

LRH-1 regulates hepatic lipid homeostasis and maintains arachidonoyl phospholipid pools critical for phospholipid diversity

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Excess lipid accumulation is an early signature of nonalcoholic fatty liver disease (NAFLD). Although liver receptor homolog 1 (LRH-1) (encoded by *NR5A2*) is suppressed in human NAFLD, evidence linking this phospholipid-bound nuclear receptor to hepatic lipid metabolism is lacking. Here, we report an essential role for LRH-1 in hepatic lipid storage and phospholipid composition based on an acute hepatic KO of LRH-1 in adult mice (*LRH-1^{AAVB-Cre}* mice). Indeed, LRH-1-deficient hepatocytes exhibited large cytosolic lipid droplets and increased triglycerides (TGs). LRH-1-deficient mice fed high-fat diet displayed macrovesicular steatosis, liver injury, and glucose intolerance, all of which were reversed or improved by expressing wild-type human LRH-1. While hepatic lipid synthesis decreased and lipid export remained unchanged in mutants, elevated circulating free fatty acid helped explain the lipid imbalance in *LRH-1^{AAVB-Cre}* mice. Lipidomic and genomic analyses revealed that loss of LRH-1 disrupts hepatic phospholipid composition, leading to lowered arachidonoyl (AA) phospholipids due to repression of *Elovl5* and *Fads2*, two critical genes in AA biosynthesis. Our findings reveal a role for the phospholipid sensor LRH-1 in maintaining adequate pools of hepatic AA phospholipids, further supporting the idea that phospholipid diversity is an important contributor to healthy hepatic lipid storage.

Introduction

Nonalcoholic fatty liver disease (NAFLD) has emerged as a major chronic problem in Western societies, and is tightly coupled with central obesity, metabolic syndrome, and polycystic ovarian disease, as reviewed in refs. 1, 2. Except for sustained lifestyle changes that are difficult to achieve, effective therapies to eliminate NAFLD remain limited. An elevation in hepatic triglycerides (TGs), known as nonalcoholic fatty liver, can progress to more serious nonalcoholic steatohepatitis (NASH) disease that involves hepatic inflammation and injury (3, 4), a transition from microvesicular to macrovesicular steatosis, and/or changes in hepatic phospholipid composition (5, 6).

Excess hepatic lipid accumulation results from disruption in import, export, or oxidation of lipids as well as changes in de novo lipid synthesis. Evidence in mice also suggests that maintenance of phospholipid diversity is an important factor in hepatic fat deposition and, specifically, that adequate levels of arachidonoyl (AA) phospholipid species ensure proper lipid trafficking and storage in both the liver (7–9) and intestine (10). Conditional KO of lysophospholipid acyltransferase LPCAT3 that generates hepatic AA phospholipids, results in fatty liver due to impaired TG packaging into VLDL particles. LPCAT3 is an LXR target that exhibits strong specificity for arachidonic acid (20:4) as well as linoleic acid (LA; 18:2) (11–13). Hepatic AA phospholipids are also diminished in the global KO of ELOVL5, an elongase required for de novo arachidonic acid synthesis from dietary LA (14), and in a mouse model that diminishes desaturase activity encoded by *Fads2* (15); ELOVL5-null mutant mice develop hepatic steatosis due to increased de novo lipogenesis (9). These studies, together with the stepwise decrease in AA phospholipids in human

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NAFLD and NASH (5), support the concept that maintenance of hepatic AA phospholipid composition and phospholipid diversity are critical for hepatic lipid homeostasis.

Expression profiling reported that the liver receptor homolog 1 (LRH-1, encoded by *NR5A2*) is significantly downregulated in human patients with either simple bland hepatic steatosis or NASH (16). Despite this clinical correlation, the role of LRH-1 in hepatic lipid metabolism is not well delineated. LRH-1 was originally linked to bile acid synthesis based on cellular studies showing LRH-1 involvement in the classical or neutral bile acid synthesis via *Cyp7a1* and in the alternative or acidic bile acid synthetic pathway via *Cyp8b1* (17, 18). Unexpectedly, multiple liver-specific mouse KO of LRH-1 using the albumin-Cre driver (*Lrh-1^{Alb-Cre}*) report only modest changes in acidic bile acids (19–21). Moreover, glucose homeostasis and hepatic TGs are unchanged in *Lrh-1^{Alb-Cre}* mice. Collectively, these studies imply that LRH-1 plays only a minor role in hepatic lipid metabolism when compared with other classes of nuclear receptors, such as FXR, LXR, and PPAR α , that have been targeted for NAFLD therapy (as reviewed in ref. 1).

Given that LRH-1 as well as its close homolog steroidogenic factor 1 (SF-1, also known as NR5A1) possess large ligand-binding pockets able to bind phospholipids (22–26), we asked if LRH-1 helps preserve normal hepatic phospholipid composition. To test this hypothesis, we chose to acutely KO LRH-1 in the adult hepatocyte using viral-mediated AAV8-TBG-Cre deletion. Here, we report that, in contrast to *Lrh-1^{Alb-Cre}* mice, eliminating LRH-1 in the adult hepatocyte (*Lrh-1^{AAV8-Cre}*) profoundly affects hepatic lipid metabolism, leading to stark macrovesicular steatosis, mild liver injury, and poor glucose tolerance. Based on these phenotypic data coupled with genomic and lipidomic analyses, we propose that LRH-1 maintains the pool of AA phospholipids, thus ensuring phospholipid diversity and normal lipid homeostasis in the adult liver.

Results

Acute loss of LRH-1 results in hepatic steatosis in mice, independent of diet. While hepatic TGs are unchanged in the conventional liver-specific KO of LRH-1 (*Lrh-1^{Alb-Cre}*), increasing LRH-1 activity in adult mice appears to lower hepatic TGs after prolonged periods of overnutrition (19). To assess how loss of LRH-1 affects adult liver, and to avoid compensatory effects from the developmental *Lrh-1^{Alb-Cre}* KO (LKO) model (27) or off-target effects of tamoxifen (28), we generated an adult liver-specific LRH-1 model (*Lrh-1^{AAV8-Cre}*) by infecting 6-week-old *Lrh-1^{fl/fl}* male mice with an AAV8 vector expressing Cre recombinase (AAV8-Cre) under the control of the thyroxine-binding globulin (TBG) promoter that restricts Cre activity to hepatocytes (29). *Lrh-1^{fl/fl}* male mice infected with AAV8-GFP served as controls (*Lrh-1^{AAV8-GFP}*). Loss of *Lrh-1* transcripts in liver and in primary hepatocytes obtained from *Lrh-1^{AAV8-Cre}* mice was detected as early as 2 weeks after infection, with knockdown efficiency at 8 weeks after infection comparable to that observed for the developmental LKO model (Figure 1A).

As expected, viral-induced loss of LRH-1 severely attenuated two well-characterized downstream targets, *Shp* and *Cyp8b1*, in both *Lrh-1^{AAV8-Cre}* livers and primary hepatocytes (Figure 1A). Unexpectedly, and in contrast to the developmental LKO model, TGs were elevated in livers from *Lrh-1^{AAV8-Cre}* mice fed standard diet (SD) (Figure 1B). This increase in hepatic TGs was also observed in primary hepatocytes isolated from *Lrh-1^{AAV8-Cre}* livers just 2 weeks or 8 weeks after infection, with a greater difference observed at the later time point. Lipid levels were unaffected in *Lrh-1^{Alb-Cre}* livers and hepatocytes (Figure 1B). Consistent with elevated TG levels, histological analyses revealed small lipid droplets in H&E-stained liver sections from *Lrh-1^{AAV8-Cre}* mice but not from *Lrh-1^{Alb-Cre}* LKO mice (Figure 1C). Collectively, these data obtained in both primary hepatocytes and adult male mice suggest that loss of LRH-1 promotes abnormal hepatic lipid accumulation.

*Macrovesicular steatosis and liver injury after HFD in *Lrh-1^{AAV8-Cre}* mice.* Based on the elevated hepatic TGs observed in *Lrh-1^{AAV8-Cre}* mice, we challenged these mice to high-fat diet (HFD) (Research Diet, 60% Kcal from fat) for a 6-week period after first infecting them with AAV8-Cre for 2 weeks. *Lrh-1^{AAV8-Cre}* mice exhibited increased liver weight, increased hepatic TGs, and impaired glucose tolerance (Figure 2, A and B); other parameters, such as body weight, hepatic bile acids, and insulin tolerance, were unchanged from control mice (Supplemental Figure 2; supplemental material available online with this article; <https://doi.org/10.1172/jci.insight.96151DS1>). Fasting plasma FFA was significantly elevated in mutant mice fed SD, with a similar trend observed on HFD (Figure 2A). *Lrh-1^{AAV8-Cre}* livers were enlarged and fatty, with severe periportal macrovesicular steatosis and an increase in periportal Sirius red staining (Figure 2C). In addition, *Lrh-1^{AAV8-Cre}* livers showed signs of mild liver injury, with a near-significant rise in plasma alanine transaminase (ALT) and an elevation of two markers of hepatic stellate cell activation, *α Sma* and *ColA1* (Figure 2D). We also confirmed that hepatic lipid accumulation and liver histology were normal in age-matched *Lrh-1^{Alb-Cre}* male mice placed

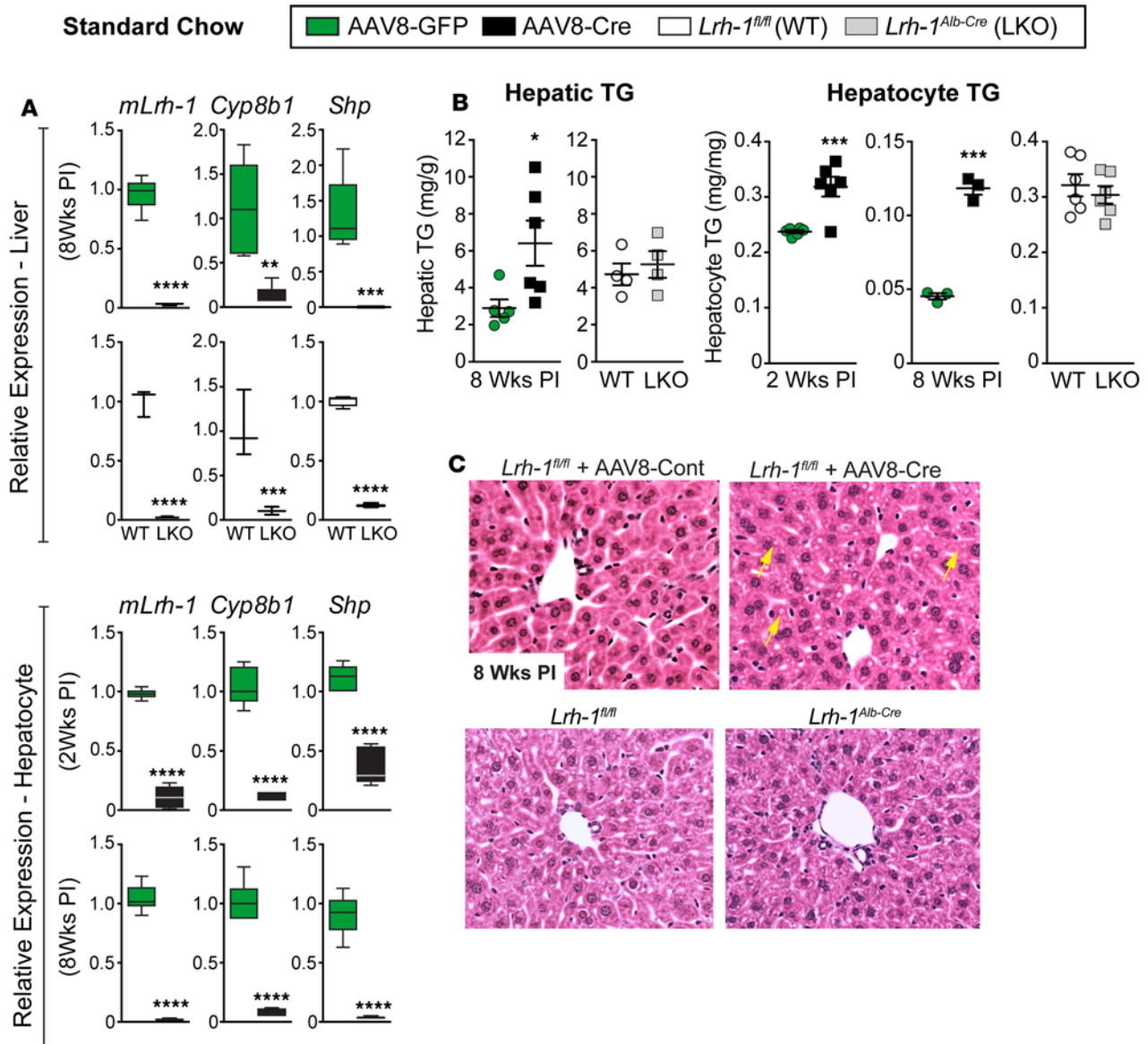


Figure 1. Deleting LRH-1 in adult liver promotes hepatic lipid accumulation. (A) Relative expression by qPCR analysis of *Lrh-1*, *Cyp8b1*, and *Shp* in livers or primary hepatocytes isolated from *Lrh-1*^{AAV8-GFP} and *Lrh-1*^{AAV8-Cre} male mice or from age-matched *Lrh-1*^{fl/fl} or *Lrh-1*^{Alb-Cre} mice ($n = 5$ and $n = 6$ for *Lrh-1*^{AAV8-GFP} and *Lrh-1*^{AAV8-Cre} mice, respectively, and $n = 3$ for both *Lrh-1*^{fl/fl} and *Lrh-1*^{Alb-Cre} mice). (B) TG content in livers or primary hepatocytes at two time points after infection (PI) from male mice with groups indicated in the figure. (C) Representative images (original magnification, $\times 20$) of H&E-stained livers from *Lrh-1*^{AAV8-Cre} and *Lrh-1*^{Alb-Cre} mice; yellow arrows highlight lipid droplets in *Lrh-1*^{AAV8-Cre} liver. For primary hepatocytes $n = 2$ for all genotypes or groups done in triplicate. Error bars represent \pm SEM. For box-and-whisker plots, maximum and minimum values are shown with median. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$, unpaired Student's *t* tests.

on HFD for 6 weeks (Figure 2C and Supplemental Figure 3). The hepatic steatosis observed in *Lrh-1*^{AAV8-Cre} mice did not result from impaired VLDL secretion, as fasting plasma TG levels and secretion were unchanged from *Lrh-1*^{AAV8-GFP} mice (Figure 2A and Supplemental Figure 2). Thus, our collective data from *Lrh-1*^{AAV8-Cre} mice maintained on either SD or HFD imply that loss of LRH-1 increases hepatic lipid storage.

We also noted that *Lrh-1*^{AAV8-Cre} mice exhibit lower fasting plasma cholesterol on both SD and HFD, with hepatic cholesterol increased only after HFD (Supplemental Figures 1 and 2). Fast protein liquid chromatography analyses of plasma cholesterol verified that LDLs are reduced, with a corresponding increase in HDLs in *Lrh-1*^{AAV8-Cre} mutant cohorts (Supplemental Figure 2). This decline in plasma cholesterol can be partially attributed to suppression of *Pcsk9*, a negative regulator of LDL receptor and new target for cholesterol-lowering biologics (30–32) (Supplemental Figure 2), suggesting that LRH-1 might participate in regulating this branch of cholesterol flux.

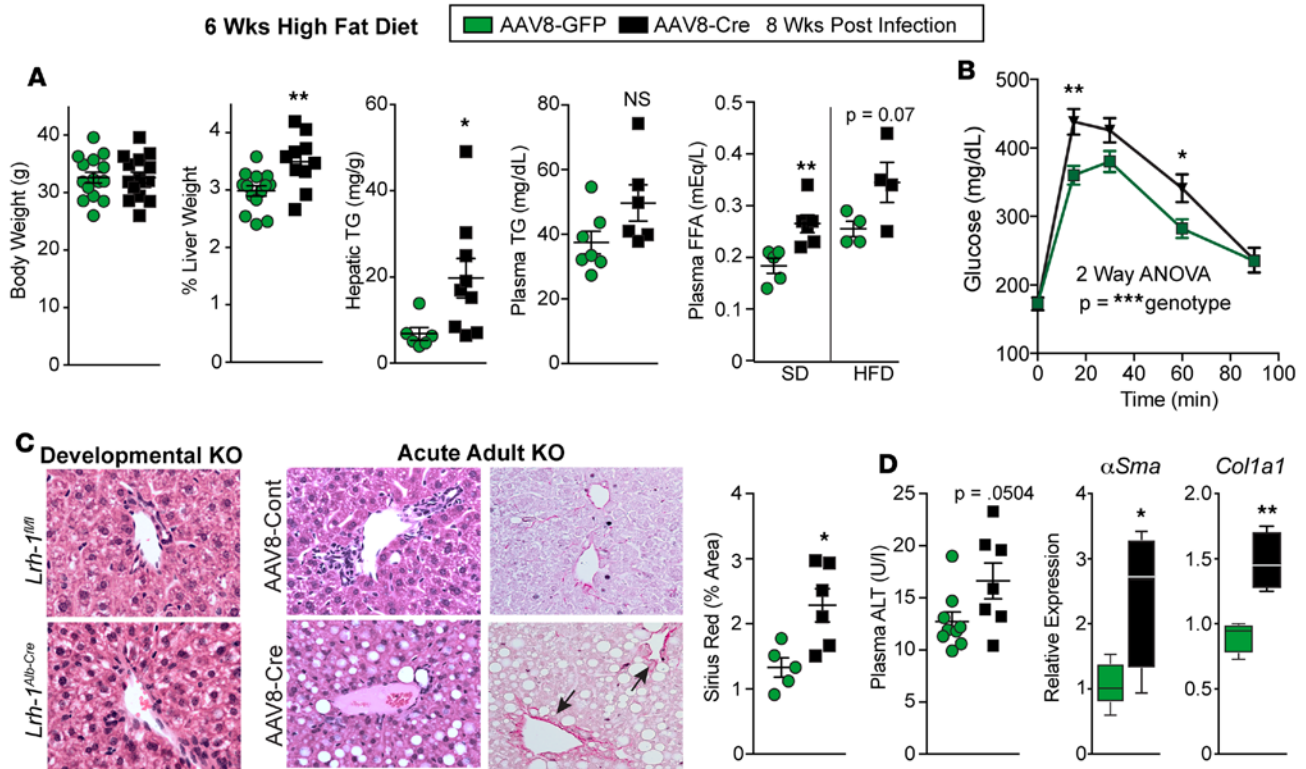


Figure 2. *Lrh-1^{AAV8-Cre}* mice exhibit hepatic steatosis and liver injury after dietary challenge. (A) Body weight, percentage liver weight, hepatic/plasma TG levels, and plasma free fatty acids (FFA) obtained for *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* male mice after 6 weeks of HFD. For body and liver weight, $n = 15$ and 13 per group; for plasma/hepatic TG, $n = 7$ and 9 per group; and for plasma FFA, $n = 4$ per group. Plasma FFA levels are also shown for mice fed SD (*Lrh-1^{AAV8-GFP}*, $n = 5$, and *Lrh-1^{AAV8-Cre}*, $n = 6$). (B) GTT (i.p.) for *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* mice after 6 weeks HFD challenge (*Lrh-1^{AAV8-GFP}*, $n = 12$, and *Lrh-1^{AAV8-Cre}*, $n = 6$ per group). (C) Representative images (original magnification, $\times 20$) of H&E-stained liver sections from the developmental KO mice and controls (*Lrh-1^{fl/fl}* and *Lrh-1^{Alb-Cre}*) and adult acute KO mice and controls (*Lrh-1^{AAV8-Cre}* and *Lrh-1^{AAV8-GFP}*). All groups of mice were fed HFD. Sirius red staining and quantification are shown for adult KO mice, with arrows highlighting periportal collagen. (D) Plasma ALT and expression of α Sma and Col1a1 in livers from *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* mice. For plasma ALT, $n = 9$ and 7 per group; for qPCR, $n = 5$ and 4 per group. Error bars represent \pm SEM. For box-and-whisker plots, maximum and minimum values are shown with median. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, unpaired Student's t test (A, B, and D) and 2-way ANOVA with Sidak (C).

*Increased lipid accumulation and storage and decreased fatty acid oxidation in *Lrh-1^{AAV8-Cre}* hepatocytes.* To better understand the NAFLD phenotype observed in *Lrh-1^{AAV8-Cre}* mice, primary hepatocytes were used to assess whether lipid uptake, synthesis, oxidation, and/or storage were affected. Increased lipid accumulation in *Lrh-1^{AAV8-Cre}* hepatocytes was associated with large intracellular lipid droplets. Quantification of BODIPY-stained hepatocytes confirmed a higher frequency of larger lipid droplets in *Lrh-1^{AAV8-Cre}* hepatocytes compared with control *Lrh-1^{AAV8-GFP}* hepatocytes (Figure 3A). Consistent with the elevated hepatic TGs in *Lrh-1^{AAV8-Cre}* mice fed HFD, supplementing *Lrh-1^{AAV8-Cre}* hepatocytes with oleic acid greatly increased their storage of lipids (Figure 3B). FFA uptake, as assayed by incorporation of fluorescent-labeled substrate (33), was unchanged in *Lrh-1^{AAV8-Cre}* hepatocytes, as were *Fatp2* and *Fatp5*, which encode two major hepatic fatty acid (FA) transport proteins (Figure 3C). De novo lipogenesis quantified by new palmitate synthesis after heavy water labeling was decreased in *Lrh-1^{AAV8-Cre}* livers 2 weeks after infection. In addition, two SREBP-1c targets, *Fasn* and *Scd1*, were also downregulated (Figure 3D). We noted that *Oshpl3*, an LRH-1 target gene proposed to increase fatty liver via SREBP-1c processing (34), was significantly reduced in *Lrh-1^{AAV8-Cre}* livers. FA oxidation was impaired in *Lrh-1^{AAV8-Cre}* hepatocytes, basally and after supplementing with fatty exogenous palmitic acid (Figure 3E), likely reflecting impair turnover of stored neutral lipids (35), due to large lipid droplets present in mutant hepatocytes. Etomoxir was able to suppress basal FA oxidation in *Lrh-1^{AAV8-Cre}* hepatocytes, indicating that mitochondrial oxidation persists in mutant hepatocytes. These collective data show that hepatocytes lacking LRH-1 preferentially store FAs in large cytosolic lipid droplets independent of increased FA uptake or new FA synthesis.

Loss of LRH-1 alters gene pathways in lipid storage and phospholipid metabolism. To gain a global perspective of gene changes associated with increased hepatic lipid accumulation in *Lrh-1^{AAV8-Cre}* mice, livers from mutant and control groups fed either SD or HFD for 6 weeks were profiled by RNA sequencing (RNA-Seq). The number

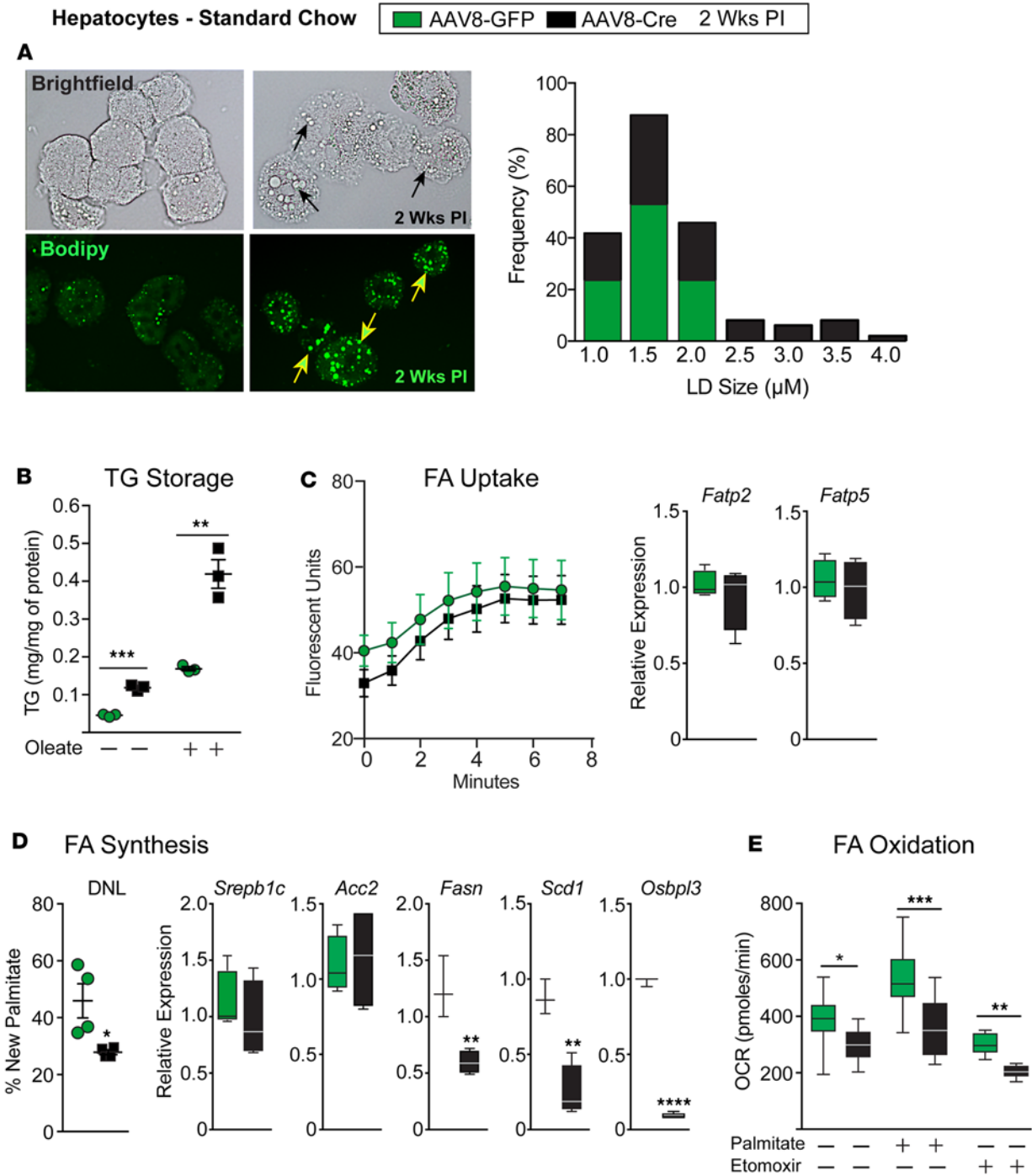


Figure 3. *Lrh-1^{AAV8-Cre}* hepatocytes preferentially store fatty acids in large lipid droplets. (A) Representative bright-field images and images of BODIPY-stained primary hepatocytes from *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* male mice 2 weeks after infection; black or yellow arrows highlight lipid droplets in *Lrh-1^{AAV8-Cre}* hepatocytes. Quantification of lipid droplet size and frequency is shown, as measured by ImageJ. (B) TG content obtained from *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* mouse hepatocytes with or without FA loading with oleic acid for 16 hours. (C) Measurement of FA uptake and expression of hepatic fatty acid transporters (*Fatp2* and *Fatp5*) in *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* hepatocytes. (D) De novo lipogenesis (DNL) in hepatic tissue 2 weeks after infection, as quantified by the percentage of new hepatic palmitate ($n = 4$ per group), and expression of key lipogenic genes in hepatocytes isolated from *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* mice. (E) Fatty acid oxidation in hepatocytes from *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* mice. Primary hepatocytes were analyzed from at least 2–4 males per group, with each assay done in triplicate for B–E. Error bars represent \pm SEM. For box-and-whisker plots, maximum and minimum values are shown with median. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, unpaired Student's *t* test for B, D, and E.

of differentially expressed genes in mutant livers (DEGs, adjusted $P \leq 0.05$) was 483 and 365 transcripts on SD or HFD, respectively, with 26% genes overlapping among all DEGs ($P < 0.05$) (Supplemental Data Set 1). Heatmaps of the top 30 DEGs significantly changed in mutant mice fed SD and HFD are shown for comparison (Figure 4A), with the corresponding volcano plots for SD (Figure 4B) and HFD (Supplemental Figure 4). Aside from well-known targets, such as *Nr0b2*, *Slc10a1*, *Atf5*, *Abcg8*, and *Gnmt*, other robust targets emerged, including *Paqr9* and *Tff3*, which were later confirmed by qPCR (Figure 4C and Supplemental Figure 5). Functional and pathway analyses of DEGs indicate an association of LRH-1 with lipid storage and synthesis of phospholipids and polyunsaturated FAs (Figure 4A). Indeed, *Cidec*, which influences lipid droplet size via lipid exchange, and *Plin4* (36, 37), which coats nascent lipid droplets in adipocytes, are markedly upregulated in *Lrh-1^{AAV8-Cre}* livers (Figure 4C). Genes significantly downregulated included those affecting phosphatidylcholine metabolism (*Pcyt1a*, *Gnmt*, *Pemt*, and *Pctp*; Figure 4C) and two genes associated with human NAFLD (*Tm6sf2* and *Gckcr*, Supplemental Figure 5). Interestingly, despite the large lipid droplets, major transcripts in lipid droplet biogenesis, such as *Bscl2*, *Fitm1*, *Fitm2*, *Gpat4*, and *Dgat2* (38–41), are unchanged in *Lrh-1^{AAV8-Cre}* livers. Additionally, autophagy genes, such as *Atg7*, which when deleted can lead to hepatic steatosis (42), were unchanged after acutely deleting LRH-1 in adult livers.

Two new potential LRH-1 target genes identified here include long-chain FA desaturase (*Fads2*) and elongase (*Elovl5*) (Figure 4A and Figure 5A), used to synthesize arachidonic acid (20:4) from the dietary FA LA (18:2). These two polyunsaturated FAs are used by LPCATs to generate AA phospholipids, as described above. Horton and colleagues showed previously that the global KO of *Elovl5* and reduction of hepatic AA phospholipids promotes fatty liver (9). We found that expression of *Fads2* and *Elovl5* as well as *Fads1* was significantly downregulated in *Lrh-1^{AAV8-Cre}* livers, independent of diet (Figure 5A). Targeted lipidomics analyses of total hepatic phospholipids in *Lrh-1^{AAV8-Cre}* mice fed HFD confirmed a marked attenuation of AA phospholipid species (phosphatidylcholines [PCs], phosphatidylethanolamine [PE], phosphatidylinositol), with a concomitant increase in LA phospholipid species containing 18:2 (Figure 5, B and C). FADS2 and ELOVL5 also convert α -linolenic acid (18:3) to decosahexaenoic acid (DHA), another key component of hepatic phospholipids. Despite changes in AA phospholipids, incorporation of DHA into phospholipid species was unchanged in *Lrh-1^{AAV8-Cre}* mice (Figure 5C). A survey of all major phospholipid species revealed that the total pool of PCs was significantly higher in *Lrh-1^{AAV8-Cre}* livers with an increase in monounsaturated lysophosphatidylethanolamine and lysophosphatidylcholine (LPC) lysophospholipid species (Figure 5D and Supplemental Figure 6).

Expression of hLRH-1 normalizes hepatic lipids and improves glucose homeostasis. Distinct structural features at the mouth of the ligand-binding pocket allow human LRH-1 (hLRH-1) to efficiently bind phospholipid ligands compared with mouse LRH-1 (mLRH-1) (23, 43). To test whether hLRH-1 rescues hepatic phenotypes observed in *Lrh-1^{AAV8-Cre}* mice, we humanized mouse livers by simultaneously infecting mice with AAV8-Cre- and AAV8-FLAG-tagged *hLRH-1* (*Lrh-1^{AAV8-Cre+hLrh1}*), which eliminates mLRH-1, while introducing epitope-tagged hLRH-1 in approximately 80% of hepatocytes (44), as shown in Figure 6A. Known targets, such as *Cyp8b1* and *Shp*, as well as targets identified in this study respond appropriately after expression of hLRH-1 (Figure 6B and Supplemental Figure 7). Expression of hLRH-1 lowered *Cidec* and *Plin4* expression and reversed elevated TGs in *Lrh-1^{AAV8-Cre}* hepatocytes (Figure 6, B and C). Further examination of liver parameters revealed that expressing hLRH-1 resulted in reduced collagen deposition and importantly resolved macrovesicular steatosis, with a trend toward lower hepatic TGs on HFD (Figure 7, A and B, and Supplemental Figure 7). Further, while *Lrh-1^{AAV8-Cre+hLrh1}* mice exhibited lowered fasting glucose after a 6-hours fast and performed better in glucose tolerance testing relative to controls, expressing a ligand-deficient mutant of hLRH-1 (hPM) unable to bind lipid ligands (23) failed to reverse fatty liver or glucose intolerance (Figure 7, A–C). These data establish that hLRH-1 is able to complement mLRH-1 and mitigate hepatic steatosis in a ligand-dependent manner.

Discussion

Here, using a viral-mediated approach to acutely eliminate LRH-1 in the adult hepatocyte, our study has uncovered an unanticipated role for the phospholipid-binding nuclear receptor LRH-1 in maintaining normal phospholipid composition and lipid homeostasis in the liver, as shown schematically (Figure 7D). Loss of LRH-1 greatly expanded lipid droplet size and increased lipid accumulation in hepatocytes. Eliminating LRH-1 in the *Lrh-1^{AAV8-Cre}* model also leads to stark periportal macrovesicular steatosis and poorer glucose tolerance in male mice following a HFD challenge. The liver phenotype observed in *Lrh-1^{AAV8-Cre}* adult male mice fed a HFD displayed features commonly observed with human NAFLD, including macrovesicular steatosis and moderate liver injury, as evidenced by increases in *α Sma* and *Coll1a1* and periportal Sirius red

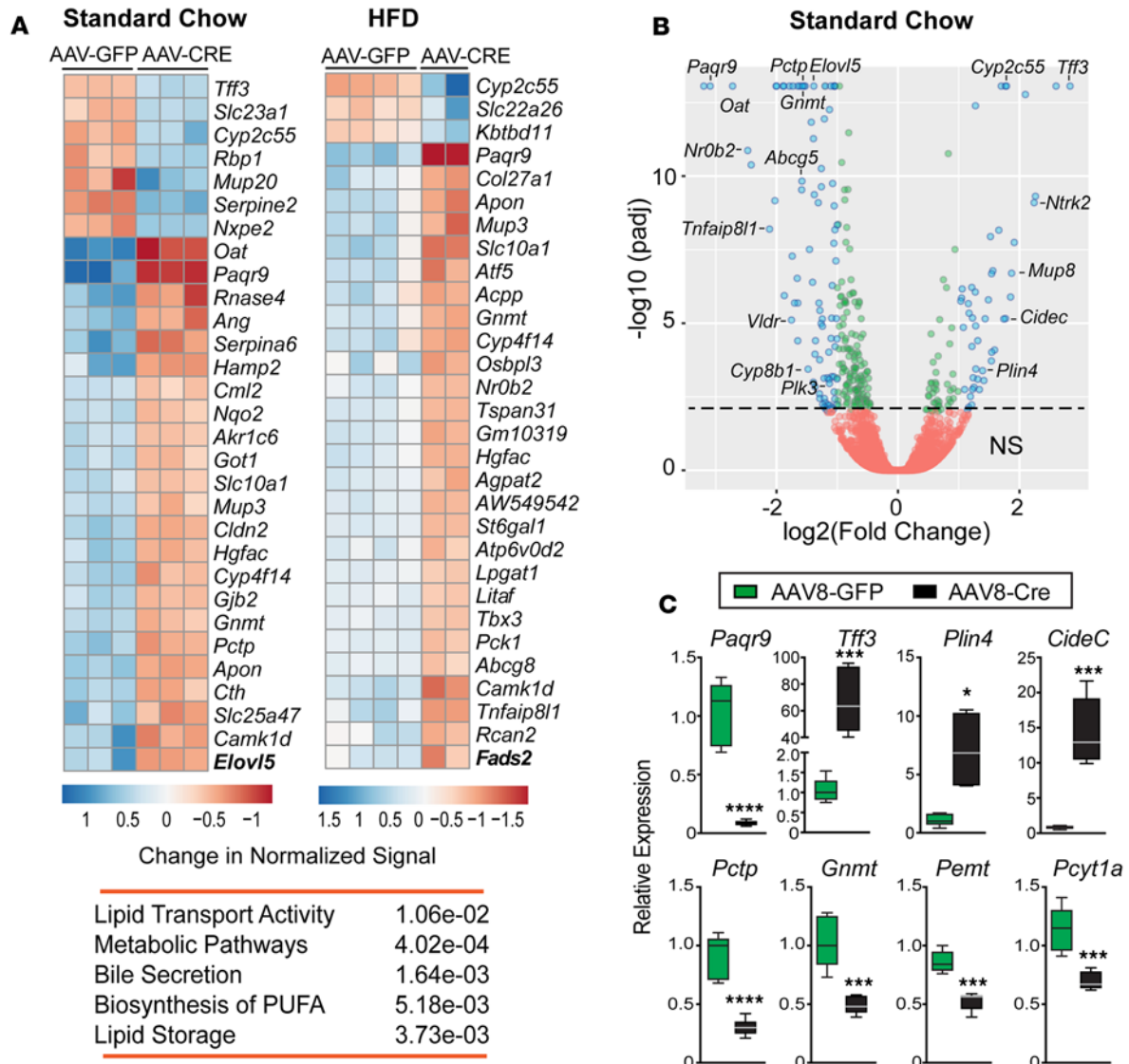


Figure 4. Lipid storage and phospholipid metabolic pathways are affected in *Lrh-1^{AAV8-Cre}* mice. (A) Top 30 differentially expressed genes (DEGs) and significant KEGG pathways in livers of *Lrh-1^{AAV8-Cre}* male mice fed standard diet (SD) or high-fat diet (HFD). (B) Volcano plot of DEGs between *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* mice fed SD, with DEGs of adjusted $P < 0.01$ (green circles) and those with adjusted $P < 0.01$ and absolute \log_2 fold change >1.0 (blue circles). Annotated genes include established LRH-1 targets (*Cyp8b1*, *Nr0b2*, and *Plk3*), top DEGs (*Paqr9* and *Tff3*), and DEGs associated with lipid droplet size and formation (*Plin4* and *Cidec*) and phospholipid biosynthesis (*Pctp* and *Gnm1*). (C) Validation of select DEGs by qPCR analysis in livers from *Lrh-1^{AAV8-GFP}* and *Lrh-1^{AAV8-Cre}* mice fed SD (*Lrh-1^{AAV8-GFP}*, $n = 5$, and *Lrh-1^{AAV8-Cre}*, $n = 6$). Error bars represent \pm SEM. For box-and-whisker plots, maximum and minimum values are shown with median. * $P < 0.05$, *** $P < 0.001$, **** $P < 0.0001$, unpaired Student's *t* test.

staining. The lipid imbalance in *Lrh-1^{AAV8-Cre}* mice is not driven by changes in de novo lipogenesis or lipid secretion but rather by increases in circulating FFAs, a known contributor to hepatic TG accumulation (45). These phenotypic changes are associated with decreased hepatic AA phospholipids owing to repression of *Fads2* and *Elov15*. We also show for the first time to our knowledge that wild-type hLRH-1, but not a ligand-binding deficient mutant, fully complements mLRH-1 in restoring normal hepatic lipid metabolism, while having beneficial effects on glucose homeostasis in diet-induced obesity.

We posit that alterations in the AA phospholipid pools in LRH-1-deficient livers help drive the lipid storage defect and fatty liver phenotype. Reduction of AA phospholipids is associated with abnormal hepatic lipid accumulation and NASH (5). In this study, loss of LRH-1 reduced AA phospholipids by 25%, and in ELOVL5-null mice, AA phospholipids are further decreased by 37% (9). Targeting the primary hepatic acyl transferase, LPCAT3, that transfers arachidonic acid on to lysophospholipid acceptors

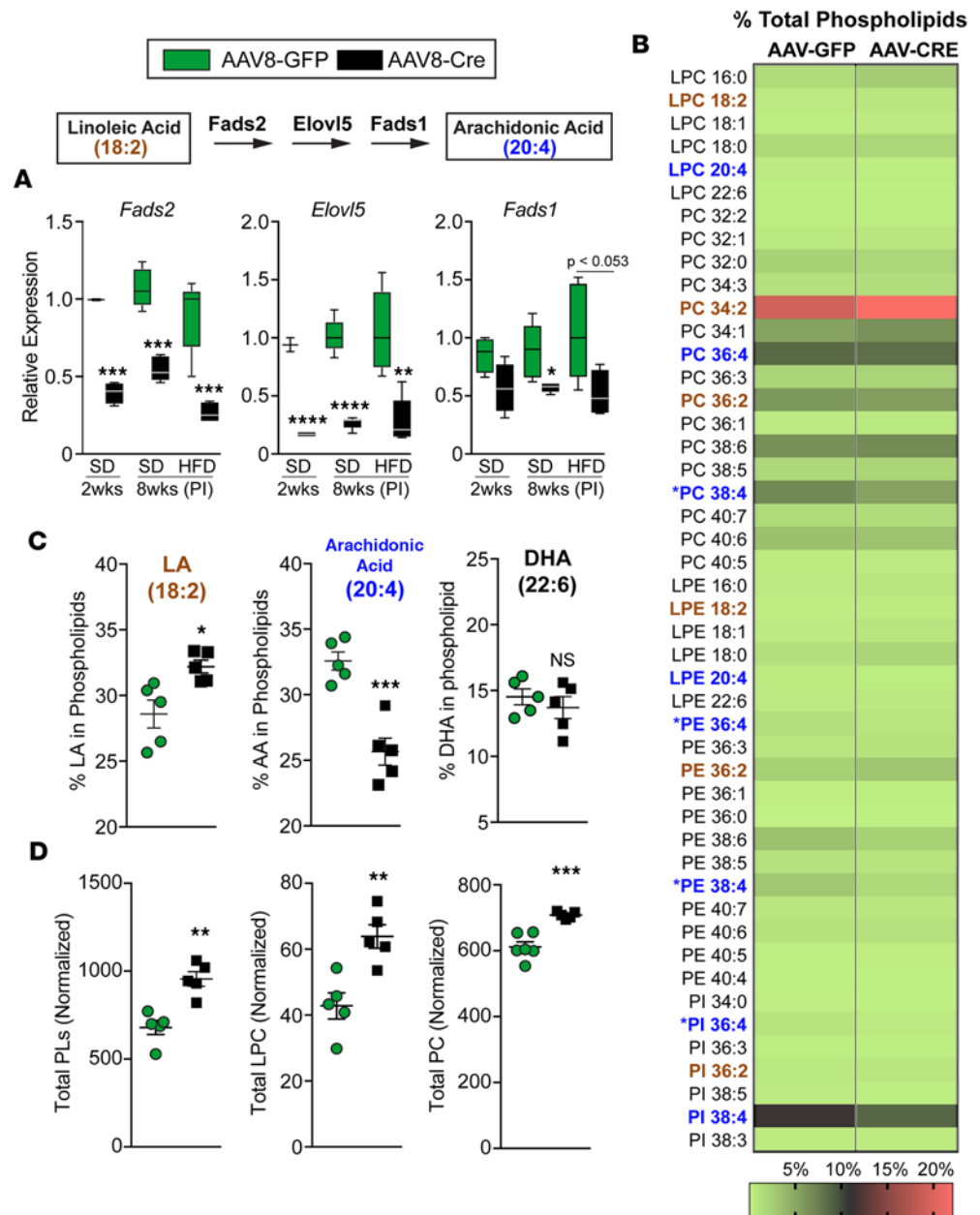


Figure 5. Loss of LRH-1 alters the phospholipid remodeling program and reduces hepatic arachidonic acid phospholipids. (A) Schematic of the arachidonic acid biosynthetic pathway. Hepatic expression of *Fads2*, *Elovl5*, and *Fads1* from *Lrh-1^{AAVB-GFP}* and *Lrh-1^{AAVB-Cre}* mice fed SD 2 weeks or 8 weeks after infection (PI) or fed HFD 8 weeks after infection. (B) Heatmap of lipidomics analysis of liver tissue from *Lrh-1^{AAVB-GFP}* and *Lrh-1^{AAVB-Cre}* male mice fed HFD for 6 weeks shown, with each lipid species depicted as a percentage of total phospholipids; the scale is shown at the bottom. Lipid species highlighted in brown represent linoleic acid phospholipids, and those highlighted in blue represent arachidonic acid phospholipid species. Substantially changed arachidonic acid species are indicated. (C) Percentages of phospholipid species containing arachidonic acid, linoleic acid (LA), or docosahexaenoic acid (DHA) in *Lrh-1^{AAVB-GFP}* and *Lrh-1^{AAVB-Cre}* livers. (D) Sum of total phospholipids (PL), lysophosphatidylcholine (LPC), and phosphatidylcholine (PC) ($n = 5$ per group). Error bars represent \pm SEM. For box-and-whisker plots, maximum and minimum values are shown with median. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$, unpaired Student's t test for A, C, and D.

reduces hepatic AA phospholipids even further by 70% (7, 8). All three of these mutant mouse models result in fatty liver but clearly impinge on different pathways in lipid synthesis or flux. Nonetheless, these studies in aggregate establish that tampering with phospholipid remodeling and lowering cellular AA phospholipids below a critical threshold disrupts hepatic lipid homeostasis.

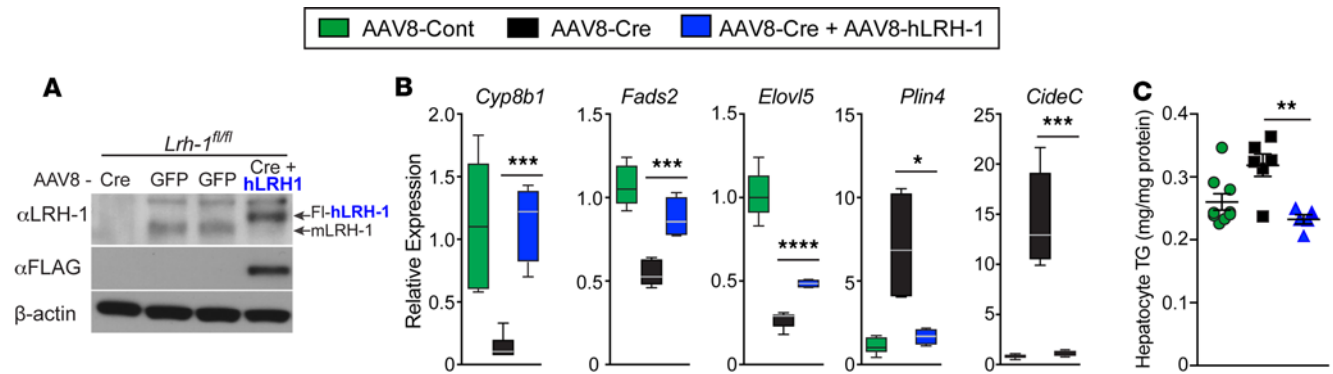


Figure 6. Human LRH-1 complements mouse LRH-1 and prevents hepatocyte TG accumulation. (A) Expression of mouse LRH-1 or flag-tagged human LRH-1 in liver 8 weeks after infection with AAV8-Cre (CRE), AAV8-GFP (GFP), or AAV8-CRE+FI-hLRH-1 (CRE+hLRH-1). (B) Relative expression of known or new LRH-1 gene targets and expression of lipid droplet-associated genes in livers in 3 groups: *Lrh-1^{AAV8-GFP}*, *Lrh-1^{AAV8-Cre}*, and *Lrh-1^{AAV8-Cre+hLrh1}*. The number per group for all measurements is $n = 5, 6,$ and 4 . (C) TG levels in hepatocytes isolated 2 weeks after infection from at least 2 mice, performed in triplicate. Error bars represent \pm SEM. For box-and-whisker plots, maximum and minimum values are shown with median. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$, unpaired Student's *t* test for B and C.

Although AA phospholipids decrease after deleting LRH-1 in adult livers, the total PC pool increases in *Lrh-1^{AAV8-Cre}* mice, including LPC. Whether any of these many PC or LPC lipid species serve as endogenous ligands that can regulate LRH-1 remains an open question. Despite an increase in PC pools, levels of the rate-limiting enzyme in PC biosynthesis, *Pcyt1a*, as well as *Pemt* and *Gnmt*, two methyltransferases that convert PE to PC, were all suppressed in *Lrh-1^{AAV8-Cre}* livers. The global KO of GNMT, a direct gene target of LRH-1 (46), also results in spontaneous fatty liver, with a paradoxical increase in hepatic PC levels (47). Given that both *Lrh-1^{AAV8-Cre}* and GNMT-null mice exhibit a similar increase in PC (~15%), we conclude that, while LRH-1 regulates methyltransferases in the one carbon pool, LRH-1 is not essential for maintaining cellular PC levels.

Differences documented here between the developmental *Lrh-1^{Alb-Cre}* and acute *Lrh-1^{AAV8-Cre}* models are quite pronounced. Directly comparing these two KO models, which are equally effective in ablating mLRH-1, implies that early compensatory mechanisms in lipid flux successfully mask the true effect of LRH-1 on liver function and phospholipid metabolism when LRH-1 is deleted prior to birth. Lowered plasma cholesterol is the single significant phenotype shared by both the acute *Lrh-1^{AAV8-Cre}* and developmental *Lrh-1^{Alb-Cre}* models, as reported here and in ref. 20. Indeed, lowered plasma LDL-C in *Lrh-1^{AAV8-Cre}* mice is consistent with decreased hepatic expression of *Pcsk9*, whose gene product regulates clearance of the LDL receptor at the plasma membrane (30, 32). While the drop in *Pcsk9* expression and plasma cholesterol occurs early (2 weeks after infection, Supplemental Figure 8), the precise link to LRH-1 remains to be explored.

That hLRH-1 mitigates liver steatosis in a ligand-dependent manner and improves liver function in the face of a dietary challenge underscore the need to identify new effective chemical probes for this enigmatic subclass of nuclear receptor. Despite the fact that both mouse and hLRH-1 possess a large hydrophobic ligand-binding pocket that easily accommodates C16:0, C18:0 acyl chains (23, 24), a high-affinity efficacious lipid mimetic that occupies this cavity has remained elusive. Indeed, while RJW100 (48, 49) and DLPC (19) will bind hLRH-1, neither ligand fully occupies the pocket nor mimics the exposed head group of signaling phosphatidylinositols that appear to help stabilize solvent exposed residues at the pocket entrance (22, 25). In this regard, we found that RJW100 is relatively inert at altering expression of the top hepatic DEGs identified in this study, as well as known LRH-1 targets in humanized hepatocytes (data not shown). Our results also suggest some species-specific benefits of hLRH-1 with respect to glucose homeostasis. Replacing hLRH-1 with mLRH-1 improved fasting plasma glucose in these “humanized mice” over that of control mice. Work by Oosterveer and colleagues using the developmental *Lrh-1^{Alb-Cre}* model suggests that mLRH-1 might regulate hepatic glucose flux through *Gck* (50). Although *Gck* expression was unchanged in glucose-intolerant *Lrh-1^{AAV8-Cre}* mice fed HFD, *Gckr*, a key regulator of GCK activity (51), is significantly suppressed in *Lrh-1^{AAV8-Cre}* mice (Supplemental Data Set 1). Interestingly, expressing hLRH-1 does not restore *Gckr* expression (data not shown), implying that hLRH-1 must modulate other critical pathways in hepatic glucose homeostasis. Regardless of the precise mechanisms by which LRH-1 mediates these antidiabetic effects (19), the improved plasma lipid profile and resolution of macrovesicular steatosis reported in our study rationalize renewed efforts to “drug” hLRH-1.

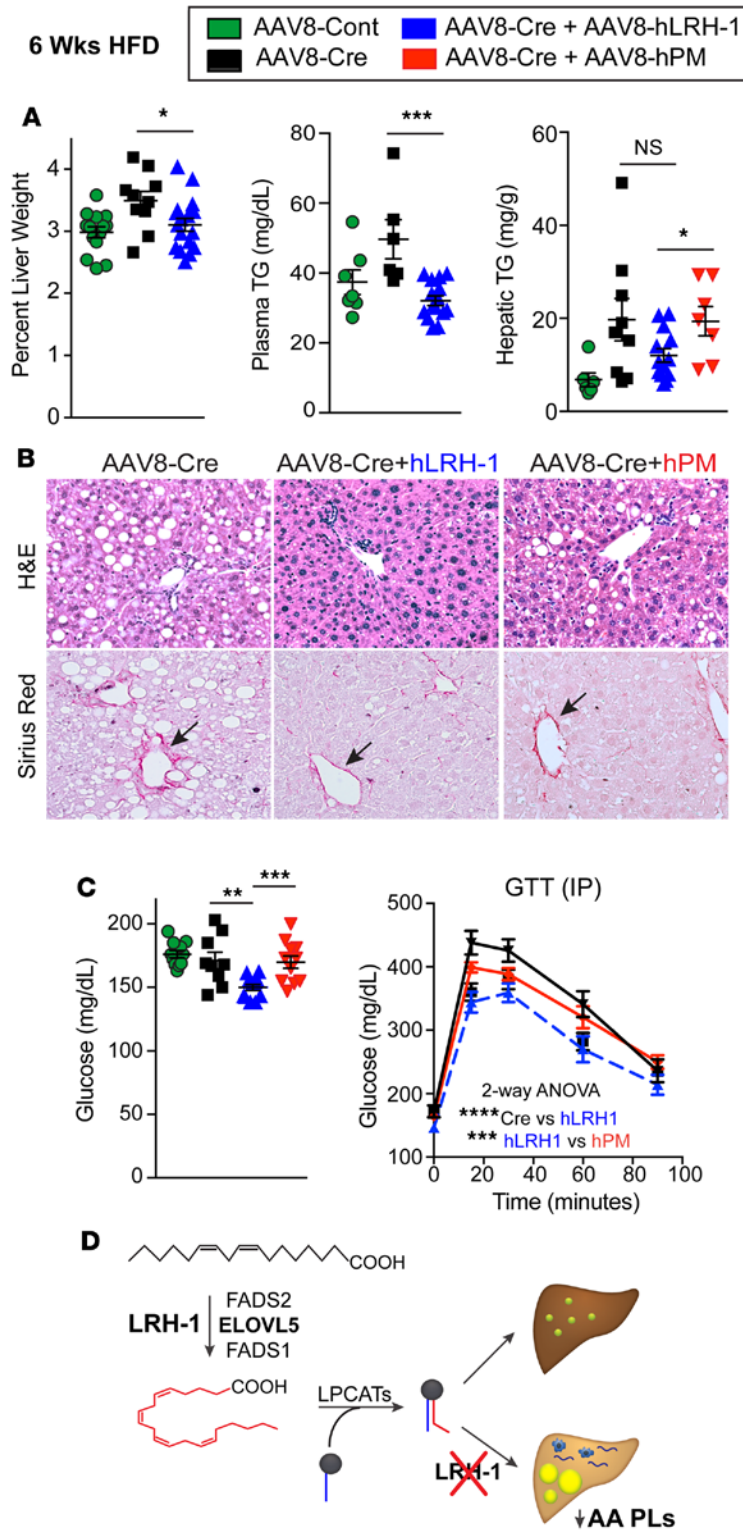


Figure 7. Replacing mouse with human LRH-1 resolves liver injury and improves glucose homeostasis. (A) Percentage of liver weight and hepatic/plasma TGs in mice fed high-fat diet (HFD) ($n \geq 8$ for $Lrh-1^{AAV8-GFP}$, $n \geq 6$ for $Lrh-1^{AAV8-Cre}$, $n \geq 13$ for $Lrh-1^{AAV8-Cre+hLrh1}$ and $Lrh-1^{AAV8-Cre+hPM}$, $n \geq 7$). (B) Representative images (original magnification, $\times 20$) of H&E- and Sirius red-stained livers from mice fed HFD from different experimental groups. Arrows highlight periportal collagen staining. (C) Fasting plasma glucose in male mice fed HFD for 6 weeks ($n = 11$ for $Lrh-1^{AAV8-GFP}$, $n = 9$ for $Lrh-1^{AAV8-Cre}$, $n = 13$ for $Lrh-1^{AAV8-Cre+hLrh1}$, $n = 11$ for $Lrh-1^{AAV8-Cre+hPM}$). Glucose tolerance test (GTT) results ($n = 12$ for $Lrh-1^{AAV8-GFP}$, $n = 6$ for $Lrh-1^{AAV8-Cre+hLrh1}$, and $n = 7$ for $Lrh-1^{AAV8-Cre+hPM}$). (D) Schematic showing that loss of LRH-1 decreases arachidonic acid phospholipids (AA PLs) and leads to hepatic lipid accumulation via regulation of arachidonic acid biosynthesis. Error bars represent \pm SEM. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$, unpaired Student's t test (A and C) or 2-way ANOVA with Sidak (C).

Methods

Generation of hepatic LRH-1 KO mouse models. Mice harboring the *Lrh-1* floxed allele ($Lrh-1^{fl/fl}$) were generated as previously described (20) and acquired from O. Kline (UCSF) with permission from S. Klierer. Liver-specific LRH-1-KO mice were generated by crossing $Lrh-1^{fl/fl}$ mice with albumin-Cre (*Alb-Cre*) mice (The Jackson Laboratory) to generate $Lrh-1^{fl/+}; Alb-Cre$ mice. $Lrh-1^{fl/+}; Alb-Cre$ mice were then crossed with $Lrh-1^{fl/fl}$ to generate $Lrh-1^{fl/fl}; Alb-Cre$ mice ($Lrh-1^{Alb-Cre}$ mice). $Lrh-1^{fl/fl}$ were genotyped as previously described (20) using the following primer pairs: 1F-CGATGTCCCTACTGTCTGA and 1R-CGCAGCATTCTTCG-

GCAG; 2F-CATAAGGGCTCAGTGGCAC and 2R-CTTCACTGGCTGCCAAGCTG. The presence of *Alb-Cre* transgene was accessed using the following primers: 1F-ACCTGAAGATGTTTCGCGATTA and 1R-ACCGTCAGTACGTGAGATATC.

Adult KO of mLRH-1 and expression of hLRH-1 in liver was accomplished using viral vectors acquired or generated at the University of Pennsylvania Gene Therapy Vector Core. Briefly, adenoassociated virus 8–T_BG vectors (AAV8-T_BG) expressing wild-type hLRH-1 (AAV8-hLRH-1) or a ligand-binding deficient mutant (AAV8-hPM) were generated as previously described (44). Six-week-old *Lrh-1^{fl/fl}* male mice were infected with either AAV8-GFP (*Lrh-1^{AAV8-GFP}*) or AAV8-Cre (*Lrh-1^{AAV8-Cre}*) at a concentration of 1×10^{11} genome copies/ml via retro-orbital injection. Replacing hepatic mLRH-1 with hLRH-1 or hPM was achieved by simultaneously infecting 6-week-old *Lrh-1^{fl/fl}* male mice with AAV8-Cre and AAV8-hLRH-1 (*Lrh-1^{AAV8-Cre} + hLRH-1*) at concentrations of 1×10^{11} and 5×10^{10} genome copies/ml, respectively. All subsequent studies were initiated 2 weeks after infection.

Animals studies. Mice were housed in the UCSF Barrier Facility and euthanized in accordance with the UCSF Institutional Animal Care and Use Committee under the Ingraham lab protocol (AN109147-03E). Adult male mice were used for all studies. Mice were weaned onto SD (LabDiet, 5058) or placed on HFD (Research Diets Inc., D12492) composed of 60 kcal% fat for 6 weeks. Body weights were monitored weekly during the study period. Prior to GTT or ITT, mice were fasted for 6 hours with ad libitum access to water and then administered glucose (1 g/kg) or insulin (1 U/kg) i.p. Blood glucose was measured from blood samples collected from tail vein using a glucometer (Accu-Check Compact, Roche). Mice were fasted for 6 hours prior to euthanasia and perfused with PBS prior to collection of liver tissue used for all subsequent histological, biochemical, and gene expression analyses. Harvested livers were immediately frozen in liquid nitrogen and stored at -80°C .

Blood parameters and hepatic VLDL secretion. Mice were fasted for 6 hours prior to blood collection via submandibular bleed. All plasma TG and cholesterol were measured using colorimetric assay (Infinity Triglyceride or Cholesterol Assay, Thermo Scientific). Plasma free FAs and alanine transaminase were measured by the Mouse Metabolic Phenotyping Core at University of California, Davis. Plasma lipoprotein profiles by fast protein liquid chromatography were performed at the Lipoprotein Analysis Laboratory at Wake Forest University School of Medicine from pooled plasma samples from 5 *Lrh-1^{AAV8-GFP}* or *Lrh-1^{AAV8-Cre}* mice. For VLDL secretion, mice were fasted for 4 hours prior to injection with Pluronic F-127 (1 mg/g BW i.p.) in PBS. Blood was collected 1, 2, and 3 hours after injection.

Histology. Mouse livers were perfused with PBS and fixed in 4% PFA overnight, equilibrated in 10% and 20% sucrose, and maintained in 70% ethanol. Livers were then embedded in paraffin, sectioned, and stained with Sirius red or H&E at the Gladstone Histology Core. The percentage Sirius red–stained area was calculated from 3 independent fields using ImageJ (NIH; <https://imagej.nih.gov/ij/docs/examples/stained-sections/index.html>).

Primary hepatocyte analyses. Primary hepatocytes were isolated from nonfasted mice as previously described (44). Hepatocytes were seeded at 4.5×10^5 cells per well on type 1 collagen–coated 6-well plates. For lipid staining, primary hepatocytes were seeded at 2×10^4 cells per well on a type 1 collagen–coated 8-well Lab-Tek chamber slide (Nunc). After 4 hours, hepatocytes were washed with PBS and fixed with 4% PFA for 15 minutes at room temperature. Lipids were stained by incubating hepatocytes with BODIPY 494 (1 $\mu\text{g}/\text{ml}$) for 10 minutes at room temperature and analyzed by fluorescent microscopy. Lipid droplet volume and number were quantified from confocal images using ImageJ. For measurement of TGs, hepatocytes were allowed to adhere for 4 hours prior to treating with or without 500 μM BSA-oleate for 16 hours. Lipid extraction was performed by incubating with 500 μl 3:2 hexane/isopropanol (repeated 2 times) for 30 minutes at room temperature. The solvent was then transferred to a 1.5-ml Eppendorf tube and dried down under a nitrogen gas stream. The remaining lipid film was solubilized in 100 μl of 1% Triton X-100 in absolute ethanol for 4 hours at room temperature. Total protein was extracted with 300 μl of 0.1% SDS/0.1 M NaOH solution and measured using Protein Assay Dye reagent concentrate (Bio-Rad). TGs were measured by colorimetric assay (Infinity Triglyceride Assay, Thermo Fisher) and normalized to total protein.

In vitro FA transport was determined in primary hepatocytes isolated from nonfasted mice and seeded at 3×10^4 cells per well on a type 1 collagen–coated 96-well black clear-bottom plates (Corning) containing DMEM 10% FBS. Hepatocytes were serum starved in DMEM for 2 hours prior to fluorescent C1-BODIPY-FA uptake assay. DMEM was replaced with prewarmed (37°C) QBT uptake solution (HBSS, 0.1% BSA, 20 mM glucose, 2 mM Trypan Blue, and 2 μM BODIPY 3823). Fluorescence was measured at excitation 488/emission 515 for 2 hours with measurements taken every minute using a SpectraMax i3

plate reader. Oxygen consumption rate was measured as previously described (52) on primary hepatocytes isolated from nonfasting mice and seeded at 2×10^4 cells per well on a type 1 collagen-coated 24-well Seahorse XF24 Microplates containing DMEM with 5% FCS. After 4 hours, cells were washed twice with PBS and allowed to equilibrate in assay buffer (111 mM NaCl, 4.7 mM KCl, 2 mM MgSO₄, 1.2 mM Na₂HPO₄, 2.5 mM glucose, 0.5 mM carnitine) for 60 minutes at 37°C and placed in Seahorse XF24 microplate reader. Etomoxir (40 μM) was added 15 minutes prior to Seahorse analysis. For measuring exogenous FA oxidation, palmitic acid (1 mM) was added to hepatocytes immediately prior to Seahorse analysis.

Lipid analyses. Lipid extraction from frozen livers was carried out as previously described (19). Briefly, frozen liver pieces were homogenized in 9 volumes of PBS. 200 μl lysate was then transferred to a 2-ml Eppendorf tube containing 1.2 ml of 2:1 chloroform/methanol and mixed vigorously for 30 seconds. An additional 100 μl PBS was then added and mixed vigorously on a table top Vortex Mixer (VWR) for 15 seconds. Samples were then centrifuged at 4,200 g for 10 minutes at 4°C. The organic phase (200 μl) was transferred to a 1.5-ml Eppendorf tube and dried down under a nitrogen gas stream. Dried lipids were solubilized in 100 μl of 1% Triton X-100 in absolute methanol and rotated at room temperature for 4 hours. TG and total cholesterol were quantified by colorimetric assay (Infinity, Thermo Scientific) and normalized to grams of tissue.

For lipidomics analysis, snap frozen liver pieces were homogenized in 10 volumes of 2:1 chloroform/methanol using an Ika Ultra homogenizer. 500 μl homogenate was then transferred to a 2-ml Eppendorf tube and mixed with an equal volume of double deionized water followed by the addition of 500 μl chloroform. The resulting mixture was vortexed vigorously for 1 hour at room temperature using a Vortex Mixer. Samples were then centrifuged at 18,000 g for 5 minutes at room temperature. 500 μl of the organic phase was then transferred to a 1.5-ml Eppendorf tube and dried down under a nitrogen gas stream. Dried samples were overlaid with argon gas and sealed with parafilm. Phospholipid species quantification and analysis were carried out as previously described (11) at the Singapore Lipidomics Incubator at National University of Singapore. The percentage of individual phospholipid species was calculated by dividing by the sum of the most abundant phospholipids from our analysis.

In vivo hepatic de novo lipogenesis was carried out using a modified protocol (53). Briefly, 2 weeks following AAV8 infection, 14-week-old male mice were injected i.p. with 99.8% ²H₂O (heavy water) in 0.9% NaCl to achieve 5% enrichment of their body water. This was followed by ad libitum administration of 8.0% ²H₂O into drinking water for 4 days. After lipid extraction, newly synthesized palmitate was measured from TG pools as follows. Total lipids were extracted from approximately 100 mg frozen liver tissue by overnight incubation in chloroform/methanol (v/v, 2:1). Aqueous and organic phases were separated by the addition of 1 M NaCl and TGs were isolated from total lipid fraction by thin-layer chromatography using silica gel G plates (20 × 20 cm, 250 μm, Analtech Inc.) in hexane/ethylether/acetic acid (80:20:1). Scraped TG bands were hydrolyzed and FA methyl esters were formed by incubating in 3 N HCl in methanol (MilliporeSigma) at 65°C for 1 hour. FA methyl esters were extracted and derivatives were analyzed for deuterium enrichment by gas chromatography/mass spectrometry as described previously (53, 54).

qPCR analyses and Western blotting. Total RNA was extracted from cells and tissues using TRIzol Reagent (MilliporeSigma). DNase-treated (1 Ug) total RNA was used to generate cDNA using the High-Capacity cDNA Reverse Transcription kit (Life Technologies). RT-qPCR was performed using SYBR green, High ROX (Quanta), and data were analyzed as described previously (44). For Western blotting, livers were lysed in Tris-SDS buffer (2% SDS, 0.6 M Tris-Cl, pH 8.0, and 0.1 M DTT) supplemented with protease inhibitors (Calbiochem) and 20 mM N-ethylmaleimide (MilliporeSigma) and then sonicated using a Diagenode Bioruptor. Lysates were clarified by centrifugation and protein concentration was measured using Protein Assay Dye Reagent (Bio-Rad). Antibodies were used at the following concentrations: anti-Flag M2 (1:2,000, MilliporeSigma, F1804), anti-LRH-1 (1:2,000, R&D Systems, PPH2325-00), and anti-β-actin (1:5,000, Cell Signaling Technology, 5125).

RNA-seq and analysis. Total RNA was extracted from livers of *Lhr-1^{AAV8-GFP}* and *Lhr-1^{AAV8-Cre}* mice fed SD or HFD 8 weeks after infection using the PureLink RNA mini kit (Life Technologies). Prior to generating cDNA, the quality of DNase-treated total RNA was assessed by a bioanalyzer using an Agilent RNA 6000 Pico chip (Agilent). DNase treatment was performed on total RNA using a DNA-free DNA removal kit (ThermoFisher Scientific). cDNA libraries were generated from 100 ng DNase-treated total RNA using the Ovation RNA-Seq System V2 (Nugen). cDNA libraries were sonicated to generate 150-bp fragments using a Covaris M220 sonicator. cDNA fragment size and quality was assessed by a bioanalyzer using a High-Sensitivity DNA Analysis kit (Agilent). Barcoded sequencing libraries were generated using the Ovation Ultralow Library System V2 (Nugen) from 100 ng fragmented cDNA. Single-end 50-bp reads were

sequenced on the HiSeq4000 (Illumina) at the Center for Advanced Technology at UCSF. Sequences were mapped to the mouse genome (mm10) using TopHat2. Reads that mapped to exons in annotated genes were counted using HTSeq. Final quantification and statistical testing of differentially expressed (adjusted $P < 0.01$ or < 0.05) genes were performed using DESeq2.

Statistics. All statistical analyses are indicated in figure legends. For unpaired Student's t test, 2-tailed analysis was used. For 2-way ANOVA, Sidak correction was done for multiple comparisons. For all dot plots, error bars for data represent mean \pm SEM. For all box-and-whisker plots, maximum and minimum values are shown with median.

Study approval. All procedures making use of animal subjects were reviewed and approved by the UCSF Institutional Animal Care and Use Committee under Ingraham lab protocol (AN109147-03E).

Author contributions

DAM and HAI designed experiments, analyzed data, and wrote the paper. WCK performed RNA-Seq data analysis and edited paper. DSS performed the FA transport assay with supervision from AS. MS and HE performed hepatocyte isolation and qPCR analyses of liver tissue. ACG and JCF performed lipidomic analyses with oversight from MRW and DLS. MH, MF, and EN performed de novo lipogenesis analyses.

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