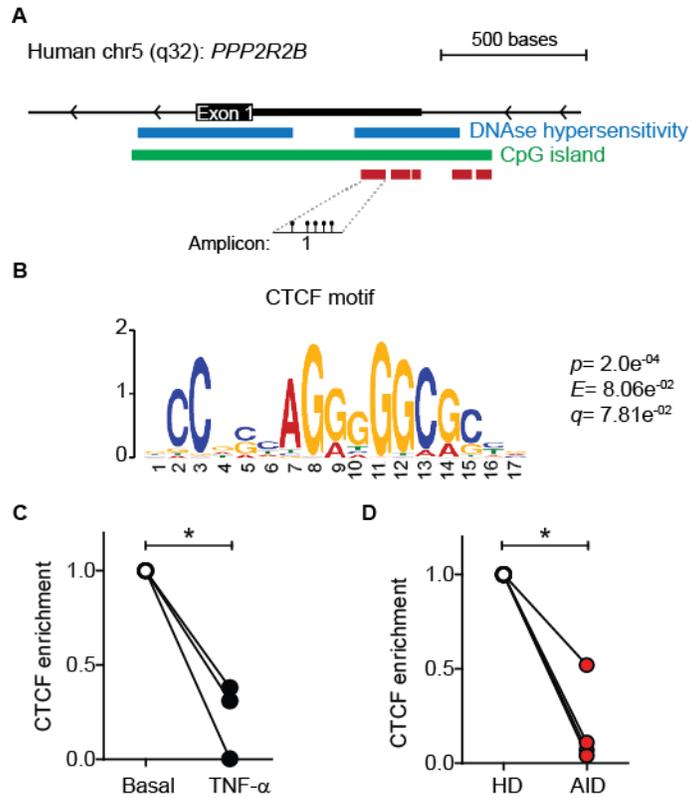


Figure 8. CTCF binding to *PPP2R2B* is decreased in T cells of patients with AID. **(A)** Schematic representation of *PPP2R2B*, indicating the location of the region that was analyzed (Amp 1). **(B)** CTCF motif present in Amp 1. **(C)** Quantification (ChIP-qPCR) of CTCF binding at Amp 1 in healthy T cells activated and expanded (Basal) versus T cells expanded in the presence of TNF- α , $n=3$. **(D)** CTCF binding to Amp 1 in activated T cells for HD and patients with AID, $n=4$. Relative CTCF enrichment was normalized against Basal, or HD, respectively. Results are expressed as mean + SEM. * $P<0.05$, Paired T test.

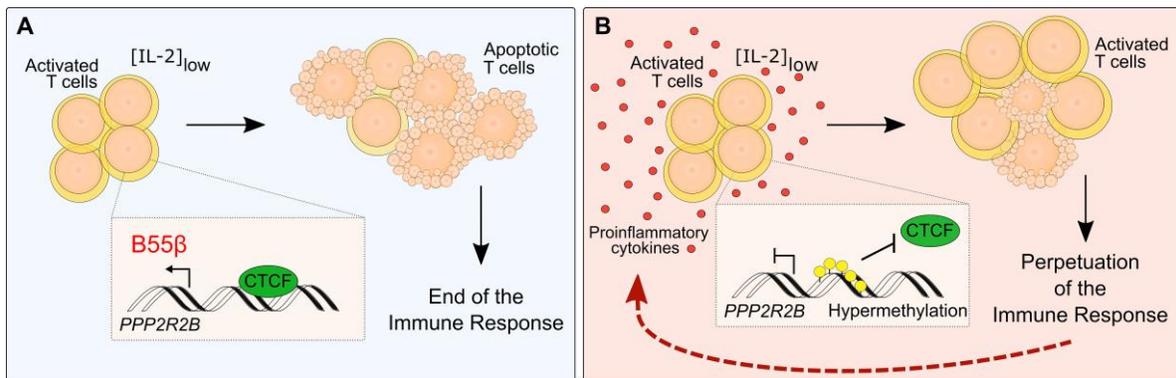


Figure 9. Mechanism through which *PPP2R2B* modulates the perpetuation of T cells in patients with AID. **(A)** After activation and expansion of healthy T cells, levels of IL-2 decrease, promoting clonal contraction by apoptosis. Low IL-2 concentration induces the expression of B55β through the binding of CTCF to a motif located within the CpG island of the *PPP2R2B* promoter. This mechanism promotes the termination of the immune response. **(B)** In the context of autoimmunity, where T cells are exposed to a pro-inflammatory environment, *PPP2R2B* becomes hypermethylated, preventing the binding of CTCF. This impairs the induction of B55β and apoptosis of T cells when IL-2 levels are low. In consequence, survival of self-reactive activated T cells is facilitated and the autoimmune response is perpetuated.