

Instructions

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Other: Anything not covered under the previous three boxes Pending: The patent has been filed but not issued Issued: The patent has been issued by the agency Licensed: The patent has been licensed to an entity, whether earning royalties or not



Section 1. Identifying Infor	mation	
1. Given Name (First Name) Jogchum	2. Surname (Last Name) Plat	3. Date 24-April-2017
4. Are you the corresponding author?	Yes 🖌 No	Corresponding Author's Name Prof. C.D.A. Stehouwer
5. Manuscript Title Independent tissue contributors to ol	besity-associated insulin re	esistance
6. Manuscript Identifying Number (if you 89695-INS-CMED-TR-2	know it)	
Section 2. The Work Under	Consideration for Pub	lication

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🖌 No

Are there any relevant conflicts of interest?	Yes
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Are there any relevant conflicts of interest?	Yes	\checkmark	No
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Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?	Ye	s 🗸 N	0
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Dr. Plat has nothing to disclose.

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5. Manuscript Title Independent tiss		pesity-associated insulin re	esistance	
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Are there any relevant conflicts of interest? Yes No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

Name of Institution/Company	Grant?	Personal Fees?	Non-Financial Support <mark>?</mark>	Other?	Comments	
Top Institute Food and Nutrition	✓				This work was supported by research grant CH001 from the Top Institute Food and Nutrition, a public-private partnership on precompetitive research in food and nutrition. The public partners are responsible for the study design, data collection and analysis, decision to publish, and preparation of the manuscript.	

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Are there any relevant conflicts of interest? \checkmark Yes \checkmark No



Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes Ves

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Dr. Schalkwijk reports grants from Top Institute Food and Nutrition, during the conduct of the study.

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1. Given Name (First Name) Coen	2. Surname (Last Name) Stehouwer	3. Date 24-April-2017
4. Are you the corresponding aut	hor? 🖌 Yes 🗌 No	
5. Manuscript Title Independent tissue contributo	ors to obesity-associated insulin resistance	
6. Manuscript Identifying Numbe 89695-INS-CMED-TR-2	r (if you know it)	

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Are there any relevant conflicts of interest?		Yes
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Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?		Yes	\checkmark	No
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Dr. Stehouwer has nothing to disclose.

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1. Given Name (Fi Eugene	rst Name)	2. Surname (Last Na Barrett	me) 3. Date 24-April-2017
4. Are you the con	responding author?	Yes 🖌 No	Corresponding Author's Name Prof. C.D.A. Stehouwer
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Yes

Are there any relevant conflicts of interest?	Yes	\checkmark	No
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Are there any relevant conflicts of interest?

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Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest? Yes No

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Name of Institution/Company	Grant?	Personal Fees?	Non-Financial Support <mark>?</mark>	Other?	Comments	
Top Institute Food and Nutrition	✓				This work was supported by research grant CH001 from the Top Institute Food and Nutrition, a public-private partnership on precompetitive research in food and nutrition. The public partners are responsible for the study design, data collection and analysis, decision to publish, and preparation of the manuscript.	

Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest? \checkmark Yes \checkmark No



Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes Ves

Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

Yes, the following relationships/conditions/circumstances are present (explain below):

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Dr. Joris reports grants from Top Institute Food and Nutrition, during the conduct of the study.

Evaluation and Feedback



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Section 1.	Identifying Infor	mation	
1. Given Name (Fi Marianne Eline	rst Name)	2. Surname (Last Name) Kooi	3. Date 24-April-2017
4. Are you the corresponding author?		Yes 🖌 No	Corresponding Author's Name Prof. C.D.A. Stehouwer
5. Manuscript Title Independent tiss		pesity-associated insulin re	sistance
6. Manuscript Ider 89695-INS-CMEE	ntifying Number (if you)-TR-2	know it)	_

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🖌 No

Are there any relevant conflicts of interest?		Yes
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No

Are there any relevant conflicts of interest? \checkmark Yes

If yes, please fill out the appropriate information below.

Name of Entity	Grant?	Personal Fees?	Non-Financial Support?	Other?	Comments	
CTMM PARISK	\checkmark					

Section 4. Intellectual Property -- Patents & Copyrights Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes



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Section 1.	Identifying Info	rmation	
1. Given Name (Firs Yvo	t Name)	2. Surname (Last Name Kusters	e) 3. Date 24-April-2017
4. Are you the corresponding author?		Yes 🖌 No	Corresponding Author's Name Prof. C.D.A. Stehouwer
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Are there any relevant conflicts of interest? \checkmark Yes \checkmark No



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Dr. Kusters reports grants from Top Institute Food and Nutrition, during the conduct of the study.

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Section 1.	Identifying Infor	mation				
1. Given Name (Fi Lucas	rst Name)	2. Surnam Lindeboo	e (Last Name) om		3. Date 24-April-2017	
4. Are you the corresponding author?				Corresponding Author's Na Prof. C.D.A. Stehouwer		
5. Manuscript Title Independent tiss	e sue contributors to ob	esity-associa	ited insulin res	istance		
6. Manuscript Ider 89695-INS-CMEE	ntifying Number (if you l D-TR-2	know it)				
	I					
Section 2.	The Work Under	Considerati	ion for Publi	cation		
	•			n a third party (government, co ata monitoring board, study de	mmercial, private foundation, etc.) for esign, manuscript preparation,	

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🖌 No

Yes

Are there any relevant conflicts of interest?	Yes	\checkmark	No
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statistical analysis, etc.)?

Are there any relevant conflicts of interest?

Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work?		Yes	0
	1 1		



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Section 6. Disclosure Statement

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Dr. Lindeboom has nothing to disclose.

Evaluation and Feedback



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Section 1. Identifying Info	rmation		
1. Given Name (First Name) Ronald	2. Surname (Last Name) Mensink		3. Date 24-April-2017
4. Are you the corresponding author?	Yes 🖌 No	Corresponding Author's Nar Prof. C.D.A. Stehouwer	ne
5. Manuscript Title Independent tissue contributors to o	besity-associated insulin r	esistance	
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Dr. Mensink reports grants from Top Institute Food and Nutrition, during the conduct of the study.

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4. Are you the corresponding author?		Yes 🖌 No	Corresponding Author's Name Prof. C.D.A. Stehouwer
5. Manuscript Title Independent tiss		pesity-associated insulin re	sistance
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Are there any relevant conflicts of interest? Yes No

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Are there any relevant conflicts of interest? \checkmark Yes \checkmark No



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Dr. op 't Roodt reports grants from Top Institute Food and Nutrition, during the conduct of the study.

Evaluation and Feedback



Supplementary document to the manuscript:

Independent tissue contributors to obesity-associated insulin resistance

CONSORT 2010 checklist of information to include when reporting a randomised trial*

Section/Topic	ltem No	Checklist item	Reported on page No
Title and abstract			
	1a	Identification as a randomised trial in the title	N/A
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)	p. 2
Introduction			
Background and	2a	Scientific background and explanation of rationale	pp. 2, 4
objectives	2b	Specific objectives or hypotheses	p. 5
Methods			
Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	p. 12
	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	N/A
Participants	4a	Eligibility criteria for participants	p. 12
	4b	Settings and locations where the data were collected	pp. 12-13
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were	
		actually administered	рр. 12-13
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they	
		were assessed	pp. 12-15
	6b	Any changes to trial outcomes after the trial commenced, with reasons	N/A
Sample size	7a	How sample size was determined	p. 13
	7b	When applicable, explanation of any interim analyses and stopping guidelines	N/A
Randomisation:			
Sequence	8a	Method used to generate the random allocation sequence	p. 12
generation	8b	Type of randomisation; details of any restriction (such as blocking and block size)	p. 12
Allocation	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers),	40
concealment mechanism		describing any steps taken to conceal the sequence until interventions were assigned	p. 12
Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to	
		interventions	p. 12

Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those	
		assessing outcomes) and how	p. 12
	11b	If relevant, description of the similarity of interventions	N/A
Statistical	12a	Statistical methods used to compare groups for primary and secondary outcomes	р. 16
methods	12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	pp. 8, 16
Results			
Participant flow (a	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and	Fig. 1; p. 22
diagram is		were analysed for the primary outcome	1 ig. 1, p. 22
strongly recommended)	13b	For each group, losses and exclusions after randomisation, together with reasons	Fig. 1; p. 22
Recruitment	14a	Dates defining the periods of recruitment and follow-up	p. 12
	14b	Why the trial ended or was stopped	pp. 13, 22
Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	Table 1; p. 27
Numbers	16	For each group, number of participants (denominator) included in each analysis and whether the analysis was	Figures 1-5;
analysed		by original assigned groups	Tables 1-3;
			pp. 22-29
Outcomes and	17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its precision	pp. 6-7, 23, 25,
estimation		(such as 95% confidence interval)	27
	17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	N/A
Ancillary analyses	18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory	p. 8
Harms	19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	p. 22
Discussion			
Limitations	20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	p. 11
Generalisability	21	Generalisability (external validity, applicability) of the trial findings	p. 11
Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	pp. 2, 9-11
Other information			
Registration	23	Registration number and name of trial registry	pp. 3, 16
Protocol	24	Where the full trial protocol can be accessed, if available	N/A
Funding	25	Sources of funding and other support (such as supply of drugs), role of funders	pp. 3, 18

*We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see www.consort-statement.org.