

An Hb-mediated circulating macrophage contributing to pulmonary vascular remodeling in sickle cell disease

Katherine Redinus,¹ Jin Hyen Baek,² Ayla Yalamanoglu,² Hye Kyung H. Shin,² Radu Moldova,³ Julie W. Harral,¹ Delaney Swindle,¹ David Pak,¹ Scott K. Ferguson,¹ Rachelle Nuss,⁴ Kathryn Hassell,⁴ Eva Nozik-Grayck,¹ Andre F. Palmer,⁵ Mehdi A. Fini,¹ Vijaya Karoor,¹ Kurt R. Stenmark,¹ Paul W. Buehler,² and David C. Irwin¹

¹Cardiovascular and Pulmonary Research Laboratory, Department of Medicine, Anschutz Medical Campus, University of Colorado-Denver School of Medicine, Aurora, Colorado, USA. ²Division of Blood Components and Devices, Office of Blood Research and Review, The Center for Biologics Evaluation and Research, United States Food and Drug Administration, Silver Spring, Maryland, USA. ³Advanced Light Microscopy Core Facility and ⁴Division of Hematology and Colorado Sickle Cell Treatment and Research Center, School of Medicine, Anschutz Medical Campus, University of Colorado-Denver School of Medicine, Aurora, Colorado, USA. ⁵William G. Lowrie Department of Chemical and Biomolecular Engineering, The Ohio State University, Columbus, Ohio, USA.

Circulating macrophages recruited to the lung contribute to pulmonary vascular remodeling in various forms of pulmonary hypertension (PH). In this study we investigated a macrophage phenotype characterized by intracellular iron accumulation and expression of antioxidant (HO-1), vasoactive (ET-1), and proinflammatory (IL-6) mediators observed in the lung tissue of deceased sickle cell disease (SCD) patients with diagnosed PH. To this end, we evaluated an established rat model of group 5 PH that is simultaneously exposed to free hemoglobin (Hb) and hypobaric hypoxia (HX). Here, we tested the hypothesis that pulmonary vascular remodeling observed in human SCD with concomitant PH could be replicated and mechanistically driven in our rat model by a similar macrophage phenotype with iron accumulation and expression of a similar mixture of antioxidant (HO-1), vasoactive (ET-1), and inflammatory (IL-6) proteins. Our data suggest phenotypic similarities between pulmonary perivascular macrophages in our rat model and human SCD with PH, indicating a potentially novel maladaptive immune response to concomitant bouts of Hb and HX exposure. Moreover, by knocking out circulating macrophages with gadolinium trichloride (GdCl₃), the response to combined Hb and hypobaric HX was significantly attenuated in rats, suggesting a critical role for macrophages in the exacerbation of SCD PH.

Introduction

Pulmonary hypertension (PH) develops in approximately 6%–10% of patients with sickle cell disease (SCD) (1). The type of PH that manifests in SCD is distinguished more specifically as either precapillary or left heart disease—mediated, with each type affecting 3% and 6% of patients, respectively (2). PH that occurs in SCD as a result of either cause is associated with common features of pulmonary vascular remodeling characterized by abnormal growth and thickening of the intimal, medial, and adventitial layers of the precapillary vascular wall and eventual right ventricular (RV) failure (1, 3). The pathobiology of PH is influenced by several factors; however, unique to hemolytic disease syndromes is the constant exposure of the pulmonary vasculature to extracellular hemoglobin (Hb) in a setting of tissue hypoxia (HX), oxidation, and proinflammatory mediators (4–6). Heme oxygenase-1 (HO-1) induction occurs during intravascular hemolysis in the process of Hb/heme detoxification and is an effective antioxidant cellular stress response (7, 8). Conversely, iron is a potential cellular prooxidant, whereas IL-6 and ET-1 proteins are inflammatory, vasoactive, and mitogenic mediators. All 3 are extensively implicated in the progression of HX-induced PH (9, 10). Despite these obvious connections, our understanding of the effects of these disease-modifying factors in SCD patients with diagnosed PH and disease progression is poor.

Authorship note: PWB and DCI contributed equally to this work.

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It is well recognized that cell-free Hb plays a significant role in the development and progression of both precapillary and left heart disease PH in hemolytic diseases. NO avidly reacts with oxyHb (HbO₂) or binds to deoxyHb (HbFe²⁺), decreasing NO bioavailability and causing persistent vasoconstriction in the pulmonary and systemic circulation (4). Similar to other forms of PH, pulmonary vascular inflammation also contributes to the development and progression of the PH process in SCD (11, 12). Although many cell types contribute to pulmonary vascular inflammation, including endothelial, smooth muscle, and fibroblasts, emerging evidence suggests that circulating macrophages recruited to the lung may be potent contributors to the pathophysiology of PH (13, 14). This is demonstrated in HX-induced PH models in which selective depletion of circulating monocyte/macrophage cell populations prevents pulmonary adventitial remodeling (14, 15).

As a plastic phenotypic cellular population, the monocyte/macrophage lineages efficiently respond to environmental signals and undergo a wide spectrum of polarized activation that can be proinflammatory, antiinflammatory, or a mixture of both depending on the disease state and microenvironment (16). Similarly, macrophages can be mixtures of prooxidant and antioxidant populations that in some circumstances express mitogenic and vasoactive substances. Therefore, circulating macrophages in SCD patients with concurrent PH may be phenotypically altered by a combination of Hb and HX. This spectrum may include a mixture of Hb/heme clearance macrophages that fall into the antiinflammatory spectrum along-side proinflammatory phenotypes influenced by tissue injury and HX.

Despite this intriguing possibility, there are no investigations into the influence of the macrophage on PH associated with an increase in cell-free Hb and hypoxic conditions. Therefore, the purpose of this investigation was to evaluate the phenotypic similarities between pulmonary perivascular macrophages in a preclinical model and SCD patients with PH to assess the maladaptive immune response to concomitant bouts of Hb and HX exposure. We used lung tissue obtained from human SCD patients at autopsy with a clinical diagnosis of PH and right heart failure and applied several immunohistochemical techniques to visualize lung remodeling and accumulation of adventitial macrophages.

In addition, using rats chronically exposed to Hb and HX, a model of group 5 PH characterized in our laboratory, (17, 18), we tested the hypothesis that the vascular remodeling observed in humans could be replicated in this model and may be mechanistically driven by this macrophage phenotype containing iron and expressing a similar mixture of antioxidant, vasoactive, and inflammatory phenotype characteristics, consistent with those observed in human SCD PH. Results from this investigation shed light on the critical phenotypic similarities between macrophages obtained from a preclinical model of PH and those from the SCD patient population, thus indicating a potentially novel maladaptive immune response to concomitant bouts of Hb and HX exposure.

Results

Severe pulmonary vascular medial and intimal remodeling in human SCD patients with PH To visualize pulmonary vascular remodeling in a group 5 PH–specific disease, peripheral lung tissue sections obtained from 3 deceased SCD patients with clinically diagnosed PH and right heart failure were stained with H&E. Microscopic examination revealed extensive pulmonary vascular remodeling characterized by intimal thickening, recanalization channels, endothelial hyperplasia with precapillary arteriole plexiform lesions, and pulmonary artery (PA) medial vascular wall thickening (Figure 1A). In contrast and for comparison, pulmonary vascular remodeling was not evident in human lung tissue from a person without SCD or PH (Figure 1B).

Iron accumulation in lung macrophages

Specific to humans but also observed in rats, Hb bound to haptoglobin is cleared by CD163⁺ monocytes/macrophages (19), resulting in Hb metabolism by HO-1 and accumulation of intracellular ferritin-bound/free iron. Thus, staining lung tissue sections for nonheme iron deposition is a useful indicator of the cellular distribution of Hb. Perls-DAB iron staining of lung tissue from the deceased SCD patients revealed an abundance of iron-laden cells in the adventitial and alveolar regions, suggesting that both regions recruited circulating perivascular and resident CD163⁺/HO-1⁺ alveolar macrophages that compartmentalize/metabolize free Hb (Figure 1C). As expected, we did not observe nonheme iron accumulation in any regions of the tissue sections obtained from the control lung (Figure 1B).



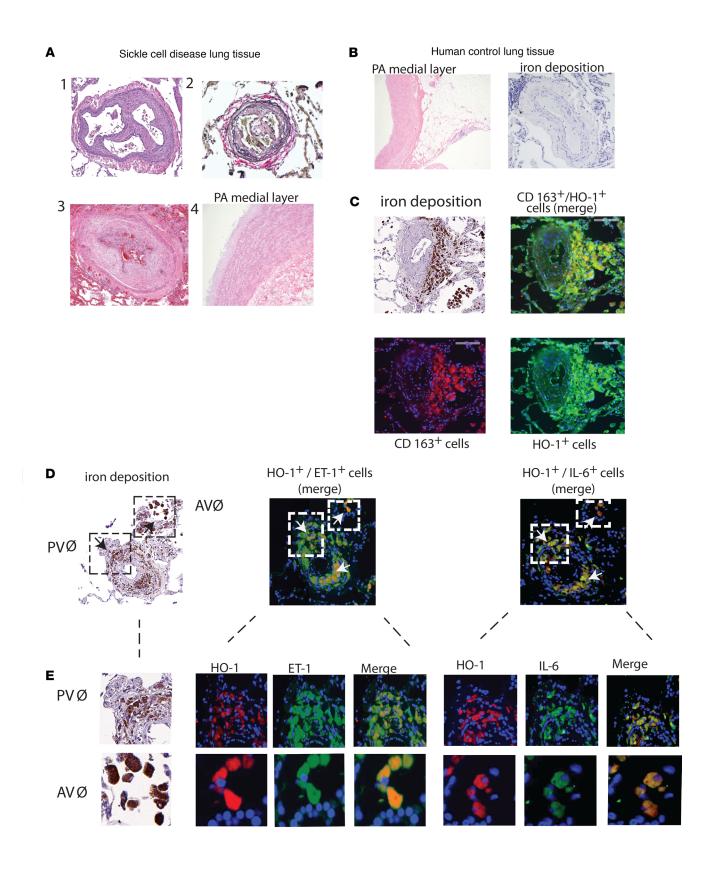




Figure 1. Microscopic examination of peripheral lung tissue slices of deceased sickle cell disease patients with confirmed pulmonary hypertension. (A) Verhoeff Van Gieson- (top row) and H&E-stained (bottom row) lung tissue sections (original magnification, ×10) showing extensive constrictive lesions in the pulmonary vasculature remodeling characterized by (top row) intimal thickening and recanalization channels (obtained from 2 deceased patients), (bottom left) plexiform lesion formation, and (bottom right) medial thickening in the pulmonary artery. (B) Lung tissue from person without sickle cell disease or confirmed pulmonary hypertension (PH). Normal medial layer in the pulmonary arterial wall (original magnification, ×10); iron staining was negative in human control lung tissue for any cells, including vascular, perivascular, or alveolar regions (original magnification, ×20). (C) In contrast to human control tissue, many perivascular and alveolar cells stain positive for iron in tissue from sickle cell disease (SCD) with confirmed PH (original magnification, ×20) that also stain positive for CD163 and HO-1, demonstrating a macrophage phenotype. (D) In SCD with PH, the iron-laden cells staining positive for HO-1 also stain positive for ET-1 and IL-6, suggesting a unique prooxidant (Fe¹), antioxidant (HO-1), vasoactive (ET-1), and inflammatory macrophage phenotype. (E) Zoomed-in perivascular and alveolar regions containing this macrophage phenotype (original magnification, ×20). PV, perivascular; AV, alveolar.

Expression of a potentially novel macrophage phenotype found in lung autopsy tissue of SCD patients with PH

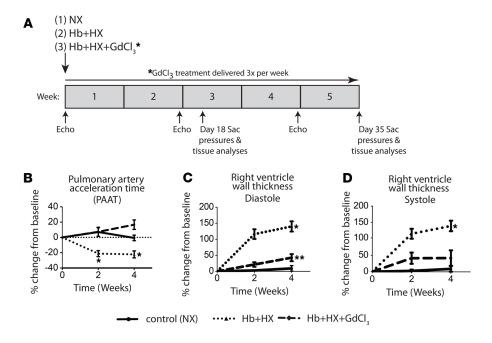
HO-1 is a critical enzyme in the process of Hb detoxification, and its expression imparts cellular protection against oxidative stress (7, 8) while acting as a useful marker for Hb/heme exposure. Following Hb metabolism, iron accumulates intracellularly, presenting a prooxidative risk upon ferritin saturation. In addition, IL-6 and ET-1 proteins are inflammatory and/or mitogenic mediators, respectively, implicated in the development and progression of HX-induced PH (9, 10). Relevant to the current study, we immunohistochemically evaluated serial lung tissue sections for coexpression of HO-1 with either ET-1 or IL-6 to gain an understanding of the Hb/HX-induced imbalance surrounding iron (a potential prooxidant) accumulation in cells and the antioxidant, vasoactive, mitogenic, and inflammatory responses generated within the pulmonary microenvironment macrophages of our SCD autopsy tissues. Microscopic evaluation revealed the expression of these proteins in the pulmonary vascular tissue of distal arteries (Figure 1D). On closer examination, we observed HO-1+ cells colocalized with either ET-1+ or IL-6+ cells in the perivascular and alveolar regions (Figure 1, D and E). Taken together, these data suggest that in SCD, concomitant with PH, there is an imbalance of antioxidant (HO-1+) versus prooxidant (iron+), vasoconstrictive/mitogenic (ET-1+), and inflammatory/mitogenic (IL-6+) macrophage phenotype that appears to favor dramatic vascular remodeling.

Macrophage depletion attenuates pulmonary vascular remodeling in a Hb+HX rat model of PH

To better understand the sequence of hemolysis and HX leading to potentially unique pulmonary macrophage subpopulations as contributors toward vascular remodeling, rats were maintained for 35 days on constant Hb infusion and concomitantly exposed to hypobaric HX. Under these conditions, rats develop pulmonary vascular changes that replicate some of the characteristics of group 5 PH (lung iron accumulation, medial hypertrophy, and an abundance of perivascular macrophages) (17, 18). Based on this previous knowledge and our emerging data from SCD autopsy tissue (20), we sought to test the hypothesis that Hb and HX lead to a unique CD163⁺ macrophage phenotype containing iron and expressing HO-1, ET-1, and IL-6 that are recruited to the lung from the circulating monocyte/macrophage pool and could be a mechanistic driver in some patients with SCD PH. Studies were designed to systematically deplete circulating macrophages with gadolinium trichloride (GdCl.) in our Hb+HX rat PH model (Figure 2A). Groups consisted of normoxic control (NX), Hb+HX, and Hb+HX+GdCl,; serial echocardiography as well as endpoint hemodynamics, Fulton index (RV/LV+S), and lung morphology/histology at 2 time points (day 18 and day 35) assessed the effect of macrophage depletion on the progression of PH. Echocardiography analysis revealed that, compared with the Hb+HX+GdCl, and control (NX) rats, Hb+HX rats demonstrate slower PA acceleration times (PAATs) and greater measurements of RV wall thickness over the study time course (Figure 2, B-D), suggesting active PH.

Invasive hemodynamic measurements obtained at study endpoints show a 20% reduction in mean PA pressure (PAP) at day 35 in Hb+HX+GdCl₃ rats compared with Hb+HX-exposed rats (Figure 2E). The Fulton index calculation (RV/LV+S) revealed 25% less RV hypertrophy at the 18- and 35-day endpoints in the Hb+HX+GdCl₃ versus the Hb+HX group of rats (Figure 2F). Morphological assessment for determination of medial hypertrophy shows circulating macrophage depletion with GdCl₃-attenuated medial remodeling in the distal pulmonary arteries at days 18 and 35 (Figure 2, G and H), congruent with both hemodynamic and Fulton index values. Taken together, these data support the hypothesis that monocytes/macrophages are a significant contributor to the progression and severity of PH in Hb+HX-exposed rats.





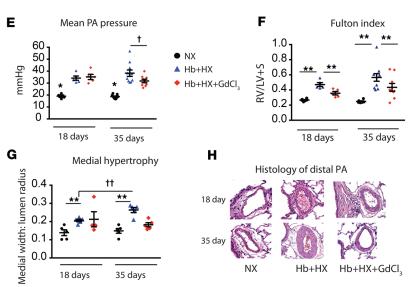


Figure 2. Circulating macrophage depletion in rats chronically infused with Hb and exposed to hypoxia. (A). Treatment cohorts and experimental design. Echocardiography analysis of (B) pulmonary artery acceleration time and (C and D) right ventricular wall thickness in diastole and systole. Endpoint hemodynamic measurements of (E) mean pulmonary artery pressure, (F) Fulton index of right ventricular hypertrophy, (G) morphological analysis of pulmonary arterial medial thickness. (H) Representative microphotographs of H&E-stained lungs from each group. Data represent mean ± SEM; (B-F) Nx(n = 4), Hb+HX(n = 7), $Hb+HX+GdCl_{3}(n = 7)$ = 7) per group/time point; panel G Nx (n = 4), Hb+HX (n = 5), $Hb+HX+GdCl_3$ (n = 5) per group/time point. (H) Representative sample of animals in B-F. Echocardiography statistical analysis was completed with univariate repeated measures. *P < 0.01 Hb+HX versus NX and Hb+HX+GdCl₃. **P < 0.04, †P < 0.05, 1-way ANOVA of 35-day cohorts. ††P = 0.0065 t test 18-day Hb+HX versus 35-day Hb+HX.

Macrophage depletion in rat model attenuates the accumulation of nonheme iron in the lungs

In Hb+HX-exposed rats, we have previously demonstrated that lung iron deposition occurs after 35 days of chronic Hb exposure with concomitant HX (17, 18). To determine whether lung iron deposition is associated with circulating macrophages, we visualized nonheme iron deposition in lung sections from all groups. Tissue Perls-DAB staining did not reveal lung iron accumulation in any of the animals euthanized on day 18 (Supplemental Figure 1A; supplemental

material available online with this article; https://doi.org/10.1172/jci.insight.127860DS1). This observation suggests that with a Hb exposure of 1.5 mg/h (35 mg/d) producing Hb at 15 μ M concentration that is consistent with steady-state SCD, Hb clearance systems in our rat model are not immediately overwhelmed and sufficiently keep pace to avoid lung iron accumulation.

In rats euthanized on day 35, an abundance of lung iron dispersed throughout perivascular macrophages was observed surrounding most small- to medium-sized arteries and to a lesser extent in adjacent alveolar macrophages of Hb+HX-exposed rats (Figure 3A, black arrowheads). In contrast, the absence of circulating macrophages in Hb+HX-exposed rats showed that iron accumulation was almost nonevident (Figure 3A). Finally, the location of lung iron deposition in rats appears strikingly similar to that observed in human lung tissue slices from SCD patients with PH at autopsy (shown in Figure 1, C–E).

A lung iron+, HO-1+, ET-1+, and IL-6+ macrophage phenotype is associated with pulmonary vascular remodeling in the rat model

The attenuation of lung iron deposition, pulmonary vascular remodeling, and improved hemodynamics in rats depleted of circulating macrophages for 35 days supports our hypothesis that these macrophages are mechanistically linked to Hb+HX-induced PH and subsequently pulmonary vascular disease. Combining



this knowledge with our observations of macrophages expressing HO-1, ET-1, and IL-6 in human SCD lung tissue, we next sought to determine whether a similar macrophage phenotype could be contributing toward the progression of PH in our Hb+HX rat model. We evaluated stained rat lung tissue sections and quantified CD163, HO-1, ET-1, and IL-6 protein expression from whole lung tissue lysates obtained from rats euthanized at both the 18- and 35-day endpoints.

18 day. As evident by cells staining positive for CD163, microscopic evaluation of tissue lung sections demonstrated a modest degree of macrophage accumulation within the perivascular and, to a lesser extent, alveolar regions in the Hb+HX-exposed rats. Cells staining positive for CD163 were absent in the Hb+HX+GdCl₃ cohort (Supplemental Figure 1, B–D), suggesting that circulating macrophages are being recruited to the lung before iron accumulation.

Interestingly, CD163⁺ cells in Hb+HX rats stained positive for ET-1 expression (Supplemental Figure 1D), but only modest HO-1 or IL-6 expression was observed (Supplemental Figure 1, B and C). We also noted the expression of HO-1, IL-6, and ET-1 in the pulmonary vascular wall of both the macrophage-depleted (Hb+HX+GdCl₃) and Hb+HX rats, but not the NX control animals (Supplemental Figure 2, A–F). These observations suggest that at day 18, despite a lack of significant lung iron accumulation, there was a sufficient concentration of cell-free Hb to alter HO-1, IL-6, and ET-1 expression in pulmonary vascular cells. Plasma Hb concentrations were previously reported for this model to range from 5 to 15 μM total plasma heme at steady state (17, 18).

Western blot analysis from whole lung tissue showed elevated expression of HO-1 (2- to 3-fold) and IL-6 (2- to 3-fold) in both Hb+HX+GdCl₃ and Hb+HX cohorts compared with NX animals (Supplemental Figure 2, D and E). However, ET-1 protein expression was elevated only in Hb+HX rats, suggesting a relevant link between macrophages and lung ET-1 expression. Western blot analysis of these proteins in HX versus NX control rats revealed no differences (Supplemental Figure 3A), suggesting that changes in HO-1, IL-6, and ET-1 expression are Hb+HX-mediated responses.

35 day. Microscopic examination of lung tissue in the Hb+HX animals revealed an abundance of macrophages in the perivascular and, to a lesser extent, alveolar regions. Unlike in the day 18 tissue sections, we observed an increased population of perivascular/adventitial and alveolar iron-laden macrophages in Hb+HX compared with Hb+Hx+GdCl₃ animals (Figure 3A). Expression of HO-1, ET-1, and IL-6 in CD163⁺ macrophages in the Hb+HX animals (Figure 3, B–D) that were not evident in the Hb+HX+GdCl₃ animals further suggests a link to macrophages originating in the circulation. Costaining lung tissue sections from Hb+HX animals for HO-1/IL-6 and HO-1/ET-1 confirmed macrophage HO-1 expression occurred concurrently with ET-1 and IL-6 expression (Figure 3E). This pattern of expression was absent in Hb+HX+Cl₃ animals (Figure 3F).

Expression of HO-1, IL-6, and ET-1 in tissue sections costained with smooth muscle actin (SMA) was increased in the pulmonary vascular endothelium, media, and perivascular space of Hb rats compared with macrophage-depleted Hb+HX+GdCl₃ and NX control rats (Figure 4, A–C). Western blot analysis from whole lung tissue showed greater expression of HO-1, ET-1, and IL-6 in the Hb+HX rats compared with macrophage-depleted Hb+HX+GCl₃ of NX cohorts (Figure 4, D–F), demonstrating that circulating macrophages are primarily responsible for high expression levels of these proteins. Lung protein analysis in HX versus NX control rats showed no difference in either HO-1 or ET-1 expression, demonstrating an Hb+HX-mediated response. In contrast, we noted that IL-6 expression is significantly greater in HX versus NX control cohort (Supplemental Figure 3B), suggesting that HX is a critical mechanistic driver of IL-6 expression. Taken together with the hemodynamic results and morphological assessment (Figure 2), these data strongly support the hypothesis that macrophages are expressing a potentially unique phenotype characterized by iron accumulation antioxidant, vasoconstrictive, and inflammatory protein expression, and this macrophage phenotype is a mechanistic driver of Hb+HX-mediated PH.

Characterization of iron accumulation within SCD PH-associated macrophages and the effect on downstream targets

Up to this point, our data from human SCD and rat Hb+HX exposure suggest a clear distinction in the pathophysiology of hemolysis-associated PH compared with nonhemolytic PH groupings. Our data diverge from current knowledge of iron's role in pulmonary arterial hypertension (PAH) associated with group 1 and PH associated with groups 2–4, in which disease progression may be facilitated by iron deficiencies (21, 22). To better understand how iron in its various forms (e.g., Fe²⁺, Fe³⁺, Hb, and iron sulfur



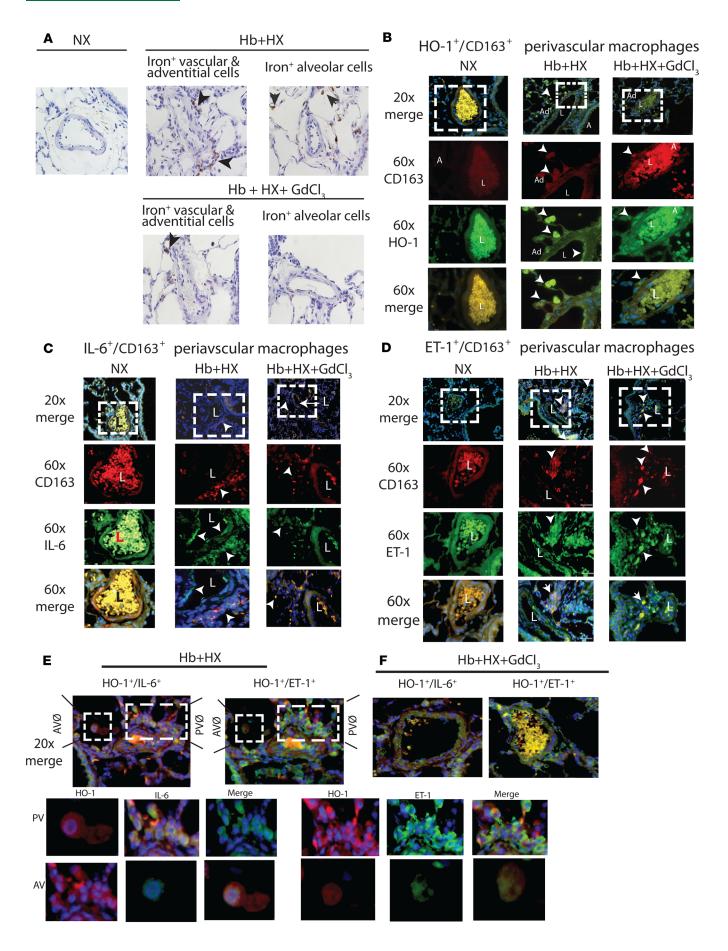




Figure 3. Microscopic examination of pulmonary perivascular and alveolar macrophages in rats after 35-day exposure to hemoglobin infusion and hypobaric hypoxia. Representative microphotographs. (**A**) Nonheme iron accumulation (original magnification, ×20). Black arrowheads point to iron-laden cells. (**B**) Pulmonary perivascular and alveolar cells coexpressing CD163 (red) and HO-1 (green). (**C**) Perivascular and alveolar cells coexpressing CD163 (red) and IL-6 (green). (**D**) Perivascular and alveolar cells in rats exposed to Hb+hy-poxia and coexpressing HO-1 (red) and either IL-6 or ET-1 (green). (**F**) Perivascular and alveolar cells coexpressing CD163 (red) and ET-1 (green). Representative samples from NX (n = 4), Hb+HX (n = 7), Hb+HX+GdCl₃ (n = 7); white arrowheads pointing to positive stained cells. PV, perivascular; AV, alveolar; L, vessel lumen; AD, adventitia.

clusters) localizes within macrophages from human SCD PH and rats following Hb+HX exposure, we systematically identified cellular sources. In addition, we identified iron accumulation sites, localization with oxidative stress markers, and proximity to vascular sites of remodeling and fibrosis. In human SCD PH, adventitial macrophages demonstrated high Fe³⁺ (Figure 5A). Further examination using Turnbull staining revealed extensive Fe²⁺ in the same regions (Figure 5B) and high immunoreactivity for intact Hb within the macrophage (Figure 5C). Intense immunoreactivity for ferritin-H (Figure 5D) suggested that most Fe³⁺ was likely bound in an unreactive form, leaving Hb and Fe²⁺ as the primary prooxidant iron species with SCD PH lung macrophages. We further explored the localization of iron (as iron-sulfur, Fe-S) in mitochondrial ferredoxin proteins because Fe-S deficiencies have been implicated in PH (23, 24). Ferredoxin reductase is shown colocalizing with mitochondria and iron, suggesting that intact Fe-S clusters in SCD PH (Figure 5E). To understand the downstream effects of iron overload, we specifically evaluated markers of oxidation that colocalized with Fe2+ and Hb. Accumulation of the oxidative markers 4-HNE and Ox-LDL was seen in macrophages (Figure 5F). Oxidative stress in macrophages localized with vascular regions of fibrosis (Figure 5G) and remodeling (plexiform lesions) (Figure 5G, inset). Except for Fe²⁺ accumulation in the macrophages of rats exposed to Hb+HX, all other iron exposure parameters could be observed (Figure 6, A-D), as visualized in human SCD PH. This extended to Fe-S cluster localization (Figure 6E) as well as 4-HNE immunoreactivity (Figure 6F) and vascular tissue fibrosis (Figure 6G).

Discussion

In the present study, we report on what we believe to be a novel monocyte/macrophage phenotype of circulating origin that accumulates in the perivascular and alveolar regions of the lungs of SCD patients with concomitant PH. Specific to this phenotype is extensive iron accumulation resulting from Hb uptake and, subsequently, macrophage HO-1, ET-1, and IL-6 expression. Based on this finding, we tested the hypothesis that although Hb damages pulmonary vascular cells, the circulating monocytes/macrophages recruited to the perivascular regions of the lungs of SCD patients (n = 3 autopsy patient tissue sets) appear to be unique to this process of vascular remodeling and RV hypertrophy in PH. To our knowledge, this is the first report that identifies this phenotypic monocyte/macrophage composition in SCD patients with malignant PH and RV failure. This suggests that Hb in the presence of bouts of HX leads to an imbalance of prooxidant/antioxidant/inflammatory/vasoactive mediators that promote vascular remodeling and the progression of PH (Figure 7).

This phenotype should be considered independent of antiinflammatory/antioxidant macrophages responding to heme (Mhem) phenotypes observed in other situations of localized hemolysis, such as atherosclerotic intraplaque hemorrhage (25–27). In addition, SCD patients that develop PH experience a continuum of tissue HX, anemia, red blood cell lysis (intra- and extravascular), and the downstream effects of Hb and its metabolic byproducts. Hb is cleared by tissue-resident monocytes/macrophages and therefore exposure to prooxidant toxins (Hb, heme, iron) accumulate within these cellular compartments. This has been shown by our group (17, 18) and by Rafikova et al. (28) in rodent models designed to characterize the effect of Hb, heme, and iron exposure on PH disease progression. This should be considered in isolation of the current understanding applied to the role of iron in group 1 PAH in which iron deficiency is associated with worsening PAH (21, 22) or when genetic/epigenetic factors and HX are associated with iron-sulfur deficiencies that may contribute toward enhanced PH across groups (1–4). Therefore, PH occurring with SCD should be viewed as a potentially unique sequela driven by cellular and tissue overexposure to Hb as well as byproducts of Hb metabolism that participate in oxidative reactions and impart intracellular oxidation and injury to vascular tissue within proximity.

Using our established rat model of Hb+HX-induced PH, we observed a nearly identical pulmonary macrophage phenotype population within the same perivascular and alveolar locations observed in SCD patients with malignant PH and RV failure. Depletion of only the circulating monocytes/macrophages



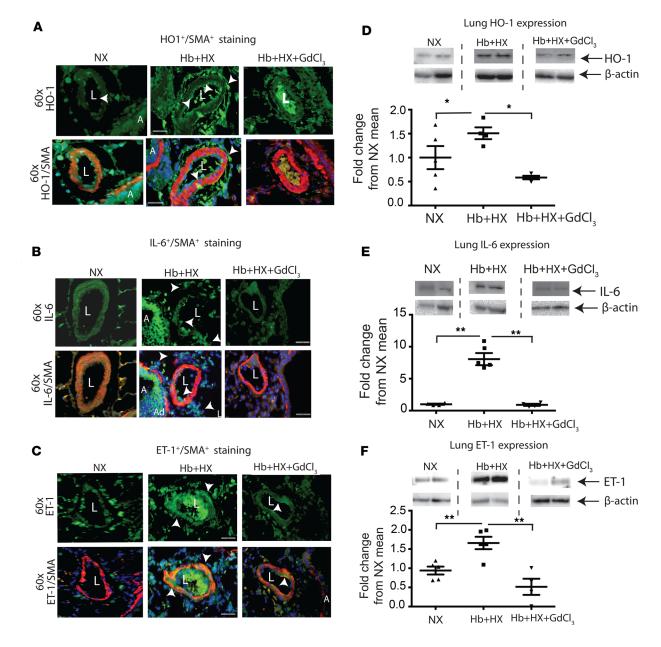


Figure 4. Pulmonary vascular microscopic examination and whole lung quantification of HO-1, IL-6, and ET-1 in rats exposed for 35 days to hemoglobin infusion and hypobaric hypoxia. (A–C) Representative microphotographs chosen from NX (n = 4), Hb+HX (n = 7), and Hb+HX+GdCl₃ (n = 7) groups showing only modest staining for HO-1, IL-6, and ET-1 in distal pulmonary vascular cells. (**D**–**F**) Whole lung protein quantification for HO-1, IL-6, and ET-1 demonstrate that the greatest expression of these proteins occurred in the Hb+HX cohort and were dramatically reduced with circulating macrophage depletion with GdCl₃. HO-1 and ET-1 Western blot samples were run on contiguous gels. Samples of IL-6 were completed on contiguous gels run side by side and loaded with either NX and Hb+HX or NX and Hb+HX+GdCl3 and normalized (fold change) to NX. Identical NX samples were used on both gels. Data represent mean \pm SEM; NX (n = 4), Hb+HX (n = 5), Hb+HX+GdCl3 (n = 4). Statistical analysis completed by ANOVA; *P < 0.05, **P < 0.01. White arrows show regions of positive stained cells. L, vessel lumen.

specifically targeted by GdCl₃ administration (3 times per week) attenuated pulmonary medial and RV hypertrophy that resulted in improved echocardiography parameters (PAAT and RV wall thickness during systole/diastole), lower PAPs, improved Fulton index, and significantly reduced medial artery wall thickness. These data suggest that recruitment of circulating monocytes/macrophages is a potentially novel factor of importance in the etiology and progression of SCD-associated PH. In addition, we noted that within 18 days of Hb+HX exposure, circulating macrophages expressing ET-1 begin appearing in the lung and at 35 days of exposure an abundance of iron-containing macrophages expressing high HO-1, ET-1, and IL-6 accumulated in the perivascular regions of the lung. These data demonstrate a critical mechanistic role



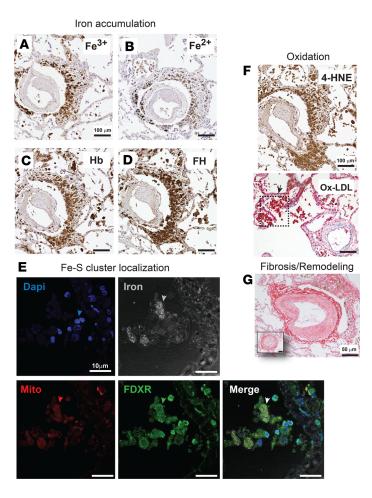


Figure 5. Characterization of iron that accumulates within SCD PHassociated macrophages and the effect on downstream targets. (A) Accumulation of iron in adventitial macrophages in the ferric (Fe3+) oxidation state, as determined by Perls iron staining and (B) in the ferrous (Fe2+) oxidation state. (C) Abundant accumulation of native hemoglobin (Hb) within these tissue sites and (D) a robust expression of ferritin-heavy chain (FH). (E) Localization of iron within ferredoxin reductase. Nuclei (DAPI) = blue, iron = gray (light reflection, 633 nm), mitochondria (mito) = red, ferredoxin reductase (FDXR) = green, followed by merged images. (F) The extent of 4-hydroxynonenal immune reactivity and Ox-LDL immunoreactivity in macrophages. (G) Localization and proximity of remodeled and fibrosis across vascular tissue (inset shows a plexiform lesion with extensive fibrosis). All scale bars and dimensions are listed on the initial image for each panel. Representative images were obtained from NX (n = 4), Hb+HX (n = 7), $Hb+HX+GdCl_3$ (n = 7).

for circulating monocytes/macrophage in the development/progression of HX/hemolytic PH. Increased circulating concentrations of ET-1 are reported to occur during systemic inflammatory response syndrome and induce PH in that setting (29). In work by McKenna et al. (29), hepatic resident macrophages express and are the cellular source for circulating ET-1, which is hypothesized to act far from its site of production and release to cause local blood flow dysregulation and PH. However, in our Hb+HX rat model, the temporal evaluation of plasma ET-1 concentration at baseline, 18 days, and 35 days showed no differences among NX, Hb+HX, and Hb+HX+GdCl₃ groups (data not shown), suggesting that a localized release emanating from accumulated perivascular macrophages is likely occurring in our study.

The contribution of recruited circulating macrophages in the progression of pulmonary vascular remodeling for any type of PH remains largely unknown (14). It is generally hypothesized that under stress, lung resident macrophages instruct parenchymal and nonparenchymal cells, herein referred to as client cells, to mount an appropriate response, including the recruitment of blood monocytes (14). In the development of PH, it is hypothesized that malfunctioning of this intricate cross-talk between resident and recruited macrophages with client cells results in permanent activation of macrophages with the subsequent progression to nonresolving inflammation as the driver to pulmonary vascular remodeling (30). Relevant to the current study, circulating macrophages appear to be responding to areas of nonheme iron accumulation as a harmful agent and are subsequently polarized toward a proinflammatory PH phenotype. It is unknown in our rat model whether 35 days of Hb infusion with HX exposure allows enough time in the progression of pulmonary vascular disease, such that these macrophages are permanently activated. However, in the context of SCD, where throughout an individuals' lifetime lung tissue is repeatedly exposed to Hb extravasation, HX, and the biochemical consequences, recruited monocytes/macrophages may be more likely to be permanently reprogrammed to a nonresolving phenotype that advances the progression of PH.

HO-1 is generally considered an essential antioxidant and cytoprotective enzyme that catalyzes the degradation of heme and protects against oxidative stress and typically is coexpressed alongside IL-10 in an



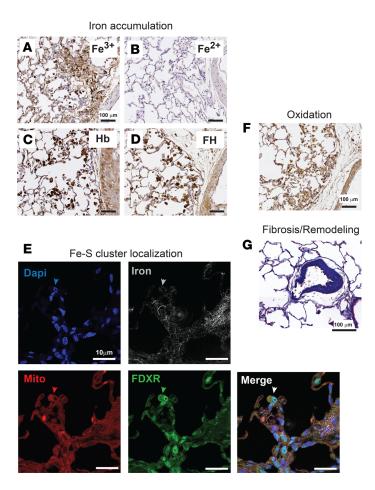


Figure 6. Characterization of iron that accumulates within rat Hb+Hx PH-associated macrophages and the effect on downstream targets. (A) Accumulation of iron in adventitial macrophages in the ferric (Fe3+) oxidation state, as determined by Perls iron staining and (B) in the ferrous (Fe2+) oxidation state. (C) Abundant accumulation of native hemoglobin (Hb) within these tissue sites and (D) a robust expression of ferritin-heavy chain (FH). (E) Localization of iron within ferredoxin reductase. Nuclei (DAPI) = blue, iron = gray (light reflection, 633 nm), mitochondria (mito) = red, ferredoxin reductase (FDXR) = green, followed by merged images. (F) The extent of 4-hydroxynonenal immune reactivity in macrophages. (G) Localization and proximity of remodeled and fibrosis across vascular tissue. All scale bars and dimensions are listed on the initial image for each panel. Representative images were obtained from NX (n = 4), Hb+HX (n = 4) = 7), Hb+HX+GdCl₃ (n = 7).

antiinflammatory macrophage phenotype (10, 31). Thus, it was not surprising in the model that we see elevated concentrations of HO-1 in both the vasculature and recruited circulating monocytes/macrophages. Vascular HO-1 is likely responding to Hb-mediated oxidative stress, as excess Hb contacts pulmonary vascular endothelial cells. In contrast, increased expression of HO-1 in macrophages is indicative of a Hb clearance phenotype, which is generally considered antiinflammatory (26). Thus, it is notable that we observe recruited circulating macrophages expressing high HO-1 concentrations alongside elevated expression of inflammatory, vasoactive, and mitogenic mediators. In our rat model, we believe this is likely a reflection of a circulating monocyte/macrophage participation in clearance of Hb within the blood compartment, likely in the earlier time frame of Hb exposure. Our data suggest that at later time points as lung injury occurs(possibly because of Hb-induced iron accumulation), these same macrophages are subsequently recruited to the perivascular regions of the lung. Under these circumstances, it is reasonable to assume the increased expression of HO-1 observed in macrophages at day 35 is part of the heme degradation process that began before recruitment to the lung. Once in the lung, the recruited macrophage appears to be responding to client cells that promote progrowth/PH phenotype that upregulate IL-6 and ET-1 protein expression.

In the current study, depleting circulating monocytes/macrophages revealed that Hb+HX mediated the increase in the inflammatory, vasoactive, and mitogenic factors (IL-6 and ET-1) at day 18. It appears that this duration of Hb+HX does not significantly enhance pulmonary vascular remodeling above that of general chronic HX. However, at day 35 our data suggest a strong association between Hb+HX and expression of IL-6 and ET-1 macrophages in lung perivascular regions. This appears to be associated with more severe pulmonary vascular remodeling that could be attributed to Hb or HX exposure alone. These data support the concept that cell type and location of where these factors are derived may be necessary in the development of SCD PH.

Our Hb+HX PH model used in the present study was developed and characterized by a broad application of diseases associated with Hb+HX-mediated pathology. Thus, as described elsewhere, our model cannot fully mimic the complexities of human conditions such as SCD (18). Nonetheless, our model provides



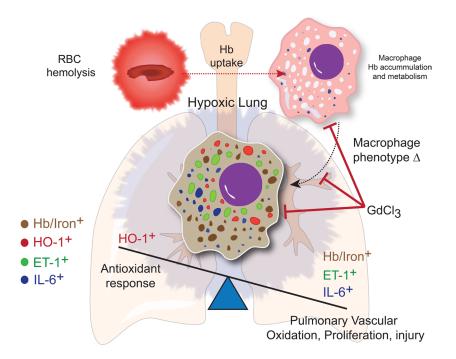


Figure 7. Schematic illustrating the pulmonary vascular response to Hb during chronic underlying hypoxia. Hemolysis of sickled red blood cells (RBCs) leads to uptake of Hb by macrophages. Hemoglobin is either metabolized to iron Fe²+/Fe³+ or accumulates in macrophages. Upregulation in HO-1 leads to carbon monoxide and bilirubin, which function as vasodilators and antioxidants, respectively. In addition to accumulation of prooxidants (Fe²+/Fe³+ and hemoglobin), the effect of hypoxia in combination with Hb exposure appears to lead toward ET-1 upregulation, creating a mitogenic and vasoconstrictive effect. In addition, IL-6 is upregulated, leading to inflammation and vascular proliferation. Together, Fe²+/Fe³+, hemoglobin, ET-1, and IL-6 tip the balance away from the antioxidant protective effects of HO-1 and its heme metabolizing metabolic byproducts. We suggest that this macrophage phenotype is unique to hypoxic disease where hemolysis occurs. Moreover, its accumulation in perivascular regions of the lung is an important mediator of pulmonary vascular oxidation, remodeling, and fibrosis in the progression of PH that is potentially unique to SCD.

a basis to understand the events associated with Hb and its contribution to the pathophysiology of disease, including how Hb influences the macrophage phenotype during bouts of HX (Figure 7).

Conclusion. The data presented here in a rat model of Hb+HX-mediated pathology that condenses a lifetime of intermittent exposure to Hb and HX confirms that free Hb acts as a disease-modifying agent in PH. Depletion of circulating macrophages with GdCl₃ attenuated the cumulative effects of Hb+HX and therefore demonstrates a critical role for macrophages in pulmonary vascular disease involving Hb exposure and HX. In the present study, extracellular Hb+HX increased pulmonary vascular remodeling in a time frame associated with recruitment of circulating iron-positive macrophages expressing a potentially unique HO-1⁺, ET-1⁺, and IL-6⁺ cellular phenotype to the perivascular regions. In addition, this macrophage phenotype was validated in lung tissue from 3 deceased SCD patients suffering from PH and RV failure. The present results support the concept that the macrophage is a critical mediator in the progression of SCD PH and may provide a therapeutic target in some SCD patients.

Methods

Human lung tissue. Deidentified human lung tissue was obtained from deceased SCD patients with identified PH from the University of Colorado Denver Anschutz Medical Center and the Royal London Hospital. Use of deceased lung tissue was considered by the Colorado Multiple Institution Review Board and deemed as nonhuman subject research and given an exempt status. Lung tissue from non-SCD patients not identified as having PH was obtained from US Biomax Inc.

Animals. Male Sprague-Dawley rats (n = 58) weighing between 300 and 350 g, approximately 10 weeks of age, were obtained from a commercial vendor (Charles River). All animals survived the surgical procedure and indwelling catheterization into the jugular vein. None of the rats exhibited any signs or symptoms indicative of systemic infection. After surgery, wounds healed within 14 days.



Hb+HX (group 5) PH model. Rats exposed to both continuous Hb infusion (35 mg/d Hb) and chronic hypobaric HX (simulated high altitude; 5500 m, 18,000 ft) for 35 days developed a more severe PH then simple hypoxic exposure (17, 18). This group 5 PH rodent model presents with higher pulmonary arterial pressures and pulmonary vascular resistance, greater pulmonary medial vascular wall thickening, and greater accumulation of adventitial macrophages compared with HX-induced PH alone (17, 18).

In the current study, animals were randomly assigned to 1 of 3 groups: (a) NX (n = 8); (b) Hb+HX (n = 14); (c) Hb+HX treated 3 times per week with 10 mg/kg GdCl₃ (Hb+HX+GdCl₃) (n = 14). The animals were divided equally in each group and euthanized at either 18 or 35 days. To verify the reproducibility of Hb-induced effects of our model system, an additional group of animals exposed to HX (HX; n = 10) were also studied at 18 and 35 days. Unless otherwise stated, HX-only rats are not included in the primary comparisons.

 $GdCl_3$ (catalog G7532; MilliporeSigma) 10 mg/mL was dissolved in sterile 0.9% NaCl, and a 1-mL dose was delivered via the tail vein. An 18-day pilot study using 6 rats randomly divided into 2 groups, untreated (n = 3) or treated with $GdCl_3$ (n = 3), was completed to confirm macrophage depletion for this dose and schedule. As expected, qRTPCR analysis for CD163⁺ and CD68⁺ cells in the liver demonstrated macrophage depletion (data not shown).

The following Abcam antibodies were used for Western blot analysis: mouse anti- β actin 1:1000 (catalog ab8226); mouse anti-IL-6, 1:1000 (catalog ab9324); rabbit anti-endothelin 1, 1:500 (catalog ab117757); mouse anti-heme oxygenase 1, 1:2500 or 4 μ g/mL (catalog ab13248); mouse anti-CD68, 1:500 (catalog ab955); a biotinylated secondary goat anti-mouse or goat anti-rabbit, 1:1000 to 1:10,000 (Vector Labs).

Immunofluorescence and immunohistochemistry analysis was completed using the following antibodies: mouse/rabbit anti-SMA 1:100 (catalog ab5694 and ab7817); rabbit anti-heme oxygenase 1:250 (HO1; catalog ab13248); mouse anti-IL- 6, 1:1000 (catalog ab9324); rabbit anti-endothelin1, 1:500 (catalog ab117757); mouse anti-CD163, 1:20 (Santa Cruz, catalog sc8-58965); secondary antibody used were either Alexa Fluor 488, 1:500, or Alexa Fluor 555, 1:500 (Invitrogen). Vectashield mounting medium with DAPI was used to mount slides (catalog H-1200). Rabbit anti-Hb-α-chain, 1:200 (Abcam, catalog ab2492); rabbit anti-Ferritin-Heavy chain, 1:500 (Abcam, catalog ab65080); rabbit anti-oxidized LDL, 1:500 (Abcam, catalog ab14519); and rabbit anti-4-Hydroxynonenal (4-HNE), 1:500 (Alpha Diagnostics, catalog HNE11-S) were used. Peroxidase substrate kit DAB (catalog SK-4100, Vector Labs) was used to preform Perls/Turn-bull iron staining on lung, kidney, and spleen tissue sections.

iPRECIO infusion pump placement. Programmable infusion pumps (iPRECIO) were placed subcutaneously as previously described (17, 18). iPRECIO pumps were programmed to deliver Hb (35 mg/d or 250 μ g/ μ L) or saline at an infusion rate of 6 μ L per hour for either 18 or 35 days. Pumps were refilled using a sterile 3-mL syringe and 25-G needle with fresh aliquots of Hb or saline every 3–4 days. At a dose of 35 mg/d, we have previously shown that total plasma heme concentrations were in the range of values similar to a mild to moderate chronic hemolytic state (17).

Endotoxin and catalase-free human adult Hb (HbA; [Fe²+]). Purified human endotoxin-free Hb (LPS <0.5 endotoxin units [EU]) was prepared from outdated blood as previously described (32). In brief, an additional chromatography step was included to remove catalase. Approximately 1 g Hb protein was loaded onto a GE Healthcare glass column (HR 16/50: $1\frac{1}{2}$ inches × 26 inches) packed with Superose (code 17-0489-01, Amersham Biosciences) and run at 4° C and a flow rate of 2 mL/h. Hb protein was collected and was followed by buffer switching to 0.1 NaCl to remove catalase from the column. Several runs were pooled and concentrated to 200 mg/mL using Centricon Plus – 70 with 30-kDa cutoff membrane filters (Millipore). The starting composition of Hb was $96.5\% \pm 1.3\% \text{ Fe²+}$, $3.50\% \pm 0.23\% \text{ Fe³+}$, and no measurable hemichrome. Endotoxin concentration was less than 0.5 EU/mL, as determined by the Limulus amebocyte lysate (LAL) assay, and failed to activate macrophages in culture.

Echocardiography. Echocardiographic analysis was performed at 2-week intervals using a high-resolution in vivo microimaging Vevo770 system (Visual-Sonics). Care was taken to follow the guidelines for measuring cardiac physiology in rats established by the American Physiological Society (33). For each analysis, rats were anesthetized via an isoflurane/O₂ mixture with induction at 4% and maintenance between 1.5% and 3%, and body temperature was maintained at 37°C via a heated surgical pad. As described by Cavasin et al. (34), pulse-wave Doppler imaging of the pulmonary outflow was recorded in the parasternal short-axis view at the level of the aortic valve. Animals were then monitored during the recovery from anesthesia; upon full recovery, they were returned to their respective housing.



Endpoint blood pressure measurements. Pulmonary blood pressures were measured with a 1.9F pressure-volume catheter placed in the main PA in an open-chest procedure. Correct placement of the catheter was confirmed by observing the normal rise in diastolic pressure as the catheter was moved into the PA. Systemic blood pressure was monitored with a catheter inserted in the femoral artery. Cardiac performance was assessed using an ADV500 pressure-volume system (Transonic/Scisense), and data acquired and analyzed with Labscribe2 (iWorx). For all measurements, animals were anesthetized with 5% and maintained at 2% isoflurane, and body temperature was maintained at 37°C.

Blood and organ collection. After blood pressure measurements, animals were deeply anesthetized (5% isoflurane) and then exsanguinated via RV or inferior vena cava direct stick; blood was placed in a vacutainer with EDTA and centrifuged. The plasma was collected, snap frozen in liquid nitrogen, and stored at -80°C until analysis. The femoral artery was severed, and the vasculature was perfused with PBS (120 mL) via the RV to remove blood in the lungs, kidneys, spleen, and liver. The kidneys, spleen, and liver were cut in 2 sections, one piece was placed in 10% formalin and the other in AllProtect (Qiagen). The right lung lobes were tied off at the right main bronchus, removed, and a piece was placed in AllProtect, and another piece was snap frozen. The left lung was fixed with 10% formalin (3 mL) by airway inflation under constant pressure at 25 cm H₂O pressure, and the entire lung-heart bloc was removed. The hearts were separated from the lungs and the atria were dissected from the ventricles. The RV was carefully cut away from the left ventricles plus septum (LV+S) and weighed for assessment of the Fulton index (RV hypertrophy; RV/LV+S). After 24 hours, the formalin-fixed organs were removed from 10% formalin and placed in 70% ethanol and prepared following standard methods for morphometric and immunohistochemical analyses.

qtPCR for CD163+ liver cells. RNA was isolated from whole lung or liver tissue using Qiagen RNeasy Plus Mini Kit with gDNA filter column (Qiagen). RNA was quantified spectrophotometrically (NanoDrop 1000), and equal amounts (1 microgram) were loaded with Quanta cDNA Supermix (Quanta Biosciences) for cDNA synthesis. cDNA was diluted 1:10 in TE buffer for downstream reactions. Primers for rat β-actin (Qiagen QuantiTect QT00193473) and rat CD163 (Qiagen QuantiTect QT00449113) were used in reactions with 100 μg cDNA and Quanta PerfectCT a SYBR Green Master Mix. Ninety-six-well PCR plates were run on an Applied Biosystems AB7300 (Thermo Fisher), with initial denaturing (95°C, 2 minutes) followed by 40 cycles of denaturing (95°C, 15 seconds), annealing (55°C, 30 seconds), and extension (72°C, 30 seconds). A melting curve was run to confirm the specificity of PCR products. Experimental and reference genes were run on the same plates and relative quantification determined by the ΔC_{τ} method.

Western blot analysis. Protein was isolated from the whole lung and placed in NP40 lysis buffer with proteinase K inhibitors. The tissue was homogenized using a TissueMiser (Thermo Fisher), and concentrations were determined using a Pierce BCA Protein Assay. Briefly, the analysis was performed on a minimum of n=4 animals per cohort using 30 μ g of sample protein run under denaturing and reducing conditions on Bio-Rad Criterion Tris-HCl 12.5% gels (Bio-Rad, catalog 3450016) with a Bio-Rad SDS-Page blot system. All proteins were normalized to β -actin, which was probed on the same membrane as the target protein and expressed as fold over NX control. In instances where fold over NX control was compared between gels, the same NX control samples were used on both gels acting as a standard and gels were run side by side. Gels were imaged on an Alpha Innotech gel documentation system (Protein Simple) and densitometric analyses were performed using ImageJ software (version 1.440, NIH).

Immunohistochemistry. Formalin-fixed, paraffin-embedded lung, spleen, and liver tissue was sectioned by the University of Colorado Histology Core. Five-micron lung sections were stained with (a) H&E by standard procedures to assess the accumulation of perivascular cells as well as vessel wall thickness; (b) Van Geisen staining for Elastin fibers by immersing slides in Verhoeff's hematoxylin for 30 minutes, differentiated in 2% ferric chloride, washed with deionized water and counterstained with Van Gieson's stain for 5 minutes, dehydrated, and coverslipped; (c) SMA using a biotinylated horse anti-mouse immunoglobulin followed by a 3,3'-diaminobenzidine (DAB) for development to quantify small arterial muscularization; (d) Masson's trichrome staining (collagen) in which rat tissue was refixed in Bouin's solution, washed in deionized water, stained in Weigert's iron hematoxylin, Biebrich scarlet-acid fuchsin solution, and finally phosphomolybdic-phosphotungstic acid differentiation; and (e) Picrosirius Red (collagen) in which human tissue was refixed with Picrosirius Red Solution for 10 minutes and then washed in acidified water (5 mL glacial acetic acid in 1 L deionized water), dehydrated in 100% ethanol, and coverslipped.

Tissue iron staining. For iron (ferrous [Fe²⁺])/(ferric [Fe³⁺]), sections were incubated with iron-staining reagent containing 5% potassium ferrocyanide for Perls staining (ferric [Fe³⁺ iron]) or 5% potassium ferricy-



anide for Turnbull staining (ferrous [Fe²⁺ iron]) and 2% hydrochloric acid, incubated with 0.3% hydrogen peroxide and 0.01 M sodium azide in methanol, and then rinsed in 0.1 M phosphate buffer, pH 7.4, incubated with diaminobenzidine (SigmaFast DAB, MilliporeSigma), washed in deionized water, and lightly counterstained with Gill's II hematoxylin.

Confocal imaging: immunofluorescence for iron sulfur cluster intracellular location. To localize intracellular iron-sulfur clusters, 5-micron lung sections were stained following conventional immunofluorescence protocol. Primary antibodies were Abcam rabbit anti-ferredoxin reductase (ab 122900, lot GR82088-4) and Abcam mouse anti-COX IV (mitochondrial marker, ab 33985, lot GR3232580-2) both diluted to 1:500; secondary antibodies were Alexa Fluor 488 goat anti-rabbit IgG (Life Technologies A11008, lot 1735088) and Alexa Fluor 555 goat anti-mouse IgG (Life Technologies A21422, lot 1729804) both at 1:500 dilution. Imaging done in the University of Colorado Light Microscopy core using the Olympus FV1000 FCS/RIS microscope. A 2-phase confocal imaging protocol was used; phase 1 was set to traditional wavelengths for DAPI, FITC, and TRITC; and phase 2 was set for iron reflection at 633 nm.

Vessel wall thickness. The entire tissue field on each H&E-stained slide was scanned using a Leica AperioCS2 microscope. Analyses of the scanned images were performed using the Aperio eSlide manager software (Leica). Proximal vessels (outside diameter of 50–250 microns) were analyzed for medial wall thickness at 4 points around the vessel circumference and lumen diameter along 2 axes. Wall thickness was expressed as the ratio of medial wall width to lumen radius.

Nonheme iron visualization in the lung was detected using Perls staining method with DAB intensification as previously described (35).

Statistics. For all groups, the mean \pm SEM is reported. Statistical comparisons for data measurements were completed with either 1-way ANOVA (36) for NX, Hb+HX, and Hb+HX+GdCl₃ treatment (protein analysis) or 2-way ANOVA for analysis between time (morphology and hemodynamic analysis). Echocardiography data were also analyzed by a univariate repeated-measures test using JMP (SAS Cary). All post hoc analyses were completed with unpaired, 2-sided 2-tailed Student's t test with a Bonferroni correction unless otherwise noted. Statistical analyses were performed using GraphPad Prism with statistical significance set at $P \le 0.05$.

Study approval. This study was carried out in strict accordance with recommendations in the Guide for the Care and Use of Laboratory Animals (National Academies Press, 2011). All experimental protocols were reviewed and approved by the Institutional Animal Care and Use Committee at the University of Colorado Denver Anschutz Medical Campus (protocol 00297).

Author contributions

RN, KH, ENG, KRS, PWB, and DCI designed research studies. KR, JHB, AY, HKS, JWH, DS, AFP, PWB, and DCI conducted experiments. KR, JB, AY, HKS, RM, VK, JWH, DS, DP, PWB, and DCI acquired data. MAF, ENG, KRS, PWB, and DCI analyzed data. DP, PWB, and DCI prepared figures. MAF, VK, SKF, RN, KH, ENG, KRS, PWB, and DCI wrote the manuscript.

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Address correspondence to: David Irwin, University of Colorado Anschutz Medical Campus, Research Building 2, B133, Room 8121, Aurora, Colorado 80045, USA. Phone: 303.724.3684; Email: david.irwin@ucdenver.edu.

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