# The metalloproteinase-proteoglycans ADAMTS7 and ADAMTS12 provide an innate, tendon-specific protective mechanism against heterotopic ossification

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Heterotopic ossification (HO) is a significant clinical problem with incompletely resolved mechanisms. Here, the secreted metalloproteinases ADAMTS7 and ADAMTS12 are shown to comprise a unique proteoglycan class that protects against a tendency toward HO in mouse hindlimb tendons, menisci, and ligaments. Adamts7 and Adamts12 mRNAs were sparsely expressed in murine forelimbs but strongly coexpressed in hindlimb tendons, skeletal muscle, ligaments, and meniscal fibrocartilage. Adamts7-'- Adamts12-'- mice, but not corresponding single-gene mutants, which demonstrated compensatory upregulation of the intact homolog mRNA, developed progressive HO in these tissues after 4 months of age. Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup> tendons had abnormal collagen fibrils, accompanied by reduced levels of the small leucine-rich proteoglycans (SLRPs) biglycan, fibromodulin, and decorin, which regulate collagen fibrillogenesis. Bgn<sup>-/0</sup> Fmod<sup>-/-</sup> mice are known to have a strikingly similar hindlimb HO to that of Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup> mice, implicating fibromodulin and biglycan reduction as a likely mechanism underlying HO in Adamts7-'- Adamts12-'- mice. Interestingly, degenerated human biceps tendons had reduced ADAMTS7 mRNA compared with healthy biceps tendons, which expressed both ADAMTS7 and ADAMTS12. These results suggest that ADAMTS7 and ADAMTS12 drive an innate pathway protective against hindlimb HO in mice and may be essential for human tendon health.

### Introduction

Secreted or cell-surface proteases that cleave extracellular matrix (ECM) components have significant roles in connective tissue formation, remodeling, and disease (1–3). The ADAMTS proteinases are a class of 19 secreted metalloenzymes with major roles in assembly and degradation of ECM molecules, many of which were revealed by human genetic disorders and mouse genetic models (4, 5). For example, ADAMTS2 is essential for procollagen amino-propeptide processing and the absence of this enzyme results in severe skin fragility in Ehlers-Danlos syndrome (dermatosparaxis type) (6). ADAMTS4 and ADAMTS5 mediate aggrecan proteolysis, a major mechanism of cartilage degradation in osteoarthritis (7–9). The Weill-Marchesani syndrome spectrum arising from *ADAMTS10* and *ADAMTS17* mutations has connected these proteinases to the assembly of fibrillin microfibrils (reviewed in refs. 1, 10). However, the functions of many ADAMTS proteases in connective tissue biology and disease remain unknown.

ADAMTS7 and ADAMTS12 constitute a clade of this family related to a single gene in the early chordate *Ciona intestinalis*, suggesting an origin by duplication of an ancestral gene (11, 12). A rare protein-coding *ADAMTS7* variant leading to impaired ADAMTS7 zymogen processing by furin was linked to human coronary artery disease, and reduced atherogenesis was seen in *Adamts7*-null mice (13–15). ADAMTS7 was also found to mediate vascular wall remodeling and repair (16). ADAMTS7 and ADAMTS12 were

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causally implicated in cartilage destruction in arthritis via proteolysis of cartilage oligomeric protein (COMP) and in endochondral ossification using in vitro approaches (17–20). In contrast to the involvement of ADAMTS7 in coronary artery disease, unequivocal evidence for specific functions in musculoskeletal tissues using genetically engineered mutants is presently unavailable. Other than reduced atherogenesis, *Adamts7*-null mutants were reportedly normal, and *Adamts12*-null mice were reported to be developmentally normal, albeit with enhanced susceptibility to tumors (14, 21).

ADAMTS7 and ADAMTS12 have all the structural hallmarks of ADAMTS proteases, such as multiple thrombospondin type 1 repeats (TSRs), but unlike other family members, each contains a large mucinlike module containing putative glycan attachment sites located between 2 TSR clusters (12). Attachment of the glycosaminoglycan (GAG) chondroitin sulfate (CS) within the ADAMTS7 mucin-like module was previously demonstrated (12), but whether comparable modification of ADAMTS12 occurs is not known. Since proteoglycans (PGs) are crucial for musculoskeletal function and collagen fibrillogenesis (22–24), definitive investigation of ADAMTS12 as a prospective PG is relevant to its functional analysis.

Homologous ADAMTS proteases were previously shown to cooperate functionally by the appearance of highly penetrant phenotypes in combined null mutants (reviewed in ref. 25). Upon establishing that ADAMTS7 and ADAMTS12 constituted a unique class of metalloproteinase-PGs whose mRNAs are coexpressed in tendons, muscle, and menisci, mice with combined *Adamts7* and *Adamts12* inactivation were generated for investigation of musculoskeletal functions. The findings establish a cooperative role for ADAMTS7 and ADAMTS12 in regulating tendon collagen fibril architecture and as innate inhibitors of HO that are relevant to human tendon degeneration.

### Results

GAG attachment is an evolutionary hallmark of ADAMTS7 and ADAMTS12. GAG modification of ADAMTS12 was investigated to ask whether it constituted a distinct ADAMTS subfamily with ADAMTS7, which was previously shown to be a CS PG. The ADAMTS7 and ADAMTS12 mucin modules lie within identical domain structures (Figure 1, A and B), and like their C. intestinalis ortholog (UniProt ID F6Q5T5, Figure 1C), contain Ser-Gly or Gly-Ser motifs with adjacent or nearby acidic residues. Such dipeptides constitute typical GAG attachment sites, with the GAG chain being attached to the Ser residue (26). PGs may be secreted as a mixture of unmodified and modified core protein and electrophoresis of sulfated PGs typically results in a smear or retention in the stacking gel. Analysis of the medium of FLAG-tagged ADAMTS12-expressing cells showed 2 distinct anti-FLAG reactive bands at approximately 300 and 350 kDa, as well as a smear of higher molecular weights (Figure 1D; see complete unedited blots in the supplemental material). Treatment of ADAMTS12-conditioned medium with chondroitinase ABC, which degrades CS/dermatan sulfate (DS) GAGs but not with keratanase I (targeting keratan sulfate GAG) + II or heparitinases I + III (targeting heparan sulfate GAG) prior to electrophoresis led to increased intensity of anti-FLAG (ADAMTS12) reactive bands larger than 250 kDa (Figure 1D; see complete unedited blots in the supplemental material), suggesting that ADAMTS12 was a CS/DS PG. The increased band intensity upon chondroitinase ABC treatment, moreover, suggested that a significant proportion of CS/DS-modified ADAMTS12 was of higher molecular mass or retained in the stacking gel without chondroitinase ABC treatment. That ADAMTS12 did not migrate as a sharp band of the predicted molecular mass (177 kDa) even after treatment with these enzymes likely reflects extensive O-glycosylation and N-glycosylation within the mucin module (Figure 1B) (12). Ser1157 and Ser<sup>1159</sup> were mutated to Ala (these Ser residues are in Ser-Gly dipeptides within strongly acidic contexts) and the mutants were analyzed alongside wild-type ADAMTS12 by Western blotting using anti-FLAG antibody and monoclonal antibody (mAb) 2035 after treatment with or without chondroitinase ABC. mAb 2035 exclusively recognizes CS stubs with an unsaturated glucuronic acid terminus derived from chondroitin 6-sulfate after chondroitinase ABC digestion and does not cross-react with keratan or chondroitin 4-sulfate. These stubs are absent in native, i.e., undigested CS or DS PGs and in molecules that lack CS. Wild-type ADAMTS12 and the Ser<sup>1157</sup>Ala mutant migrated as 2 bands of approximately 300 and 350 kDa without prior chondroitinase ABC digestion, whereas digestion with chondroitinase ABC increased the signal intensity of these bands and generated an additional band of approximately 375 kDa (Figure 1E; see complete unedited blots in the supplemental material). In contrast, migration of the Ser<sup>1157+1159</sup>Ala mutant was unaltered by chondroitinase ABC digestion (Figure 1E; see complete unedited blots in the supplemental material). mAb 2035 detected CS stubs after chondroitinase ABC treatment of wild-type ADAMTS12 and Ser<sup>1157</sup>Ala ADAMTS12 (Figure 1E; see complete unedited blots in the supplemental material). mAb 2035 reactivity was present,



**Figure 1.** *ADAMTS12* is an evolutionarily conserved chondroitin sulfate/dermatan sulfate proteoglycan. (A) Schematic of ADAMTS12 domain structure. TSR, thrombospondin type 1 repeat; CS, chondroitin sulfate. (B) Alignment of human and mouse ADAMTS12 mucin modules showing a high degree of conservation (asterisks show identical residues, residue numbers are shown on the right), potential N-glycosylation sites (bold) and Ser-Gly dipeptide motifs (red) with acidic neighbors, constituting putative glycosaminoglycan attachment sites. (C) Sequence of the corresponding module from the *Ciona intestinalis* ortholog of ADAMTS7 and ADAMTS12. Sequence motifs for N-glycosylation (bold) and Ser-Gly/Gly-Ser dipeptides (red) are shown. (D) Representative Western blot (anti-FLAG) of conditioned medium from transiently transfected HEK293F cells shows increased ADAMTS12 band intensity (arrows) following digestion with chondroitinase ABC (C'ABC), but not heparanase or keratanase I & II. The blot is representative of *n* = 3. (E) Mutation of Ser<sup>1157</sup> and Ser<sup>1157</sup> (boxed residues in panel B), but not Ser<sup>1157</sup> alone eliminates enhanced signal after C'ABC digestion and reactivity to an anti-chondroitin sulfate stub antibody (MAB2035) strongly suggestive of chondroitin/dermatan sulfate attachment at Ser<sup>1157</sup> and Ser<sup>1157</sup>. EV, empty vector; WT, wild type.

albeit much reduced in the chondroitinase-digested Ser<sup>1157</sup> mutant, suggestive of CS/DS–attachment at this site, and none was seen against the Ser<sup>1157+1159</sup>Ala ADAMTS12 mutant, indicating elimination of all CS/DS attachment (Figure 1E; see complete unedited blots in the supplemental material). Thus, like ADAMTS7 (12), ADAMTS12 is a secreted CS/DS PG, with modification occurring at 2 sites, Ser<sup>1157</sup> and Ser<sup>1159</sup>, indicating their substantial evolutionary conservation as a distinct subfamily.

Adamts7 and Adamts12 are expressed in hindlimb tendons, meniscal fibrocartilage, and skeletal muscle but not in cartilage. In light of their shared characteristics, the spatial and temporal distribution of Adamts7 and Adamts12 mRNAs were compared in the developing musculoskeletal system. Forelimbs and hindlimbs



**Figure 2.** *Adamts7* and *Adamts12* are expressed in hindlimb tendons and menisci and show mutual compensation. (A) *Adamts7* ( $\beta$ -gal staining, blue nuclei, eosin counterstain is red) and *Adamts12* expression (RNA in situ hybridization [red signal]) are shown in 18.5-day-old embryo hindlimbs. Expression is seen in the quadriceps (QT), patellar (PT), and Achilles tendons (AT) and meniscal fibrocartilage. The data are representative of n = 5. F, femur; T, tibia; P, patella; M, meniscus. Scale bars: 200 µm. (B) RT-PCR analysis of newborn, 1-month-old (juvenile), and 4-month-old (adult) tendons to show widespread expression of *Adamts12*. EDLT, extensor digitorum longus tendon. The data are representative of n = 3. (C) qRT-PCR analysis of *Adamts7* and *Adamts12* mRNA levels in quadriceps tendons showing a decline with age. n = 6. Error bars represent ± SEM. (D) qRT-PCR analysis of *Adamts7* and *Adamts12* mRNAs in wild-type, *Adamts12*<sup>-/-</sup>, and *Adamts12*<sup>-/-</sup> double-knockout mice shows mutual compensation by *Adamts7* and *Adamts12*. n = 3. Error bars represent ± SEM. \* $P \le 0.01$ ; \* $P \le 0.05$  by Student's t test.

from 12.5-, 14.5-, and 18.5-day-old *Adamts*7<sup>+/-</sup> embryos (E18.5) containing all musculoskeletal tissues (cartilage growth plates, articular cartilage, ligaments, tendons, menisci, bone, and skeletal muscle) were stained for  $\beta$ -galactosidase ( $\beta$ -gal) expression as a surrogate for *Adamts*7 mRNA in this *lacZ* insertional allele. Wild-type E18.5 limbs were used for in situ hybridization (ISH) of *Adamts12* mRNA. The more extensive analysis of *Adamts*7 permitted by the intragenic reporter showed no staining in E12.5 hindlimbs, but emergence in hindlimb tendons at E14.5, and strong staining by E18.5. Both genes were specifically expressed in hindlimb tendons, skeletal muscle, and knee meniscal fibrocartilage but their mRNAs were not detected in articular or growth plate cartilage and bone (Figure 2A and Supplemental Figure 1, A–D; supplemental material available online with this article; https://doi.org/10.1172/jci.insight.92941DS1).



**Figure 3.** *Adamts*7<sup>-/-</sup> *Adamts*12<sup>-/-</sup> **hindlimb tendons develop progressive radiopacities.** (**A**) Representative lateral radiographs of 4-, 6-, and 18-month-old (4M, 6M, and 18M) hindlimbs reveal radiopacities (arrows) within the quadriceps tendon (Qt), patellar tendon (Pt), and Achilles tendon (At) of *Adamts*12<sup>-/-</sup> *Adamts*12<sup>-/-</sup> mice that progress with age. Scale bar: 1 mm. P, patella; F, femur; T, tibia; C, calcaneus. (**B** and **C**) Semiquantitative scores of heterotopic ossification in Achilles (**B**) and quadriceps (**C**) tendons shown in **A**. (**D** and **E**) Micro-CT analysis of 18-month-old hindlimbs (scale bars: 1 mm) (**D**) and quantification of heterotopic ossification (**E**). *n* = 4 Achilles tendon, *n* = 3 quadriceps tendons. Error bars represent ± SEM. \**P* ≤ 0.01 by Student's *t* test.

Semiquantitative reverse transcription PCR (RT-PCR) analysis from multiple independent mouse hindlimb tendons at birth, 1 month (juvenile), and 4 months (adult) revealed expression of *Adamts7* and *Adamts12* in the quadriceps, patellar, Achilles, and extensor digitorum longus tendons in juvenile and adult mice (Figure 2B). This was supported by  $\beta$ -gal staining of adult *Adamts7*<sup>+/-</sup> limbs (data not shown), demonstrating continuing expression in hindlimb tendons. *Adamts12* mRNA expression was not detected in forelimb tendons (Supplemental Figure 1B). Longitudinal analysis of *Adamts7* and *Adamts12* quadriceps tendon expression by quantitative RT-PCR (qRT-PCR) showed a peak at 3 months of age, with a statistically lower level at 6 months and 12 months (Figure 2C). Thus, hindlimb tendon expression of *Adamts7* and *Adamts12* mRNA is sustained from the embryonic through adult periods, with a gradual decline as mice age. Furthermore, the data showed that these highly homologous metalloproteinases are coexpressed at specific sites during musculoskeletal development, raising the possibility that they could compensate for each other or work

cooperatively in the same pathways. To ask whether either gene was upregulated in the absence of the other, mRNA from wild-type, *Adamts7<sup>-/-</sup>*, *Adamts12<sup>-/-</sup>*, and *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendons were analyzed by qRT-PCR at 3 weeks of age. This analysis showed a statistically significant upregulation of *Adamts12* in *Adamts7<sup>-/-</sup>* tendons and vice versa (Figure 2D), implying compensation in single mutants.

*Mice with combined inactivation of Adamts7 and Adamts12 develop hindlimb tendon, ligament and meniscal heterotopic ossification (HO), but have normal skeletal development.* Since overlapping expression and gene compensation could mask the deficiency of either protease alone, compound *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice were generated to investigate cooperative functions in musculoskeletal tissues. *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice did not have any externally evident anomalies, were fertile, and did not show enhanced mortality up to 1 year of age. Alizarin red-alcian blue–stained skeletal preparations showed normal skeletal patterning and appropriate endochondral and intramembrane ossification in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice (Supplemental Figure 2A). *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* long bones were comparable in length to wild-type long bones (Supplemental Figure 2B), and *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice had similar body weight to that of age-matched wild-type mice (Supplemental Figure 2C). The developing long bones and growth plates were histologically and morphometrically comparable to wild type (Supplemental Figure 2D).

Upon radiographic analysis, radiopacities consistent with HO were identified within the quadriceps tendon, Achilles tendon, and menisci of 4-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice (Figure 3A), but in neither wild-type controls nor single-null mutants (Supplemental Figure 3, A–C). The radiopacities progressed with age (Figure 3, A–C) and included patellar tendons in 12-month-old and 18-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice, which were not seen in control mice (Figure 3A). Radiopacities were never seen in the forelimb or vertebral tendons (Supplemental Figure 3D). Radiopacities were most extensive in 18-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice, and dense bone within the tendon was observed using micro-CT (Figure 3, D and E). Ectopic mineral was also identified in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* hindlimb tendons and ligaments after Alizarin red staining of skeletal preparations at 6 months (Supplemental Figure 4A) and 18 months of age (Figure 4A). Mature lamellar bone was observed in tendon sections, indicating that these mice developed HO rather than ectopic mineralization (Figure 4B). *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice did not develop osteoarthritis, as indicated by an intact superficial articular cartilage zone and underlying articular cartilage as late as 18 months of age (Supplemental Figure 4B), and subchondral bone thickness and volume were unaltered at 18 months of age, also suggestive of a lack of joint degeneration (Supplemental Figure 4, C and D).

While tendon markers such as scleraxis (*Scx*), mohawk (*Mkx*), tenomodulin (*Tnmd*), collagen 1 (*Col1a1*), and collagen 3 (*Col3a1*) were unchanged, markers of cartilage, namely aggrecan (*Acan*), hypertrophic chondrocyte marker collagen X (*Col10a1*), and bone markers runt-related transcription factor 2 (*Runx2*) and osterix (*Sp7*) were all expressed at higher levels in 3-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendons (Figure 4C). Stronger immunolocalization of aggrecan and collagen X, markers of the chondrocyte and hypertrophic chondrocyte phenotype, respectively, was observed in quadriceps tendon (Figure 4D). Quadriceps tendon contains some fibrocartilage, explaining the low level of aggrecan staining observed in wild-type quadriceps, but the local expression of collagen X in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendons, taken together with qRT-PCR data (Figure 4C), strongly supports local progression toward HO by endochondral ossification (Figure 4D).

*Abnormal tendon collagen fibrils in Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup> mice.* Codistribution of *Adamts7* and *Adamts12* mRNAs within hindlimb tendons, whose ECM comprises tightly packed collagen fibrils oriented uniaxially along the tendon long axis, plus the importance of PGs in tendon collagen fibrillogenesis (22–24), prompted investigation of collagen ultrastructure in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* tendons. Collagen fibril structure and diameter distribution were analyzed in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* Achilles tendons compared with wild-type Achilles tendons using transmission electron microscopy (TEM). In contrast to collagen fibrils of 1-month-old wild-type Achilles tendon, which had a smooth, circular cross-sectional profile and a bell-shaped distribution of fibril diameter, *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* tendons had a higher frequency of both large diameter fibrils and fibrils with abnormal outlines (Figure 5A). Whereas a change in fibril area or density was not observed (Figure 5B), quantitative analysis of the fibril diameters revealed statistically significant changes in their size range, mean diameter, and distribution profile (Figure 5C). On average, *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* tendon fibrils had larger diameters than control fibrils and there was a reduction in the number of small fibrils. These findings indicated dysregulation of collagen fibrillogenesis in the absence of *Adamts7<sup>-/-</sup>* and *Adamts12* leading to altered lateral fibril growth.

## **JCI in**sight



**Figure 4.** *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* **hindlimbs develop heterotopic tendon and ligament ossification.** (**A**) Alizarin red-Alcian blue-stained skeleton preparations of 18-month-old wild-type and *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* hindlimbs reveal heterotopic ossification (arrows and arrowheads) in Achilles tendon (At), medial collateral ligament (mcl), patellar tendon (pt), and quadriceps tendon (qt). Data are representative of n = 8. F, femur; C, calcaneus; T, tibia. (**B**) H&E-stained and safranin O-stained 4-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* hindlimbs shows ectopic ossification in the quadriceps tendon (Qt, arrows) and an ossified meniscus (M). F, femur; P, patella. The images are representative of n = 5. (**C**) qRT-PCR analysis of 3-month-old wild-type and *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendons. n = 3. Error bars represent  $\pm$  SEM. \* $P \le 0.01$ , # $P \le 0.05$  by Student's *t* test. (**D**) Increased staining intensity (green) of aggrecan and collagen X (ColX) in 3-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendons. Sections were counterstained with DAPI (blue). Data are representative of n = 4. Boxed images are shown enlarged on the right. Scale bars: 1 mm (**A**) and 50 µm (**B** and **D**).

*Reduced small leucine-rich PG content of Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup> tendons may underlie abnormal collagen fibrillogenesis.* Previous work indicated that small leucine-rich PGs (SLRPs) were required for proper tendon collagen fibril assembly and function and the fibril data obtained here are consistent with SLRP involvement (27, 28). In particular, tendon collagen fibril anomalies in combination with hindlimb HO were previously seen in *Bgn<sup>-/-</sup> Fmod<sup>-/-</sup>* mice with combined loss of the SLRPs biglycan and fibromodulin (22, 23, 29). Reduced protein levels of biglycan, fibromodulin, and decorin were observed in 3-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps and patellar tendons compared with wild-type tendons using immunohistochemistry (Figure 6A and Supplemental Figure 5, A–C) and Western blot analysis (Figure 6B; see complete unedited blots in the supplemental material). The reduced quadriceps tendon content of biglycan, fibromodulin, and decorin appears to have a posttranscriptional basis, since qRT-PCR showed no statistically significant difference between the respective



**Figure 5. Transmission electron micrographs of Achilles tendon reveal thicker collagen fibrils in** *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* **mice.** (**A**) Representative transverse sections of 21-day-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* Achilles tendons reveals larger collagen fibrils than in wild-type tendons. The images are representative of *n* = 3. Scale bar: 200 nm. (**B**) No change in percentage fibril area, but a reduced percentage of tendon fibril density was evident in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* tendons. Error bars represent ± SEM. Significance was determined by Student's *t* test. (**C**) Histograms representing fibril diameter distribution. *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* tendons have a broader distribution of fibril diameters, with an increase in large-diameter fibrils. Std, standard deviation; ROI, region of interest; Q, quartile.

mRNAs in mutant and wild-type tendons (Figure 6C). COMP was previously identified as an ADAMTS7 and ADAMTS12 substrate (17, 18), but immunostaining did not reveal consistent alteration in COMP staining (Supplemental Figure 5D). Because reduced tendon biglycan and decorin were previously associated with increased BMP signaling, 3-month-old (i.e., prior to overt HO) wild-type and mutant quadriceps tendons were immunostained using antibodies against p-SMAD1/5/9. More extensive staining was seen in *Adamts7*-/- *Adamts12*-/- quadriceps tendons (Figure 6D), suggestive of enhanced BMP signaling.

Suppression of chondrocyte differentiation of uncommitted progenitors by ADAMTS7 and ADAMTS12 could underlie HO. Chondrogenesis is a multistep process initiated by mesenchymal cell condensation in uncommitted precursors. The emergence of HO in Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup> hindlimb tendons via an endochondral ossification program suggested a physiological, local role for ADAMTS7 and ADAMTS12 in suppressing chondrogenesis. To determine whether Adamts7 and Adamts12 could inhibit chondrogenesis, the impact of



**Figure 6. Reduction of small leucine-rich proteoglycans in** *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* **quadriceps tendons.** (**A**) Reduced staining intensity (green) of biglycan, fibromodulin, and decorin is seen in 3-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendon. Sections were counterstained with DAPI (blue). Data are representative of n = 4. (**B**) Western blots show reduced biglycan (Bgn), fibromodulin (Fmod), and decorin (Dcn) content in 3-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendons (n = 3) compared with wild-type tendons (n = 3). (**C**) qRT-PCR analysis of 3-month-old wild-type and *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendons. n = 3. (**D**) Increased staining of p-Smad1/5/9 (green) in 3-month-old *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* quadriceps tendons. Sections were counterstained with DAPI (blue) and quantified below. n = 12 wild type, n = 9 *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>*. Scale bars: 50 µm. Error bars represent ± SEM. \* $P \le 0.01$  by Student's *t* test.

their overexpression was investigated in C3H10T1/2 cells, a pluripotent mouse embryo cell line (30). This cell line can be directed to the chondrocyte lineage by culture under high-density conditions, such as micromass culture or pellet culture in chondrogenic medium (Figure 7A) (31, 32). *Adamts7* and *Adamts12* mRNAs are expressed by C3H10T1/2 cells at very low levels (Figure 7B); their expression was elevated by transfection with *Adamts7* or *ADAMTS12* constructs and maintained in chondrogenic medium (Figure 7, A and B). qRT-PCR analysis of the pellet and micromass cultures showed that expression of the cartilage marker *Col2a1* was reduced from 2–7 days of culture in ADAMTS7- or ADAMTS12-overexpressing cells, implying delayed chondrogenesis (Figure 7C and data not shown). Subsequently, chondrocyte differentiation (hypertrophy), as determined by *Col10a1* expression, was reduced at days 7–10 in overexpressing cells compared with the



**Figure 7. ADAMTS7 and ADAMTS12 overexpression inhibits chondrocyte differentiation in uncommitted C3H10T1/2 cells. (A)** Schematic of chondrogenic culture conditions used for 10T1/2 cells. (**B**) qRT-PCR showing baseline *Adamts7* and *Adamts12* expression in C3H10T1/2 cells and overexpression following transfection with the respective plasmids. n = 3. (**C** and **D**) *Col2a1* and *Col10a1* expression was reduced upon overexpression of *Adamts7* or *ADAMTS12*. n = 3. Error bars represent  $\pm$  SEM. \* $P \le 0.01$  by Student's *t* test.

controls (Figure 7D). There was no change in *Bgn, Fmod*, or *Dcn* expression as compared with ADAMTS7- or ADAMTS12-overexpressing cells (Supplemental Figure 6, A–C). Therefore, forced expression of *Adamts7* and *ADAMTS12* can suppress differentiation of uncommitted mesenchymal cells to the chondrocyte lineage.

*ADAMTS12 and ADAMTS12 expression is a hallmark of healthy human tendons.* To ask whether *ADAMTS7* and *ADAMTS12* played a role in tendon phenotype maintenance and overall tendon health in humans, *ADAMTS7* and *ADAMTS12* mRNA levels were measured in human biceps long head tendons resected during shoulder reconstructive surgery. The tendons were grouped into 2 categories, normal and degenerative, based on their gross appearance and on the basis of normal histology versus a histologic appearance of disorganized structure, staining for sulfated PGs or HO, respectively (Figure 8A). A subpopulation of such degenerative tendons, but not visually normal tendons, showed overt chondrogenesis, containing cells with a chondrocytic morphology and strong GAG staining, or showed endochondral ossification (Figure 8B, arrows). Reduced ADAMTS7 and ADAMTS12 immunoreactivity was evident in degenerative tendons. However, *ADAMTS7* mRNA levels showed a statistically significant reduction, and *ADAMTS12* mRNA was reduced, albeit not significantly, in degenerative tendons (Figure 8D). Interestingly, as with the *Adamts7*-<sup>-/-</sup> *Adamts12*-<sup>-/-</sup> and wild-type tendons, there was not a detectable difference in *BGN*, *FMOD*, or *DCN* expression between the 2 tendon groups (Supplemental Figure 7). Therefore, ADAMTS7 and ADAMTS12 could be biomarkers for the healthy tendon state, and their loss could be causally related to some aspects of tendon degeneration, such as ectopic chondrogenesis and HO.

# **JCI** insight



**Figure 8. ADAMTS7 and ADAMTS12 mRNA and protein are reduced in degenerative adult human biceps tendons.** (**A**) Gross appearance of cross sections of histologically normal and degenerative adult human biceps tendon (top) and overview of staining with H&E and proteoglycan stains toluidine blue and safranin O as indicated. Images are representative of n = 10 normal and n = 15 degenerative. (**B**) An example of a degenerative tendon stained with safranin O showing heterotopic ossification (HO) and the appearance of hypertrophic chondrocytes (HCs). The images are representative of n = 3 tendons with HO. (**C**) Representative immunostaining of normal and degenerative tendon sections with anti-ADAMTS7 (top panels, green) and anti-ADAMTS12 (lower panels, green). Images are representative of n = 3. (**D**) qRT-PCR reveals *ADAMTS7* and *ADAMTS12* mRNA expression in histologically normal human biceps tendons and significant reduction of *ADAMTS7* mRNA in histologically degenerative tendons. 10 normal and 15 tendons with degenerative change were used for the analysis. Scale bars: 1 mm (**A** and upper panels in **B**), 200 µm (lower panels in **B**), and 50 µm (**C**). Error bars represent ± SEM. \**P* ≤ 0.01 by Student's *t* test.

### Discussion

The present work, together with a prior report (12), establishes that ADAMTS7 and ADAMTS12 comprise a distinct subfamily of ADAMTS proteases that are also CS/DS PGs. DS differs from CS in the presence of CS disaccharides containing not only D-glucuronate, which is characteristic of CS but its 5-epimer, L-iduronate (33). Chondroitinase ABC digestion cannot distinguish between the two, and chondroitinase ACII, which can, is presently commercially unavailable. CS/DS PGs have specific structural and instructive roles in many tissues. For example, aggrecan, which has numerous CS chains, provides cartilage with resistance to compression (34). CS chains can mediate binding to morphogens and growth factors such as sonic hedgehog, platelet-derived growth factor, and TGF- $\beta$  (35, 36).

The unusually close molecular relationship and observed compensatory upregulation of Adamts7 or

*Adamts12* in the absence of the other led us to generate and analyze mice lacking both ADAMTS7 and ADAMTS12 for the first time time to the best of our knowledge. Previously, mouse mutants with combined deficiency of ADAMTS5, ADAMTS9, or ADAMTS20, proteases that are related by their ability to cleave the CS PG versican and are expressed coordinately in interdigital mesenchyme, manifested soft tissue syndactyly with a higher penetrance than any of the single mutant alleles (37). In addition, *Adamts20<sup>tr/b</sup> Adamts9<sup>+/-</sup>* mice, which are deficient in highly homologous ADAMTS proteases, have fully penetrant cleft palate, whereas *Adamts20<sup>tr/bt</sup>* mice have a low penetrance and *Adamts9<sup>+/-</sup>* mice never develop cleft palate (37, 38). The present study extends the concept that closely related ADAMTS proteases work cooperatively, since the combined mutants, but neither single mutant, developed HO.

*ADAMTS7* and *ADAMTS12* expression was previously reported in bone, cartilage, synovium, ligament, and tendon using RT-PCR (17, 18). However, the precise spatial and temporal expression of their mRNAs and roles in skeletal development and adult osteoarticular homeostasis in vivo were previously undefined. The present report herein establishes that neither skeletal patterning nor establishment of specific musculoskeletal lineages is perturbed in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* embryos, since they have the normal number and appropriate organization of limb segments and rays, and properly formed musculoskeletal tissues at each developmental stage. The findings are consistent with the observed absence of significant *Adamts7* and *Adamts12* mRNA expression in cartilage during the embryonic and juvenile periods using RNA ISH and intragenic reporters, which have high sensitivity and specificity in pinpointing the precise source of secreted molecules. The double mutants used here provided a definitive in vivo model for analysis of both related proteins in HO that was previously unavailable and unequivocally contradict proposed roles for these proteases in endochondral ossification (39, 40).

After skeletal maturity, specifically, by 4 months of age,  $Adamts7^{-/-} Adamts12^{-/-}$  mice consistently developed HO in hindlimb tendons and ligaments, typically in fibrocartilage within these tissues. Both the peripheral third of the meniscus and the insertion sites of large tendons and ligaments such as the Achilles tendon and quadriceps tendon, as well as the medial collateral ligament contain fibrocartilage, which provides a structural and mechanical transition to bone. Fibrocartilage has an ambiguous histologic and molecular identity, containing both collagen I for tensile strength and aggrecan and other cartilage molecules for compressive strength. Although the cells embedded within fibrocartilage appear chondrocytic, they do not exclusively express chondrocyte or fibroblast proteins. We suggest that fibrocartilage represents a "commitment tightrope," which requires a balance of prochondrogenic and profibrogenic factors within these cells and that ADAMTS7 and ADAMTS12 are profibrogenic factors that are coexpressed locally to maintain the fibrocartilaginous or tendinous state. In the absence of ADAMTS7 and ADAMTS12 in tendons, the transition to cartilage and bone via endochondral ossification, which appears to be part of a normal aging process in C57BL/6 tendons, is expedited. In support, overexpression of Adamts7 and ADAMTS12 in C3H10T1/2 cells grown in pellet cultures suppressed chondrogenesis, confirming similar experiments performed in C3H10T1/2 micromass cultures (39, 40). Together, these findings support an antichondrogenic role in tendons and fibrocartilage.

Interestingly,  $Bgn^{-/0}$  Fmod<sup>-/-</sup> mice develop hindlimb HO that is remarkably similar in its spatial distribution to that observed in Adamts7-'- Adamts12-'- mice, but appears earlier, is more extensive and accompanied by altered gait and premature joint degeneration, which were not evident in the present work (29, 41, 42). Both SLRPs were reduced in Adamts7-'- Adamts12-'- tendons, through mechanisms that are not presently understood, but appear to be nontranscriptional, suggesting that reduced biglycan and fibromodulin could underlie the HO. Bgn<sup>-/0</sup> Fmod<sup>-/-</sup> mice have more tendon progenitor cells and reduction of biglycan and fibromodulin upregulated BMP signaling (43). BMP signaling inhibits tendon formation during development (44), whereas increased BMP signaling is associated with HO (45). Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup> mice had reduced, rather than absent biglycan and fibromodulin, which could explain why the observed anomalies were not as severe as in  $Bgn^{-/0}$  Fmod<sup>-/-</sup> mice, and like them, showed upregulated BMP signaling at sites of HO. That PG-deficient mouse models, including  $Bgn^{-/0}$ Fmod<sup>-/-</sup> and Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup> mice develop HO in tendons supports the concept that these PG components of the ECM have important roles in controlling tendon stem/progenitor cell fate and function (41). The collagen fibril phenotype of Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup> mice was not, however, identical to those of  $Bgn^{-/0}$  Fmod<sup>-/-</sup> mice (29), possibly explained by reduction also of decorin, another fibrillogenesis regulator (23). The distinct collagen fibril anomaly of Adamts7-- Adamts12--- tendons likely reflects a complex, combined deficiency of SLRPs. As PGs, ADAMTS7 and ADAMTS12 may also directly bind maturing collagen fibrils and regulate their lateral growth.

Inactivation of the transcription factor Mohawk also leads to tendon HO, but this occurred via failed tenogenesis (46). Neither *Adamts7* nor *Adamts12* is a known downstream target of Mohawk, and tenogenesis was unaffected in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice, which lacked developmental anomalies. Interestingly, sesamoid bones form during development by endochondral ossification within predetermined regions of tendons (47). Clearly, the intrinsic mechanism that prevents HO must be repressed in such locations to allow sesamoid bone formation. Alternatively, sesamoid bone may be specified prior to the expression of ADAMTS7 and ADAMTS12, a possibility supported by the late onset of *Adamts7* and *Adamts12* expression and continued expression into adulthood, so that adult onset, rather than developmental anomalies are seen.

An interesting aspect of HO in both *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* and *Bgn<sup>-/0</sup> Fmod<sup>-/-</sup>* mice is its exclusive occurrence in the hindlimbs. Whereas wild-type C57BL/6 mice develop age-related hindlimb HO as seen here (48), similar changes in the forelimb were not detected and correspondingly little *Adamts7* and *Adamts12* is expressed in forelimb tendons. This suggests that innate protective mechanisms in hindlimbs may have arisen from evolutionary pressure to counter increased hindlimb susceptibility to HO, such as via increased loading or microtrauma. Indeed, HO in humans is also more prevalent in hindlimb tendons such as the Achilles tendon following surgery or trauma (49). Nevertheless, reduced *ADAMTS7* and *ADAMTS12* expression in resected human biceps tendons showed an association with degenerative changes, and in some instances, cartilage metaplasia and HO. Mineralization and ossification, especially within the Achilles tendon, is commonly seen in chronic injury or degeneration, and HO is a frequent occurrence after repair of ruptured Achilles tendon (48–50). Achilles tendon resections are less readily available than biceps tendons; the findings suggest investigation of ADAMTS7 and ADAMTS12 in Achilles tendons as a major future direction.

Genetically determined HO in humans typically affects other tissues and different sites. Fibrodysplasia ossificans progressive (FOP), which is caused by *ACVR1* mutations, leads to progressive ossification of muscles, tendons, and ligaments (51). Diffuse idiopathic skeletal hyperostosis (Forestier disease) preferentially affects the anterior longitudinal ligament of the spine, and causes enthesophytes of tendons and ligaments (52). Progressive osseous heteroplasia (POH), characterized by HO extending from dermal and subcutaneous tissues to deep structures in a segmental fashion, is caused by inactivating heterozygous mutation of the  $\alpha$  subunit of the G-stimulatory protein of adenylyl cyclase (53). The HO described here in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice is distinct from these human genetic disorders and also from calcific tendinitis, a painful buildup of calcium in the tendon (54). Could genetic deficiency of either *ADAMTS7* or *ADAMTS12* cause HO in humans? We predict not, since in humans as in mice, *ADAMTS7* and *ADAMTS12* are on different chromosomes, such that simultaneous mutation or loss of both copies of both genes is unlikely. Moreover, we show in mice that absence of one leads to compensatory upregulation of the other. Since their coexpression suggests shared regulatory mechanisms, they might both be downregulated coordinately, such as was observed in degenerated human tendons and are likely to be more relevant to acquired tendon disease and surgical repair than genetic tendon anomalies.

In summary, our results suggest that ADAMTS7 and ADAMTS12 are intrinsic tendon components required for maintenance of tenocyte and fibrochondrocyte cell/ECM phenotypes in tendons and menisci. Our studies suggest several possible mechanisms, which may apply concurrently. Collagen fibril anomalies in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice are distinct from those seen in other mouse knockouts, and could lead to HO. Additionally, the present data strongly support reduction of the SLRPs biglycan and fibromodulin in *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice as a major potential mechanism of HO. Excess p-SMAD staining was also detected, consistent with a role for SLRPs in regulating TGF- $\beta$  and BMPs and with reduced SLRP content. It is presently not possible to specify if the observed collagen fibril anomalies and HO in the *Adamts7<sup>-/-</sup> Adamts12<sup>-/-</sup>* mice directly result from loss of proteolytic activity or the PG characteristic of ADAMTS7 and ADAMTS12 defined here. In future studies one could interrogate the role of the GAG modification and catalytic activity individually using CRISPR-Cas9 knockin mutations that produce unmodified ADAMTS7 and ADAMTS12, or catalytically inactive proteases. Identification of the exact sites of GAG attachment shown here expedites this approach. In addition, identification of novel ADAMTS7 and ADAMTS12 substrates is an important future direction to determine how their proteolytic activity might regulate tendon biology.

#### Methods

All reagents were from Sigma-Aldrich unless otherwise indicated.

*Transgenic mice.* Adamts7<sup>+/-</sup> mice (Adamts7<sup>m1a(KOMP)Wtsi</sup>) were obtained from the NIH-supported KOMP Repository (www.komp.org) as a knockout-first allele and were maintained by outbreeding to the C57BL/6 strain. This constitutive null allele has an intragenic  $\beta$ -gal-neomycin resistance (NeoR) cassette inserted in intron

4, to provide a reporter for *Adamts7* expression. Because variable *lacZ* expression was observed, even in *Adamts7*<sup>-/-</sup> mice, the NeoR cassette was first deleted by intercrossing *Adamts7*<sup>+/-</sup> mice and *Prm1-Cre* mice. Progeny of this cross with NeoR deletion were outbred to C57BL/6 wild-type mice to eliminate *Prm1*-Cre and subsequently maintained in this strain. NeoR deletion gave consistently stronger  $\beta$ -gal staining and Cre eliminated exons 5 and 6, which encode the *Adamts7* propeptide. The *Adamts12*<sup>+/-</sup> allele (B6;129S5-*Adamts12*<sup>m1Lex</sup>/Mmcd) was generated by Genentech Lexicon by targeting exons 8 through 10, which encode the catalytic domain, and was recovered from a cryoarchive at the Mutant Mouse Regional Resource Center (University of California-Davis, Davis, CA) (21). *Adamts12*<sup>+/-</sup> mice were backcrossed 9 generations with C57BL/6 mice. *Adamts7* and *Adamts12* are located on chromosome 9 and 15 respectively, ensuring independent segregation during meiosis. *Adamts12*<sup>-/-</sup> Adamts12<sup>-/-</sup> mice were generated by intercrossing the 2 alleles and subsequently maintained on a C57BL/6 background. The offspring of the intercross showed expected Mendelian ratios of adult mice, confirming that the double-null phenotype was not embryonic or perinatal lethal. Whereas only male mice were used for skeletal preparations and measurement of bone length, mice of both sexes were used for x-ray and micro-CT and at embryonic stages (for histology) with no differences between the sexes observed.

Radiographic and micro-CT analysis. Following euthanasia, mouse forelimbs and hindlimbs were dissected and radiographed (DXSPRO In-Vivo; Carestream Health, Inc.). Radiographs were scored by a semiquantitative scoring system (29). Micro-CT analysis was performed on an InSyTe Benchtop CT (Trifoil Imaging Technologies) and 3-dimensional data were processed and analyzed using VolNinja (ImageIQ).

Histology and immunofluorescence microscopy. Mouse forelimbs and hindlimbs were fixed with 4% paraformaldehyde (PFA) in PBS at 4°C for 48 hours. Postnatal limbs were decalcified in 5% EDTA in PBS for 7-10 days with a change of the solution every other day. Human tendons were fixed in 4% PFA in PBS at 4°C for 48 hours. Paraffin sections (7 µm) were used for histochemistry (H&E, Alcian blue, toluidine blue) or for indirect immunofluorescence. The primary antibodies (Supplemental Table 1) were followed by secondary goat anti-mouse or goat anti-rabbit antibody (A11001 or A11008; 1:200; Invitrogen) treatment. Prior to immunofluorescence, citrate antigen retrieval, i.e., immersion of slides in citrate-EDTA buffer (10 mM citric acid, 2 mM EDTA, 0.05% v/v Tween-20, pH 6.2) and microwaving 4 times for 1.5 minutes each at 50% power in a microwave oven with 30-second intervals between heating cycles, or chondroitinase ABC treatment (0.2 U/ml in PBS; C3667, Sigma-Aldrich) was used for anti-ADAMTS7 and ADAMTS12 for 1 hour at 37°C. Images were obtained using an Olympus BX51 microscope with Leica DFC 7000T camera and Leica Application Suite V4.6 software. Alizarin red-Alcian blue-stained skeleton preparations were performed as previously described (55). Briefly, skinned, eviscerated mice were fixed in 80% ethanol for 24 hours, dehydrated in 95% ethanol for 24 hours and acetone for 48 hours, stained in solution (0.1% Alizarin red S, 0.3% Alcian blue, 1% glacial acetic acid in 95% ethanol) for 48 hours, cleared in 95% ethanol for 1 hour, muscle tissue gently removed with forceps, and then cleared in a series of increasing (20%-80%) glycerin/1% KOH ratio until storage in 100% glycerin and photographed. Human tendons were embedded in paraffin and sections were used for H&E, toluidine blue, and Masson trichrome staining.

β-Gal staining and RNA ISH. Tissue from Adamts7<sup>+/-</sup> mice was fixed and stained for β-gal activity as previously described (56). Adamts12 ISH was performed using RNAScope (Advanced Cell Diagnostics) following the manufacturer's protocol. Briefly, 6-µm sections were deparaffinized and hybridized to a mouse Adamts12 probe set (400531, Advanced Cell Diagnostics) using a HybEZ oven (Advanced Cell Diagnostics) and the RNAScope 2.5 HD Detection Reagent Kit (322360, Advanced Cell Diagnostics).

*Cell culture*. C3H/10T1/2, clone 8 cells (ATCC, CCL-226) were cultured in 100-mm plastic culture dishes in Dulbecco's Modified Eagle Medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 100 U/ml penicillin, and 100 µg/ml streptomycin at 37°C in a 5% CO<sub>2</sub> humidified chamber. The cells were transiently transfected with *Adamts7* (12) or *ADAMTS12* expression plasmids (gift from S. Cal, University of Oviedo, Oviedo, Spain) using a Lipofectamine 3000 Transfection Kit (L3000, Invitrogen). Twenty-four hours after transfection, the cells were detached with trypsin-EDTA and used at 5 × 10<sup>5</sup> cells/ml (for pellet cultures) or 1 × 10<sup>7</sup> cells/ml (for micromass cultures). Pellet cultures were performed as previously described (57). Briefly, 5 × 10<sup>5</sup> cells were centrifuged at 500 g for 5 minutes in 15-ml tubes and cultured in chondrogenic medium (10<sup>-7</sup> M dexamethasone, 0.2 mM L-ascorbic acid-2 phosphate, ITS liquid media supplement, 10 ng/ml TGF- $\beta$ 1 in serum-free DMEM), with a medium change every 48 hours. Micromass cultures were generated as previously described (58). Briefly, 10 µl of a 1 × 10<sup>7</sup> cells/ml aliquot was placed in the center of a 24-well dish and the cells were allowed to adhere for 1 hour, after which 1 ml of chondrogenic medium was added and changed every 48 hours.

TEM and collagen fibril diameter analyses. Achilles tendons dissected from 1-month-old Adamts7-/-Adamts12-/- mice and C57BL/6 wild-type controls were processed for TEM as previously described (59). Briefly, the hindlimbs were fixed in modified Karnovsky's fixative (2.5% glutaraldehyde, 4% paraformaldehyde, 0.1 M sodium cacodylate, 8 mM calcium chloride, pH 7.4) for 4 hours on a shaker at 4°C and transferred to transport solution (10% Karnovsky's fixative, 10% sucrose, in 0.1 M sodium cacodylate, pH 7.4). The tendons were rinsed in cacodylate buffer and postfixed for 1 hour with 1% osmium tetroxide, dehydrated in ethanol followed by 100% propylene oxide, infiltrated and embedded in EMbed 812, nadic methyl anhydride, dodecenylsuccinic anhydride, and DMP-30 (Electron Microscopy Sciences) and polymerized overnight at 60°C. A Leica ultramicrotome was used to prepare thin (~90 nm) cross-sections, poststained with 2% aqueous uranyl acetate and 1% phosphotungstic acid, pH 3.2, and examined and imaged at 80 kV using a JEOL 1400 transmission electron microscope equipped with a Gatan Orius widefield side mount CC Digital camera (Gatan Inc.). Micrographs from nonoverlapping regions of the central portion of the Achilles tendon of control and Adamts 7<sup>-/-</sup> Adamts 12<sup>-/-</sup> mice (n = 3) were taken at ×60,000 magnification. A region of interest (ROI) consisted of a minimum of 80 fibrils that were measured using MetaMorph Premier for Olympus, Meta Series 7.65 (Olympus America Inc. and Molecular Devices Inc.). Fibril diameters were measured along the minor axis of the fibril cross-section. Fibril density was obtained as the fibril number per unit area.

Site-directed mutagenesis, transient transfection, deglycosylation, and Western blotting. A plasmid encoding human ADAMTS12 with a C-terminal FLAG tag was used for site-directed mutagenesis (QuikChange Site-Directed Mutagenesis kit, Stratagene) to introduce substitutions at putative GAG attachment sites (Ser<sup>1157</sup> to Ala, Ser<sup>1157</sup> + Ser<sup>1159</sup> to Ala<sup>1157</sup>+Ala<sup>1159</sup>). Plasmids were transfected into HEK293F cells using Fugene 6 (E2691, Promega) and conditioned medium was collected 48-72 hours later. Aliquots of medium were deglycosylated prior to analysis by reducing SDS-PAGE and Western blotting with anti-FLAG M2 antibody (1:1,000; F3165; Sigma-Aldrich). Chondroitinase ABC (C3667, Sigma-Aldrich), keratanase I + II (Seikagaku Corporation), or heparinase I + III (H3917, Sigma-Aldrich) was used for deglycosylation as previously described (12). CS stubs remaining on the ADAMTS12 core protein after chondroitinase ABC digestion were detected by mouse anti-chondroitin 6-sulfate mAb 2035 (EMD Millipore). Mouse tendons were homogenized (Ultra Turrax T2, IKA-Works) in lysis buffer (0.1% NP-40, 0.01% SDS, and 0.05% sodium deoxycholate in PBS). Extracts were analyzed by 10% reducing SDS-PAGE. For PG analysis, chondroitinase ABC digestion for 24 hours at 37°C was used prior to electrophoresis. Proteins were electroblotted to polyvinylidene fluoride membranes (IPFL00010, EMD Millipore), incubated with primary antibodies overnight at 4°C (Supplemental Table 1), followed by fluorescent secondary antibody goat antimouse or -rabbit (827-08365, 926-68170; 1:5,000; Li-COR) for 1 hour at room temperature. Antibody binding was visualized using an ODYSSEY CLx infrared imaging system (LI-COR Biosciences).

*RNA isolation and qRT-PCR*. Human tendons were snap-frozen and stored at  $-80^{\circ}$ C until use. Following tendon homogenization (Tissue Tearer, Thermo Fisher Scientific) in TRIzol (15596018, Invitrogen) total RNA was extracted from mouse Achilles, quadriceps, and patellar tendon following the manufacturer's instructions. cDNA was generated from 1 µg RNA using a High-Capacity cDNA reverse transcription kit following the manufacturer's instructions (4368814, Applied Biosystems). PCR products were electrophoresed in 2% agarose gels (Gel Logic 100 Imaging System, Kodak). Quantitative RT-PCR (qRT-PCR) was performed using Bullseye EvaGreen qPCR MasterMix (BEQPCR-S, MIDSCI) using an Applied Biosystems 7500 instrument. Three independent PCR amplifications were used for each sample. *Gapdh* was used as a control for mRNA quantity. Human and mouse primer sequences for RT-PCR and qRT-PCR are in Supplemental Table 2. The  $\Delta\Delta$ Ct method was used to calculate relative mRNA expression levels.

*Statistics*. Representative data of 3 independent experiments are reported unless otherwise indicated. The 2-tailed, unpaired Student's *t* test was used to obtain *P* values. Asterisks indicate differences with statistical significance as follows:  $*P \le 0.01$ ,  $#P \le 0.05$ .

*Study approval.* All mouse experiments were approved by the Cleveland Clinic Institutional Animal Care and Use Committee (protocol 2016-1665). Tendons of the long head of biceps brachii were obtained as tissue discarded at reconstructive shoulder surgery at the Cleveland Clinic under an IRB exemption for use of discarded tissue without patient information (exemption no. 118).

### Author contributions

TJM, DRM, JCH, YD, and SMA conducted experiments and acquired and analyzed the data. TJM, DRM, DEB, and SSA designed the study. TJM and SSA wrote the manuscript.

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