

Decidual Cox2 inhibition improves fetal and maternal outcomes in a preeclampsia-like mouse model

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Preeclampsia (PE) is a disorder of pregnancy that manifests as late gestational maternal hypertension and proteinuria and can be life-threatening to both the mother and baby. It is believed that abnormal placentation is responsible for the cascade of events leading to the maternal syndrome. Embryo implantation is critical to establishing a healthy pregnancy. Defective implantation can cause adverse "ripple effects," leading to abnormal decidualization and placentation, retarded fetal development, and poor pregnancy outcomes, such as PE and fetal growth restriction. The precise mechanism(s) of implantation defects that lead to PE remain elusive. BPH/5 mice, which spontaneously develop the cardinal features of PE, show peri-implantation defects including upregulation of Cox2 and IL-15 at the maternal-fetal interface. This was associated with decreased decidual natural killer (dNK) cells, which have important roles in establishing placental perfusion. Interestingly, a single administration of a Cox2 inhibitor (celecoxib) during decidualization restrained Cox2 and IL-15 expression, restored dNK cell numbers, improved fetal growth, and attenuated late gestational hypertension in BPH/5 female mice. This study provides evidence that decidual overexpression of Cox2 and IL-15 may trigger the adverse pregnancy outcomes reflected in the preeclamptic syndrome, underscoring the idea that Cox2 inhibitor treatment is an effective strategy for the prevention of PE-associated fetal and maternal morbidity and mortality.

Introduction

The pathophysiology underlying preeclampsia (PE) is often described as having 2 stages, the first involving abnormal placentation characterized by poor trophoblast invasion, incomplete vascular remodeling, and placental hypoxia (1), while the second stage presents as the maternal syndrome of hypertension and proteinuria (2). While the cause and onset of these mechanisms are unclear, a proposed etiology is inadequate uterine angiogenesis and placental vasculogenesis at the time of implantation (3).

Early pregnancy events depend on tightly regulated signaling pathways to ensure pregnancy success. In rodents and humans, implantation is the first coordinated encounter between the mother and fetus (1, 2). Decidualization, or the differentiation of uterine stromal cells into a transient, specialized secretory decidual tissue, is required in both species to complete implantation. This process is accompanied by marked uterine angiogenesis and recruitment of immune cells to the decidua that aid in vascular remodeling to facilitate adequate uteroplacental perfusion (1, 4). Aberrations in implantation and decidualization processes can have "ripple effects" that may lead to poor pregnancy outcomes, including abnormal placentation, fetal loss or growth restriction, and even infertility (5). The precise role of implantation and decidualization in the pathogenesis of PE and associated adverse pregnancy outcomes, such as fetal growth restriction (FGR), has not yet been identified. Pregnancies characterized by PE have inadequate remodeling of spiral arteries within the decidua and poor placental perfusion, triggering placental hypoxia and the

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maternal syndrome (1). Since the placenta is formed in the first trimester, the placental pathologies seen in PE are thought to originate early in pregnancy. However, dysregulation in these processes are not easily studied at early gestational time points in women.

Critical to implantation and decidualization is the coordinated expression of vasoactive agents, cytokines, growth factors, transcription factors, and morphogens that act as autocrine, paracrine, and juxtacrine factors (6). In particular, Cox2-derived prostaglandins are crucial for implantation, decidualization, placental formation, and angiogenesis throughout pregnancy (5, 7, 8). Expression of prostaglandin synthase 2 (*Ptgs2*; encoding Cox2) is first detected during pregnancy in mice in the uterine luminal epithelium and stroma around the blastocyst beginning at E4.5 with the attachment reaction (9). Its expression increases with decidualization, peaks at E7.5 in the uterine stroma, and becomes nearly undetectable by the time the placenta is formed. Defective implantation and decidualization in *Ptgs2*-/- mice has been shown to be secondary to dysregulated vascular events and VEGF signaling (10).

Coincident with decidualization in humans and mice is the appearance of decidual NK (dNK) cells, the predominant immune cell at the maternal-fetal interface (11–13). Upon stimulation by IL-15, mature dNK cells maintain decidual integrity and produce factors, such as IFN- γ (13), that directly modify decidual vessels and promote angiogenesis, including VEGF (14). Women with PE often show signs early in pregnancy of angiogenic imbalances including aberrations in VEGF, placental growth factor (a member of the VEGF family), and the soluble VEGF receptor (sFlt), and inadequate peri-implantation angiogenesis and vascularity at the maternal-fetal interface has been proposed as a mechanism (3) but has not yet been experimentally tested. Since regulated Cox2 expression and dNK cell presence are critical for these processes in early pregnancy, we sought to investigate their roles in the context of PE.

Our laboratory has shown that the BPH/5 strain of mice spontaneously develops a PE-like syndrome during pregnancy, including late gestational hypertension and proteinuria, which resolve upon delivery (15). BPH/5 pregnancies are further characterized by abnormal placentation and fetal loss, with approximately one third of all implantation sites resorbed by mid to late gestation (15, 16). This phenomenon results in smaller live litter sizes and lower birth weights in those neonatal pups that do survive (15, 16). BPH/5 mice also demonstrate angiogenic imbalances, as evidenced by decreased circulating and placental VEGF protein levels at early gestational time points (E9.5–E12.5) corresponding to the time of early fetal demise (17, 18). This suggests that the initial angiogenic insult in BPH/5 mice likely occurs early in pregnancy.

Dysregulation of peri-implantation events can alter the course of pregnancy progression and may create adverse "ripple effects" to derail pregnancy outcome. These initiating pathologies occur during a woman's first trimester, and it is extraordinarily difficult to study these events, given the logistical and ethical concerns. Since the BPH/5 mouse model lends itself to longitudinal investigation of the entire pregnancy, we tested the hypothesis that aberrations early in pregnancy incur retarded fetal and placental development as well as the maternal syndrome in this model. Here, we show that dysregulated Cox2 and IL-15 during the peri-implantation period resulted in inferior fetal growth and placental development and reduced dNK cell numbers at the maternal-fetal interface. More important, early targeting of aberrant Cox2 levels with a selective inhibitor (celecoxib) appropriately restricted Cox2 and IL-15 and restored dNK cell numbers and improved fetal morbidity/mortality and late gestational hypertension in BPH/5 mothers. This is the first report, to our knowledge, of early pregnancy defects in the context of PE that point toward a pivotal and previously unrecognized role of Cox2 inhibition. These results align with those of a recent study showing that low-dose aspirin given prophylactically to high-risk women early in pregnancy is associated with reduced risk of PE and FGR (19) and may provide a basis for further studies in humans.

Results

Aberrations during the peri-implantation period characterize BPH/5 pregnancies. Defective implantation leads to adverse "ripple effects" throughout pregnancy, including abnormal placentation, impaired fetal development, and adverse pregnancy outcomes (1, 5, 20). Since a PE-like syndrome, including both maternal and fetoplacental abnormalities, develops spontaneously in BPH/5 mice (15, 16), we examined peri-implantation events in these mice. One of the earliest signs of implantation is increased endometrial vascular permeability at the site of blastocyst attachment, which is identified by discrete blue bands along the uterine horns at the attachment sites after injecting a macromolecular blue dye solution (21). Using this method, we observed that, while embryos of the control strain (C57Bl6, C57) were evenly spaced along the uterine



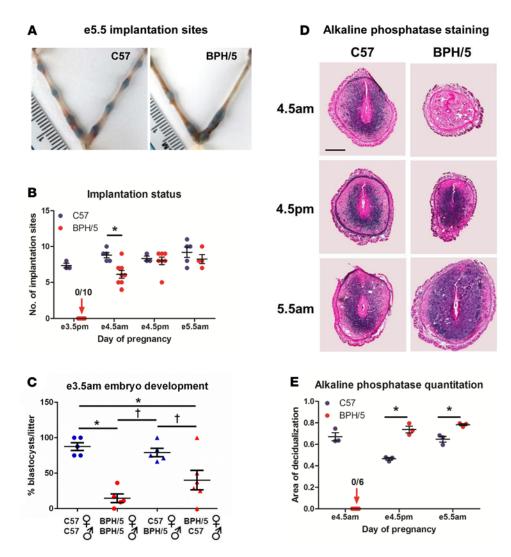


Figure 1. BPH/5 female mice exhibit dysregulated peri-implantation events. (A) Representative pontamine blue-stained implantation sites from C57 and BPH/5 mice (E5.5). Area of embryo clustering is bracketed. (B) Time course of implantation sites counted per litter in pregnant C57 and BPH/5 females during the peri-implantation period. n = 7-10. *P < 0.05 versus gestation-matched C57 females using a 2-way ANOVA. (C) Quantification of staged preimplantation embryos flushed from strain-matched (C57 × C57; BPH/5 × BPH/5) and reciprocal crosses of C57 females × BPH/5 males (C57 × BPH/5) and BPH/5 females × C57 males (BPH/5 × C57). n = 4-6 females; 40-50 embryos. *P < 0.05 versus C57 × C57 and †P < 0.05 versus C57 × BPH/5, by 1-way ANOVA. (D) Representative images of ALP-stained implantation sites harvested from C57 and BPH/5 females during the peri-implantation period. Scale bar: 500 μ m. (E) Quantification of the area of decidualization (purple staining) represented as a ratio of the total implantation site area. n = 3-6 sections. *P < 0.05 versus gestation-matched C57 females, by 2-way ANOVA. Data represent the mean \pm SEM. ALP, alkaline phosphatase.

horns, BPH/5 embryos were crowded and clustered (Figure 1A). This was observed at a significantly higher rate than in C57 females during the window of implantation (E4.5–E5.5) (Supplemental Figure 1A; supplemental material available online with this article; doi:10.1172/jci.insight.75351DS1). Interestingly, embryo crowding is linked to unsynchronized embryo-uterine interactions, leading to abnormal placentation (9, 22, 23). Notably, this spacing anomaly is not apparent in parental strains of BPH/5, such as BPH/2 and BPN/3 (ref. 24 and Supplemental Figure 1B). Moreover, embryo transfer (ET) studies were performed to determine the contribution of the embryo versus the uterine environment to the observed spacing anomaly. Only when BPH/5 embryos were transferred back into BPH/5 recipients did the embryos cluster abnormally along the uterine horns (33.25 \pm 11.8%, n = 4). As expected, C57 embryos in C57 recipients did not cluster (0%, n = 3). Interestingly, abnormal clustering was also not observed in reciprocal ET experiments: C57 embryos in BPH/5 recipients (0%, n = 4) and BPH/5 embryos in C57 recipients (0%, n = 3). This finding provided



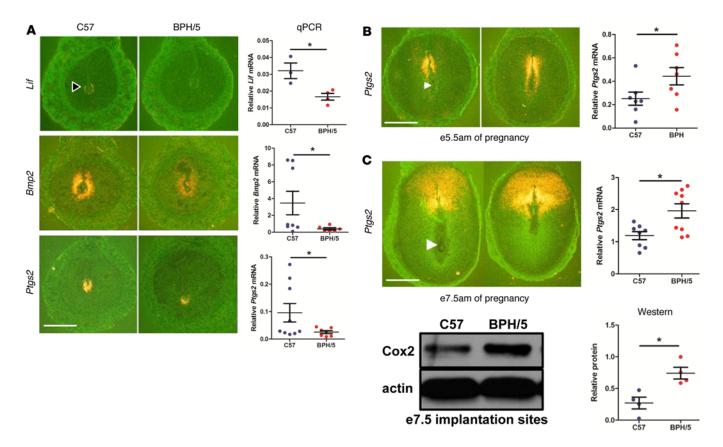


Figure 2. BPH/5 uteri show altered expression of molecules critical for implantation. (A and B) Representative ISH (left panels) and quantification by qRT-PCR (right panels) of key transcripts (Lif, Bmp2, and Ptgs2) in implantation sites at (A) E4.5am and (B) E5.5am. n = 3-9. *P < 0.05, by 1-tailed Student's t test for qRT-PCR corresponding to ISH. (C) Representative ISH and quantification by qRT-PCR measurements of Ptgs2 in implantation sites at E7.5am. n = 7, *P < 0.05, by 1-tailed Student's t test for qRT-PCR corresponding to ISH. Also shown are a representative Western blot and a quantitative summary of Cox2 protein expression (right lower panel) in implantation sites at E7.5. Data are expressed as Cox2 protein relative to actin. n = 4. *P < 0.05, 2-tailed Student's t test. Data represent the mean t SEM. Black arrowhead in t indicates the location of the blastocyst; white arrowheads in t and t indicate the embryo. Scale bars: 500 t m. qRT-PCR, quantitative real-time PCR.

further evidence for BPH/5-specific embryo-uterine crosstalk impairment during early pregnancy.

These characteristics of the implantation phenotype in BPH/5 females led us to investigate whether embryo-uterine interactions occurred within the appropriate window of implantation (E3.5–E5.5). While blue bands were observed in C57 uteri in the evening of E3.5 with the initiation of implantation, blue bands were absent in BPH/5 mice at this time (Figure 1B). This was reflected in significantly fewer implantation sites in BPH/5 mice on the morning of E4.5 compared with that observed in C57 mice, but comparable numbers were seen in the 2 strains by E4.5pm (Figure 1B). These results demonstrate that implantation is deferred outside of the normal window in BPH/5 females.

Maternal factors contribute to peri-implantation abnormalities in BPH/5. We next further addressed the potential contribution of maternal factors to dysregulated peri-implantation events in BPH/5 females. We examined preimplantation embryonic development by flushing embryos from the gravid uterus on the morning of E3.5. Approximately 85% of C57 embryos analyzed were in the blastocyst stage, while only approximately 15% of BPH/5 embryos had reached the blastocyst stage by this time. The majority of BPH/5 embryos were still at the morula stage (Figure 1C, C57 × C57; BPH/5 × BPH/5). To determine whether the maternal uterine environment played a role in the delayed embryo development in BPH/5, reciprocal crosses between the 2 strains were performed (C57 females × BPH/5 males; BPH/5 females × C57 males), and the development of F1 hybrid embryos was analyzed as above. Hybrid embryos showed delayed maturation in BPH/5 mothers compared with those in C57 mothers (Figure 1C, BPH/5 × C57; C57 × BPH/5), providing evidence for maternal contributions in BPH/5 embryo development.

Upon implantation, uterine stromal cells undergo decidualization in response to the embryo (5, 7, 25). By assessing alkaline phosphatase (ALP) activity, a well-known assay for measuring decidualization (26),



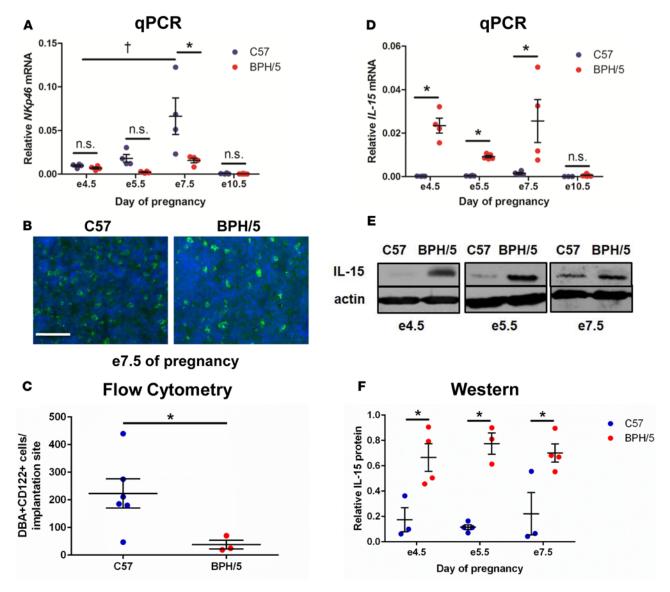


Figure 3. Dramatic decreases in dNK cells are associated with increases in IL-15 at the maternal-fetal interface during the peri-implantation period in BPH/5 females. (A) Time course of qRT-PCR quantification of NKp46 mRNA in implantation sites collected at E4.5, E5.5, E7.5, and E10.5. n = 3-12. *P < 0.05 versus time-matched C57 mice and †P < 0.05 versus E4.5 C57 mice, by 2-way ANOVA. (B) Representative immunofluorescence of DBA*-stained cells in C57 and BPH/5 E7.5 implantation sites. Scale bar: 100 μ m (C) Quantitative summary of flow cytometry of DBA*CD122*-stained cells from E7.5 implantation sites. n = 3-6. *P < 0.05, by 2-tailed Student's t test. (D) Time course of qRT-PCR quantification of IL-15 mRNA in implantation sites collected at E4.5, E5.5, E7.5, and E10.5. n = 3-11. *P < 0.05 versus time-matched C57 mice, by 2-tailed Student's t test. (E) Representative Western blots of IL-15 protein expression as a time course in E4.5, E5.5, and E7.5 implantation sites. (F) Quantitative summary of IL-15 protein expression relative to actin. n = 3-4. *P < 0.05 versus time-matched C57 mice, by 2-tailed Student's t test. Data represent the mean t SEM. dNK, decidual NK; qRT-PCR, qPCR, quantitative real-time PCR.

we observed dramatic differences in this process between BPH/5 and C57. While C57 showed robust ALP activity at E4.5am, this response was noticeably absent in BPH/5 implantation sites (Figure 1, D and E). This was followed by overcompensation of ALP activity at E4.5pm and E5.5am in BPH/5 compared with C57 mice (Figure 1, D and E). Thus, deferred implantation marked by embryo clustering in BPH/5 females was coincident with defective decidualization.

Since the circulating ovarian steroid hormones estrogen and progesterone (P_4) mediate uterine receptivity and therefore influence implantation (27), we measured levels of these pregnancy hormones in pregnant BPH/5 and C57 mice. Both the time course and levels of serum estradiol-17 β (E_2) during the preimplantation period (E2.5–E3.5) were significantly different between BPH/5 and C57 females (Supplemental Figure 2). At the time when C57 mice showed the peak E_2 surge (E2.5pm), E_2 levels in BPH/5 mice were at their lowest and remained diminished at E3.5am compared with levels in C57 mice (Supplemental Figure 2A).

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Serum P_4 levels were comparable between BPH/5 and C57 females, except at E2.5pm, when BPH/5 mice showed higher levels than did C57 mice (Supplemental Figure 2B). Supplementation with an exogenous E_2 surge at E2.5pm in BPH/5 females did not prevent the implantation delay (J.L. Sones, unpublished observations) at E3.5pm (Figure 1B).

BPH/5 mice show dysregulated gene expression in the peri-implantation uterus. Coordinated embryo-uterine interactions leading to normal implantation require regulated signaling through multiple autocrine, paracrine, and juxtacrine factors (5, 7, 25). To understand the molecular underpinnings of anomalous implantation events in BPH/5 females, we assessed the expression status of the following key signaling molecules in the uterus around the time of implantation and decidualization: homeobox A10 (Hoxa10), leukemia inhibitory factor (Lif), bone morphogenic protein 2 (Bmp2), and Cox2 (Ptgs2) (5, 28-30). Using both ISH and quantitative real-time PCR (qRT-PCR), our results show that signal intensities for Lif, Bmp2, and Ptgs2 were all lower in E4.5am BPH/5 implantation sites compared with C57 implantation sites (Figure 2A). Downregulation of Bmp2 and Ptgs2 in BPH/5 implantation sites at E4.5am provides further evidence of compromised decidualization, as marked by reduced ALP activity in BPH/5 females at this time point (see Figure 1, D and E). Interestingly, whereas Bmp2 and Hoxa10 were comparable in BPH/5 and C57 females by E5.5am (Supplemental Figure 3), Ptgs2 expression was aberrantly upregulated in BPH/5 females at this time point (Figure 2B). Overexpression of Ptgs2 in the developing decidua of BPH/5 mice persisted at E7.5am (Figure 2C), and these changes were reflected in Western blot analysis of Cox2 protein levels (Figure 2C). This is important, since Cox2 signaling may be a final common pathway upon which the implantation and decidualization upstream targets, including Lif, Hoxa10 and Bmp2, converge (7, 30). As such, we hypothesized that overexpression of uterine Cox2 and higher prostanoid levels contribute to decidualization defects and propagation of adverse ripple effects affecting fetoplacental development in BPH/5 mice.

Dramatic decreases in dNK cells at the BPH/5 maternal-fetal interface due to IL-15 overexpression in the implantation site. Remodeling of decidual vessels is necessary for establishing uteroplacental perfusion, and dNK cells at the maternal-fetal interface aid in this process (11). As defects in spiral artery remodeling are a hallmark of PE in women (1), we next assessed this immune cell population during the peri-implantation period in BPH/5 mice. First, qRT-PCR was used to determine the mRNA expression pattern of NKp46, an activating receptor present in the gravid mouse uterus (31). During critical early pregnancy time points, NKp46 mRNA increases with gestation in C57 implantation sites with peak expression at E7.5 (Figure 3A). BPH/5 implantation sites did not show this rise in NKp46, but rather showed significantly lower expression at E7.5 versus C57 implantation sites (Figure 3A). We next measured dNK cell numbers by immunofluorescence and flow cytometry to see whether reduced NKp46 mRNA levels within BPH/5 implantation sites at the time of maximal expression in C57 implantation sites (E7.5) corresponded to reduced staining of DBA+CD122+ cells, the dominant source of the Ifng transcript (32). As predicted, immunofluorescence localized DBA⁺ cells to the decidua in both C57 and BPH/5 E7.5 implantation sites, with C57 implantation sites having more positive cells than BPH/5 implantation sites (Figure 3B). Flow cytometry confirmed that there were fewer DBA+CD122+ cells in BPH/5 implantation sites at E7.5 compared with the numbers in C57 implantation sites (Figure 3C and Supplemental Figure 4). Furthermore, DBA+CD122+ cells from these C57 implantation sites stained 3.5 times more intensely for IFN-γ than did those from BPH/5 implantation sites (C57: $6\% \pm 1.3\%$ vs. BPH/5: $1.7\% \pm 0.4\%$, n = 4). Therefore, BPH/5 mice not only had fewer dNK cells at the maternal-fetal interface, but these dNK cells may also have had reduced function, as they appeared to produce less IFN-γ.

IL-15 is expressed by the pregnant uterus in mice and women (33) and is required for dNK cell activation (12). Since there is a dramatic reduction in dNK cells at the maternal-fetal interface in BPH/5 mice (Figure 3, A–C), we next assessed the expression of IL-15 in BPH/5 and C57 implantation sites. Using qRT-PCR, we saw significant upregulation of *II15* mRNA in BPH/5 implantation sites compared with C57 implantation sites beginning at E4.5, and this persisted at E5.5 and E7.5 (Figure 3D). Similarly, Western blot analyses showed that IL-15 protein was also significantly upregulated in BPH/5 implantation sites versus C57 sites at E4.5, E5.5, and E7.5 (Figure 3, E and F). This finding was unexpected, as IL-15 signaling promotes proliferation and maturation of dNK cells (33).

We next sought to functionally link overexpression of local IL-15 to dNK cell loss in C57 control mice. Pregnant C57 mice were anesthetized and given an intrauterine injection of a recombinant IL-15 Ab complex (IL-15R/IL-15Ra-Fc) or vehicle (saline) on E2.5 of pregnancy. Implantation sites were then collected at E5.5 to assess dNK cell activation status and dNK cell numbers within implantation sites. This treatment

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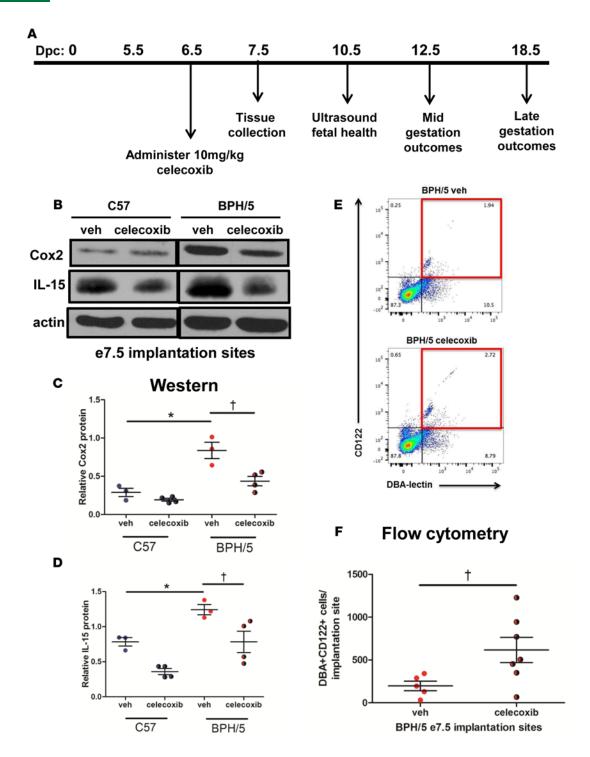


Figure 4. Celecoxib administration targets post-implantation Cox2 and IL-15 expression and restores dNK cell numbers in E7.5 BPH/5 implantation sites. (A) Schematic showing experimental strategy used to selectively inhibit Cox2. Celecoxib was administered by oral gavage on E6.5 after implantation but before peak decidualization (E7.5). (B) Representative Western blot of Cox2, IL-15, and actin in C57 E7.5 and BPH/5 E7.5 implantation sites. (C) Quantification of Cox2 protein and (D) IL-15 protein levels relative to actin in C57 and BPH/5 E7.5 implantation sites after vehicle or celecoxib administration. n = 3 for the vehicle-treated group; n = 4 for the celecoxib-treated group. *P < 0.05 versus vehicle-treated C57 mice and †P < 0.05 versus vehicle-treated BPH/5 mice, by 1-way ANOVA. (E) Representative dot plot of DBA*CD122*-stained cells from BPH/5 E7.5 implantation sites as measured by flow cytometry. Numbers in the boxes reflect the percentage of the total cells recovered that were found to be CD122*DBA-lectin*. (F) Quantitative summary of flow cytometry of DBA*CD122*-stained cells from BPH/5 E7.5 implantation sites for vehicle- (n = 5) versus celecoxib-treated mice. n = 7. †P < 0.05 versus vehicle-treated BPH/5 mice, by 2-tailed Student's t test. Data represent the mean t = 1 SEM. dNK, decidual NK; Dpc, days postcoitus; veh, vehicle.



did not affect implantation, as we were able to visualize similar numbers of implantation sites between C57 vehicle and IL-15R/IL-15Ra-Fc-treated females (Supplemental Figure 5A). *NKp46* mRNA levels were measured in implantation sites collected from both groups and found to be significantly decreased in the IL-15R/IL-15Ra-Fc-treated group (Supplemental Figure 5B). Furthermore, fewer DBA+CD122+ cells were observed by flow cytometry in C57 implantation sites from the IL-15R/IL-15Ra-Fc-treated group (Supplemental Figure 5C). Therefore, overexpression of IL-15 in the gravid uterus early in pregnancy plays a role in reducing dNK cell numbers at the maternal-fetal interface. This finding is supported by previously published work showing that sustained IL-15R/IL-15Ra-Fc in vivo resulted in impaired activation of mature NK cells in circulation (34).

Selective pharmacologic inhibition of Cox2 with celecoxib normalizes IL-15 and restores dNK cells at the maternal-fetal interface early in BPH/5 pregnancy. Since appropriate Cox2 expression is pivotal for decidualization, placentation, and placental angiogenesis (5, 7, 25, 28), we tested the effect of early administration of the selective Cox2 inhibitor celecoxib in pregnant BPH/5 mice. We chose to administer celecoxib on E6.5 so as to not interfere with implantation and early decidualization, since Cox2 is essential for these processes, a timing that allowed us instead to target misregulated Cox2 during peak decidualization (ref. 35 and Figure 4A). First, we confirmed that our dose of celecoxib did not negatively impact implantation status in C57 or BPH/5 females (Supplemental Figure 6A). As observed by others (36), Cox2 protein levels were normalized after celecoxib administration in BPH/5 E7.5 implantation sites 24 hours after treatment (Figure 4, B and C). We also tested the downstream effects of Cox2 inhibition by measuring prostaglandin E, (PGE,) and 6-keto PGF_{1n} levels in BPH/5 and C57 implantation sites at E7.5 after administration of celecoxib or vehicle. Celecoxib reduced PGE, levels in BPH/5 implantation sites compared with levels in vehicle-treated sites (Supplemental Figure 6B), with a trend toward reduced 6-keto PGF_{1a} levels (Supplemental Figure 6C). These results indicated that celecoxib effectively reduced aberrant Cox2 expression at E7.5. Interestingly, celecoxib administration also normalized IL-15 protein levels in BPH/5 E7.5 implantation sites to the levels detected in C57 implantation sites from vehicle-treated mothers (Figure 4, B and D). This unexpected finding was associated with an increase in DBA+CD122+ dNK cells in BPH/5 E7.5 implantation sites from celecoxib-treated versus vehicle-treated mothers (Figure 4, E and F). These data demonstrated that celecoxib administration at E6.5 not only normalized Cox2 and PGE, levels in the BPH/5 implantation sites, but also reduced IL-15 overexpression and restored dNK cell numbers at the maternal-fetal interface a mere 24 hours after treatment.

Celecoxib early in pregnancy improves adverse pregnancy outcomes in BPH/5 mice. We have previously shown by ultrasonography that BPH/5 fetuses exhibit varying statuses at mid gestation, ranging from healthy to compromised to resorbed (15). This is associated with smaller litter sizes and low-birth-weight pups (15, 16). Using a similar approach, we confirmed this variation in fetal health as early as E10.5 in BPH/5 females (Supplemental Table 2 and Figure 5A, vehicle). To test the hypothesis that dysregulated Cox2 and IL-15 during the peri-implantation period in BPH/5 mice has a significant effect on downstream fetoplacental health, celecoxib was given to pregnant females by oral gavage on E6.5. Ultrasound studies were performed at E10.5, and females were assessed for litter size and placental and fetal weights at E12.5 and E18.5 (Figure 4A). BPH/5 females treated with celecoxib showed significant improvement in overall litter health at E10.5, with a significant increase in the percentage of healthy fetuses and a marked reduction in the percentage of compromised fetuses (Figure 5B). At this time point, the percentage of resorbed fetoplacental units per litter was unchanged from that of vehicle-treated BPH/5 females (Figure 5B). Intriguingly, we observed a significant reduction in the percentage of resorptions per BPH/5 litter at E12.5, with increased BPH/5 litter size (Figure 5, C and D). Furthermore, celecoxib normalized placental and fetal weights in BPH/5 females at E12.5 (Figure 5, E and F).

Improved fetoplacental development was also observed at late gestation in BPH/5 females. We have previously described profound fetoplacental defects in BPH/5 mice, including in utero FGR and inadequate decidual vessel remodeling (16). These 2 key preeclamptic features were reversed in BPH/5 mice with improvement in pup weight (Figure 6, A and B) and increased luminal diameters of decidual vessels at E18.5 after celecoxib treatment as compared with vehicle-treated mice (Figure 6, C and D). Most intriguing, celecoxib given early in pregnancy to BPH/5 mothers significantly reduced the late gestation (E15.5–E18.5) rise in mean arterial pressure (MAP) observed in this model (Figure 6E). This finding is highly significant, as it identifies a mechanism by which early antiinflammatory treatment reduces the incidence of PE and FGR in high-risk pregnancies (19). Together, these data support our hypothesis that the FGR



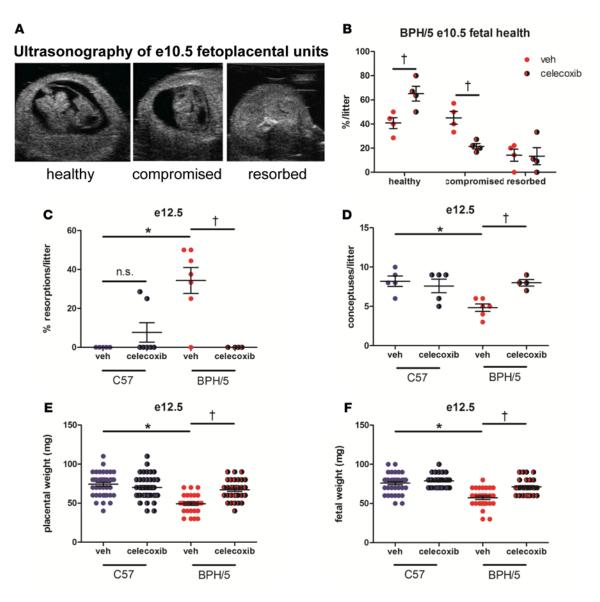


Figure 5. Selective inhibition of Cox2 early in pregnancy improves mid-gestation fetoplacental outcomes in BPH/5 females. (A) Ultrasonography was used to identify 3 distinct morphologic classes of fetal health in BPH/5 females at E10.5: healthy, compromised, and resorbed. (B) Assessment of fetal health in BPH/5 females at E10.5 via ultrasound after vehicle or celecoxib administration. n = 4 litters/group. $^{\dagger}P < 0.05$ versus vehicle-treated BPH/5 mice, by 2-way ANOVA. (C) Resorptions were observed and recorded at E12.5 as a percentage of resorptions per litter. n = 4-6 litters/group. $^{\dagger}P < 0.05$ versus C57 vehicle-treated C57 mice and $^{\dagger}P < 0.05$ versus vehicle-treated BPH/5 mice, by 1-way ANOVA. (D) Litter size was counted in BPH/5 and C57 mice at E12.5 after administration of vehicle (n = 6 BPH/5 females and n = 5 C57 females) or celecoxib (n = 4 BPH/5 females and n = 5 C57 females). $^{\dagger}P < 0.05$ versus vehicle-treated BPH/5 mice, by 1-way ANOVA. (E) Placental weight and (F) fetal weight were measured in BPH/5 and C57 mouse pregnancies at E12.5 after administration of vehicle (n = 29 BPH/5 mice and n = 40 C57 mice) or celecoxib (n = 32 BPH/5 mice and n = 36 C57 mice). $^{\dagger}P < 0.05$ versus vehicle-treated C57 mice and $^{\dagger}P < 0.05$ versus vehicle-treated BPH/5 mice, by 1-way ANOVA. Data represent the mean $^{\pm}P < 0.05$ versus vehicle.

and maternal hypertension associated with PE in BPH/5 females begin early in pregnancy and emphasize the need to identify high-risk pregnancies as early as possible.

Discussion

This study clearly demonstrates that dysregulation of early pregnancy events (implantation and decidualization) underlie the deleterious fetal and maternal pregnancy outcomes observed in the BPH/5 mouse model of spontaneous PE (Figure 7). Although abnormal implantation and placentation have been linked to the pathogenesis of PE, the definitive mechanisms are still unknown (1, 20, 37). Early events associated with PE have been difficult to study in humans due to logistical and ethical challenges. Although rodent models are widely used to study the pathophysiology of PE, many rely on mechanical or pharmacological



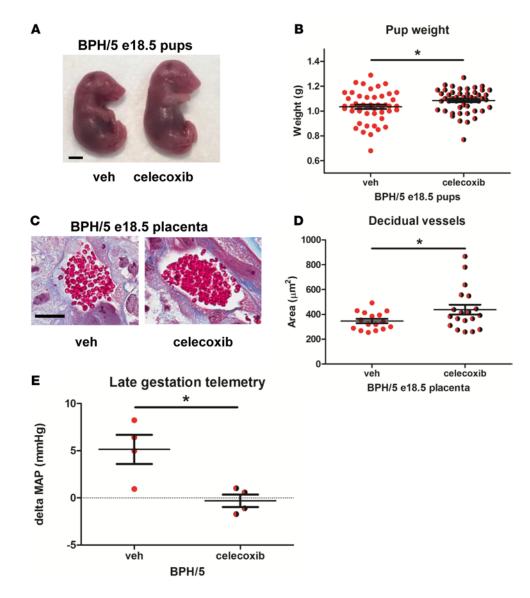


Figure 6. Late-gestational BPH/5 fetoplacental outcomes have sustained improvement, and the maternal PE syndrome is partially ameliorated after early Cox2 inhibition with celecoxib. (A) Representative image of BPH/5 pup size at E18.5 after vehicle or celecoxib administration. Scale bar: 4 mm. (B) BPH/5 pup weight was measured at E18.5 after administration of vehicle (n = 49) or celecoxib (n = 51). *P < 0.05 versus vehicle-treated BPH/5 mice, by 2-tailed Student's t test. (C) Representative images of Masson's trichrome–stained BPH/5 placenta at E18.5 after vehicle or celecoxib administration. Scale bar: $25 \,\mu\text{m}$. (D) Area of decidual vessels was calculated for BPH/5 placenta taken at E18.5 after vehicle (n = 16) or celecoxib (n = 19) administration. * $P \le 0.05$ versus vehicle-treated BPH/5 mice, by 2-tailed Student's t test. (E) Δ MAP was measured using radiotelemetry and reported relative to baseline nonpregnant MAP during late gestation (E15.5–E18.5) in BPH/5 mothers treated with vehicle (n = 6) or celecoxib (n = 6). *P = 0.017, by 2-tailed Student's t test. Data represent the mean t SEM. MAP, mean arterial pressure; veh, vehicle.

manipulations at mid gestation to induce the late gestational maternal syndrome (38, 39). Therefore, animal models that spontaneously mimic PE in women are vital to understanding early events in pregnancy that lead to the eventual presentation of the maternal syndrome. In this study, we investigated peri-implantation defects in BPH/5 mice and present evidence to support our hypothesis that aberrations in early pregnancy events influence the fetoplacental and maternal outcomes associated with the PE syndrome. Furthermore, our data implicate overexpressed uterine Cox2 and IL-15 as causal factors in the poor fetoplacental development and maternal health status in BPH/5 pregnancies.

Implantation in BPH/5 females occurs beyond the normal window of implantation, with abnormal spacing of implantation sites (embryo clustering) and defective decidualization compared with that seen in C57 females. Wilcox et al. observed an increased incidence of early pregnancy loss in humans when



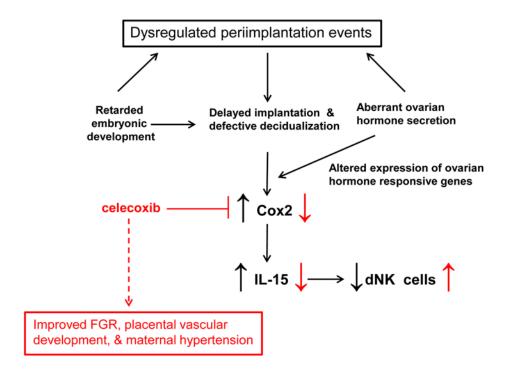


Figure 7. Proposed scheme for Cox3 regulation of fetoplacental outcomes at the maternal-fetal interface in BPH/5 females. Dysregulated peri-implantation events in BPH/5 culminated in the robust upregulation of Cox2 at the maternal-fetal interface of BPH/5 females early in pregnancy (E7.5). This was associated with a dramatic reduction in dNK cell numbers and overexpression of IL-15 protein in E7.5 BPH/5 implantation sites as compared with C57 implantation sites. Normalization of Cox2 and IL-15 protein levels with the selective Cox2 inhibitor celecoxib improved dNK cell numbers at the maternal-fetal interface in BPH/5 mice at E7.5 as well as fetal, placental, and maternal outcomes. dNK, decidual NK; FGR, fetal growth restriction.

implantation occurred outside the prescribed window of uterine receptivity (40); however, the association of deferred implantation with adverse pregnancy outcomes such as PE has not been defined in humans. Interestingly, we also observed retarded development of BPH/5 embryos as well as of BPH/5 × C57 hybrid embryos in BPH/5 mothers, but not in C57 mothers. The disparate E_2 levels between C57 and BPH/5 mice prior to implantation led us to speculate that the expression of genes involved in uterine receptivity may also be dysregulated in BPH/5 females. Expression of *Lif* and *Msx1*, markers of uterine receptivity (41–43), were evaluated by ISH and qRT-PCR in E3.5am uteri. Despite the abnormal E_2 levels in BPH/5 females, *Lif* and *Msx1* had comparable expression patterns in BPH/5 and C57 uteri (J.L. Sones, unpublished observations). However, other significant factors required for uterine receptivity may display differential expression (44) and have yet to be explored in BPH/5 mice.

Interestingly, lower circulating levels of E_2 in BPH/5 females were associated with reduced expression of Lif, an E_2 -responsive gene, at E4.5am. Reduced induction of Bmp2 and Ptgs2 during early decidualization, but overexpression of Ptgs2 during maximal decidualization (E5.5–E7.5), in BPH/5 females clearly show that the decidualization process was aberrant.

Compensation of *Ptgs2* expression in BPH/5 implantation sites at E7.5 alludes to the critical nature of appropriate Cox2 signaling in pregnancy outcome. Indeed, *Ptgs2*-/- females showed failure in several pregnancy events including ovulation, fertilization, implantation, and decidualization (28). Furthermore, Cox2-derived prostanoids are necessary for uterine angiogenesis during decidualization and are also responsible for regulating fetal and placental vascularity (8, 45). Interestingly, we have shown that BPH/5 mice exhibit dysregulated placental VEGF levels and that VEGF gene therapy at E7.5 ameliorated some aspects of the PE syndrome in this model (18). We speculate that dysregulated Cox2 expression may be contributing to these detrimental vascular events during placental development in BPH/5 females, and these studies require further investigation. Preliminary data suggest that celecoxib administration restores the angiogenic imbalance with regard to VEGF protein expression at the maternal-fetal interface. These data, along with the data presented herein, support the concept that balanced expression of molecular mediators of implan-



tation and decidualization (Cox2 and Cox2-derived prostanoids) are central to placentation, fetal growth and development, and overall pregnancy success.

Investigation of the role of dNK cells in PE has gained importance in recent years. Not only are dNK cells the most abundant immune cell at the maternal-fetal interface, constituting approximately 70% of the immune cell population, they also have important regulatory functions during pregnancy (11). They are highly involved in 2 developmental processes crucial for placentation, trophoblast invasion, and vascular remodeling (46). Term placentae from both PE pregnancies and pregnancies with FGR alone have been reported to contain fewer dNK cells in the decidua (47). However, dNK cells reach maximal expression in the human placenta by the end of the second trimester (33). Thus, analyses of dNK cell populations taken from placentae at the time of delivery do not adequately interrogate their contributions in PE. Using NKp46 as a marker of activated dNK cells, we discovered that C57 mice show a progressive increase in implantation site *NKp46* expression that peaks at E7.5. BPH/5 mice did not show this rise in expression and had significantly lower *NKp46* expression levels compared with C57 mice at this critical time point in pregnancy, suggesting that the previously described defects in BPH/5 decidual vessel remodeling (16) may be due to dNK cell deficiency.

Uterine IL-15 is physiologically upregulated at the time of decidualization to activate dNK cells (33). As with BPH/5 mice, Il15^{-/-} mice show inappropriate decidualization, lack mature dNK cells, and, interestingly, produce low-birth-weight pups (48). Exogenous IL-15 administration to these mice restores dNK cell populations, thus confirming its importance in dNK cell maturation. We unexpectedly found that BPH/5 implantation sites show robust expression of both IL-15 mRNA and protein at E4.5, E5.5, and E7.5 compared with C57 implantation sites. This robust overexpression may be a consequence of defective decidualization or a compensatory response of the uterus to produce more IL-15 to recruit adequate pre-dNK cells to the BPH/5 decidua. Increased decidual IL-15 expression has been linked to recurrent miscarriage in women, suggesting impaired implantation and vascularization of the placenta (49). Other reports have demonstrated increased circulating IL-15 levels in the serum of preeclamptic mothers as compared with levels in healthy controls, in whom IL-15 levels were proportional to the severity of disease presentation (50). These findings provide evidence that IL-15 may be involved in poor pregnancy outcomes. Because BPH/5 females had consistently higher levels of IL-15 in the implantation site as compared with C57 females during peri-implantation time points (Figure 3, D and F), we were curious to determine IL-15 levels in the BPH/5 uterus before pregnancy. Indeed, Il15 mRNA levels were upregulated by nearly 85-fold in the BPH/5 nongravid uterus compared with levels in C57 females (BPH/5: 2.53 ± 0.76 , n = 8 versus C57:0.03 \pm 0.01, n = 6). Therefore, further work is needed to determine the precise mechanism of IL-15 overexpression in BPH/5 females as well as the targeting strategies to normalize its expression.

To test experimentally whether IL-15 overexpression is linked to dNK cell loss, C57 mice were given an intrauterine injection of a recombinant IL-15-Ab complex (IL-15R/IL-15Ra-Fc) on E2.5 to increase local IL-15 expression at the time of implantation. Strikingly, NKp46 mRNA was reduced and DBA+ CD122⁺ cells were less abundant compared with levels detected in C57 vehicle-treated mice, suggesting a direct effect of local IL-15 on dNK cell activation. IL-15 is crucial for dNK cell-mediated adaptations in establishing placental blood flow (33). Some reports describe increased placental dNK cells at delivery in patients with PE who also have increased serum levels of IL-15 (51). Furthermore, these dNK cells have an altered phenotype that may be responsible for the dysregulated dNK signaling in these tissues. This would suggest that the dNK phenotype would be important to examine in BPH/5 mice and could provide even further insight into the altered immunoregulatory mechanisms during PE pregnancies. Assessing the angiogenic potential of BPH/5 dNK cells and whether they produce adequate VEGF could provide further mechanistic insight into the early angiogenic imbalance seen in BPH/5 mice. Also, ovarian hormones are thought to play a prominent role in this recruitment process (33). BPH/5 females have aberrations in ovarian hormone profiles during pregnancy as well as in the nonpregnant state (J.L. Sones, unpublished observations). Further investigation of dNK cell recruitment to the decidua and the endocrine profile in BPH/5 mice is thus warranted.

To causally link our findings that peri-implantation defects and Cox2 signaling play a key role in initiating downstream fetoplacental defects in this mouse model of spontaneous PE, we devised a strategy to target the dysregulated Cox2 at the peak of decidualization. Selective inhibition of Cox2 by celecoxib given to pregnant mice at E6.5 markedly improved fetal and maternal pregnancy outcomes at mid and late gestation in BPH/5 mice, with a significant reduction in Cox2 protein and PGE₂ levels in BPH/5 implanta-



tion sites. This treatment did not impair implantation, indicating appropriate dose and timing of celecoxib administration for improvement in pregnancy outcomes. These results are intriguing, since altered levels of Cox2-derived prostanoids are implicated in the pathogenesis of PE and in the abnormal umbilical blood flow seen in women with pregnancy-induced hypertension and PE (52, 53). Interestingly, our treatment strategy not only reduced PGE₂ levels, but also Cox2 protein levels. Experiments using stable cell lines have shown that celecoxib-mediated downregulation of NF-κB results in decreased Cox2 promoter activity (36).

One study using fibroblast-like synoviocytes taken from patients with rheumatoid arthritis showed that Cox2 is increased by IL-15 in a PGE₂-dependent manner (54). Consistent with this study, we show that Cox2 inhibition with celecoxib reduced IL-15 protein levels in BPH/5 celecoxib-treated compared with levels in vehicle-treated implantation sites (Figure 4, B and D). These data suggest that PGE₂ may have feedback on IL-15 to lower IL-15 expression levels and the subsequent expression levels of Cox2 following celecoxib administration, contributing to improved pregnancy outcomes. NF-κB is one potential upstream regulator of both IL-15 and Cox2 (54). Inhibition of Cox2, prostaglandins, and NF-κB has already been proposed as a potential therapeutic approach to treat preterm labor (55). Further studies are required to evaluate the regulatory mechanisms that involve IL-15 and Cox2.

Finally, improved fetal and placental outcomes in BPH/5 pregnant mice with respect to increased pup weight and decidual vessel size, respectively, following correction of aberrant Cox2 levels by oral celecoxib administration provides evidence for a causal role of abnormal decidual Cox2 signaling in the FGR and placentopathies associated with PE. Additionally, amelioration of maternal hypertension late in gestation further underscores the significance of early events in PE pregnancy outcomes. Although peri-implantation anomalies show adverse ripple effects on fetoplacental development and pregnancy outcomes (5), it has been difficult to study the impact of these early events in the context of PE. Here, we show that dysregulation of embryo-uterine events during the peri-implantation period results in undesirable fetal and pregnancy outcomes in a mouse model of PE. These effects are mediated by Cox2 and IL-15 in abnormal fetal growth, placental development, and maternal hypertension in pregnancies affected by PE, making celecoxib a potential therapeutic for preventing the fetal morbidity and mortality and maternal hypertension that are associated with PE and perhaps other disorders of pregnancy (56).

Methods

For additional details on methods, see the Supplemental Methods.

Mice. Virgin BPH/5 and control C57Bl/6 (C57) mice (8–12 weeks of age) were obtained from in-house colonies. C57 mice have been used as control mice in previous BPH/5 studies, as they were used in the original 8-way cross to derive the BPH/5 strain (24). Strain-matched and inter-strain matings (reciprocal crosses) were performed with BPH/5 and C57 males (8–12 weeks of age) to induce pregnancy. The day of vaginal plug detection was defined as E0.5. Celecoxib (Sigma-Aldrich) was administered to pregnant mice at E6.5, as previously described (57).

Analysis of pregnancy outcomes. Preimplantation embryo development, implantation, and mid- and late-gestational outcomes were assessed according to previously published protocols (17, 41, 58).

ALP activity assay. To assess the decidualization of uterine tissues, ALP activity assays were performed on implantation sites as previously described (26).

Hormone assays. Blood was collected via cardiac puncture, allowed to clot at room temperature for 90 minutes, and centrifuged at 3,500 rpm for 20 minutes. Serum was frozen at –80°C until assayed. A commercially available estradiol ELISA was performed according to the manufacturer's instructions (Calbiotech). The sensitivity of this assay is 3 pg/ml.

Ultrasound assessment of fetoplacental health. Vevo 770 ultra-high-frequency ultrasound (Visualsonics) was used to examine fetal health in pregnancy as previously described (15, 59).

RNA isolation and quantitative RT-PCR. Total RNA was extracted, and qRT-PCR was performed as previously described (60) using the primer sequences listed in Supplemental Table 1.

ISH. ISH was performed on implantation sites as previously described (28).

Western blotting. Protein was measured in implantation sites according to previously published methods (18). Band intensity was measured by densitometric analysis and expressed relative to actin.

Measurement of prostaglandins. The amount of PGE₂ and prostacyclin (PGI₂; stable metabolite 6-keto prostaglandin $F_{1\alpha}$) in each sample was measured by ELISA according to the manufacturer's instructions (Cayman Chemicals) and as previously described (61).



Immunofluorescence microscopy. Sections (10-µm) were taken through C57 and BPH/5 implantation sites. Sections with the embryo were identified, blocked using serum-free blocking buffer for 1 hour, and stained with DBA-lectin (1:500) overnight at 4°C in serum-free blocking buffer, followed by DAPI staining (1:5,000) for 5 minutes, and were then mounted using prolong gold mounting media. Slides were imaged at ×20 magnification, with exposure times of 872 ms for DBA-lectin and 14 ms for DAPI.

Flow cytometry. Single-cell suspensions were made from dissected implantation sites at E7.5 and counted using trypan blue exclusion. Cells were stained for viability using Fixable Viability Stain 510 (BD Horizon). Cells were subsequently washed in FACS buffer (1× PBS, 1% BSA, 1 mM EDTA) and blocked with Fc block (purified anti-CD16/CD32 [2.4G2]) (BD Pharmingen) for 10 minutes at 4°C. Surface markers were stained using the following fluorophore-conjugated Abs, as previously described (31): Per-CP-CD45 (30-F11), PE-CD122 (TM-β1), and APC-TCR-β (H57-597) (all from BD Pharmingen). FITC-conjugated *Dolichos biflorus* agglutinin (DBA) lectin (US Biological) was also used as a cell-surface marker. Flow cytometric analysis was performed using an LSR II Flow Cytometer (BD) and FlowJo software (Tree Star). Gates were determined by comparing each sample to a no-DBA-lectin, PE-IgG2b control. Count Bright counting beads (Molecular Probes) were used to determine the number of CD122+DBA-lectin⁺ cells per implantation site.

Intrauterine delivery of recombinant IL-15. A recombinant IL-15–Ab complex (IL-15R/IL-15Ra-Fc; R&D Systems) was administered to C57 female mice at E2.5 by intrauterine injection as previously described (62). Two days after positive plug detection, C57 females were anesthetized with an i.p. injection of ketamine (100 mg/kg) and xylazine (10 mg/kg). Two dorsal incisions were made over the ovarian fat pads. The uterine horns were identified and elevated by manipulating the ovarian fat pad. IL-15R/IL-15Ra-Fc (15 μ g) was dissolved in 20 μ l saline, divided into 2 aliquots, and injected into the distal tip of each uterine horn. Control mice were given similar intrauterine injections of saline. For the analysis of outcomes, C57 females were allowed to recover and were sacrificed 3 days later at E5.5 to collect implantation sites.

Histological analyses. Conceptuses were harvested at E18.5 from BPH/5 mice after vehicle or celecoxib treatment. The placenta was dissected free from the fetus and fixed in 10% formalin. Staining with Masson's trichrome was performed according to standard protocols (16). Decidual vessels were identified (4–5/placenta), and a blinded operator used ImageJ software (NIH) to measure the luminal area.

Radiotelemetry. Nonpregnant BPH/5 and C57 female mice underwent carotid implantation of telemetry devices (Data Sciences International) according to previously published methods (15). Briefly, female mice were anesthetized for placement of the telemeter in the thoracic aorta via the left carotid artery, and the transmitter body was placed in the lateral s.c. space. Mice were allowed to recover for 10 days, and then baseline MAP was recorded for 4 days before the introduction of a male. The day of vaginal plug was noted, and recordings were made from that day until delivery and for approximately 5 days postpartum.

Statistics. All data are expressed as the mean \pm SEM. Multiple comparisons were made using a 1- or 2-way ANOVA, where appropriate, followed by post-hoc analysis. A 1- or 2-tailed Student's t test was used for all other analyses. Statistical significance was defined as a P value of less than 0.05.

Study approval. All animal procedures were approved by the Cornell University Animal Care and Use Committee. Care of the mice met the standards set forth by the NIH guidelines on the care and use of animals, USDA regulations, and the American Veterinary Medical Association (AVMA) Panel on Euthanasia.

Author contributions

JLS, JC, AKW, HEL, SKD, and RLD conceived and designed the research. JLS, JC, AKW, AB, CYH, HEL, CEI, SDB, and SES performed the experiments. JLS, JC, AKW, HEL, CYH, CEI, and SES analyzed the data. JLS, JC, CYH, HEL, SKD, and RLD interpreted the experiment results. JLS prepared the figures and drafted the manuscript. JLS, JC, SKD, and RLD edited and revised the manuscript. JLS and RLD approved the final version of the manuscript.

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